JUL – SEP 2026

FREESTYLE

中華游泳會®
CHINESE SWIMMING CLUB

www.chineseswimmingclub.org.sg

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Ms Dorothy Tay

VISION 2050
Mr Foo Choon Yeow

HEADS OF DEPARTMENTS

GENERAL MANAGER
Helena Goh
ext. 669
gmo@
chineseswimmingclub.org.sg

HEAD OF FINANCE
Chong Mei Yee
ext. 684
MeiYee_Chong@
chineseswimmingclub.org.sg

HEAD OF FOOD & BEVERAGE
Victor Yong
ext. 696
Victor_Yong@
chineseswimmingclub.org.sg

HEAD OF INFORMATION TECHNOLOGY
Ethan Han
ext. 702
Ethan_Han@
chineseswimmingclub.org.sg

HEAD OF MEMBERSHIP RELATIONS, SALES & MARKETING COMMUNICATIONS
Vincent Lee
ext. 650
Vincent_Lee@
chineseswimmingclub.org.sg

HEAD OF PROPERTY
Allister Chew
ext. 678
Allister_Chew@
chineseswimmingclub.org.sg

HEAD OF SPORTS & LIFESTYLE
Linda Tan
ext. 679
Linda_Tan@
chineseswimmingclub.org.sg

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中華游泳會®
CHINESE SWIMMING CLUB

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MDDI (P) 009/07/2026

A MESSAGE FROM THE PRESIDENT

Dear Members,

I am excited to inform you that the renovated recreation complex is now ready for you! It is called The Astrium, and it houses three new concepts for dining, sports, and entertainment: Meridian, Stellar Grand and Spectrum. You can read more about Astrium in this issue of Freestyle.

On the same cheerful note, we successfully concluded our 111th Annual General Meeting (AGM) on Sunday, 26 April 2026. I am heartened by the members who took time off their precious Sunday morning to engage the club management and committees and debate issues that shape the club's future.

Overall, it was a fruitful session with many questions raised and suggestions given.

On behalf of the club, I want to thank every one of the 284 members who participated in the AGM, and I want to assure all members that we will work hard to implement the suggestions, where possible.

Beyond the improvements raised during the AGM, I want to share two key points I made at the AGM because, to progress as a family and social club, it is important for all of us to agree on what will shape the club's future.

First, the club's ability to constantly renew our collective mindset as a CSC family, to adapt and change.

Today, all of us live and work in an uncertain and extremely volatile environment, which some experts describe as BANI: Brittle, Anxious, Non-linear, and Incomprehensible.

For the club, BANI is not a nice catchphrase; it translates into a very tough operating environment. We are hit hard by rising operating costs—labour, utilities, maintenance—and on the revenue side, members are spending less at our F&B outlets, amid a rising cost of living. This is not a sudden problem, but the heightened BANI effect has intensified the challenges.

I daresay we have done well collectively to contain the BANI effect. We have overcome many challenges and thrived together. We have done this by proper planning, by remaining frugal, investing well, and spending wisely to ensure the club's longevity.

We can thrive because you, our beloved members, continue to support us. Thank you.

So, what do I mean by renewing our collective mindset?

As a start, we must accept increased use of technology in the club's operations: from adopting Artificial Intelligence (AI) to free up precious human resources spent on repetitive work, to increasing the use of technology at different touchpoints.

There are many ways we can make technology work harder for the club, but the bottom line is that all of us—management, staff, and members—must be prepared to interact more with technology, instead of with human beings.

Let me give you an example. In Man Zhu Café, we are already using robot waiters. But we need more members to order via the QR Code instead of through a service staff.

The club will study how we can increase AI adoption to operate and better serve all members. This requires us to rely less on human interaction and more on technology.

For example, members can have a seamless experience by accessing club facilities via a tap of the handphone or facial recognition.

Accordingly, we have proposed some constitution amendments to strengthen the club's foundation to support this mindset change. I encourage you to read the AGM minutes, in particular, amendments to Article 11.2 and Article 11.7. for the details.

Second, I re-emphasised that the Management Committee undertakes every task seriously and we deliberate on all matters that are placed before the MC objectively, based on available facts and data, before we decide. This may strike some as slow, but CSC has thrived all these years because we are guided by our dictum: Better to be slow and correct than to be hasty and wrong.

We are over 8,000-strong. Therefore, the Management Committee is realistic enough to know that we can never do enough to please everyone. But we will always work hard to benefit as many members as possible.

Likewise, we cannot and do not need to agree on every issue, but we must always unite to agree to disagree for the common good.

On that note, I thank all members for their continued support and participation and look forward to seeing you at the Club.

Warm regards,

Victor Chia
President
Chinese Swimming Club

111th Annual General Meeting

Chinese Swimming Club's 111th Annual General Meeting (AGM), held on 26 April, brought members together to reflect on the club's achievements, review important developments, and discuss plans for the future. The AGM served not only as a formal meeting but also provided a meaningful platform for members to stay connected with the club's transformation journey and long-term vision.

During the meeting, members reviewed and adopted the club's 2025 annual report and audited financial statements, and elected office bearers and Management Committee members for the new term.

Mr Michael Leong, the chair of the project upgrading committee, updated members on the renovation of Kingfisher Cove and the recreation complex, now known as The Astrium. Mr Leong added that the renovations reinforced the club's commitment to creating modern, family-friendly spaces for members of all ages.

One key highlight of the AGM was the proposed set of amendments to the club constitution. The updates aimed to modernise governance practices, streamline administrative processes, and ensure the club remained adaptable to evolving needs. The proposed revisions included clearer definitions for governance and committee structures, refinements to membership categories and procedures, and improved disciplinary and complaint-handling frameworks to strengthen transparency and accountability.

The AGM also introduced proposals to improve meeting administration, including the use of electronic communications for notices and updates, clearer quorum requirements, and provisions relating to proxy voting and meeting procedures. In addition, revisions to financial approval limits were proposed to support the club's operational requirements and future development projects.

Members also voted against a proposal to convert one existing tennis court into a dual-use for tennis and pickleball.

Overall, the AGM reflected the club's commitment to remain relevant to member needs, while staying rooted in its strong community spirit.

The discussions and debates at the AGM proved that the spirit of openness, constructive engagement, and respect, continues to anchor the club's decision-making as a family of members. This augurs well for the club.

The Big Reveal: Inside The Astrium

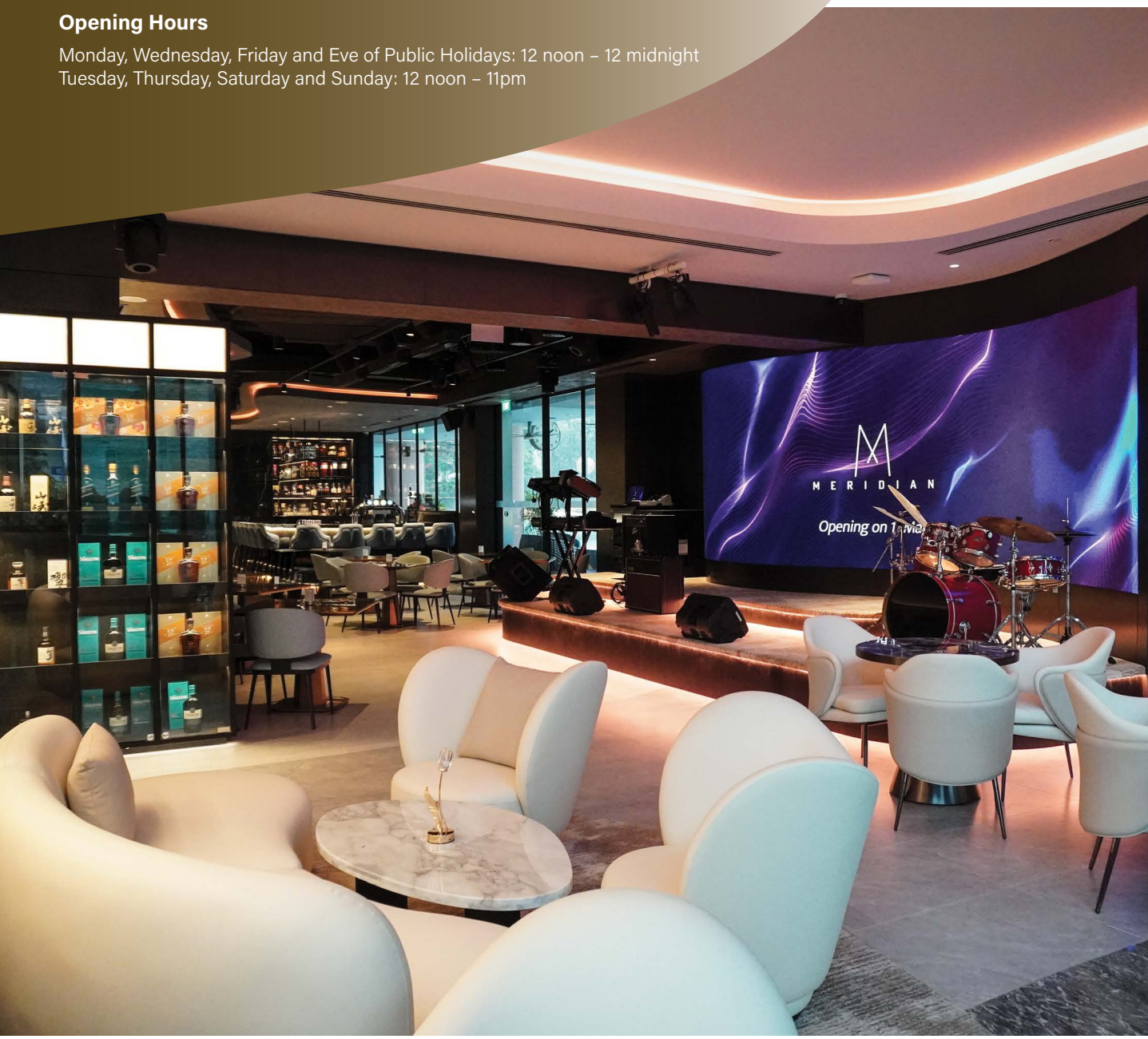
The recreation complex began an exciting new chapter on 11 May 2026 as The Astrium, with the opening of Meridian, Spectrum and Stellar Grand, three vibrant new spaces for dining, entertainment, sport, and celebrations.

Savour bold Western–Japanese fusion flavours and soak in the lively beats of live bands at Meridian. Gather your friends for memorable karaoke nights in Spectrum's modern karaoke rooms. You can also invite your friends for a game of pickleball or host weddings, birthdays, and corporate events at Stellar Grand. Whether you are looking to dine, play, sing or celebrate, there is something for everyone at The Astrium. Head down and experience the energy, excitement, and fresh new vibes for yourself!

Meridian

Opening Hours

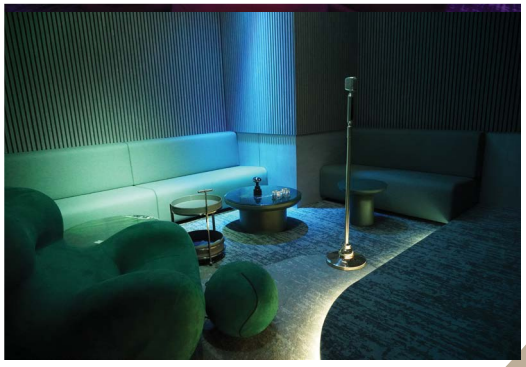
Monday, Wednesday, Friday and Eve of Public Holidays: 12 noon – 12 midnight
Tuesday, Thursday, Saturday and Sunday: 12 noon – 11pm



Stellar Grand

A pillarless mullti-function room for sports and event bookings

Opening Hours for Pickleball Bookings
8am to 10pm daily
Rates start at **$27.25** per hour



Spectrum

Opening Hours

Monday, Wednesday, Friday & Public Holidays: 3pm – 12 midnight
Tuesday, Thursday, Saturday & Sunday: 3pm – 11pm

$10 per day per member for the common room
Rates for private rooms start at **$15** per hour

Pickleball and Spectrum Bookings: **https://csc.iontone.com/#/login**
Event bookings at Stellar Grand: **fnb_events@chineseswimmingclub.org.sg**

Save the date and invite friends and family to share the durian excitement at the club.

Saturday, 25 July 2026
3pm to 5pm
Man Zhu Alfresco

Early Bird Promo till 30 June
$54.50 (Member)
$27.25 (Member – 12 years and below)
$65.40 (Guest)

1 July onwards
$59.95 (Member)
$32.70 (Member – 12 years and below)
$70.85 (Guest)

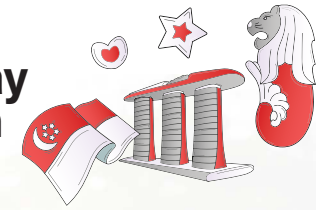
Prices include 9% GST.

Parent's Day

Spend a memorable day of appreciation and bonding with parents at the club, filled with engaging activities.

Saturday, 25 July 2026
10am to 12 noon
Arrival Pavilion Lobby

National Day Celebration @CSC



Gather your loved ones and join us for a joyful Family Fun Day celebration. Enjoy a variety of activities, shared experiences and quality family time as we celebrate Singapore's birthday and the spirit of togetherness.

Saturday, 8 August 2026
10am to 2pm
Arrival Pavilion Lobby

Mid-Autumn Festival

Saturday, 19 September 2026
6:30pm to 9pm
Arrival Pavilion
Free for members (guest fee applies)

Event Highlights
Mooncake and Tea Tasting
Game Stations
Lantern Walk
Lantern Making Workshop

Follow our social media pages @chineseswimmingclub) or visit our website for more updates **https://www.chineseswimmingclub.org.sg.**

A Taste Of Meridian: Fusion, Flavour And Rhythm

Experience the harmony of East and West at Meridian, a unique dining destination and bar inspired by the meeting of cultures along the global lines of longitude.

Indulge in our thoughtfully curated Western–Japanese fusion menu, designed to provide an elevated culinary experience. Highlights not to be missed include Salmon Carpaccio, Tatsuya-Age, Burrata Caprese, Smoked Salmon Miso Pizza, Grilled Spatchcock Chicken, Sake-Battered Fish & Chips, and Meridian Wagyu Burger. End the feast with desserts such as Molten Chocolate, Crème Brûlée, and Fuji Sundae.

Crafted Cocktails & Elevated Spirits

Enjoy a sophisticated bar experience with expertly crafted cocktails, premium spirits, fine wines, and refreshing beers. Whether you are unwinding after a long day or soaking in the energy of our live entertainment, our curated beverage selection elevates every occasion.

Live Band Performance

Catch live band performances every Monday, Wednesday, and Friday for a night of Top 40, Pop, Rock, and Soul.

Solar Flare Every Monday, *8:30pm to 10:15pm*

Snapshots with Nana with Nana Every Wednesday, *8:30pm to 10:15pm*

Puzzle Band Every Friday, *8:30pm to 10:15pm*

Meridian Promotion

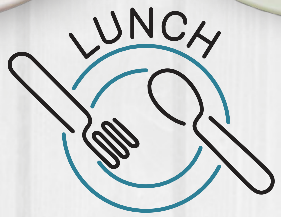
Spend a minimum of $50 on a single receipt and receive a $5 return voucher for your next dining experience.

Promotion ends on 30 September 2026.

Man Zhu Café

Zi Char Selections

Elevate your weekday lunch with Man Zhu Cafe's comforting Zi Char Selections, available from Monday to Friday. Members can look forward to hearty favourites such as Kung Bao Chicken Rice, Salted Egg Rice, Sweet and Sour Fish Rice, and more classics. The selections combine familiar local flavours with a comforting, home-style touch and are perfect for a satisfying midday break.



Zi Char Selections ($11.90 per item). *Monday to Friday (Lunch). Ends on 30 September 2026.*

Chef's Specialty: Brandy-Fried Salmon Belly Noodle Soup ($14.90). Available: Monday to Thursday, 6pm to 9pm.

July Chef's Specialty

Indulge in a bowl of **Brandy-Fried Salmon Belly Noodle Soup**, which features crispy salmon belly and an aromatic brandy-infused broth: rich, comfort food with a refined twist.

Andromeda Whisky Highball, ($8)

Meridian

July Promotions

Experience the refreshing zest of the **Andromeda Whisky Highball**, a perfect blend of crisp lime and spicy ginger ale that offers a simple yet flavourful escape. Ideal for those seeking a revitalising drink with a vibrant citrus kick.

Meridian is also offering a range of cold brew coffee options, including **Original Cold Brew, Orange Cold Brew, Lychee Cold Brew**, and **Passionfruit Cold Brew.** Each variation delivers a smooth, refreshing coffee experience with a unique fruity twist, making it ideal for cooling down on warm days.

Original Cold Brew *($6.30),* ***Orange Cold Brew*** *($6.70),* ***Lychee Cold Brew*** *($6.70) and* ***Passionfruit Cold Brew*** *($6.70)*

July and August Promotions

For July and August, Meridian presents a curated selection of wines and whiskies. The wine offerings include **Domaine de la Solitude Côte du Rhône Rouge** and **Domaine de la Solitude Côte du Rhône Blanc**, both showcasing elegant and well-balanced profiles. The whisky selection features **Chivas 18 and Royal Salute 21 Years**, offering premium, full-bodied expressions for discerning guests.

Domaine de la Solitude Côte du Rhône Rouge *($55) and* ***Domaine de la Solitude Côte du Rhône Blanc*** *($55)*

Chivas 18 *($148 per bottle, $288 for 2 bottles),* ***Chivas Royal Salute 21*** *($228 per bottle, $448 for 2 bottles)*

Mingle@Amber

July Promotions

In July, Mingle@Amber invites you to indulge in its signature **Lychee Crystal**, a vibrant, refreshing fusion of luscious lychee, sweet peach syrup, pear purée, and zingy lemonade, crowned with minced lychee and fresh mint for an eye-catching finishing touch.

Savour the richness of **Durian Cake**, crafted with soft pandan sponge, airy durian mousse, and delicate Chantilly cream, all of which make for an indulgence that balances decadence with lightness. Additionally, explore **Alliance Coffee's Bold Blend**, sourced from Brazil's Cerrado region and medium-roasted to deliver a powerful, smooth cup with perfectly balanced depth and aromatic richness.

Lychee Crystal *($6.40 member, $8 non-member),*
Durian Cake *($6.08 member, $7.60 non-member).*

Chef's Specialty: San Lou Hor Fun ($10.90).
Available: Monday to Thursday, 6pm to 9pm.

Man Zhu Café

August Chef's Specialty

August's spotlight is on the **San Lou Hor Fun**, a fragrant, smoky stir-fried noodle dish that brings together silky hor fun, wok hei aroma, and a rich, savoury profile. Each plate is expertly prepared to deliver a hearty and indulgent experience, making it a perfect choice for a fulfilling lunch.

Meridian

August Promotions

Meridian introduces the **Galactic Lagoon**, a visually striking layered cocktail in red and blue, this August. It starts with ice, grenadine syrup, and soda for a vibrant base, topped with a light shake of vodka, blue Curaçao, and lemon juice. Garnished with lemon and a cherry, it's as appealing to the eye as to the palate.

The **Iced Choco Mint Latte** is a refreshing coffee choice made with double espresso, mint syrup, chocolate sauce, and milk. Topped with Oreo crumbs and fresh mint leaves, it offers a smooth, cooling flavour with added texture and aroma.

Galactic Lagoon*, ($8)*
Iced Choco Mint Latte *($9.80)*

Red Glory *($6.40 member, $8 non-member),* ***Red Velvet Cake*** *($6.08 member, $7.60 non-member).*

Mingle@Amber

August Promotions

This August, Mingle@Amber features vibrant treats with floral, fruity, and indulgent flavours. The **Red Glory** drink mixes rose syrup, pink guava, sour plum, and water for a lightly sweet, tangy taste, and is garnished with dried rose for a floral aroma and visual appeal.

Complementing the drinks selection is the **Red Velvet Cake**, a decadent dessert crafted with layers of soft red velvet sponge, Caramelia crémeux cream cheese, rich chocolate mousse, and a hint of white balsamic vinegar ganache. Each bite offers a refined mix of sweetness, richness, and subtle acidity for a truly special dessert experience.

Chef's Specialty: Yong Tau Foo with Bean Paste Sauce ($12.90). *Available: Monday to Thursday, 6pm to 9pm.*

Man Zhu Café

September Chef's Specialty

The **Yong Tau Foo with Bean Paste Sauce** features a satisfying selection of stuffed ingredients drenched in a flavourful soy bean gravy, creating a comforting dish ideal for a hearty lunch. Every bite hits the perfect balance of tender texture and savoury umami, highlighting beloved local flavours in a straightforward yet hearty style.

Meridian

September Promotions

Meridian welcomes September with a refreshing line-up of inventive drinks and curated wine selections designed to elevate every sip. The **Stellar Horizon** is a vibrant whisky-based creation mixed with orange juice and gently enhanced with a touch of grenadine syrup, then topped with Sprite for a sparkling finish. It is garnished with a fresh orange slice, resulting in a bright, citrus-forward drink that is both smooth and refreshing.

Stellar Horizon, *($8)*

Guests can also enjoy the **Iced Marshmallow Latte**, a creamy, indulgent coffee blend of double espresso, marshmallow syrup, and milk. It is finished with soft marshmallow and a dusting of chocolate powder, creating a sweet and comforting treat perfect for coffee lovers.

To complement the beverage offerings, Meridian features a curated wine selection, including **Marques de Cáceres Bio Organic Red** and **Marques de Cáceres Rueda Blanco Verdejo**. These wines offer elegant, well-balanced profiles that cater to both red and white wine enthusiasts, making them excellent companions to a relaxed dining experience.

Iced Marshmallow Latte, *($9.80)*

Marques de Cáceres Bio Organic Red*, ($55) and*
Marques de Cáceres Rueda Blanco Verdejo*, ($55)*

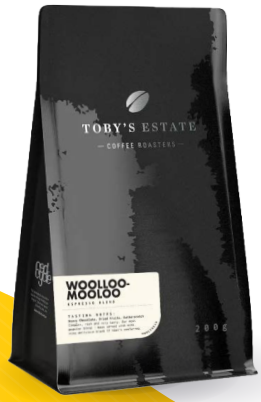
Mingle@Amber

September Promotions

This September, Mingle@Amber presents a playful and indulgent menu of drinks and desserts designed to delight the senses. The **Tango Magic** is a creamy, tropical-inspired beverage made with banana, mango puree, cheesecake syrup, vanilla powder, and milk. It is topped with whipped cream and a drizzle of mango puree, resulting in a rich and fruity treat with a smooth, dessert-like finish.

For dessert lovers, the **Yuzu Tarte** offers a refined citrus experience crafted with a lemon verbena biscuit base, layered with yuzu cream, yuzu and lemon verbena gel, and finished with yuzu whipped cream. Each element is carefully balanced to deliver a bright, tangy, and aromatic dessert that is both refreshing and elegant.

Tango Magic *($6.40 member, $8 non-member),* ***Yuzu Tarte*** *($6.08 member, $7.60 non-member).*



To complete the experience, Mingle@Amber also features the **Woolloomooloo Special Coffee Beans** from Toby Estate. This 100% Arabica medium roast is full and intense in style, offering tasting notes of cocoa, caramel, and spice, making it a bold and aromatic choice for coffee enthusiasts seeking depth and character in every cup.

CHAN'S Kitchen
鼎香苑
Opening Hours
Thursday to Sunday, 5pm to 9pm
Man Zhu Alfresco
Pork Dumplings and Chinese Cabbage Soup
白菜水饺汤
NEW MENU•
NEW CRAVINGS•
Braised Pork Ribs with Flower Mushrooms
紅烧花菇排骨
Sliced Fish with Sichuan Sauce
麻辣鱼片
Noodle Soup with Braised Pork Ribs
红烧排骨面
Images are for illustration purposes only.

片皮烤鸭
Peking Duck
福臨門
Fu Lin Men
CANTONESE DINING
Tel: +65 6282 0810
Level 3, 21 Amber Road,
Chinese Swimming Club,
Singapore 439870
Weekday special price
$48++
花胶焖鸡煲
Braised Sun Dried Fish Maw and Chicken in Clay Pot
Daily special price
$38++

Make the Most of the September School Holidays at Chinese Swimming Club!

Make September unforgettable for your children at the club! They can dive into exciting sports camps, explore new talents, and unleash their creativity through fun-filled programmes. Sign them up now for a holiday of fun and discovery!

CSC-LJE SPORTS SEPTEMBER HOLIDAY BASKETBALL CAMP

Train with former professional basketball player Coach B and level up the game with exciting skill challenges, fast-paced mini-games, and teamwork activities designed to help young players grow on and off the court.

Monday – Wednesday
7 – 9 September 2026
8am – 10am
Basketball Court, SC (Rooftop)

$280.13 (Member) I $295.39 (Non-Member)
6–12 years old
Beginners
The above fee is for three training days. Registration closes once capacity is reached.

CSC-ULTIMATE SQUASHER SEPTEMBER HOLIDAY SQUASH CAMP

The September Holiday Squash Camp invites young players to dive into an energetic week of learning, play, and connection—where they can sharpen their skills, meet new friends, and enjoy a fun-filled break on the court.

Monday – Wednesday
7 – 9 September 2026
10am – 12 noon
Squash Courts, SC (L3)

$211.57 (Member) | $239.69 (Non-Member)
6–15 years old
Suitable for levels 1 & 2 beginners
Min. 3 pax, Max. 8 pax per 2-hour timeslot
The above fee is for three training days.
Registration closes once capacity is reached.

CSC-LI JIAWEI SEPTEMBER HOLIDAY TABLE TENNIS CAMP

The 4-day table tennis camp, led by former world top-three player Coach Li Jiawei, features structured drills, footwork training, and match-play activities. Participants will develop fundamentals, improve coordination, and build confidence.

Monday – Thursday
7 – 10 September 2026
12.30pm – 2:30pm
Table Tennis Room, SC (L3)

$244.16 (Member) | $366.24 (Non-Member)
4–14 years old
The above fee is for four training days.
Registration closes once capacity is reached.

RESPECT & COURAGE MARTIAL ARTS CAMP

Stand Up, Speak Out, Shine Bright!
This camp combines martial arts with activities to boost confidence, and promote respectful teamwork. Participants will learn self-defence, de-escalation, how to seek help, and support others. The programme helps students stay resilient, safe, and positive through drills, games, and creative activities.

Monday, 7 September 2026
2pm – 4pm
Activity Suite, SC (L3)
$109 (Member) $163.50 (Guest)

6-16 years old
Activity Suite, SC (L3)
Min. 5 pax

HIP-HOP DANCE WORKSHOP

Get ready to move, groove, and freeze! Participants will learn basic hip-hop steps, fun footwork, and a choreographed routine to upbeat, kid-friendly tracks. The camp ends with a showcase where dancers can perform for family and friends. Suitable for all levels, it boosts confidence, coordination, and creativity in a supportive setting. No dance experience needed—just bring your trainers and energy!

Tuesday 8 September 2026
1pm – 2:15pm
Activity Suite, SC (L3)

$23.98 (Member) $29.43 (Guest)
6 – 12 years old
Min. 6 participants

SWIMMING

56th Singapore National Age Group Swimming Championship 2026

Junior: 13–15 March 2026 & Seniors: 17–22 March 2026

The Swim Team impressed at the 56th Singapore National Age Group (SNAG) Swimming Championships 2026, retaining the Singapore Aquatics Club Challenge Cup in both Junior and Senior Divisions. This marks our 6th consecutive Junior title since 2021 and 5th senior title since 2022, totalling our 7th overall championship. This achievement reflects our swimmers' dedication, coaches' guidance, parents' support, and contributions from administrators and the subcommittee. We thank Key Power Sports / Speedo Singapore for their partnership. Jaedan Song, was named MVP competing in 15 events over 2.5 days. Congratulations to Team CSC on yet another year of outstanding achievements.

MVP
Jaedan Song

Meet Records Broken

Individual Events

BOYS

Jaedan Song	11 Years Old 50m Freestyle	**0:29.15** (Previous MR set in 2014)
Quah Yi Hong	12 Years Old, 50m Freestyle	**0:26.88** (Previous MR set in 2014)
Emery Gao	9 Years Old, 50m Breaststroke	**0:40.64** (Previous MR set in 2016)
Loh Xing Jamiel Raiyan	11 Years Old 50m Butterfly	**0:30.75** (Previous MR set in 2014)

Team Events (Relays)

BOYS

Quah Yi Hong
Loh Xing Jamiel Raiyan
Jaedan Song
Jaerus Teo

11-12 Years Old, 4x50m Freestyle Relay	**1:52.57** (Previous MR set in 2023)
11-12 Years Old, 4x50m Medley Relay	**2:06.70** (Previous MR set in 2023)

SwimSafer Programme

During the March school holidays, the club held its SwimSafer Programme from 16 to 20 March, training 37 young swimmers in water safety, swimming skills, and personal growth. As Singapore's national water safety programme, SwimSafer teaches essential life skills beyond the pool, building confidence, awareness, and responsible behaviour. The week included structured lessons on water survival, stroke techniques, safe entries and exits, and emergency response. The club remains dedicated to developing confident swimmers and promoting lifelong water safety skills.

Emerging Talents Programme Swim Clinic

As part of the Singapore Aquatics Emerging Talents Programme, the club was pleased to host a special swim clinic for our swimmers aged 11 to 13 years old on 9 April, conducted by Singapore Aquatics Technical Consultants, Ms Sonya Porter and Mr Chris Martin.

The clinic provided our young swimmers with a valuable opportunity to learn from experienced technical experts, focusing on key swimming fundamentals essential for efficient, competitive performance. Topics covered included body positioning, streamlining, and the high-elbow catch — core technical elements that play an important role in developing strong and effective swimmers.

14th SAQ National Schools Artistic Swimming Championships 2026

Congratulations to our artistic swimmers on their commendable debut performances at the 14th SAQ National Schools Artistic Swimming Championships 2026, held on 11 to 12 April, showcasing poise, determination, and months of dedicated training in the pool.

Competing with confidence and elegance, our young athletes represented their school proudly in their respective events:

Primary Division D (Solo)

- Chee Le Yao Lara
- Ng Zi Yu Tessa
- Ramalingam Vera Mae
- Tan Yi En Elsie

Primary Division B (Solo)

- Tan Yi Xin Isabelle

Primary Division D (Duet)

Silver Medal

- Chee Le Yao Lara
- Ramalingam Vera Mae

National School Games 2026 (Swimming)

Primary: 14-17 April & Sec/JC: 20-24 April

Team CSC delivered a string of exceptional performances across all divisions at the National School Games 2026.

In the Primary Divisions, our young swimmers produced a series of outstanding performances, rewriting the record books. In the Primary B, C and D Divisions, swimmers such as Loh Xing Jamiel Raiyan, Song Jun Feng Jaedan, Quah Yi Hong, Liew Nathaniel, Gao Emery, and Lim Olivia delivered exceptional swims that established new meet benchmarks.

We also celebrate a standout performance by Chen Yuejia in the Girls 15–17 B Division, where she delivered a superb breaststroke double, claiming gold in both events and setting new meet records.

Tedd Windsor Chan rewrote his U17 National Record in the 50m Backstroke, setting a new meet record with a time of 25.52. Congratulations on this impressive achievement!

U17 National Record Holder, Tedd Windsor Chan (right)

Records Breakers

Swimmer	Event	Division	New Time	Previous Record
Loh Xing Jamiel Raiyan	Boys 11 50m Butterfly	C Division	0:30.11	0:30.33 (2006)
	Boys 11 100m (50m Butterfly + 50m Freestyle)	C Division	1:04.72	1:05.17 (2022)
	Boys 11 100m (50m Butterfly + 50m Backstroke)	C Division	1:08.00	1:11.42 (2023)
Song Jun Feng Jaedan	Boys 11 100m (50m Backstroke + 50m Freestyle)	C Division	1:08.98	1:09.69 (2023)
Quah Yi Hong	Boys 12 100m (50m Backstroke + 50m Freestyle)	B Division	1:05.40	1:07.63 (2024)
Liew Nathaniel	Boys 10&U 50m Backstroke	D Division	0:34.64	0:36.02 (2024)
	Boys 10&U 50m (25m Butterfly + 25m Backstroke)	D Division	0:33.44	0:35.91 (2025)
Gao Emery	Boys 10&U 25m Breaststroke	D Division	0:18.42	0:18.59 (2022)
Lim Olivia	Girls 10&U 50m (25m Backstroke + 25m Breaststroke)	D Division	0:40.18	0:41.60 (2025)
Chen Yuejia	Girls 15–17 100m Breaststroke	B Division	1:10.80	1:11.35 (2017)
	Girls 15–17 50m Breaststroke	B Division	0:32.68	0:32.94 (2017)
Tedd Windsor Chan	Boys 17 & Over 50m Backstroke	A Division	0:25.66	0:26.53 (2022)
	U17 National Record – 50m Backstroke	**National Record**	**0:25.52**	**0:25.56 (set by Tedd, 2025)**

2026 Australian Age Group Championships

Our swimmers delivered a commendable showing at the 2026 Australian Age Group Championships, held from 11 to 18 April, gaining invaluable international racing exposure while competing against some of the region's strongest age-group athletes.

Tedd Windsor Chan, Reagan Cheng, Jeriel Inez Lee, Lawrence Lim, Nicholas James Tan and Benjamin Tan (left to right)

Not pictured: Alistair Ho

PODIUM RESULTS

Tedd Windsor Chan
- Boys 15–16 50m Backstroke – **1st**
- Boys 15–16 100m Backstroke – **3rd**

Benjamin Tan
- Boys 15–16 50m Breaststroke – **3rd**

Nicholas James Tan
- Boys 15–16 1500m Freestyle – **2nd**
- Boys 15–16 800m Freestyle – **3rd**

Reagan Cheng
- Boys 17–18 200m IM – **2nd**
- Boys 17–18 200m Backstroke – **3rd**
- Boys 17–18 200m Breaststroke – **3rd**
- Boys 15–16 800m Freestyle – **1st**

Singapore Sport Excellence (Spex) Athletes Investiture Ceremony

A big congratulations to Tedd Windsor Chan and Reagan Cheng on being awarded the spexScholarship at the Singapore Sport Excellence (Spex) Athletes Investiture Ceremony, held at the Singapore Sports School.

CSC Masters Swimming Invitational - Leg 1

With five teams and 53 swimmers taking to the pool, Leg 1 of the CSC Masters Swimming Invitational on 9 May delivered a spirited day of racing, camaraderie, and memorable moments.

The invitational perfectly captured what Masters swimming is all about — a love of the sport, enduring friendships, personal challenge, and a welcoming community that celebrates participation as much as performance.

A heartfelt thank you goes to all swimmers, supporters, officials, and volunteers whose enthusiasm and efforts made the event such a success.

Learn-To-Swim Assessment (January to April Intake)

The Learn-to-Swim Assessment was successfully conducted from 7 to 14 April for swimmers from Red Stage 1 to Development Stage 5.

Over the course of the week, swimmers demonstrated their progress, confidence, and water skills as they moved through the various stages of their development pathway.

Congratulations to all participants, and we look forward to seeing them continue to grow and thrive in the water.

2nd SAQ SwimFaster Awards

The 2nd Singapore Aquatics SwimFaster Awards, held at the Singapore Sports School from 1 to 2 May, marked an exciting start to the competitive swimming season, bringing together 141 swimmers for two action-packed days of racing.

The SwimFaster Awards continues to provide a valuable platform for athlete development, allowing swimmers to gain race experience, measure progress, and begin the season with clarity and purpose.

ASPIRE Assessment #13

A proud weekend for the CSC Artistic Swimming team as our swimmers took part in ASPIRE Assessment #13, competing across Levels 1 to 4!

Well done to all CSC swimmers for stepping up, challenging yourselves, and representing the club with pride!

Singapore Aquatics Gala & Fundraising Dinner 2026

Members of the executive committee and swimming subcommittee attended the Singapore Aquatics Gala & Fundraising Dinner 2026, presented by Sportz and Fitness Team on 9 May.

The occasion brought together members of the aquatics fraternity for a meaningful celebration of achievement, legacy, and the sport's enduring spirit.

The highlight of the evening was the induction of distinguished individuals into the Singapore Aquatics Hall of Fame, in recognition of their remarkable contributions to the sport over the years. We extend our heartfelt congratulations to the late Dr Chan Ah Kow, the late Mr Woon Sui Kut, Mr Tan Thuan Heng and Mr Alex Chan.

A truly memorable evening celebrating the legacy, excellence, and future of aquatics in Singapore.

CSC Come Swim & Conquer Series 1

CSC Come Swim & Conquer Series 1, held on 15 and 16 May, brought together 251 athletes for an exciting weekend of racing at the pool. Despite persistent heavy rain, swimmers displayed remarkable determination, resilience, and competitive spirit, delivering inspiring performances throughout the meet.

Singapore National Open Water Swimming Championships 2026

At the Singapore National Open Water Swimming Championships 2026, our club swimmers rose to the challenge in inclement weather, which led to the scheduled 10km event being revised to a 5km race on 17 May. The championships also provided an exciting introduction to open-water racing for swimmers through the 800m Experiential Swim.

A commendable effort by all swimmers in embracing the unique challenges of open water competition.

MEN'S 5KM

Nicholas James Tan	1:03:20	Gold
Johann Mikail Loh Bin	1:05:01	Silver
Kenneth Lim Cheng Jie	1:08:31	Bronze
Reyrs Ong Yu En	1:09.03	5th

WOMEN'S 5KM

Kate Ona	1:03:50	Gold

800M EXPERIENTIAL SWIM

Carter Boicey	11:19.50	Gold
Chua Andre Nicholas Chong	12:17.30	Silver
Liam Zachariah Goh Chang Kai	12:48.80	4th

CSC Swim Kick Challenge Series 1

On 23 May, our 96 swimmers faced the challenge with determination and team spirit, from first-time divers to seasoned racers chasing personal bests. Every race showed resilience, passion, and the desire to improve. Proud moments, lessons learned, and memories made. Thank you to coaches, parents, and swimmers for a meaningful meet.

BADMINTON

SCC-JK Technology 18th Badminton Inter-Club Masters League

Our club once again took part in the SSC-JK Technology 18th Badminton Inter-Club Masters League, which started in March this year. At the time of writing, our team is placed 4th out of 10 teams in Group A with one match remaining, and is poised to qualify for the Champions League, reserved for the top four teams from each group.

CSC-D&J Red Goat Mini Badminton Programme

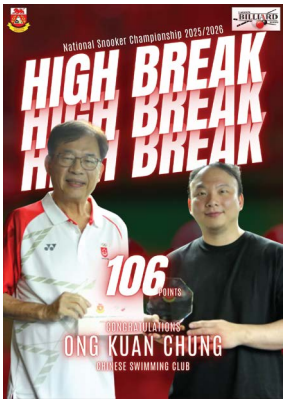
The programme, held from 22 March to 31 May, introduced toddlers to badminton through fun and simplified activities focused on developing coordination, movement, and basic racket skills. Over the first 10 lessons, children learned introductory forehand lift and high clear motions alongside basic physical conditioning, before gradually progressing to simple movement patterns, stepping actions, and improved shuttle control.

The next term, which started on 28 June, will further encourage active movement towards the shuttle and greater stability in hitting while on the move. For enquiries, please email **sports@chineseswimmingclub.org.sg**!

BILLIARDS & SNOOKER

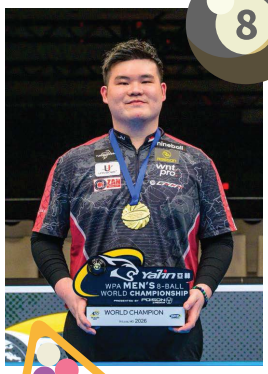
National Snooker Championship

Congratulations to our billiards & snooker section member, Ong Kuan Chung for winning the high break award with the impressive score of 106 at the National Snooker Championship! We are really proud of you!



Aloysius Yapp's Achievements

Singapore's cue sports star Aloysius Yapp had a remarkable year, earning a nomination for the 2025 The Straits Times Athlete of the Year Award and winning the WPA Men's 8-Ball World Championship. His dedication and passion inspire athletes in Singapore and bring pride to the nation, setting high standards for cue sports.



BOWLING

29th Inter-Club Bowling Mixed League 2026

The club proudly hosted week 4 of the 29th Inter-Club Bowling Mixed League 2026 on 7 May. Teams from Seletar Country Club, National Service Resort & Country Club, Singapore Swimming Club, Singapore Recreation Club, Serangoon Gardens Country Club and Orchid Country Club continued to maintain the momentum with thrilling weekly clashes, all vying for the top spot in this prestigious annual tournament.

CONTRACT BRIDGE

Contract Bridge President's Challenge

On 23 May, our members participated in the Contract Bridge President's Challenge, which combined friendly competition with charity, with all proceeds benefiting the President's Challenge. The event featured an engaging bridge session and was enhanced by a raffle and bingo game with attractive prizes, fostering a lively atmosphere of camaraderie, generosity, and fun all afternoon.

GOLF

CSC Golf April Medal

The CSC Golf April Medal @ Batam from 14 to 16 April featured three days of golf, camaraderie, and fun. The opening round at Palm Springs Golf & Country Club was shortened to nine holes due to lightning but counted for scoring. Chris Loh was the overall winner. Afterwards, golfers enjoyed a seafood dinner at Love Seafood and stayed overnight at Artotel. The trip included rounds at Indah Puri Golf Resort and Batam Island Country Club before returning home on 16 April. Thank you to all participants for making the trip a wonderful one filled with great golf, fellowship, and laughter!

Position	
1st Place	Chris Loh
2nd Place	Samuel Tai
3rd Place	Neo Swee Leong

Chris Loh (left) receiving the prize from golf subcommittee member, Tim Koh (right)

PICKLEBALL

Singapore Pickleball Open

Held from 3 to 5 April, the Singapore Pickleball Open 2026 brought together passionate players and strong competition from across the region. Our participants rose to the occasion with impressive performances, demonstrating skill, determination, and excellent teamwork throughout the tournament. From intense doubles matches to the highly competitive team event, our players showcased resilience and sportsmanship on every court. Congratulations to all participants for their achievements!

Scott Lim & Partner	19+ Men's Doubles (Open)	**Gold**
Desmond Phoa & Partner	19+ Men's Doubles (Open-Intermediate)	**Gold**
Jessica Khong & Vivien Sng	35+ Women's Doubles (Open-Intermediate)	**Gold**
Team CSC	Ng Kawei, Ernest Wee, Jeremy Goh, Desmond Phoa, Tess Chen, Vivien Sng, Jessica Khong, Lim Tien Juan	Team Event — **Top 8**

PickleSlam 2026

From 11 to 19 April, our pickleball players continued their momentum at PickleSlam 2026 with another series of commendable performances. The exciting matches and strong camaraderie among teammates reflected the growing strength of our pickleball community. Kudos to all participants for their outstanding efforts and for representing the club with pride and excellence.

Vivien Sng	35+ Women's Singles	**Gold**
Team CSC Ng Kawei, Desmond Phoa, Tess Chen, Vivien Sng, Marcus Chee, Elaine Koay	Team Event	**4th Place**

SQUASH

ONCOCARE National Junior Championships 2026

24 to 28 March

2026 Australian Junior Open

12 to 16 April

Kelihla Cheong was crowned Girls' Under-15 champion at the Australian Junior Open 2026. She also delivered a strong performance at the ONCOCARE National Junior Championships 2026, finishing 2nd in the Girls U15 category and 5th in the Girls U19 category.

Taliah Cheong likewise delivered a commendable performance in the Girls U19 category at the ONCOCARE National Junior Championships 2026, securing an 8th-place finish.

TABLE TENNIS

STTA National Age Group Table Tennis Competition 2026

Congratulations to our budding players from the CSC–Li Jiawei Table Tennis Academy at the STTA National Age Group Table Tennis Competition 2026, held from 14 to 22 March. Zhang Jia Yun earned her first third-place finish in the Girls' Singles Under-9 category. Jayna and Maureen performed excellently, securing third and 5th place, respectively, in the Girls' Singles Under-12 category.

CSC-Li Jiawei Table Tennis March Holiday Camp

What an incredible journey at the CSC–Li Jiawei Table Tennis March Holiday Camp! Over the course of the camp held from 16 to 19 March, our young athletes pushed their limits, embraced new challenges, and showed remarkable determination in every session. Guided by top-level coaching, they sharpened their techniques while building confidence in their gameplay.

TENNIS

CSC Tennis Singles Open (Knock-Out)

The CSC Tennis Singles Open (Knock-out) 2026 was held on 7 March, featuring thrilling matches and intense competition throughout the day. The knock-out format proved to be unforgiving, leaving little room for error as players had to remain at the top of their game from the very first match. Every point mattered, and the pressure mounted with each advancing round.

Seeded player Wilbert Loh displayed remarkable composure and consistency throughout the tournament. From his opening match to the finals, he handled the pressure confidently and delivered a series of strong performances to ultimately claim the championship trophy.

***Wilbert Loh** (CSC Tennis Singles Knock-out 2026 Champion)*

Position	Men's
Champion	Wilbert Loh
Runner-Up	Jonathon Lee
2nd Runner-Up	Wang Yi-feng
3rd Runner-Up	Liew Han Piow

Congratulations to all podium winners for their outstanding efforts and sportsmanship!

STA Inter-Club Singles League (ICSL)

We celebrate the CSC Tennis Team for winning the STA Inter-Club Singles League Men's D Division! They combined experienced players and promising juniors, losing just one match in the group stage to top their group. In the semi-finals, they faced Active Tennis Singles, who had also lost one match. After a tense start, they won 3–0. The final was tough against unbeaten Jinhui D2, but Martin Foo, Regis Lin, and Brian Hartono delivered a calm, dominant 3–0 victory, bringing the title to CSC. Well done to all for their dedication, teamwork, and spirit!

CSC Men's D Team Players (left to right): Mark Lin, Martin Foo, Regis Lin, Brian Hartono, Calvin Ng, Rick Hartono (C).

Not pictured: Clement Cher, Liew Han Piow, Marcus Kim, Nathan Boon, and Yuan Dong

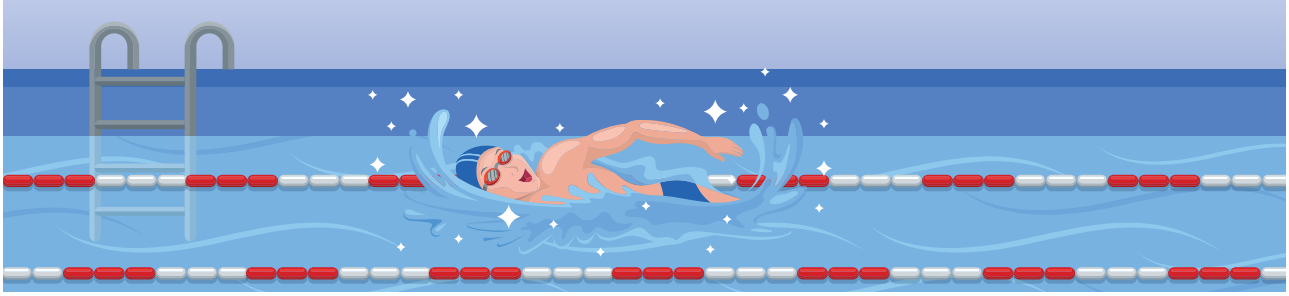
SWIMMING

At Chinese Swimming Club, we are proud to offer one of the most comprehensive and well-rounded swimming programmes in Singapore. From a child's very first lesson in our **Learn-to-Swim Programme**, to building confidence in the **Little Fish Programme**, progressing through our **Junior and Senior Competitive Teams**, and ultimately advancing to our **High-Performance Team**, we provide a structured pathway for swimmers at every stage.

Our experienced coaching team, many of whom have national and international expertise. delivers personalised, progressive training designed to nurture both skill and character.

Chinese Swimming Club offers more than lessons — we provide a complete aquatic journey built on passion, professionalism, and a commitment to developing confident, capable swimmers.

Your child could be the next national swimmer, training in our lanes today. Enrol your child in our swimming programmes.



BADMINTON

CSC-D&J BADMINTON ACADEMY

CSC-D&J Badminton Academy

Elevate Your Game

Experience a top-class badminton programme at CSC-D&J Badminton Academy, where passion meets excellence. Open to all skill levels – from beginners to competitive – our academy provides structured training to help players master the fundamentals, develop skills, and enjoy the sport.

Learn from the Best

Our dedicated coaches are certified under the National Registry of Coaches (NROC) and the Ministry of Education (MOE).

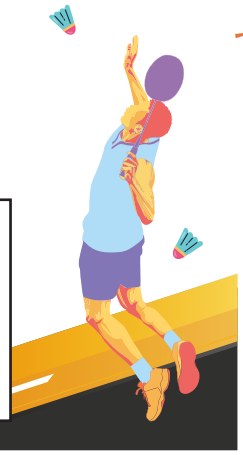
Join us and take your badminton journey to the next level at CSC-D&J Badminton Academy!

Monday – Wednesday & Friday, 3pm – 5pm
Saturday, 8am – 10am, 10am – 12noon
Sunday, 1pm – 3pm
Badminton Hall, SC (L2)

Eligibility: 6-16 years old

Frequency	Member	Non-Member
Once/Week (4 sessions)	$163.50	$218.00
Twice/Week (4 sessions)	$294.30	$392.40
Thrice/Week (4 sessions)	$441.45	$588.60

The above fees are based on 4 sessions per month. Additional fees will be charged if there are any extra training days in the month.



CSC-D&J-Red Goat Mini Badminton

Introduce your toddlers to the world of badminton! Our brand-new class offers a fun and structured way for little ones to learn and play.

- Strong emphasis on the fundamentals of badminton
- Hand-eye coordination
- Balanced development in stamina, speed and strength
- Personalised learning in small groups
  - ensuring every toddler receives focused guidance to support their individual progress

BOWLING

CSC Bowling Learn-to-Play Programme

New Bowler
Saturdays
10:15am – 11:15am or 1pm – 2pm or 2pm – 3pm
12 Lanes Bowling Alley, SC

$130.80 (Member) | $174.40 (Guest)

Development Bowler
(For trainees with bowling background)
Saturdays, 10:15am – 11:15am or 1pm – 2pm or 2pm – 3pm
12 Lanes Bowling Alley, SC

$152.60 (Member) | $196.20 (Guest)

The above fees are based on four sessions a month. They include lane fees and shoe rental.

BASKETBALL

CSC-LJE Sports Junior Basketball Training Programme

Under Coach B, an experienced former professional and national player, the CSC–LJE Sports Basketball Training Programme provides a dynamic environment for children aged 6 to 14. It combines skill drills with game-based learning to engage and develop players, helping them improve coordination, technique, fitness, teamwork, and resilience.

Training Schedule

Thursdays	5pm – 6:15pm	(6 – 11 years old)
Saturdays	8am – 9:15am	(6 – 10 years old)
Saturdays	9:30am – 10:45am	(11 – 14 years old)
Sundays	8am – 9:15am	(6 – 10 years old)
Sundays	9:30am – 10:45am	(11 – 14 years old)

$125.35 (Member) | $201.65 (Guest)

The above fees are based on four sessions a month. If there is a lesson in the fifth week of the month, an additional fee will be charged. Non-members are required to pay a refundable one-month deposit.

GOLF

Golf Calendar 2026

Date(s)	Event	Location
24 July	July Medal & Golf Section Night	Keppel Club
20 August	SIA Bilateral and August Medal	Forest City
2 October	Annual Golf Championship	NSRCC Kranji
18 December	Year-end Golf Bash and December Medal	Changi Golf Club

The event dates may be subject to change and serve as a guide.

SQUASH

CSC-Ultimate Squasher Squash Programme

Tailored for both children and adult players who want to build a solid foundation in squash, this programme emphasises core technique, tactical awareness, and overall conditioning. Training sessions are structured to develop consistency, court movement, and an understanding of match play in a supportive learning environment.

Junior Programme (Ages 6 and above)
Mondays, 4pm – 5pm (L1)
Wednesdays, 3:30pm – 5pm (L2), 5pm – 6pm (L1)
Thursday, 4:30pm – 6pm (L2–3)
Friday, 3:30pm – 5pm (L2), 5:30pm – 6:30pm (L1)
Squash Courts, SC (L3)

$331.36 (Member) | $374.96 (Guest)
1-hour training session per week

$479.04 (Member) | $562.44 (Guest)
1.5-hour training session per week

6 years old and above
Min. 3 pax, 8 lessons per term

Adult Programme (Ages 20 and above)
Sundays, 3pm – 4:30pm or 4:30pm – 6pm
Squash Courts, SC (L3)

$553.72 (Members) | $627.84 (Guest)
1.5-hour training session per week

20 years old and above
Min. 2 pax, 8 lessons per term

TABLE TENNIS

CSC-Li Jiawei Table Tennis Academy

Singapore's top women's table tennis player, Li Jiawei, played a historic role in the nation's sporting journey. She secured Singapore's first Olympic medal since independence in 1965.

Building on her legacy, Head Coach Li Jiawei and Li Wanxiang focus on developing young talents through the CSC–Li Jiawei Table Tennis Academy, guiding children aged 4 to 14 from beginner to advanced levels. Renowned for their discipline and tactical sharpness, Coaches Li bring elite-level standards into every session.

Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday
3pm – 4pm	3pm – 4pm	3pm – 4pm	3pm – 4pm	12nn – 1pm (5 slots left)	9:30am – 10:30am
4pm – 5pm	4pm – 5pm	4pm – 5pm	4pm – 5pm	1pm – 2:30pm	10:30am – 11:30am (3 slots left)
	5pm – 6pm	5pm – 6:30pm	5pm – 6pm	2:30pm – 3:30pm	1:30pm – 3pm (3 slots left)
				3:30pm – 4:30pm	3pm – 4pm

Contact **Jasmine Tan** at **6885 0673** or **jasmine_tan@chineseswimmingclub.org.sg** for more information.

Table Tennis Adult Group Training

Led by resident coach Kelvin, our adult training programme caters to players of all levels. Beginners will learn the rules and fundamentals of table tennis, while experienced players can further refine their skills and basic game techniques. Join us to improve your game in a friendly and supportive environment!

Fridays, 9am – 10:30am, 10:30am – 12noon
Table Tennis Room, SC (L3)

$163.50 per month (Member) I $196.20 per month (Guest)
Min. 4 pax; Max. 6 pax

The above fees are based on four sessions a month. If there is a lesson in the fifth week of the month, an additional fee will be charged. Non-members are required to pay a refundable one-month deposit.

TAEKWONDO

TAEKWONDO
JUNIOR TRAINING PROGRAMME

More than just a martial art, taekwondo teaches valuable life skills.Through structured training, your child will:

- Learn practical self-defence techniques
- Develop mental strength and ethical discipline
- Build self-confidence that extends beyond the training mat

Classes are led by Coach Nordon Lim, a highly respected instructor with over 40 years of coaching experience. As a member of the Singapore Taekwondo Federation Board of Examiners, Coach Lim brings unparalleled expertise, ensuring that every student trains under safe, certified, and professional guidance.

Tuesdays & Sundays
Activity Suite, Sports Complex (Level 3)

Poom/Dan: $49.05
Colour Belt: $65.40
Fees include 9% GST.

- 5 years and above
- Members only

Belt	Day	Time
Foundation White F1 F2 F3 / White	Tuesday	4:45pm to 5:45pm
Foundation White F1 F2 F3 / White	Sunday	1pm to 2pm
Yellow	Sunday	2pm to 3pm
Green	Sunday	3pm to 4pm
Blue	Sunday	3pm to 4pm
Brown	Sunday	4pm to 5pm
Poom / Black	Sunday	5pm to 6pm

WATER POLO

Learn-to-Play Water Polo Programme

Saturdays
6:15pm – 7:30pm
Beginners' Pool, SC (L1)

$87.20 per month (Member)
$130.80 per month (Guest)
6 to 12 years old

Participants must be able to swim Freestyle & Breaststroke properly for 2 x 25m laps independently and can tread water for at least one continuous minute.

Junior Water Polo Training Programme

Mondays, Wednesdays & Saturdays
6:15pm – 8:15pm
Fridays, 7:30pm – 9:30pm
Water Polo Pool, SC (L1)

$163.50 per month (Member)
$327.00 per month (Guest)
7 years old and above

Participants must be able to swim all four strokes properly for 4 x 50m laps continuously, tread water for at least 1.5 minutes continuously, and have basic ball sense.

All prices include 9% GST. Activities are subject to change. Registration for the activities will close when the maximum capacity is reached. For more information or to sign up, please visit our website, call **6885 0671**, or email **sports@chineseswimmingclub.org.sg**.

Self-Defence Camp

On 20 March, our junior members took part in the self-defence holiday camp, which focused on situational awareness, safe practice, and practical drills covering stances and footwork, escapes, breakfalls, and boundary setting. All participants were actively engaged and asked insightful questions. Safety and etiquette were reinforced throughout. We extend our thanks to the instructor, parents, guardians, and volunteers. Looking ahead, the club plans follow-up sessions on advanced escapes and scenario-based training.

Digital Literacy Workshop

Our members gathered for an engaging Digital Literacy Workshop on 8 May, learning how to use common GenAI tools. The session introduced members to practical applications of GenAI, covering essential functions, everyday use cases, and best practices for responsible usage.

K-Pop Trial Session

Due to high member interest, a K-Pop trial class was held on 5 June. It was attended by young participants aged 6 to 12, who took part enthusiastically. The dance instructor began with basic steps and, by the end, combined them into a group routine. It was wonderful to see the children's energy, enthusiasm, and confidence throughout the session. Many thanks to everyone who contributed to the success of this trial class!

BESPOKE

Kintsugi Workshop

Join our 1.5-hour Kintsugi Workshop to explore the Japanese art of repairing pottery with gold.

Under expert guidance, participants will learn techniques to transform broken pieces into unique art, embracing resilience and renewal. This hands-on session encourages creativity, mindfulness, and the beauty of imperfection, resulting in a keepsake to take home.

Saturday, 19 September, 10am – 11:30am
Multipurpose Room, SC (L2)

EARLY BIRD (TILL 31 JULY)	1 AUG ONWARDS
$123.17 (Members)	$128.62 (Members)
$134.07 (Guests)	$139.52 (Guests)

Min. 10 pax to start

13 years and above

Registration closes on **19 August**.

YOUNG ADULT

Leather Crafting Workshop

Discover the art of leathercraft at our 2.5-hour beginner leather crafting workshop. Members will learn leather-crafting basics while creating three personalised items: a card holder, a luggage tag, and a keychain. Each can be customised with up to four engraved initials in gold or silver foil, making them stylish and unique.

Saturday, 15 August, 10am – 12:30pm
Multipurpose Room, SC (L2)

$100.64 (Member) | $111.54 (Guest)
Min. 15 pax to start
No minimum age
Registration closes on **15 July**.

Solo Latin Dance by Alvin Low

Learn a variety of Latin dances from Cha Cha, Salsa, Bachata, Samba, to Rumba at this introductory solo Latin dance class by instructor Alvin Low. Alvin has over 20 years of experience teaching Latin dance.

Wednesdays
12:30pm – 1:30pm
Multipurpose Room, SC (L2)

After 8 July
3pm – 4pm
Activity Suite, SC (L3)

$109.00 (Member) | $135.16 (Guest)
8 sessions
Min. 8 pax

EVERGREEN

Line Dance

Get moving, have fun, and learn exciting dance routines in our Line Dance Classes, which are open to beginners, beginner-intermediate and beginner-advanced dancers. No partner required — just bring your energy and enthusiasm!

Beginner
Sundays, 12noon – 1pm
Multipurpose Room, SC (L2)

$76.30 (Member) | $130.80 (Guest)
10 sessions
Min. 10 pax

Beginner Intermediate
Tuesdays, 12:30pm – 1:45pm
Multipurpose Room, SC (L2)

$89.93 (Member) | $122.63 (Guest)
10 sessions
Min. 10 pax

Beginner Advanced
(with line dance background)
Tuesdays, 1:45pm – 3:15pm
Multipurpose Room, SC (L2)

$106.28 (Member) | $160.78 (Guest)
10 sessions
Min. 10 pax

Sundays, 1pm – 2:30pm
Multipurpose Room, SC (L2)

$106.28 (Member) | $160.78 (Guest)
10 sessions
Min. 10 pax

Social Dance Nights

Every 2nd, 3rd &
4th Saturday of the month
Activity Suite, SC (L3)

$9.81 (Member) | $18.00 (Guest)

Slots are limited to the social dance nights. Confirmation is on a first-come, first-served basis. Dates are subject to change. Register online at our website under Fitness & Leisure — Dance.

NEW

Line Dance for Beginners by Alvin Low

Mondays
1:15pm – 2:30pm
Activity Suite, SC (L3)

$92.65 (Member) | $114.45 (Guest)
8 sessions
Min. 10 pax

Chinese Calligraphy

Mondays, 9am – 11am
Multipurpose Room, SC (L2)

$16.35 per month (Member)
$32.70 per month (Guest)

Chinese Brush Painting

Thursdays, 11am – 1pm
Multipurpose Room, SC (L2)

$179.85 per month (Member)
$212.55 per month (Guest)

The above fees are for four lessons per month.

EXERCISE

Scan to find out more

Get Fit & Have Fun!

Join our monthly exercise classes. Whether you want to stretch, flow, or groove, we've got something for everyone. These are some of the featured exercise classes we offer.

K-POP Dance Cardio

NEW

Fridays, 7pm – 8pm
Multipurpose Room, SC (L2)

$109.00 (Member)
$122.08 (Guest)

4 Sessions
Min. 6 pax to start
18 years and above

KIDS & TEENS

K-Pop Dance for Children

K-Pop dance classes introduce students to the dynamic world of Korean pop choreography. Students will learn simplified choreography inspired by popular K-Pop artists while developing rhythm, coordination and stage presence. Classes are energetic and engaging, encouraging students to express themselves through movement and build confidence in performance.

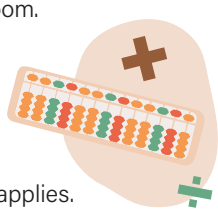
Fridays, 6pm – 7pm
Multipurpose Room, SC (L2)

$109.00 (Member)
$122.08 (Guest)
4 sessions
7 – 12 years old
Min. 6 pax per class

Abacus & Mathematics

Spark your child's enthusiasm for numbers and give them a head start in mathematics through our fun and engaging Abacus & Mathematics classes. We use holistic teaching methods and hands-on learning to cultivate essential skills in your child beyond the classroom.

Wednesdays, 5pm – 6:30pm
Multipurpose Room, SC (L2)



$152.60 (Member) | $174.40 (Guest)
4 sessions
An additional $49.05 registration fee applies.
4 – 14 years old
Min. 5 pax, Max. 8 pax

Wushu Beginners

Wushu, or "military arts", is contemporary Chinese martial arts that blends performance and martial application. Under the systematic guidance of Coach Tex, participants will develop and build on their basic techniques and skills in this powerful yet graceful art.

Saturdays, 7pm – 8:30pm
Multipurpose Room, SC (L2)
Sundays, 9:30am – 11am
Multipurpose Room, SC (L2)

Lessons per Week	Frequency	Member	Guest
1 Lesson	4 Sessions	$109.00	$130.80
1 Lesson	5 Sessions*	$136.25	$163.50
2 Lessons	8 Sessions	$174.40	$218.00
2 Lessons	10 Sessions*	$218.00	$272.50

*Applicable for months with 5 weeks.

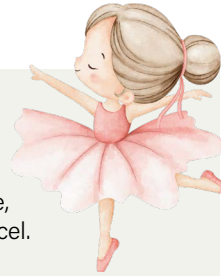
5 – 12 years old; Min. 5 pax per class

International Chess Class

In this class, your child will learn the basic rules and strategies of chess. Our expert instructor, Buenaventura "Bong" Mendieta Villamayor will guide your child in learning the essential skills while having fun.

Tuesdays, 5:30pm – 6:30pm
Multipurpose Room, SC (L2)

$311.50 (Member) | $337.60 (Guest)
8 sessions
4 – 12 years old
Min. 6 pax



CHILDREN' S BALLET

Discover the beauty and discipline of ballet in a nurturing, inspiring environment building confidence, discipline, creativity and a lifelong love for movement. Give your child the confidence and skills to excel. Enroll them today!

LEVEL	PRE-PRIMARY	PRIMARY	GRADE 1	GRADE 2	GRADE 3
AGE	5 years old – Born in 2021	6 years old – Born in 2020	7 years old – Born in 2019	8 years old – Born in 2018	7 years old – Born in 2017
CLASS SCHEDULE	Saturdays, 9:15am – 10:00am Sports Complex, MPR (Level 2)	Saturdays, 10:00am – 11:00am Sports Complex, MPR (Level 2)	Saturdays, 11:00am – 12noon Sports Complex, MPR (Level 2)	Saturdays, 1:00pm – 2:00pm Sports Complex, MPR (Level 2)	Saturdays, 12noon – 1.00pm Sports Complex, MPR (Level 2)
DURATION	45 mins	60 mins	60 mins	60 mins	60 mins
FEE (per term)	Member $250.70 Non-Member $305.20*	Member $272.50 Non-Member $327.00*	Member $305.20 Non-Member $359.70*	Member $327.00 Non-Member $381.50*	Member $327.00 Non-Member $381.50*

- 10 lessons per term
- Min. 4 pax to commence
- RAD examinations are held annually in April, based on each student's progress and the teacher's recommendation.

All prices include 9% GST. Activities are subject to change. Registration for the activities will close when the maximum capacity is reached. Please visit our website, call **6885 0654** or email **lifestyle@chineseswimmingclub.org.sg** for more information or to sign up.

CONTACT US

CLUB MAIN LINE
6345 1221 or 6885 0688

GENERAL FEEDBACK
feedback@
chineseswimmingclub.org.sg

FRONT OFFICE
Regional Networking/
Corporate Golf Booking/
Affiliates/Reciprocal
Arrangements
6345 1221/Reception@
chineseswimmingclub.org.sg

MEMBERSHIP ENQUIRIES
6885 0652/656/657
membership@
chineseswimmingclub.org.sg

FINANCE
Statement of Accounts/
Overdue Subscriptions
Payment
6885 0685/Finance@
chineseswimmingclub.org.sg

FOOD & BEVERAGE ENQUIRIES
6885 0697
fnb_events@
chineseswimmingclub.org.sg

SWIMMING ENQUIRIES
6885 0672
Team_SwimCSC@
chineseswimmingclub.org.sg

SPORTS ENQUIRIES
6885 0671
sports@
chineseswimmingclub.org.sg

LIFESTYLE ENQUIRIES
6885 0654
lifestyle@
chineseswimmingclub.org.sg

FLEX GYM ENQUIRIES
6345 1221 | ext. 749
CSC_Flex@
chineseswimmingclub.org.sg

SPORTS RECEPTION
Booking of Sports Facilities
6885 0677

12 LANES
Booking of Bowling Lanes
6345 1221 ext. 745

NETWORK LOFT
6345 1221 | ext. 720
work@
chineseswimmingclub.org.sg

PUBLICATION TEAM
Liza Liu
Assistant Manager,
Marketing & Communications

Cavy Low
Graphic Designer

Jasmine Peng
Graphic Designer

OPERATING HOURS

ARRIVAL PAVILION

FRONT OFFICE RECEPTION
Daily 8:30am – 10pm

MINGLE@AMBER
Daily 8am – 8pm

LE 乐 PLAYROOM
Mon Closed
Tue–Sun 9am – 9pm
(The playroom will be closed on Tuesday if a public holiday falls on a Monday.)

SPORTS COMPLEX

SPORTS RECEPTION
Daily 7am – 10pm

MAN ZHU CAFÉ
Mon–Thu 12 noon – 9:30pm
Fri & Eve of PH & PH 11:30am – 9:30pm
Sat & Sun 8:30am – 9:30pm
(Last order is 30 minutes before closing)

12 LANES BOWLING ALLEY
Mon–Thu 12 noon – 11pm
Fri & Eve of PH 12 noon – 1am
Sat & PH 10am – 1am
Sun 10am – 11pm

BEGINNERS' POOL
Daily 7am – 9pm
(Pool Closure for Swim Training)
Tue–Fri 3:30pm – 7pm
Sat 8:45am – 12:10pm
3pm – 7:30pm
Sun 8:45am – 12:10pm
3pm – 6pm

COMPETITION POOL
Daily 6am – 9pm
(Pool Closure for Swim Training)
Mon–Thu 5:30am – 7:45am
6:30am – 11am
(School holidays only)
Mon–Fri 3:30pm – 8pm
Tue–Thu 8pm – 9.30pm (4 lanes)
Sat 6:30am – 12:30pm
3:30pm – 7:45pm
7:30pm – 8:30pm (4 lanes)
Sun 6:30am – 12:30pm

KINGFISHER COVE
Daily 8am – 8pm

BADMINTON COURTS (+)
Daily 7am – 10pm
Peak Period
Mon–Fri 6pm – 10pm
Sat, Sun & PH Whole Day
(Court Closure For Club Team Training)
Mon & Fri 6pm – 10pm (4–7 Courts)
(Court Closure For Junior Training)
Mon–Fri (except Thu)
3pm – 5pm (6 Courts)
Tue 6pm – 9pm (3 Courts)
Wed 6pm – 8pm (3 Courts)
Thu 4pm – 6pm (6 Courts)
7pm – 9pm (3 Courts)
Sat 8am – 2pm (3–5 Courts)
6pm – 9pm (4 Courts)
Sun 12 noon – 5pm (3–7 Courts)
7pm – 9pm (3 Courts)

BASKETBALL COURT (+)
Daily 7am – 10pm
(Closure for Tennis Junior Programme)
Fri 5pm – 8pm
(Closure for Junior Training Programme)
Thu 5pm – 7pm
Sat 8am – 11am
Sun 8am – 11am
(Closure for Pickleball Section Training)
Mon 5:30pm – 10pm
Tue 7am – 10am
Wed 7pm – 10pm
Thu 7am – 10am
6:30pm – 10pm

BILLIARDS & SNOOKER LOUNGE (+)
Mon–Thu, Sat, Sun, Eve of PH & PH
2pm – 10pm
Fri 2pm – 11pm
(Closure for Section Training)
Fri 6pm – 11pm

FLEX GYM
Mon–Fri 6:30am – 10pm
Sat & Sun 7am – 9pm
PH 7am – 8pm

SQUASH COURTS (+)
Daily 7am – 10pm
(Closure For Section Training, All Courts)
Mon 6pm – 10pm
Wed & Fri 7pm – 10pm
(Closure For Training Programmes)
Mon 4pm – 5pm (Court 1)
Wed 3pm – 5pm (Court 1)
Thu 4pm – 6pm (Courts 1 & 2)
Fri 3pm – 5pm (Court 1)

TABLE TENNIS ROOM (+)
Daily 7am – 10pm
(Closure For Section Training)
Mon 5pm – 7pm (2 Tables)
7pm – 10pm (4 Tables)
Tue 6pm – 10pm (4 Tables)
Thu 6pm – 10pm (4 Tables)
Fri 4pm – 5pm (1 Table)
5pm – 10pm (4 Tables)
(Closure for CSC-LJW Training)
Mon 3pm – 5pm (4 Tables)
Tue 3pm – 6pm (4 Tables)
Wed 3pm – 7pm (4 Tables)
Thu 3pm – 6pm (4 Tables)
Sat 12noon – 5pm (4 Tables)
Sun 9am – 4pm (4 Tables)

TENNIS COURTS (+)
Daily 7am – 10pm
(Closure For Section Training)
Mon 5pm – 8pm (2 Courts)
Wed 5pm – 8pm (3 Courts)
Sat 3pm – 8pm (3 Courts)
(Closure for Tennis Social Night)
Mon 8pm – 10pm (1 Court)
Wed 7pm – 10pm (1 Court)
(Closure for Junior Training)
Thu 4pm – 8pm (1 Court)
Fri 4pm – 9pm (2–3 Courts)
Sat 8am – 12 noon (1–2 Courts)
Sun 3pm – 8pm (2–3 Courts)

THE ASTRIUM
(Formerly Recreation Complex)

MERIDIAN
Mon, Wed, Fri & Eve of PH
12 noon – 12 midnight
Tue, Thu, Sat & Sun
12 noon – 11pm

SWIMMING POOL
Daily 6am – 9pm
(Closed for Swim Training)
Mon 3:45pm – 4:45pm (Lanes 5 to 8)

GAMES & RECREATION ROOM
Mon–Thu & Sun 1pm – 9pm
Fri, Sat & Eve of PH 1pm – 10pm

JOY LUCK COVE
Daily 10am – 11pm

NETWORK LOFT
Mon–Fri & Eve of PH
8am – 12 midnight
Sat, Sun & PH
8am – 11pm
Mon–Sat (excluding PH)
9am – 6pm (Manned Hours)

STELLAR GRAND (+)
for pickleball bookings
Mon–Sun
8am – 10pm

SPECTRUM
Mon, Wed, Fri & Eve of PH
3pm – 12 midnight
Tue, Thu, Sat & Sun 3pm – 11pm

Closures for trainings are subject to change. +Bookings can be made online or at the Sports Desk up to 7 days in advance on a first-come, first-served basis.

中華游泳會®
CHINESE SWIMMING CLUB

CHINESE SWIMMING CLUB
21 & 34 Amber Road Singapore 439870
Tel: 6345 1221/6885 0688
Fax: 6345 7134

www.chineseswimmingclub.org.sg

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