OCT – DEC 2026

FREESTYLE

中華游泳會®
CHINESE SWIMMING CLUB

www.chineseswimmingclub.org.sg



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中華游泳會®
CHINESE SWIMMING CLUB

For advertising inquiries, please call the Marketing Department at 6885 0655.

"Freestyle" is a quarterly publication by CHINESE SWIMMING CLUB.

Opinions expressed need not necessarily represent those of the Club. The Club accepts no responsibility for the quality of goods or services advertised. All event information is accurate at time of print.

MDDI (P) 009/07/2026

A MESSAGE FROM THE
CAPTAIN



Dear Members,

As we approach the final months of 2026, I am delighted to look back on a year filled with exciting milestones, outstanding sporting achievements and memorable moments shared across our Club community.

A key highlight has been the opening of The Astrium, marking an important milestone in the Chinese Swimming Club's history. This event began with a lively lion dance and eye-dotting ceremony, followed by a ribbon-cutting and the unveiling of a commemorative plaque. Guest-of-Honour Minister for Law and Second Minister for Home Affairs, Mr Edwin Tong participated in the ceremonial first pickleball serve at Stellar Grand, highlighting the Club's innovative LED court — the first in Singapore's social clubs. The S$9 million upgrade integrates sport, dining, entertainment, and leisure, providing members with new spaces to play, dine, relax, and socialise. From the LED court at Stellar Grand to Meridian, Spectrum, and the upgraded pool facilities, The Astrium exemplifies our dedication to enriching members' experiences.

Our sporting community has also continued to make us proud. From our swimmers' strong showing at the Singapore National Swimming Championships to impressive performances on the international stage, our athletes have demonstrated the dedication, discipline and perseverance that define the Chinese Swimming Club spirit. We are equally proud of the achievements across badminton, water polo, squash, table tennis, tennis, pickleball, golf, bowling and our other sporting sections.

Beyond competition, our Club remains a place where families and friends come together. Events such as Parents' Day, National Day celebrations and our various sports and lifestyle programmes have created opportunities for members of all ages to connect, learn and enjoy time together.

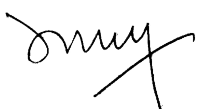
As we enter the festive season, I encourage everyone to make the most of the many activities and programmes lined up for the year-end. Whether you are looking to stay active, discover a new interest, enjoy a meal with loved ones or simply spend time with friends, there is something for everyone at Chinese Swimming Club.

I would like to thank our members, volunteers, coaches, staff, committee chairpersons, subcommittee convenors and management committee members for your continued support and contributions. Your enthusiasm and commitment make Chinese Swimming Club the vibrant community it is today.

Let us continue to move forward together, embracing new possibilities while staying true to the values and spirit that have guided our Club through the years.

Wishing you and your loved ones a joyful festive season and a wonderful year ahead.

Warm regards,



Dick Lee
Captain
Chinese Swimming Club

New Website Launch

We are delighted to introduce the all-new Chinese Swimming Club website, a refreshed digital experience designed to make it easier than ever for you to stay connected with the club.

Our enhanced digital experience features a modern look and intuitive navigation, allowing you to quickly find the information you need, whether you are looking for the latest club news, upcoming events, dining promotions, sports programmes, or facility information.

- **A fresh, modern design**
- **Improved navigation for quicker access to information**
- **A seamless browsing experience across desktop and mobile devices**
- **Easier access to club updates, events and promotions**





Pickleball at Stellar Grand

To ensure a safe, enjoyable and fair experience for everyone, please observe the following:

- Guest Registration: All guests must be signed in at the security Counter before entering the facility.
- No Ball Feeding Machines: The use of any ball feeding machines is strictly prohibited.
- No Unauthorised Coaching: Unauthorised private coaching is strictly prohibited.

Thank you for your cooperation in helping us maintain a safe and enjoyable environment for all pickleball players.

Revision to Monthly Food & Beverage (F&B) Levy

We wish to inform members that the monthly Food & Beverage (F&B) Levy has been revised from $10 to $20, with effect from 1 October 2026.

The F&B Levy was introduced in 2005 and has remained at $10 for over 20 years. The revised levy of $20, effective 1 October 2026, reflects the significant enhancement and expansion of the club's dining facilities and food and beverage offerings.

- Validity Period: Each monthly levy will remain valid for four (4) months from the month of credit. Any unused balance remaining after the four-month validity period will automatically expire and cannot be carried forward or refunded.

Members are encouraged to make full use of their F&B levy by enjoying the wide range of dining options available at the club.

For further information on the above matter, please contact the Finance Department at 6885 0689 or 6885 0685.

Thank you for your continued support, and we look forward to serving you at our club.



Parents' Day

The Parents' Day event, held on 25 July, brought parents and families together for a warm and meaningful afternoon of learning, reflection, and connection.

The programme featured a variety of engaging activities designed to support parents in their everyday parenting journey while strengthening family bonds. Highlights included Chinese Tea Appreciation, Money Savvy: Parent Check-up, Inner Guidance Through Parenting, a Family Photo Magnet activity, and Parenting Conversation Connection.

The laughter, enthusiasm, and shared learning made the event a memorable celebration of family. Participants left with fresh insights, practical takeaways, and encouragement to continue nurturing meaningful connections at home.

We extend our heartfelt appreciation to everyone who joined us and contributed to the event's success. We look forward to welcoming you and your family to our upcoming club activities.

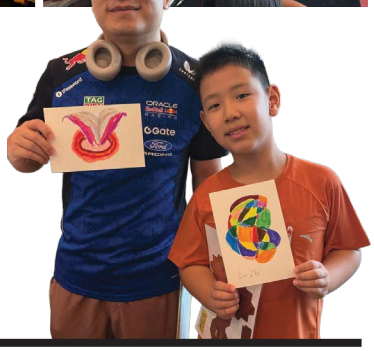












Celebrate National Day with CSC

In celebration of Singapore's 61st birthday, the club hosted a fun-filled event on 8 August that brought joy, and festive cheer to our members.

The programme featured a variety of National Day-themed activities designed to bring families together for an enjoyable day of bonding and hands-on fun.

Participants decorated their own pinwheel at the National Day Pinwheel activity station, took on the interactive SG61 Word Search Quiz and expressed their creativity at the Kite-Making Workshop, where they crafted their own kites to take home.

Filled with laughter, learning, and the Singapore spirit, the event became a memorable celebration enjoyed by participants of all ages. We sincerely thank everyone who attended and brought their enthusiasm to the occasion.









CHRISTMAS LIGHT-UP

Friday, 20 November 2026
6pm to 8pm
Arrival Pavillion

Celebrate the magic of the festive season with us at the club's Christmas Light-Up!

Gather your family and friends for a joyful evening as the Club comes alive with dazzling lights, festive cheer and heartwarming moments. Members can look forward to an enchanting celebration filled with Christmas spirit and wonderful opportunities to create lasting memories with loved ones.

Mark your calendar, join us for this special occasion and let us welcome the festive season together!

Programme Highlights

- Christmas Tree Light-Up Ceremony
- Christmas Carolling
- Photo Opportunity with Santa Claus and Distribution of Candy
- Christmas Game Stalls



Photo for illustration only.

DIY Framed Preserved Christmas Tree Workshop

Create a meaningful piece that blends creativity and preserved blooms. Guided by our florist, participants will design their own Christmas tree in a frame, making each piece uniquely personal. A relaxing workshop, ideal for personal creativity, bonding, or creating a heartfelt keepsake.

Saturday, 5 December 2026
10am to 12 noon
Activity Suite, Sports Complex (Level 3)

$115.00 (member) | $130.00 (guest)
Minimum 10 to start
Closing Date: Saturday, 21 November 2026
All materials provided

Man Zhu Café

Indulge in the joy of the season by treating yourself and your loved ones to a sumptuous Christmas feast at Man Zhu Café. Delight in a lavish buffet spread, and create cherished memories as you share this delicious dining experience.



Christmas Eve Buffet Dinner *($58.80 per adult, $26.80 per child, 6 to 12 years old). 24 December, 5:30pm to 9pm. No à la carte items will be served during the buffet period. Man Zhu will be closed from 2:30 pm to 5:30 pm for buffet setup and decoration.*



Get ready to satisfy your appetite with our festive **T-Bone Lamb** — tender, flavourful and perfect for a special Christmas feast. Treat yourself to a delicious taste of Christmas!

December Chef's Specialty: T-Bone Lamb *($24). Monday to Thursday, 6pm to 9pm.*



Christmas Day Buffet Brunch *($44.80 per adult, $18.80 per child, 6 to 12 years old). 25 December, 11:30am to 2:30pm. No à la carte items will be served during the buffet period.*



Celebrate Christmas at home with Man Zhu Café's festive Roast Takeaway. Enjoy classics such as Traditional Roast Turkey with chestnut stuffing and cranberry sauce, alongside indulgent options including Champagne Gammon Ham, Premium Iberico Ham, Black Pepper Ribeye Roast Beef, Roast Bone-in Leg of Lamb, German Pork Knuckle, and Honey Roasted Pork Ribs—perfect for every holiday gathering.



Assorted Christmas Goodies - Bear Box *($11),* **Ginger Spice Cookies** *($5),* **Rich Fruit Cake** *($31). Available from 23 November to 25 December.*

Complete your Christmas indulgence with our irresistible new log cake flavours: the **Azélia Winter Orchard Log Cake**, featuring rich hazelnut chocolate cake, apple compote, and velvety Valrhona Azélia 35% Ganache. Indulge in the **Frosted Mint Noir Log Cake**, crafted with luscious Manjari 64% Namelaka, a refreshing Mint Crémeux Insert, and moist chocolate cake. Complement your celebration with seasonal delights such as assorted **Christmas cookies, spicy ginger cookies**, and **decadent fruit cakes**.



Azélia Winter Orchard Log Cake *($66),* ***Frosted Mint Noir Log Cake*** *($66). Available from 1 to 25 December.*



Tasca d'Almerita Regaleali Nero d'Avola and Tasca d'Almerita Regaleali Bianco *($55 per bottle, $12 per glass)*



Rivera Primitivo Salento IGT 2023 and Rivera Preludio N°1 Chardonnay 2024 *($55 per bottle)*
Chivas 18 *($148 per bottle, $288 for 2 bottles).*
Royal Salute 21 *($228 per bottle, $448 for 2 bottles)*



Christmas Tree *($8)*

Meridian

November & December Promotions

Raise a glass this November and December with an exceptional selection of wines and whiskies. Savour the rich, full-bodied character of Rivera Primitivo Salento IGT 2023, or enjoy the elegant, refreshing notes of Rivera Preludio N°1 Chardonnay 2024. Discover our Whiskey of the Month selections, featuring the smooth, complex Chivas 18 and the luxurious Royal Salute 21. As a special offer, purchase two bottles of Royal Salute 21 and receive a $40 F&B rebate.



Apple Cinnamon Latte *($9.80)*

Enjoy the holiday spirit with our festive drinks at Meridian! Delight in the **Christmas Tree** cocktail, made with tequila, Bols Blue Curaçao, and Grenadine syrup, garnished with rosemary. Relax with a warm **Apple Cinnamon Latte**. Made with festive flavours, these seasonal beverages are ideal for your Christmas festivities.



Santa Dream *($6.40 member, $8 non-member)*



Pistachio Cocoa *($6.08 member, $7.60 non-member).*

Mingle

December Promotion

Indulge in festive delights! Sip on Santa's Dream, a vanilla-based drink with white chocolate sauce, topped with whipped cream and a Santa chocolate, or savour our Pistachio Cocoa Cake, layered with pistachio and cocoa flavours. A perfect pairing for the holiday season!

Man Zhu Café

October Promotions

Indulge in our October Chef's Specialty: Crackling Pork Knuckle with Pork Sausage, perfectly paired with Chapoutier Côtes du Rhône Belleruche Blanc or Rouge from Rhône, France. A hearty feast complemented by elegant French wines.



October Chef's Specialty: Crackling Pork Knuckle with Pork Sausage *($18.80). Monday to Thursday, 6pm to 9pm.*



Chapoutier Côtes du Rhône Belleruche Blanc and Rouge *($58 per bottle, $12 per glass)*

Meridian

October Promotions

Prost to Oktoberfest at Meridian! For the very first time, enjoy an authentic Oktoberfest buffet featuring hearty German favourites, festive flavours and plenty of cheer. Gather your friends and family for a memorable Bavarian feast at Meridian.



Buffet With Two Beers
$88.80 (Member) |
$98.80 (Non-Member)

Buffet Without Beer
$78.80 (Member) |
$88.80 (Non-Member)
$38.80 (Child 6–12 years old)

Friday, 16 October,
6:30pm to 9:30pm

No à la carte items will be served during the buffet period. Meridian will resume its normal bar operations after the buffet.

Spice up your October with our irresistible F&B specials! Dare to try Dracula's Kiss, a striking vodka cocktail with zesty lemon, soda and a luscious grenadine finish. Every Tuesday and Thursday, enjoy Erdinger Beer from 12pm to 10pm, paired with $10 signature chicken wings in five delicious flavours. Whisky lovers can also explore an enticing selection of Monkey Shoulder, Glenfiddich, and Lark. Purchase 2 bottles of Glenfiddich 16 years Aston Martin Edition to qualify for a Glenfiddich Whisky Dinner at Zenith Suite on 18 November 2026.





Erdinger *– Mug ($7.50), jug ($26), tower ($50)*



Lark 151 Fire Trail *($158 per bottle),*
Lark 183 *($198 per bottle).*



Glenfiddich 12 Years *($138 per bottle).* ***Glenfiddich 16 Years Aston Martin Edition*** *($198 per bottle, $388 for 2 bottles),*
Monkey Shoulder 12 Years *($128 per bottle).*

Treat yourself to our indulgent new creation! At Meridian, savour the Cookies & Scream Latte, blending rich espresso, creamy milk and Oreo crunch, topped with whipped cream and strawberry puree.

Cookies & Scream Latte *($9.80)*



Mingle@Amber

October Promotions

At Mingle, enjoy the refreshing Bloody Mary, bursting with berries and yoghurt. Complete your treat with our delicate Honey Lavender Yoghurt Cake, layered with lavender jelly and honey-yoghurt mousse.

Bloody Mary *($6.40 member, $8 non-member),* ***Honey Lavender Yoghurt Cake*** *($6.08 member, $7.60 non-member).*





Man Zhu Café

November Promotions

Celebrate November with a feast to remember at Man Zhu Café! Gather your loved ones and indulge in our Thanksgiving Buffet Dinner, featuring a tempting spread of comforting favourites, delicious flavours and festive treats made for sharing. Complement your feast with November's Chef's Specialty — hearty Ginseng Chicken with Rice, a comforting classic brimming with flavour. Come together, tuck in and savour the season!

Thanksgiving Buffet Dinner *($38.80 per adult, $16.80 per child, 6 to 12 years old). 27 November, 6pm to 9pm. No à la carte items will be served during the buffet period. Man Zhu will be closed from 2:30 pm to 5:30 pm for buffet setup and decoration.*



November Chef's Specialty:

Ginseng Chicken with Rice ($17.80).
Monday to Thursday, 6pm to 9pm.

Meridian

November Promotions

Discover November's tempting new cocktail of the month at Meridian and Mingle@Amber! At Meridian, sip the vibrant Citrus Reverie, a refreshing blend of gin, passionfruit and citrus, or indulge in a luscious Strawberry Matcha Latte.



Citrus Reverie *($8)*



Strawberry Matcha Latte *($9.80)*

Mingle@Amber

At Mingle@Amber, enjoy the fruity Berry Matcha, topped with whipped cream and fresh strawberries, and treat yourself to a decadent Red Velvet Cake layered with salted caramel, Caraibe crèmeux and Dulcey mousse. Perfect for a delightful seasonal indulgence!

Red Velvet Cake *($6.08 member, $7.60 non-member),* ***Berry Matcha*** *($6.40 member, $8 non-member).*




NEW
Kam Heong Chicken with Rice
NEW
Dry Curry Pork Belly with Rice
man zhu 滿足
Lunch Menu
11.90 nett
美味煮炒
Zi Char Delights
Monday to Friday
NEW
Kam Heong Fish with Rice
NEW
Dry Curry Chicken with Rice


YOUR DAYS AND NIGHTS, AMPLIFIED AT
MERIDIAN
SOLAR FLARE
Every Monday | 8.30pm to 10.15pm
Music: Oldies classics to current Top 40 hits (English, Chinese, and Cantonese)
MIKE & MARJADE
Every Tuesday | 8pm to 10pm
Music: English, Chinese
SNAPSHOTS WITH AMY
Every Wednesday | 8.45pm to 10.15pm
Music: Classical, Blues, Rock & Soul
RAY & ELAINE
Every Thursday | 8pm to 10pm
Music: Chinese, Cantonese, Hokkien and English pop
PUZZLE BAND
Every Friday | 8.45pm to 10.15pm
Music: Pop, Ballads, Canto & Mando Pop
MIKE ANTHONY
Every Saturday | 8pm to 10pm
Music: English, Chinese
SAMMIN
(PIANIST)
Every Sunday | 3pm to 4.45pm


$19.90 nett
Lunch Set
1 STARTER + 1 MAIN + COFFEE OR TEA
MONDAY TO FRIDAY
12 NOON TO 2:30PM
MERIDIAN, THE ASTRIUM
Upgrade Your Lunch!
Add $5 for the cake of the day
MERIDIAN


WEEKEND
AFTERNOON TEA
INDULGENCE
EVERY SUNDAY | 3PM TO 4.45PM
Treat yourself to an elegant assortment of sweet and savoury delights, thoughtfully prepared to satisfy every craving. Enhance your afternoon tea experience with a live piano performance.
$39.90
NETT PER SET
Inclusive of coffee or tea
LAST ORDER IS AT 4:30PM
MERIDIAN

Make the Most of the Year-end School Holidays at Chinese Swimming Club!

Make the year-end school holidays unforgettable for your children at the club! They can dive into exciting sports camps, explore new talents, and unleash their creativity through fun-filled programmes. Sign them up now for a holiday of fun and discovery!

BADMINTON BEGINNERS HOLIDAY CAMP

Calling all young shuttlers! Join us for an exciting five-day badminton camp designed just for beginners. Perfect for your child to pick up new skills, make friends and stay active!.



Monday - Friday, 7 - 11 December
8am - 10am
Badminton Hall, SC (L2)

$179.85 (Member) | $250.70 (Guest)
Min. 6 participants to commence,
Max. 36 participants
Eligibility: Children age 6 to 12 years old
Registration closes Friday, 20 November

MINI BADMINTON CAMP

Introduce your little ones to the world of badminton! Our class offers a fun and structured way for them to learn and play.

Tuesday - Thursday, 15 - 17 December
9:30am - 11am
Activity Suite, SC (L3)

$130.80 (Member) | $150.00 (Guest)
Min. 4 participants to commence, Max. 10 participants
Eligibility: Children born in 2021 to 2023
Registration closes Friday, 27 November



CSC-LJE SPORTS YEAR-END HOLIDAY BASKETBALL CAMP

Make this December your breakthrough season! Refine technique, sharpen court awareness and build teamwork, discipline and resilience through exciting contests, game-speed training and interactive challenges.

Monday – Wednesday
14 – 16 December
8am – 10am
Basketball Court, SC (Rooftop)

$280.13 (Member) I $295.39 (Non-Member)
6–12 years old
Beginners
The above fee is for three training days. Registration closes once capacity is reached.



CSC-ULTIMATE SQUASHER YEAR-END HOLIDAY SQUASH CAMP

Celebrate the holiday season on the court at our December Squash Camp. Packed with skill-building activities, match play, and team challenges, this camp encourages players to develop their game, embrace new experiences, and finish the year stronger!

Monday – Wednesday
14 – 16 December
10am – 12 noon
Squash Courts, SC (L3)

$211.57 (Member) | $239.69 (Non-Member)
6–15 years old
Suitable for levels 1 & 2 beginners
Min. 3 pax, Max. 8 pax per 2-hour timeslot
The above fee is for three training days.
Registration closes once capacity is reached.

CSC-LJW YEAR-END HOLIDAY TABLE TENNIS CAMP

Wrap up the year with an unforgettable table tennis experience this December. Led by Coach Li Jiawei, participants will develop sharper reflexes, stronger ball control, and greater strategic awareness through a programme that balances skill progression with enjoyment.

Monday – Thursday
1 – 4 December
12.30pm – 2:30pm
Table Tennis Room, SC (L3)

$244.16 (Member) | $366.24 (Non-Member)
4–14 years old
The above fee is for four training days.
Registration closes once capacity is reached.



WUSHU WARRIORS CAMP

Build fundamentals, sharpen coordination and boost confidence at Wushu Warrior Camp through energetic, instructor-led sessions for all levels. Register now to sharpen your skills and become a stronger warrior!

Monday – Wednesday
23 – 25 November
9am – 5pm
Zenith Suite, The Astrium, L3



$272 (Member) | $283.40 (Guest)
6-16 years old
Min. 5 pax

INTERNATIONAL CHESS CAMP

Give your child a head start with fun, interactive chess coaching that builds strategy, focus and confidence while making new friends.

Monday – Thursday
30 November – 3 December
9am – 11am (Beginner)
11am – 1pm (Intermediate)
Zenith Suite, The Astrium, L3



$327 (Member) | $343.35 (Guest)
7-12 years old
Min. 6 pax



HOLIDAY DRAMA CLUB WORKSHOP BY ACT 3

Step into the festive spirit with Act 3's Holiday Drama Workshop! Build performance skills, explore creative scenes, boost confidence and connect with fellow drama lovers in a fun, hands-on experience.

This I Believe: Young Speakers Programme

Monday - Wednesday, 23 - 25 November
8:30am - 12 noon
Activity Suite, Sports Complex (L3)

$381.50 (member) | $397.85 (Guest)
9–12 years old

HOLIDAY DRAMA CLUB WORKSHOP BY ACT 3 – CLARA & THE MIDNIGHT ADVENTURE

Monday to Wednesday, 23 - 25 November
12 noon - 3pm
Activity Suite, Sports Complex (L3)

$327 (member) | $343.35 (Guest)
5–8 years old

CSC YOUNG ENTREPRENEUR'S DAY

Saturday, 21 November
1pm - 4pm
Arrival Pavilion

$21.80 (member) | $38.15 (guest) per booth - indoor
$16.35 (member) | $32.70 (guest) per booth - outdoor
6-12 years old

Parents/Guardians are required to be at the stall to supervise. Booth proceeds will be donated to the President's Challenge.

Please visit our website for more details.

K-POP DANCE CAMP

Get ready to dance with fellow K-pop fans! Learn signature K-pop choreography, sharpen your moves and build confidence in a fun, energetic camp filled with music, movement, and friendship.

Juniors (6 - 12 years old)
Thursday, 3 December
1pm - 3pm

Teens (13 – 17 years old)
Thursday, 3 December
10am - 12 noon

Adults (18 and above)
Saturday, 5 December
1pm - 3pm



$54.50 (member) | $70.85 (guest)
Activity Suite, SC (L3)
Min. 6 pax to commence
View the full programme on our website

MONEY SAVVY WORKSHOP

Help kids build practical money skills through fun games and hands-on activities, learning to budget, save, distinguish needs from wants, and make smart financial decisions.

Saturday, 5 December
1pm - 4pm
Activity Suite, SC (L3)



$65.40 (member) |
$81.75 (guest)
6-12 years old



Sports Awards 2026

Chinese Swimming Club celebrated a special milestone with the hosting of the Sports Awards 2026 at the newly renovated Stellar Grand Ballroom, marking another significant chapter in the Club's sporting journey. It recognises and honours athletes who have demonstrated outstanding performance, dedication, and achievement during the year under review, bringing pride and distinction to the Club.

All recipients were selected by the Sports Awards subcommittee in accordance with established criteria, ensuring fairness, consistency and the recognition of sporting excellence.

Meritorious Award

SWIMMING

Chan Ziyi
Cheah Jing Fu Timothy
Lee Xing Hong Julian
Lim Zhequan Lawrence
Nicholas James Tan
Reagan Cheng

WATER POLO

Ari Tan Yu Han
Evan Say Jian Ming
Gabriel Low
Kayla Yeo Ying Xuan
Ryan Yap Dong Xuan

Recognition Award

SWIMMING

Chen Yuejia
Ong Jung Yi

BOWLING

Au Wei En Darren

Promising Youth Award

SWIMMING

Eli Widjaja
Jaedon Rei Teo Junrui
Sonia Viren Shah

SQUASH

Kelihla Cheong Yenn Shyen

TENNIS

Brian James Hartono

Most Improved Athlete

PICKLEBALL

Ng Ka Wei





The Club also extends its heartfelt appreciation to our Sports Convenors for their dedicated service, leadership and invaluable contributions. Their commitment to developing the Club's sporting programmes and supporting our athletes has played an important role in strengthening our sporting community.

Congratulations to all our award recipients. May their achievements inspire fellow athletes and the next generation to continue pursuing excellence with passion, discipline and determination.

Sports & Lifestyle CAMP

The Sports & Lifestyle Camp from 23 to 26 June was a blast!

From smashing rallies in badminton, shooting hoops in basketball, knocking down pins in bowling, making a splash with flippa ball, battling it out in table tennis, learning new moves in taekwondo, to ending on a high with an energetic K-pop dance session—our campers embraced every challenge with enthusiasm and had an amazing time along the way.

Thank you to all our campers, coaches, and parents for making this camp such a memorable one. We can't wait to welcome everyone back for another action-packed adventure!







Pesta Sukan

Our members participated in swimming, water polo, and contract bridge at Pesta Sukan 2026, showing great team spirit and proudly representing the club. Well done to all who took part, and a special congratulations to the medal winners!

Swimming (19 to 21 June)
153 swimmers and 31 relay teams

Contract Bridge (11 and 12 July)
SCBA Open Pairs
(Masters Category) – 2nd place

Water Polo (18 to 25 July)
Men's Open – Silver
U10 – Silver
U12 – Bronze 3rd
U15 – Third runner-up





SWIMMING

Singapore Aquatics Emerging Talents Championships 2026

Presented by the Singapore Olympic Foundation – Edwin Lee Yong Chuan Sports Fund

Congratulations to our junior swimmers who participated in the inaugural Singapore Aquatics Emerging Talents Championships 2026 on 1 June.

The championships provided an exciting platform for young swimmers to showcase their abilities and gain greater confidence in the pool.

Well done, swimmers!





21st Singapore National Swimming Championships 2026

Chinese Swimming Club celebrated another proud milestone at the 21st Singapore National Swimming Championships, held from 27 to 30 May, emerging as the Overall Club Performance Champion for the second consecutive year.



Our swimmers delivered an outstanding team performance, securing 19 medals—six gold, seven silver and six bronze—while setting three new meet records and one U17 national record.



Mikkel Lee was crowned the Male Most Valuable Swimmer. He powered to victory in a new meet record of 48.80s, surpassing the previous record of 48.98s set in 2024 for the Men's 100m Freestyle. His outstanding swim also earned him the Neo Chwee Kok Cup, awarded for the best performance in the Men's 100m Freestyle.





Tedd Windsor Chan continued his impressive rise by setting a new Under-17 national record in the Men's 100m Backstroke. Swimming the lead-off leg of the relay, Tedd clocked 56.49s, breaking the previous national record of 56.58s established in 2021.

Reagan Cheng also established a new meet record in the Men's 200m Individual Medley with a time of 2:02.11, eclipsing the previous record of 2:02.97 set in 2021.

The championship triumph reflects the collective efforts of our swimmers, coaches, and support team. It was another proud chapter for Chinese Swimming Club as our swimmers continued to inspire through their pursuit of excellence and record-breaking performances.

CSC JUNE FUN CAMP 2026

Three Days of Learning, Fun & Friendship

Our young swimmers enjoyed three days of learning, movement, and unforgettable experiences at the CSC Swim Fun Camp 2026, from 3 to 5 June. The camp included a swim rules workshop, stroke clinic, K-pop dance, and an excursion to BOUNCE trampoline park. It improved swimming skills and built confidence and friendships, creating memorable moments through fun activities. Thanks to all participants, coaches, and parents for making it a success!







12th Asian Open Water Swimming Championships



Congratulations to Kenneth Lim Cheng Jie and Johann Mikail Loh on making their international debuts at the 12th Asian Open Water Swimming Championships in Bali, Indonesia, from 12 to 15 June. The championships provided valuable international exposure and a significant milestone in their development, as they gained competitive experience and challenged themselves on the regional stage.



SwimSafer (June 2026)

Congratulations to all 45 swimmers who completed the SwimSafer Assessment on 19 June across four levels, demonstrating courage, determination and growing confidence in swimming and water safety.

Goal Setting: The Champion's Mindset

The swimming department hosted an inspiring morning talk, "Goal Setting: The Champion's Mindset," on 16 June, with SEA Games gold medallists Mikkel Lee and Danny Yeo. They shared insights on goal setting, discipline, perseverance, and mindset, along with personal challenges and lessons. Moderated by Tedd Windsor Chan and Timothy Cheah, the session encouraged meaningful discussion. Thank you to all participants, speakers, and moderators for inspiring future swimmers.



12th Asian Age Group Championships 2026

Our swimmers proudly represented Singapore at the 12th Asian Age Group Championships 2026, held in Bangkok, Thailand, from 17 to 21 July. Competing against some of Asia's best young swimmers, the team delivered commendable performances, achieving seven personal bests and securing five medals on the international stage.



Jaedon Teo	Boys 13–14 200m Breaststroke	Silver
	Boys 13–14 100m Breaststroke	Bronze
Marcus Chong	Boys 13–14 200m Breaststroke	Bronze
	Boys 13–14 4×100m Medley Relay Relay teammate: Eli Widjaja	Bronze
Eli Widjaja	Mixed 13–14 4×100m Freestyle Relay	Bronze
	Boys 13–14 4×100m Medley Relay Relay teammate: Marcus Chong	Bronze

Congratulations to all our swimmers and Coach Wang Tao for their representation of both Singapore and Chinese Swimming Club. We are proud of your achievements!



CSC Swimming Invitational Championships 2026

The CSC Swimming Invitational Championships 2026 (formerly known as the CSC Super Junior Swimming Invitational) concluded successfully after two and a half exciting days of competitive racing, from 10 to 12 July. It brought together swimmers from local and overseas clubs, and provided an excellent platform for athletes to challenge themselves.

Congratulations to all swimmers for displaying commendable commitment, determination and sportsmanship throughout the competition.





Congratulations to the following Most Valuable Swimmers:

Girls 7 Years Old	**Lee Jia Xin Clarissa**
Boy 8 Years Old	**Leow Yan Kau Cruz**
Boy 9 Years Old	**Gao Yanheng Emery**
Girls 9 Years Old	**Cheung Yui Nam Josie**
Boy 10 Years Old	**Liew Qi Sheng Nathaniel**
Boy 11 Years Old	**Loh Xing Jamiel Raiyan**
Girls 11 Years Old	**Liu Enhui Grace**
Boy 12 Years Old	**Teo Cheng Jun Jaerus**



Special congratulations to Teresa & Paulus Swimming School from China for being crowned the Overall Foreign Club Champion.

The Challenge Trophy remained with Chinese Swimming Club, reflecting the strong collective performances, dedication, and team spirit of our swimmers.

Chinese Swimming Club extends its sincere appreciation to all participating clubs, technical officials, volunteers, sponsors, and supporters whose contributions made the CSC Swimming Invitational Championships 2026 a successful and memorable event.

A heartfelt thank you to our valued sponsors—Speedo, Key Power Sports, Spectrum Sports, Heliocare, Neoasia, EMI Trophies, Pout Care and Pout Care Athletics—for their generous support in making the championships possible.

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OFFICIAL OPENING OF THE ASTRIUM

The Astrium is officially open!

What an exciting morning at Chinese Swimming Club as we unveiled The Astrium, our S$9 million renovated recreation complex and a vibrant new constellation of sport, dining, entertainment and leisure.

From the versatile Stellar Grand and stylish Meridian to Spectrum, our refreshed pool deck and outdoor jacuzzis, The Astrium brings together exciting new spaces for members to play, dine, unwind and connect.

We were honoured to have guest of honour, Minister for Law and Second Minister for Home Affairs, Mr Edwin Tong, grace the occasion. We were also delighted to welcome our Club Patron, Dr Chua Thian Poh, who has served in this role since 1 March 2021.

A longstanding supporter of the Club, Dr Chua has joined us at several milestone events, including our 119th Anniversary Gala Dinner and Charity Golf Event in 2024, where he also generously contributed to the President's Challenge.













The official opening ceremony was filled with tradition and celebration, featuring an eye-dotting ceremony and spectacular lion dance with nine lions, followed by the ribbon-cutting ceremony and unveiling of the commemorative plaque by Minister Edwin Tong, accompanied by our Club Vice-President (General), Mr Peter Liew.

The celebrations then moved to Stellar Grand, where Minister Edwin Tong delivered the first ceremonial pickleball serve on the venue's dynamic LED flooring, before playing a friendly rally with Management Committee Member, Mr Lee Chiwi.

Guests then enjoyed a lunch reception and networking session, coming together to celebrate this exciting milestone and the beginning of a new chapter for the Club.

A new chapter begins at Chinese Swimming Club. Welcome to The Astrium!





MAKING WAVES: CELEBRATING SWIMMING SUCCESS



TEDD WINDSOR CHAN

Congratulations to Tedd Windsor Chan on winning the bronze medal in the Men's 13–18 50m Backstroke at the 2026 Junior Pan Pacific Swimming Championships, clocking 25.66s! What a fantastic achievement on the international stage!



MIKKEL LEE

Congratulations to Mikkel Lee on his commendable performances at the Glasgow 2026 Commonwealth Games, held from 24 to 29 July. Competing against some of the Commonwealth's best swimmers, Mikkel advanced to the final of the Men's 50m Freestyle and the semi-finals of both the Men's 100m Freestyle and Men's 50m Butterfly.

MEN'S 50M FREESTYLE	***22.23s***	***8th place (Final)***
MEN'S 100M FREESTYLE	***49.74s***	***14th place (Semi-Final)***
MEN'S 50M BUTTERFLY	***23.77s***	***12th place (Semi-Final)***

JULIAN LEE



A huge congratulations to Julian Lee on setting a new National Men's Open Record (SCM) in the 200m Backstroke at the Singapore National Swimming Short Course Invitational 2026 with a time of 1:55.01. The previous record of 1:56.70 was set in 2024.



Learn-to-Swim Assessment (May to July Intake)

The Learn-to-Swim Assessment for the May to July 2026 intake was conducted from 14 to 21 July for swimmers from Red Stage 1 to Development Stage 5.

SAQ ASPIRE #14 Assessment

Congratulations to our artistic swimmers who participated in the SAQ ASPIRE #14 Assessment at Our Tampines Hub from 1 to 2 August.





Photo credit:
Meow Badminton









19th CSC-MooMoo Age Group Badminton (Invitational) Tournament 2026

The 19th CSC-MooMoo Age Group Badminton (Invitational) Tournament 2026, from 5 to 13 September brought together badminton talents for an exciting week of competitive action! Players showcased their skills, determination, and sportsmanship throughout the tournament, making for a memorable event filled with thrilling rallies and inspiring performances. Congratulations to all participants and winners for their outstanding efforts!







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Badminton Friendly with RBSC

Our club welcomed the Royal Bangkok Sports Club (RBSC) on 25 July for a morning of friendly badminton matches, followed by a luncheon at the Activity Suite. While the results were left on the court, the friendship continued off it. We look forward to returning to Bangkok next year!



BASKETBALL

CSC-LJE Basketball June Holiday Camp

Our CSC-LJE Basketball June Holiday Camp from June 15-17 combined skill development and game-based learning. Participants improved their fundamentals, learned match strategies, and how to read the game, decide better, and adapt to opponents. Well done to all participants for your enthusiasm and commitment!



BILLIARDS & SNOOKER



Aloysius Yapp World No. 1 WNT

Aloysius Yapp made history by becoming the first Singaporean to reach World No. 1 on the World Nineball Tour.

From capturing the Florida Open title and achieving a historic back-to-back victory in an open-ranking event, to sweeping multiple international championships, and being crowned Singapore Sportsman of the Year 2026, Aloysius has shown the world what dedication, skill, and perseverance can achieve.

Congratulations on an incredible journey and for continuing to inspire Singapore and our club members with every shot.

Wishing you all the very best in your upcoming competitions. We are behind you all the way!

Billiards & Snooker Section National Day Gathering

The Billiards & Snooker Section gathered on 1 August to celebrate Singapore's 61st birthday with great food, fun games, and a cake-cutting celebration. Special thanks to Patron Mr Tay Tiang Guan and Mr Peter for their generous sponsorship!

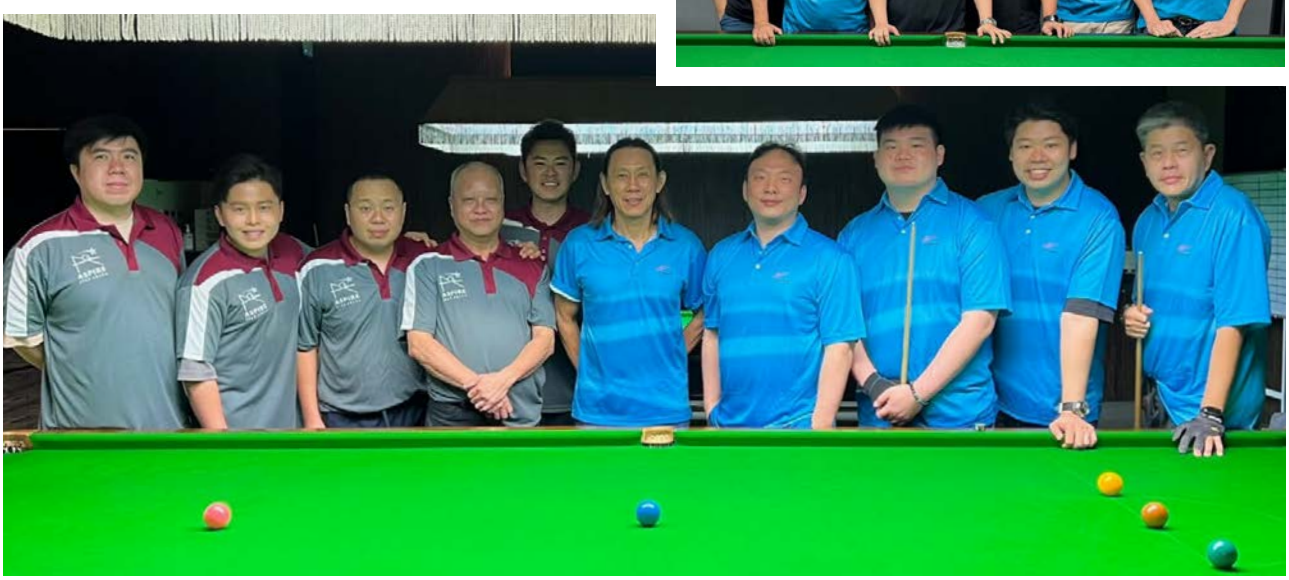




National Snooker League

The National Snooker League kicked off in June, with CSC represented in Division A and Division D. Halfway through the league, Division A is currently in 2nd place, while Division D sits in 6th. We wish both teams the very best for the remainder of the season!





29th Adult Inter-Club Bowling Mixed League 2026



Chinese Swimming Club played host to the 29th Inter-Club Bowling Mixed League 2026 on 16 July. As the competition rolled into Week 11 on 16 July, teams from Seletar Country Club, National Service Resort & Country Club, Singapore Swimming Club, Singapore Recreation Club, Serangoon Gardens Country Club and the Orchid Country Club continued to keep the momentum going with thrilling weekly clashes, all vying for the top spot in this prestigious annual tournament.



CONTRACT BRIDGE

Contract Bridge President's Challenge

A total of 33 participants came together for the Contract Bridge President's Challenge on 23 May, enjoying an afternoon of fellowship while supporting a meaningful cause. Members generously participated in the auction, bingo and lucky draw, raising $1,888 for the President's Challenge. The event was a heartwarming reflection of the Club's generosity, camaraderie and strong community spirit.





Inter-Club Bridge Festival

Hosted by Chinese Swimming Club on 4 July, the Inter-Club Bridge Festival brought together eight teams from various clubs for an afternoon of friendly competition and fellowship. The event welcomed 40 participants who enjoyed a spirited and engaging tournament.

Beyond the competitive play, the festival provided an excellent opportunity for members to forge new friendships, exchange experiences, and strengthen ties within the local bridge community.



National Day Game

The National Day Game on 1 August united members for a lively Contract Bridge session celebrating Singapore's National Day. Members dressed in red and white, enhancing the festive atmosphere. Participants enjoyed a competition and a lucky draw, with six winners—four top prizes and two novelty prizes. The event was a great chance for members to enjoy bridge and celebrate the nation's birthday together in a warm, festive setting.

GOLF

CSC Golf July Medal & Golf Section Night 2026



The CSC Golf July Medal & Golf Section Night 2026 was held on 24 July, beginning with an exciting afternoon of golf at Keppel Club. After completing 18 enjoyable holes, participants returned to the club's newly renovated Stellar Grand for an evening of celebration.

Guests enjoyed a sumptuous dinner, lively entertainment by Happy Feifei, exciting lucky draws, and prize presentations. Filled with laughter, camaraderie, and fellowship, the evening was a fitting conclusion to another successful CSC Golf Medal event.



The celebration was made even more meaningful by the generous support of Golf Section member Mr David Neo, who contributed $10,000 to the Section. Our heartfelt appreciation also goes to Mr Tim Koh for sponsoring snacks during the game. Their generous contributions will help enhance future Golf Section activities and events.

Congratulations to all the prize winners and thank you to everyone who made the event a memorable success. We look forward to more great golf, lasting friendships, and unforgettable moments at the next CSC Golf event!

A Division		B Division	
1st Place	Tim Koh	1st Place	Ang Ka Tiam
2nd Place	Anthony Chan	2nd Place	Max Tan
3rd Place	Simon Chin	3rd Place	Vincent Low

PICKLEBALL



CSC-Dazzling Cup 2026

The first-ever pickleball competition held at the new Stellar Grand indoor LED courts saw 37 pairs compete across four categories. Participants enjoyed the unique experience of playing on both outdoor and indoor courts, culminating in a spectacular series of finals.

Our sincere thanks to Dazzling Exchange, Recogen, Bali Nasi Lemak, and Selkirk for their generous support in making the event possible.





Inter-Club Pickleball League

Our Club hosted the opening round of this year's Inter-Club Pickleball League, featuring 12 premier clubs. The action-packed Round Robin on 4 August saw NUSS, WGCC, SSC, Tanglin Club, British Club, and Chinese Swimming Club battle it out in spectacular rallies, thrilling upsets, and memorable moments.

At the time of print, CSC sits 2nd in Group A, with the top two teams advancing to the semi-finals. We wish our team every success in the next stage of the competition!

SQUASH

Dymon Asia Lion City Junior Squash Open 2026

Congratulations to Kelihla Cheong on achieving 3rd place in the Girls Under-15 category at the Dymon Asia Lion City Junior Squash Open 2026, held from 3 to 7 June!





CSC-Ultimate Squasher

JUNE HOLIDAY CAMP

The CSC-Ultimate Squasher June Holiday Camp held from 15 to 17 June was a rewarding week of dynamic training led by our World Squash Federation–certified coaches. Throughout the camp, players sharpened their technical skills, enhanced their court movement, and strengthened their tactical awareness. The experience helped participants build confidence, improve consistency, and take meaningful steps forward in their overall game.

VITAGEN 2026 SGSquash Junior Circuit 2

Congratulations to Taliah Cheong on securing 2nd place in the GU19 category at the VITAGEN 2026 SGSquash Junior Circuit 2, 23 to 27 June. Her determination, consistent performance, and hard work throughout the tournament earned her a well-deserved podium finish.



TABLE TENNIS



STTA Crocodile Challenge Cup 2026



Congratulations to Jayna from CSC-Li Jiawei Table Tennis Academy on securing an impressive second-place finish at the 2026 STTA Crocodile Challenge Cup, which concluded on 31 May 2026.

Jayna demonstrated commendable skill, determination, and composure throughout the competition. Her achievement reflects the dedication and hard work she has put into her training and development.

Well done, Jayna, on this outstanding result!

CSC-Li Jiawei Table Tennis JUNE HOLIDAY CAMP

The CSC-Li Jiawei Table Tennis June Camp from 8-11 June energised young players to develop skills and passion. Through engaging sessions, participants improved strokes, footwork, and overall game, while also building resilience, friendships, and valuing discipline, teamwork, and perseverance. Congratulations to all players, and thanks to our coaches and parents for making the camp meaningful!





National School Games (NSG) Table Tennis Junior Division (August)



Congratulations to Daisy Luo and Chen Qian Xiu from CSC-Li Jiawei Table Tennis Academy on securing their first-ever championship titles!

Daisy delivered an impressive performance to emerge as the Tier Two Singles Champion, while Qian Xiu displayed tremendous determination and skill to claim the Tier Three Singles title. May these victories mark the beginning of many more achievements in your table tennis journeys.

TENNIS

CSC Tennis Team Challenge & Tennis Section Gathering 2026



On 4 July, tennis fans took part in the annual CSC Tennis Team Challenge 2026 for a day of friendly matches, teamwork, and camaraderie. Teams, led by Jessica Khong, Stephanie Tan, and Tan Wee Leng, played four matches: Men's Singles, two Men's Doubles, and Women's Doubles, scoring towards the team standings. After closely fought matches, Team Steph won! Congrats to Captain Stephanie Tan and teammates Julian Tan, Jeremy Yang, Michael Wong, Peter Kim, Juvanus Tjandra, and Clara Lo. The event also featured the One-Point Slam, a sudden-death match where Jeremy Goh beat Rick Hartono to win.

Thanks to all for participating. Looking forward to more tennis events!

CSC Tennis Doubles Open 2026





The CSC Tennis Doubles Open 2026 on August 1 brought tennis fans a day of exciting doubles and sportsmanship. The good weather helped create a competitive tournament with close matches, and others were decided at the last moment. Players demonstrated teamwork, determination, and resilience to win each point. Wilbert Loh and Mark Lin emerged as the Men's Doubles Champions, displaying consistency and composure throughout the tournament to lift the trophy.

Champion	**Wilbert Loh & Mark Lin**
Runner Up	**Rick Hartono & Brian Hartono**
2nd Runner Up	**Kent Teo & Yuan Dong**
3rd Runner Up	**Wang Yi-feng & Joe P.**

Congratulations to all participants for their sportsmanship and spirit, and to the prize winners. Thanks to everyone who made the tournament a success. We look forward to welcoming everyone back for the next CSC Tennis tournament!

WATER POLO



CSC Water Polo Japan Trip

We are incredibly proud of our Under-12 water polo team for their transformative week-long expedition to Oyama, Japan from 30 May to 7 June.

Led by Coach Issei, the team toured major water polo clubs across the prefecture, expanding their skills and fostering international friendships. Amid friendly matches, training matches, and manoeuvring in Japan, another highlight of the trip was an exclusive three-day training clinic led by 2016 Rio Olympian and former Japanese Men's Water Polo Captain, Yusuke Shimizu.

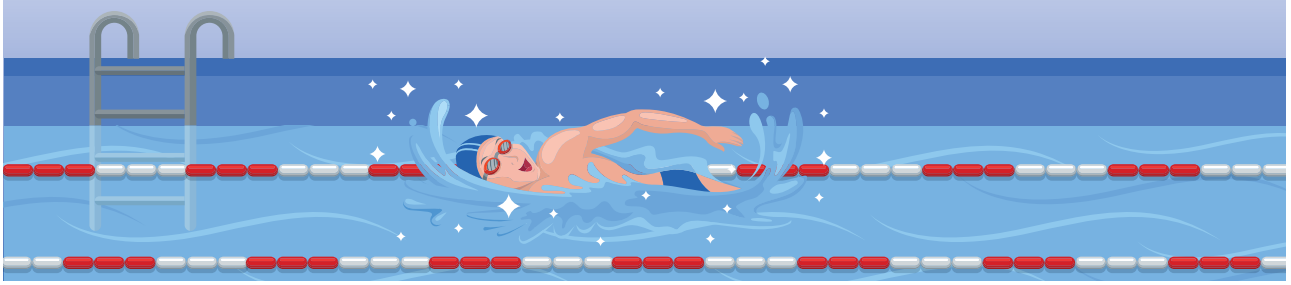
They returned to local waters with renewed focus and a drive for future gold. Ganbatte!

SWIMMING

At Chinese Swimming Club, we are proud to offer one of the most comprehensive and well-rounded swimming programmes in Singapore. From a child's very first lesson in our **Learn-to-Swim Programme** to the **Little Fish Programme** confidence-building, progressing through our **Junior and Senior Competitive Teams** to our **High-Performance Team**, we provide a structured pathway.

Our experienced coaches, many with national and international expertise, deliver personalised, progressive training to develop skill and character. Chinese Swimming Club offers more than lessons—it's a complete aquatic journey built on passion, professionalism, and a commitment to confident, capable swimmers.

Your child could be the next national swimmer, training in our lanes today. Enrol your child now.



Learn-to-Swim Programme

Open to young swimmers aged 4 years and above, focusing on developing essential swimming skills and building a strong foundation in the water. Each level of the programme introduces different strokes and techniques, equipping swimmers with the skills to become confident and competent swimmers.

Tuesday - Friday	**3:30pm – 7pm**
Saturday	**8:45am – 12:10pm** **3pm – 6:20pm**
Sunday	**8:45am – 12:10am**

1 weekday	$87.20
1 weekend	$109.00
2 weekdays	$147.15
1 weekday + 1 weekend	$ 179.85

Beginner's Pool, Sports Complex

Do note that swimmers in Green (Stage 4) and Development (Stage 5) are required to attend training twice a week to support their progression.

Water Babies

Water Babies is designed to introduce young children to the joy of swimming through play with their parent(s).

Parental involvement in the pool is compulsory.

Baby 1 (12 - 24 MONTHS)
Sunday, 4pm

Water confidence is built through games and songs. Parents are instructed on how to handle their children in the water with the coach.

Baby 2 (24 - 36 MONTHS)
Sunday, 4:30pm

Continuation of water confidence. Board kicking is introduced, and the use of flotation aids.

Baby 3 (36 - 48 MONTHS)
Sunday, 5pm

Further continuation of confidence skills, plus introducing self-propulsion skills leading to preparation for the Learn-to-Swim classes.

Beginner's Pool, Sports Complex

$218.00 for 8 Sessions (30 minutes per session)

Masters Swimming Programme

Want to improve swimming, fitness, and health? Join our Masters Swimming Programme! Designed for all adult levels, our sessions focus on techniques, endurance, and speed in a fun, supportive environment with like-minded swimmers.

Whether your goal is to stay fit, improve skills, or prepare for competitions, our Masters programme offers a perfect mix of coaching and camaraderie.

Tuesday - Thursday	**7:45pm – 8:45pm**
Saturday	**8:45am – 9:45am**

Competition Pool & Water Polo Pool, Sports Complex

$147.15 per month (Member)
$196.20 per month (Guest) (subject to availability)

Artistic Swimming Programme

Experience a blend of swimming, dance, and gymnastics! This sport builds water confidence, strength, flexibility, and artistry while fostering teamwork and creativity. Open to swimmers of all levels, our sessions develop fundamental techniques, coordination, and performance skills based on the Singapore Aquatics ASPIRE syllabus. Whether exploring a new aquatic discipline or aiming to compete, our Artistic Swimming Programme is the perfect platform to grow and shine.

Tuesday	**3pm – 4:30pm** (for ASPIRE Level 4 and above)
Thursday	**3pm – 4:30pm**
Sunday	**4:30pm – 6pm**

Competition Pool & Water Polo Pool, Sports Complex

$174.40 per month (Member)
$239.80 per month (Guest)

BADMINTON

CSC-D&J Badminton Academy

Elevate Your Game

Experience a top-class badminton programme at CSC-D&J Badminton Academy, where passion meets excellence. Open to all skill levels—from beginners to competitive—our academy provides structured training to help players master the fundamentals, develop skills, and enjoy the sport.

Our dedicated coaches are certified under the National Registry of Coaches (NROC) and the Ministry of Education (MOE).

Join us and take your badminton journey to the next level at CSC-D&J Badminton Academy!

Monday – Wednesday & Friday	**3pm – 5pm**
Saturday	**8am – 10am** **10am – 12noon**
Sunday	**1pm – 3pm**

Badminton Hall, SC (L2)
Eligibility: 6-16 years old

Frequency	Member	Guest
Once/Week (4 sessions)	$163.50	$218.00
Twice/Week (4 sessions)	$294.30	$392.40
Thrice/Week (4 sessions)	$441.45	$588.60

The above fees are based on 4 sessions per month. Additional fees will be charged if there are any extra training days in the month.

CSC-D&J-Red Goat Mini Badminton

Introduce your toddlers to the world of badminton! Our brand-new class offers a fun and structured way for little ones to learn and play.

- Strong emphasis on the fundamentals of badminton
- Hand-eye coordination
- Balanced development in stamina, speed and strength



BILLIARDS & SNOOKER

Upcoming Programmes & Updated Features

- Enjoy free play **every Friday** from **6pm to 11pm**
- Complimentary Cue Locker
- Yearly CNY Lo Hei and National Day Gathering
- National Snooker League
- Bilateral and Friendly Games with other Clubs

BASKETBALL



CSC-LJE Sports Junior Basketball Training Programme

Develop basketball skills, agility and game knowledge while building confidence, sportsmanship, perseverance and friendships in a fun, supportive environment for young athletes aged 6 to 14.

Training Schedule

Thursdays	5pm – 6:15pm	(6 – 11 years old)
Saturdays	8am – 9:15am	(6 – 10 years old)
Saturdays	9:30am – 10:45am	(11 – 14 years old)
Sundays	8am – 9:15am	(6 – 10 years old)
Sundays	9:30am – 10:45am	(11 – 14 years old)

$125.35 (Member) | $201.65 (Guest)
per month for 4 sessions

The above fees are based on four sessions a month. If there is a lesson in the fifth week of the month, an additional fee will be charged. Non-members are required to pay a refundable one-month deposit.

BOWLING

CSC Bowling Learn-to-Play Programme

New Bowler

Saturdays 10:15am – 11:15am or
1pm – 2pm or
2pm – 3pm

12 Lanes Bowling Alley, SC

$130.80 (Member) | $174.40 (Guest)
per month for 4 sessions



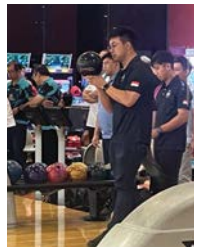
Development Bowler

(FOR TRAINEES WITH BOWLING BACKGROUND)

Saturdays 1pm – 2:30pm or
3pm – 4:30pm

12 Lanes Bowling Alley, SC

$152.60 (Member) | $196.20 (Guest)
per month for 4 sessions



The above fees are based on four sessions a month. They include lane fees and shoe rental.

GOLF

Golf Calendar 2026/2027

DATE(S)	EVENT	LOCATION
2 October 2026	Annual Golf Championship	NSRCC Kranji
18 December 2026	Year-end Golf Bash and December Medal	Changi Golf Club
February 2027	CSC-SSC Bilateral and Angbao Medal	TBC
July 2027	July Medal & Golf Section Night	TBC
October 2027	Annual Golf Championship 2027	TBC

The event dates may be subject to change and serve as a guide.

PICKLEBALL

Pickleball Private Coaching and Lessons

Improve your pickleball skills with private coaching at Chinese Swimming Club, tailored to your level, style, and goals. Whether you're a beginner or want to sharpen your skills, personalised guidance boosts confidence and progress.

MEET THE INSTRUCTORS

Pang Hian Tee

Pang Hian Tee enjoys pickleball for its inclusive nature, welcoming players of all ages and abilities. As a coach, Hian Tee finds fulfillment in helping players develop their skills, build confidence and achieve milestones, from winning their first medals to improving their DUPR ratings.

Tess Chen

Tess Chen, a former national pickleball athlete (DUPR 4.535), is now an NROC coach who develops personalised plans to help players of all levels improve their technique and strategy.

Ng Ka Wei

Ng Ka Wei, a competitive pickleball player with a Selkirk Emerging Pro contract and Singapore's top doubles DUPR rating of 4.998, is also an experienced coach for all skill levels in singles and doubles. He helps players build confidence and improve their game.

SQUASH



CSC-Ultimate Squasher Squash Programme

Designed for junior and adult learners, this squash programme offers progressive training combining skill development with game practice. Participants improve accuracy, agility, and strategy through drills, exercises, and matches. Players gain tools to play smarter, move better, and achieve long-term improvement.

Junior Programme (AGES 6 AND ABOVE)

Mondays	**4pm – 5pm (L1)**
Wednesdays	**3:30pm – 5pm (L2)**
	5pm – 6pm (L1)
Thursday	**4:30pm – 6pm (L2–3)**
Friday	**3:30pm – 5pm (L2)**
	5:30pm – 6:30pm (L1)

Squash Courts, SC (L3)

$331.36 (Member) | $374.96 (Guest)
1-hour training session per week

$479.04 (Member) | $562.44 (Guest)
1.5-hour training session per week

6 years old and above | Min. 3 pax, 8 lessons per term

Adult Programme (AGES 20 AND ABOVE)

Sundays	**3pm – 4:30pm** or
	4:30pm – 6pm

Squash Courts, SC (L3)

$553.72 per pair (Members) | $627.84 per pair (Guest)
1.5-hour training session per week

20 years old and above | Min. 2 pax, 8 lessons per term

TABLE TENNIS

CSC-Li Jiawei Table Tennis Academy



The CSC–Li Jiawei Table Tennis Academy is guided by one of Singapore's most successful athletes. Coach Li Jiawei represented the nation and achieved Singapore's first Olympic podium finish. At the academy, children aged 4 to 14 benefit from a structured development programme tailored to their age and ability. From learning the fundamentals to mastering advanced techniques and match strategies, players are guided through every stage of their table tennis journey. With a strong emphasis on skill progression, discipline, and game intelligence, the academy provides a supportive environment where young athletes can grow both on and off the table.

Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday	
3pm – 4pm	3pm – 4pm	3pm – 4pm	3pm – 4pm	12noon – 1pm	9:30am – 10:30am	1:30pm – 3pm
4pm – 5pm	4pm – 5pm	4pm – 5pm	4pm – 5pm	1pm – 2:30pm	10:30am – 11:30am	3pm – 4pm
	5pm – 6pm	5pm – 6:30pm	5pm – 6pm	2:30pm – 3:30pm	11:30am – 12:30pm	
				3:30pm – 4:30pm		



Table Tennis Adult Group Training

Led by resident coach Kelvin, our adult training programme caters to players of all levels. Beginners will learn the rules and fundamentals of table tennis, while experienced players can further refine their skills and basic game techniques. Join us to improve your game in a friendly and supportive environment!

Fridays, 9am – 10:30am, 10:30am – 12noon
Table Tennis Room, SC (L3)

$163.50 per month (Member) I $196.20 per month (Guest)
Min. 4 pax; Max. 6 pax

The above fees are based on four sessions a month. If there is a lesson in the fifth week of the month, an additional fee will be charged. Non-members are required to pay a refundable one-month deposit.

TAEKWONDO

TAEKWONDO
JUNIOR TRAINING PROGRAMME

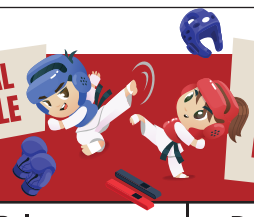
More than just a martial art, Taekwondo teaches valuable life skills.Through structured training, your child will:

- Learn practical self-defence techniques
- Develop mental strength and ethical discipline
- Build self-confidence that extends beyond the training mat

Tuesdays & Sundays
Activity Suite, Sports Complex (Level 3)

Poom/Black Belt: $49.05
Colour Belt: $65.40
Fees include 9% GST.

- 5 years and above
- Members only



Belt	Day	Time
Foundation White F1 F2 F3 / White	Tuesday	4:45pm to 5:45pm
Foundation White F1 F2 F3 / White	Sunday	1pm to 2pm
Yellow	Sunday	2pm to 3pm
Green	Sunday	3pm to 4pm
Blue	Sunday	3pm to 4pm
Brown	Sunday	4pm to 5pm
Poom / Black	Sunday	5pm to 6pm

WATER POLO

Learn-to-Play Water Polo Programme

Saturdays
6:15pm – 7:30pm
Beginners' Pool, SC (L1)

$87.20 per month (Member)
$130.80 per month (Guest)
6 to 12 years old



Participants must be able to swim Freestyle & Breaststroke properly for 2 x 25m laps independently and can tread water for at least one continuous minute.

Junior Water Polo Training Programme

Mondays, Wednesdays & Saturdays **6:15pm – 8:15pm**

Fridays **7:30pm – 9:30pm**

Water Polo Pool, SC (L1)

$163.50 per month (Member)
$327.00 per month (Guest)
7 years old and above



Participants must be able to swim all four strokes properly for 4 x 50m laps continuously, tread water for at least 1.5 minutes continuously, and have basic ball sense.

All prices include 9% GST. Activities are subject to change. Registration for the activities will close when the maximum capacity is reached. For more information or to sign up, please visit our website, call **6885 0671**, or email **sports@chineseswimmingclub.org.sg**.

KIDS & TEENS

Mosaic Art, Chess Camp and Wushu Camp







The June school holidays were filled with creativity, learning, and active fun at Chinese Swimming Club! Participants explored their artistic side through Mosaic Art, sharpened their strategy and decision-making skills at Chess Camp, and discovered the discipline and artistry of Wushu. Each programme offered a fun and engaging environment for children to learn new skills, build confidence, and make new friends.



K-Pop Dance for Children

Our K-Pop Dance for Children programme began on 3 July. All eager young dancers are welcome to join us and learn the latest moves from their favourite K-pop tracks. Each session helps develop coordination, technique, and confidence through energetic dance. Open to beginners and experienced dancers, it offers a fun, supportive environment for children to express themselves. Kids can join a free trial to experience K-pop dance.

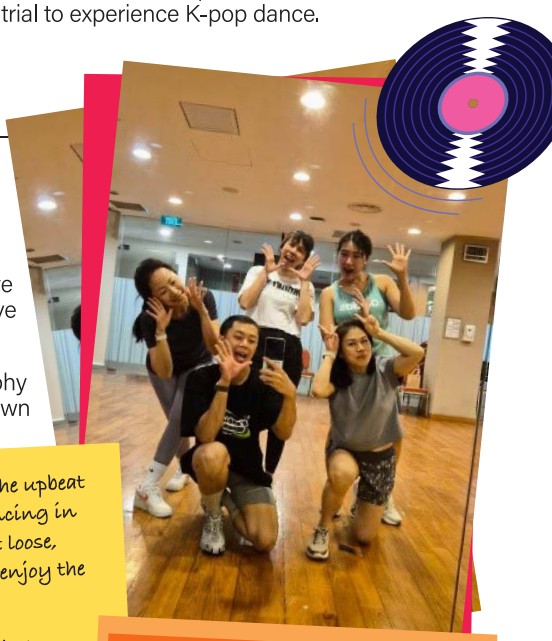
EXERCISE

K-Pop Dance Cardio

Our K-Pop Dance Cardio class, which commenced on 17 July, received positive feedback from participants who enjoyed its energetic workouts and supportive atmosphere.

Designed for beginners, each session combines easy-to-follow K-pop choreography with an invigorating cardio workout. Participants can move confidently at their own pace while improving their fitness, coordination, and stamina.

Come experience the excitement of music and movement by joining us for a complimentary trial class!





I really enjoyed the K-pop cardio class! The upbeat K-pop music made me feel like I was dancing in a fun disco atmosphere. I could really let loose, immerse myself in the music, and just enjoy the dance.

The steps were easy to follow, and I especially appreciated how the coach guided us step by step, making the class enjoyable and suitable even if you're not an experienced dancer. It was such a fun way to get a good workout while dancing to great music. I left the class feeling energised and happy!

– Violet Kwan

K-pop Dance Cardio has got me hooked! Perfect for first timers who want to dance AND burn some fat at the same time. Trainer's super chill, no pressure even when I mess up the steps, just vibe to the music and move! Took me 3 sessions to find my groove, and now my flexibility + agility are levelling up too. Come sweat it out with me!

– Ong Jin Feng

EVERGREEN

Social Dance Night

The Social Dance Night marked a return to its original venue at the Activity Suite on 23 May. The evening was filled with music, dancing and the joy of reconnecting in a familiar setting. The lively atmosphere and enthusiastic participation made it a memorable night for all.



Social Dance Party – National Day Potluck



The Social Dance Party National Day Potluck gathered 45 participants for Singapore's National Day celebration. Members wore festive red and white, creating a vibrant, patriotic atmosphere. The event offered an evening of dancing and fellowship, allowing members and guests to connect and celebrate.



Flamenco Dance Trial Workshop

Our members stepped into the vibrant world of Flamenco during our trial workshop on 14 August, exploring the rhythm, movements, and expressive style of this passionate Spanish dance, and had a fun and engaging introduction to the art form.



YOUNG ADULT

Keyboard Assembly Workshop

The Keyboard Assembly Workshop on 6 June was a wonderful experience for our members. They enjoyed learning about the different components and customisation options for mechanical keyboards. Everyone then had the chance to assemble their own personalised keyboards, which they proudly took home. It was great to see everyone so engaged and excited!



Leather Crafting Workshop

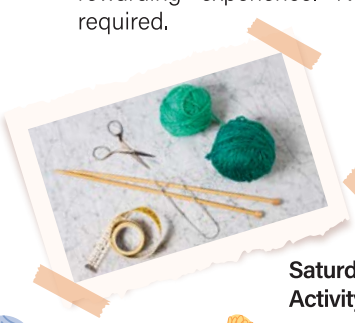
The Leather Crafting Workshop on 15 August welcomed 18 participants for a hands-on intro to leatherworking, where they made a card holder, luggage tag, and keychain. They personalised their items with initials, then took home their crafted keepsakes.



BESPOKE

Crochet Workshop for Beginners

The crochet workshop is thoughtfully designed to encourage creativity, mindfulness and meaningful connections through the joy of crafting. Participants can enjoy a relaxing and rewarding experience. No prior crochet experience is required.





Saturday, 17 October, 1:00pm to 3:00pm
Activity Suite, SC (L3)

$81.75 (Member) I $92.65 (Guest)

9 years old and above
Min. 12 pax to start
Registration closes on **2 October**.

YOUNG ADULT



Keyboard Assembly Workshop

Following the overwhelming response to its first run, the Keyboard Assembly Workshop returns for a second session! Whether you missed the earlier workshop or are eager to build another custom keyboard, this hands-on experience offers participants of all levels a fun and engaging opportunity to explore their creativity and assemble a personalised keyboard.

Saturday, 7 November, 12 noon – 2pm
Activity Suite, SC (Level 3)

$118.70 (Members)
$124.70 (Guests)

or

Bring your own keyboard, keycap and switches

$53.95 (Members)
$59.95 (Guests)

Min. 5 pax to start; Max. 30 pax
Registration closes on **16 October**.



Mixology Workshop

Discover the art of mixology in this interactive cocktail workshop led by professional bartenders. Learn cocktail history, essential techniques, and various categories before making three classic drinks: a Godfather for the stirred technique, an Espresso Martini for the shaken technique, and a Caipirissima for the built technique. All ingredients, equipment, and guidance are provided, offering a fun, hands-on experience to develop bartending skills and enjoy their creations.

Friday, 30 October, 7pm – 8:30pm
Multipurpose Room, SC (L2)

$174.40 (Member) I $185.30 (Guest)

Min. 10 pax to start; Max. 30 pax
Registration closes on **16 October**.

EVERGREEN

NEW

Street Latin Dance by Alvin Low

Monday, (commencement date TBC)
1:15pm – 2:15pm
Activity Suite, SC (L3)

$92.65 (Member) I $114.45 (Guest)
8 sessions



NEW

Flamenco Dance

Fridays
(commencement date TBC)
10:30am – 11:30am
Multipurpose Room, SC (L2)

$174.40 (Member)
$305.20 (Guest)
8 sessions



Line Dance

Beginner **(commencement date TBC)**
Sundays, 12 noon - 1pm
Multipurpose Room, SC (L2)

$76.30 (Member) | $130.80 (Guest)
10 sessions
Min. 10 pax

Beginner Intermediate
Tuesdays, 12:30pm – 1:45pm
Activity Suite, SC (Level 3)

$89.93 (Member) | $122.63 (Guest)
10 sessions
Min. 10 pax

Beginner Advanced
(WITH LINE DANCE BACKGROUND)
Tuesdays, 1:45pm – 3:15pm
Activity Suite, SC (Level 3)

$106.28 (Member) | $138.98 (Guest)
10 sessions
Min. 10 pax

Sundays, 1pm – 2:30pm
Multipurpose Room, SC (L2)

$106.28 (Member) | $160.78 (Guest)
10 sessions
Min. 10 pax

Social Dance Nights



Every 2nd, 3rd & 4th Saturday of the month
Activity Suite, SC (L3)

$9.81 (Member) | $18.00 (Guest)

Slots are limited to the social dance nights. Confirmation is on a first-come, first-served basis. Dates are subject to change. Register online at our website under Fitness & Leisure — Dance.

Solo Latin Dance by Alvin Low

Learn a variety of Latin dances from Cha Cha, Salsa, Bachata, Samba, to Rumba at this introductory solo Latin dance class by instructor Alvin Low. Alvin has over 20 years of experience teaching Latin dance.



Wednesdays, 3pm – 4pm
Activity Suite, SC (L3)

$109.00 (Member) | $135.16 (Guest)
8 sessions
Min. 8 pax

Urban Gardening

Join our Urban Gardening interest group if you love nature! Enjoy cultivating your favourite plants and vegetables while reconnecting with nature and building a community with fellow plant enthusiasts.



Mondays, 9:30am
CSC Gardening Corner



Chinese Calligraphy

Mondays
9am – 11am
Multipurpose Room, SC (L2)

$16.35 per month (Member)
$32.70 per month (Guest)

Chinese Brush Painting

Thursdays
10am – 12noon
(w.e.f. September 2026)
Multipurpose Room, SC (L2)

$179.85 per month (Member)
$212.55 per month (Guest)

The above fees are for four lessons per month.

EXERCISE



Scan to find out more

Get Fit & Have Fun!

Join our monthly exercise classes. Whether you want to stretch, flow, or groove, we've got something for everyone. These are some of the featured exercise classes we offer.

KIDS & TEENS

K-Pop Dance for Children

K-Pop dance classes introduce students to Korean pop choreography, with simplified routines inspired by popular artists. Students develop rhythm, coordination, and stage presence in energetic, engaging classes that foster self-expression and confidence.



Fridays, 6pm – 7pm
Multipurpose Room, SC (L2)

$109.00 (Member)
$122.08 (Guest)
4 sessions
7 – 12 years old
Min. 6 pax per class

Wushu Beginners

Wushu or "military arts", is contemporary Chinese martial arts that blends performance and martial application. Under the systematic guidance of Coach Tex, participants will develop and build on their basic techniques and skills in this powerful yet graceful art.



Saturdays, 7pm – 8:30pm
Activity Suite, SC (L3)

Sundays, 9:30am – 11am
Activity Suite, SC (L3)

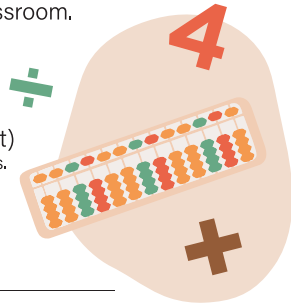
5 – 12 years old
Min. 5 pax per class

Lessons per Week	Frequency	Member	Guest
1 Lesson	4 Sessions	$109.00	$130.80
1 Lesson	5 Sessions*	$136.25	$163.50
2 Lessons	8 Sessions	$174.40	$218.00
2 Lessons	10 Sessions*	$218.00	$272.50

*Applicable for months with 5 weeks.

Abacus & Mathematics

Spark your child's enthusiasm for numbers and give them a head start in mathematics through our fun and engaging Abacus & Mathematics classes. We use holistic teaching methods and hands-on learning to cultivate essential skills in your child beyond the classroom.



Wednesdays, 5pm – 6:30pm
Zenith Suite, RC (L3)

$152.60 (Member) | $174.40 (Guest)
An additional $49.05 registration fee applies.
4 sessions
4 – 14 years old
Min. 5 pax, Max. 8 pax

International Chess Class for Beginners

In this workshop, your child will learn the basic rules and strategies of chess. Our expert instructor, Buenaventura "Bong" Mendieta Villamayor, will guide your child in learning the essential skills while having fun.

Tuesdays, 5:30pm – 6:30pm
Multipurpose Room, SC (L2)

$311.50 (Member) | $337.60 (Guest)
8 sessions

4 – 12 years old
Min. 6 pax

CHILDREN' S BALLET



Discover the beauty and discipline of ballet in a nurturing, inspiring environment building confidence, discipline, creativity and a lifelong love for movement. Give your child the confidence and skills to excel. Enroll them today!

LEVEL	PRE-PRIMARY	PRIMARY	GRADE 1	GRADE 2	GRADE 3
AGE	5 years old – Born in 2021	6 years old – Born in 2020	7 years old – Born in 2019	8 years old – Born in 2018	9 years old – Born in 2017
CLASS SCHEDULE	Saturdays, 9:15am – 10:00am Sports Complex, MPR (Level 2)	Saturdays, 10:00am – 11:00am Sports Complex, MPR (Level 2)	Saturdays, 11:00am – 12noon Sports Complex, MPR (Level 2)	Saturdays, 1:00pm – 2:00pm Sports Complex, MPR (Level 2)	Saturdays, 12noon – 1.00pm Sports Complex, MPR (Level 2)
DURATION	45 mins	60 mins	60 mins	60 mins	60 mins
FEE (per term)	Member $250.70 Non-Member $305.20*	Member $272.50 Non-Member $327.00*	Member $305.20 Non-Member $359.70*	Member $327.00 Non-Member $381.50*	Member $327.00 Non-Member $381.50*

- 10 lessons per term
- Min. 4 pax to commence
- RAD examinations are held annually in April, based on each student's progress and the teacher's recommendation.

All prices include 9% GST. Activities are subject to change. Registration for the activities will close when the maximum capacity is reached. Please visit our website, call **6885 0654** or email **lifestyle@chineseswimmingclub.org.sg** for more information or to sign up.

CONTACT US

CLUB MAIN LINE
6345 1221 or 6885 0688

GENERAL FEEDBACK
feedback@
chineseswimmingclub.org.sg

FRONT OFFICE
Regional Networking/
Corporate Golf Booking/
Affiliates/Reciprocal
Arrangements
6345 1221/Reception@
chineseswimmingclub.org.sg

MEMBERSHIP ENQUIRIES
6885 0652/656/657
membership@
chineseswimmingclub.org.sg

FINANCE
Statement of Accounts/
Overdue Subscriptions
Payment
6885 0685/Finance@
chineseswimmingclub.org.sg

FOOD & BEVERAGE ENQUIRIES
6885 0697
fnb_events@
chineseswimmingclub.org.sg

SWIMMING ENQUIRIES
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Team_SwimCSC@
chineseswimmingclub.org.sg

SPORTS ENQUIRIES
6885 0671
sports@
chineseswimmingclub.org.sg

LIFESTYLE ENQUIRIES
6885 0654
lifestyle@
chineseswimmingclub.org.sg

FLEX GYM ENQUIRIES
6345 1221 | ext. 749
CSC_Flex@
chineseswimmingclub.org.sg

SPORTS RECEPTION
Booking of Sports Facilities
6885 0677

12 LANES
Booking of Bowling Lanes
6345 1221 ext. 745

NETWORK LOFT
6345 1221 | ext. 720
work@
chineseswimmingclub.org.sg

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Assistant Manager,
Marketing & Communications

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Graphic Designer

Jasmine Peng
Graphic Designer

The photos featured in Freestyle are taken by Chinese Swimming Club, Meow Badminton, and World Nineball Tour.

YOUR CHINESE SWIMMING CLUB MEMBERSHIP,
WHEREVER YOU GO

Travelling for business or leisure? Take your membership with you and enjoy access to a network of reciprocal clubs across Singapore and overseas.

From Penang and Kuala Lumpur to Bangkok, Seoul, Shanghai and Colombo, enjoy the privileges of club membership wherever your journey takes you.

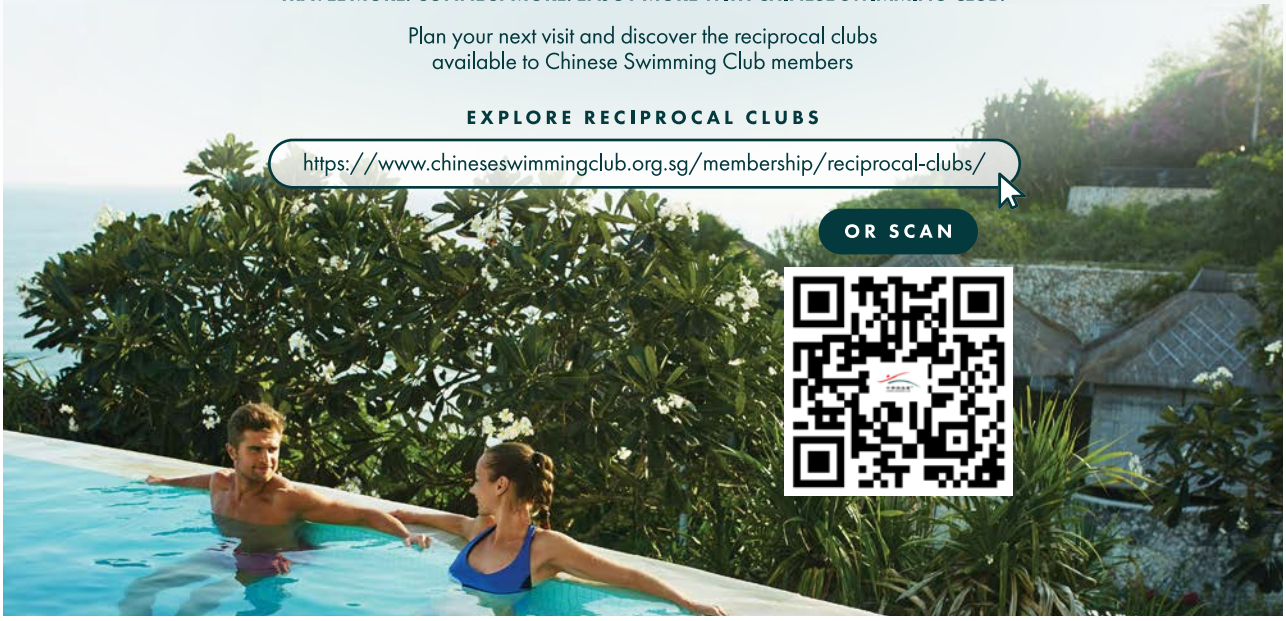
TRAVEL MORE. CONNECT MORE. ENJOY MORE WITH CHINESE SWIMMING CLUB.

Plan your next visit and discover the reciprocal clubs available to Chinese Swimming Club members

EXPLORE RECIPROCAL CLUBS

https://www.chineseswimmingclub.org.sg/membership/reciprocal-clubs/

OR SCAN



OPERATING HOURS

ARRIVAL PAVILION

FRONT OFFICE RECEPTION
Daily 8:30am – 10pm

MINGLE@AMBER
Daily 8am – 8pm

LE 乐 PLAYROOM
Mon Closed
Tue–Sun 9am – 9pm
(The playroom will be closed on Tuesday if a public holiday falls on a Monday.)

FIL Spa
Mon–Fri 11am – 8:30pm
Sat, Sun & PH 10am – 5:30pm

Fu Lin Men Cantonese Dining
Mon–Fri 11:30am – 3pm (Last Order 2:30pm)
6pm – 10:30pm (Last Order 9:30pm)
Sat, Sun & PH 10:30am – 3pm
(Last Order 2:30pm)
5:30pm – 10:30pm
(Last Order 9:30pm)

SPORTS COMPLEX

SPORTS RECEPTION
Daily 7am – 10pm

MAN ZHU CAFÉ
Mon–Thu 12 noon – 9:30pm
Fri & Eve of PH & PH 11:30am – 9:30pm
Sat & Sun 8:30am – 9:30pm
(Last order is 30 minutes before closing)

12 LANES BOWLING ALLEY
Mon–Thu 12 noon – 11pm
Fri & Eve of PH 12 noon – 1am
Sat & PH 10am – 1am
Sun 10am – 11pm

BEGINNERS' POOL
Daily 7am – 9pm
(Pool Closure for Swim Training)
Tue–Fri 3:30pm – 7pm
Sat 8:45am – 12:10pm
3pm – 7:30pm
Sun 8:45am – 12:10pm
3pm – 6pm

COMPETITION POOL
Daily 6am – 9pm
(Pool Closure for Swim Training)
Mon–Thu 5:30am – 7:45am
6:30am – 11am
(School holidays only)
Mon–Fri 3:30pm – 8pm
Tue–Thu 8pm – 9.30pm (4 lanes)
Sat 6:30am – 12:30pm
3:30pm – 7:45pm
7:30pm – 8:30pm (4 lanes)
Sun 6:30am – 12:30pm

KINGFISHER COVE
Daily 8am – 8pm

BADMINTON COURTS (+)
Daily 7am – 10pm
Mon–Fri 6pm – 10pm (Peak Period)
Sat, Sun & PH Whole Day
(Court Closure For Club Team Training)
Mon & Fri 6pm – 10pm (4–7 Courts)
(Court Closure For Junior Training)
Mon–Fri (except Thu) 3pm – 5pm (6 Courts)
Tue 6pm – 9pm (3 Courts)
Wed 6pm – 8pm (3 Courts)
Thu 4pm – 6pm (6 Courts)
7pm – 9pm (3 Courts)
Sat 8am – 2pm (3–5 Courts)
6pm – 9pm (4 Courts)
Sun 12 noon – 5pm (3–7 Courts)
7pm – 9pm (3 Courts)

BASKETBALL COURT (+)
Daily 7am – 10pm
(Closure for Tennis Junior Programme)
Fri 5pm – 8pm
(Closure for Junior Training Programme)
Thu 5pm – 7pm
Sat 8am – 11am
Sun 8am – 11am
(Closure for Pickleball Section Training)
Mon 5:30pm – 10pm
Tue 7am – 10am
Wed 7pm – 10pm
Thu 7am – 10am
6:30pm – 10pm

BILLIARDS & SNOOKER LOUNGE (+)
Mon–Thu, Sat, Sun, Eve of PH & PH
2pm – 10pm
Fri 2pm – 11pm (Closure for Section Training)
Fri 6pm – 11pm

FLEX GYM
Mon–Fri 6:30am – 10pm
Sat & Sun 7am – 9pm
PH 7am – 8pm

SQUASH COURTS (+)
Daily 7am – 10pm
(Closure For Section Training, All Courts)
Mon 6pm – 10pm
Wed & Fri 7pm – 10pm
(Closure For Training Programmes)
Mon 4pm – 5pm (Court 1)
Wed 3pm – 5pm (Court 1)
Thu 4pm – 6pm (Courts 1 & 2)
Fri 3pm – 5pm (Court 1)

TABLE TENNIS ROOM (+)
Daily 7am – 10pm
(Closure For Section Training)
Mon 5pm – 7pm (2 Tables)
7pm – 10pm (4 Tables)
Tue 6pm – 10pm (4 Tables)
Thu 6pm – 10pm (4 Tables)
Fri 4pm – 5pm (1 Table)
5pm – 10pm (4 Tables)
(Closure for CSC-LJW Training)
Mon 3pm – 5pm (4 Tables)
Tue 3pm – 6pm (4 Tables)
Wed 3pm – 7pm (4 Tables)
Thu 3pm – 6pm (4 Tables)
Sat 12noon – 5pm (4 Tables)
Sun 9am – 4pm (4 Tables)

TENNIS COURTS (+)
Daily 7am – 10pm
(Closure For Section Training)
Mon 5pm – 8pm (2 Courts)
Wed 5pm – 8pm (3 Courts)
Sat 3pm – 8pm (3 Courts)
(Closure for Tennis Social Night)
Mon 8pm – 10pm (1 Court)
Wed 7pm – 10pm (1 Court)
(Closure for Junior Training)
Thu 4pm – 8pm (1 Court)
Fri 4pm – 9pm (2–3 Courts)
Sat 8am – 12 noon (1–2 Courts)
Sun 3pm – 8pm (2–3 Courts)

THE ASTRIUM
(Formerly Recreation Complex)

MERIDIAN
Mon, Wed, Fri & Eve of PH
12 noon – 12 midnight
Tue, Thu, Sat & Sun
12 noon – 11pm

SWIMMING POOL
Daily 6am – 9pm
(Closed for Swim Training)
Mon 3:45pm – 4:45pm (Lanes 5 to 8)

GAMES & RECREATION ROOM
Mon–Thu & Sun 1pm – 9pm
Fri, Sat & Eve of PH 1pm – 10pm

JOY LUCK COVE
Daily 10am – 11pm

NETWORK LOFT
Mon–Fri & Eve of PH
8am – 12 midnight
Sat, Sun & PH
8am – 11pm
Mon–Sat (excluding PH)
9am – 6pm (Manned Hours)

STELLAR GRAND (+)
for pickleball bookings
Mon–Sun
8am – 10pm

SPECTRUM
Mon, Wed, Fri & Eve of PH
3pm – 12 midnight
Tue, Thu, Sat & Sun 3pm – 11pm

Closures for trainings are subject to change. +Bookings can be made online or at the Sports Desk up to 7 days in advance on a first-come, first-served basis.

中華游泳會®
CHINESE SWIMMING CLUB

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