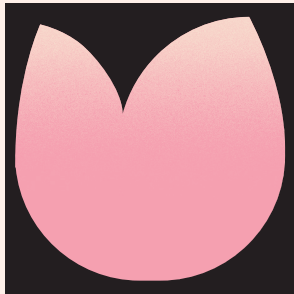


APR - JUN 2026

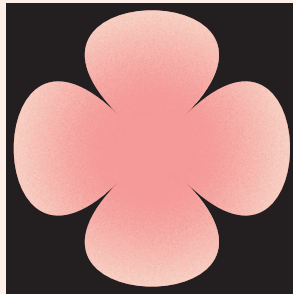
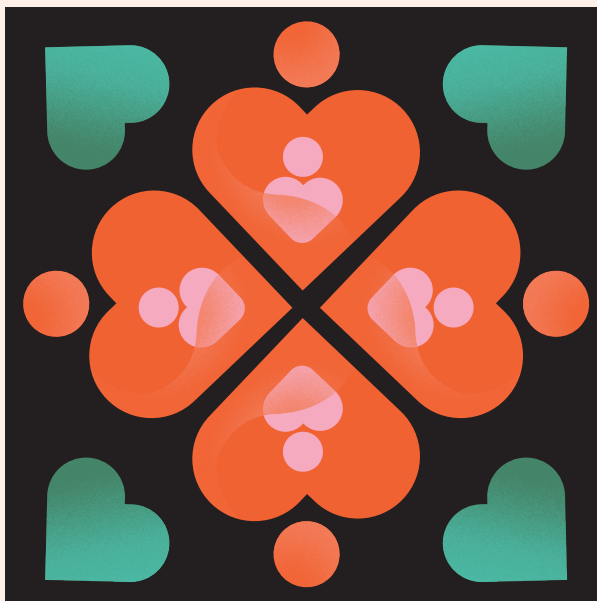
FREESTYLE



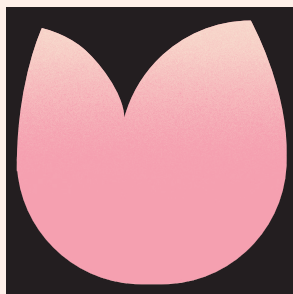
www.chineseswimmingclub.org.sg



HONOURING OUR



EVERYDAY HEROES:



MUM
&
DAD

HEADS OF DEPARTMENTS

GENERAL MANAGER

Helena Goh
ext. 669
gmo@
chineseswimmingclub.org.sg

HEAD OF FINANCE

Chong Mei Yee
ext. 684
MeiYee_Chong@
chineseswimmingclub.org.sg

HEAD OF FOOD & BEVERAGE

Victor Yong
ext. 696
Victor_Yong@
chineseswimmingclub.org.sg

HEAD OF INFORMATION TECHNOLOGY

Ethan Han
ext. 702
Ethan_Han@
chineseswimmingclub.org.sg

HEAD OF MEMBERSHIP RELATIONS, SALES & MARKETING COMMUNICATIONS

Vincent Lee
ext. 650
Vincent_Lee@
chineseswimmingclub.org.sg

HEAD OF PROPERTY

Allister Chew
ext. 678
Allister_Chew@
chineseswimmingclub.org.sg

HEAD OF SPORTS & LIFESTYLE

Linda Tan
ext. 679
Linda_Tan@
chineseswimmingclub.org.sg

PROJECT MANAGER

Lau Kien Fah
ext. 717
Kien_Fah@
chineseswimmingclub.org.sg

PUBLICATION TEAM

Liza Liu

Assistant Manager, Marketing
& Communications

Cavy Low

Graphic Designer

Jasmine Peng

Graphic Designer

CONTACT US

CLUB MAIN LINE

6345 1221 or 6885 0688

GENERAL FEEDBACK

feedback@
chineseswimmingclub.org.sg

FRONT OFFICE

Regional Networking/
Corporate Golf Booking/Affiliates/
Reciprocal Arrangements
6345 1221
Reception@
chineseswimmingclub.org.sg

MEMBERSHIP ENQUIRIES

6885 0652/656/657
membership@
chineseswimmingclub.org.sg

FINANCE

Statement of Accounts/Overdue
Subscriptions Payment
6885 0685
Finance@
chineseswimmingclub.org.sg

FOOD & BEVERAGE ENQUIRIES

6885 0697
fnb_events@
chineseswimmingclub.org.sg

SWIMMING ENQUIRIES

6885 0672
Team_SwimCSC@
chineseswimmingclub.org.sg

SPORTS ENQUIRIES

6885 0671
Sports@
chineseswimmingclub.org.sg

LIFESTYLE ENQUIRIES

6885 0654
Lifestyle@
chineseswimmingclub.org.sg

FLEX GYM ENQUIRIES

6345 1221
ext. 749
CSC_Flex@
chineseswimmingclub.org.sg

SPORTS RECEPTION

Booking of Sports Facilities
6885 0677

12 LANES

Booking of Bowling Lanes
6345 1221
ext. 745

NETWORK LOFT ENQUIRIES

6345 1221
ext. 720
work@
chineseswimmingclub.org.sg

IN THIS ISSUE

APR - JUN 2026

VICE-PRESIDENT (GENERAL) MESSAGE	04
CLUB NEWS & UPDATES	05
PAST EVENTS	10
F&B PROMOTIONS	12
JUNE HOLIDAY PROGRAMMES	18
SPORTS FEATURE	20
PROJECT PROGRESS UPDATE	22
SPORTS	24
LIFESTYLE	38
OPERATING HOURS	43

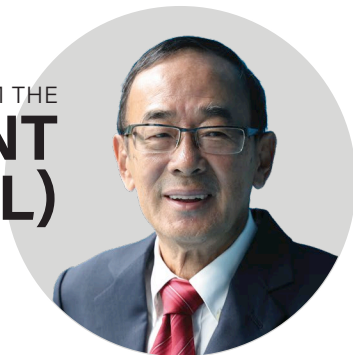


For advertising inquiries, please call the Marketing Department at 6885 0650.

"Freestyle" is a quarterly publication by CHINESE SWIMMING CLUB.

Opinions expressed need not necessarily represent those of the Club. The Club accepts no responsibility for the quality of goods or services advertised. All event information is accurate at time of print.

A MESSAGE FROM THE
**VICE-PRESIDENT
(GENERAL)**



Dear Members,

It has been an exciting and eventful season for the club, and I am delighted to share several updates with you. I would also like to encourage all members to attend the upcoming 111th Annual General Meeting on Sunday, 26 April 2026, where you will have the opportunity to stay informed on the club's progress, key developments, and future plans, as well as be part of important discussions shaping our club.

I am pleased to report encouraging progress on our upgrading project. Working closely with our club management and consultants, we remain committed to delivering an elevated home away from home experience for all members. With the Partial Temporary Occupation Permit (TOP) for the recreation complex secured, we will be progressively opening selected facilities. Members can enjoy the multi-function room (formerly the grand ballroom), which features a dynamic LED floor and a karaoke lounge with seven cosy private rooms. Our new restaurant, Meridian (formerly 3Bars), with its curated fusion menu, is progressing well and is expected to welcome members in the second quarter of 2026.

Many of you have eagerly waited for the opening of the Fun Pool. I am happy to inform you that the Fun Pool, previously known as Great Bubble Reef and now called Kingfisher Cove, had a soft opening on 14 March 2026, just in time for the March school holidays. The new name pays homage to the kingfishers often seen along the East Coast and on our club grounds — a small but significant tribute to the natural beauty surrounding us. For those who have already visited Kingfisher Cove, thank you for your support. For those who have not, we look forward to welcoming you and your children soon!

Our community continues to grow, and it was a pleasure to welcome our new members at the Members' Initiation Night on 15 January. The Great Gatsby-themed evening was a wonderful opportunity for members to mingle, forge new friendships, and connect with our management committee in a relaxed atmosphere.

We also ushered in the Year of the Horse with our much-anticipated Spring Festival celebration, a lively and joyous occasion that brought families together. The exhilarating lion and dragon dance performances, always a member's favourite, once again filled the club with energy and festive spirit.

I would also like to extend my heartfelt congratulations to our athletes who represented us with pride at the 33rd SEA Games 2025. Mikkel Lee delivered an exceptional performance, securing an impressive four gold medals. Tedd Windsor Chan made a remarkable SEA Games debut, achieving a personal best while breaking the Under-17 Boys' record — an exciting start to his

regional journey. We are equally proud of Kate and Timothy, who represented Singapore at their SEA Games open-water swimming debuts.

Our men's water polo team, featuring our section members Cayden Loh and Ryan Yap, also excelled, clinching their 29th consecutive gold medal. The women's water polo team performed commendably as well, earning a silver medal, with our section member Kayla Yeo making her debut.

Our F&B team is also preparing a series of delicious promotions, including the ever-popular Penang Buffet in April, followed by Mother's Day and Father's Day buffets in May and June, respectively — perfect opportunities to gather with loved ones and celebrate together at the club.

The June holiday programmes will once again offer a wide range of engaging activities for the young ones, from sports camps led by expert coaches to creative sessions such as art jamming. These programmes are always a highlight for families and a wonderful way for children to learn new skills while making new friends.

As we continue to grow and evolve, our goal remains clear — to make the club a vibrant, welcoming space where members can connect, relax, and create lasting memories. Thank you for your continued support and for being part of this wonderful community.

I look forward to seeing many of you around the Club in the months ahead.

Warm regards,

A handwritten signature in black ink, appearing to read 'Peter Liew'. The signature is fluid and stylized, with a long horizontal stroke at the end.

Peter Liew
Vice-President (General)
Chinese Swimming Club

111th Annual General Meeting

The 111th Annual General Meeting will be held on **Sunday, 26 April 2026, 10am** at **3Bars, Sports Complex, Level 3**. We take this opportunity to highlight the following standing orders to facilitate the smooth-running of the General Meeting.

1. STANDING ORDERS

1. Once the meeting is called to order, all members are requested to cooperate with the Chairman so that the General Meeting can proceed in a peaceful and orderly manner.
2. Only matters raised or resolutions proposed by Voting Members not less than 21 days and queries submitted not less than 4 clear days before the AGM will be addressed at the Meeting.
3. A member who has submitted a proposed resolution or a query will be granted three minutes to speak on each subject while other speakers will be given one minute, and a buzzer will sound to signal the speaker when the time is up.
4. Members are requested to seek permission before they speak and not to interrupt others who have the floor.
5. Members are to give their names and account numbers clearly before speaking. This is for official record purposes.
6. Members are advised not to interrupt the speaker during their presentation as time will be allowed on the floor to speak.
7. Voting shall be by a show of hands unless a ballot is demanded by the majority of the Voting Members present. Voting cards will be issued to facilitate the tallying of votes by the auditors.
8. If any member disobeys the above Standing Orders and behaves in a disorderly manner, the Chairman has the authority to request the member to leave the Meeting and if such member refuses to comply with the ruling of the Chairman, they will be ruled out of the Meeting.

2. PROCEDURE FOR ELECTIONS

In the event of a contest for positions on the Management Committee and/or Disciplinary Panel, members will be issued with a voting card and/or voting slips to elect members. Voting booths will be stationed inside the Grand Ballroom.

Please do not misplace the voting card and/or voting slips. Once it is issued to a member, it will not be reissued under any circumstances.

Voting slips are not transferable. Members must vote in person. Any member found transferring their voting slips to another member may be liable for disciplinary action.

Article 10.1

“Principal Members may meet in General Meetings to discuss matters pertaining to the affairs of the Club but only Voting Members may propose and second resolutions and vote thereon.”

Article 2A.4

“Principal Members” means Ordinary (Transferable), Life (Transferable) and Associate (Transferable) Members, Principal Membership shall mean the membership of Principal Members.

Article 2A.5

“Voting members” means Ordinary (Transferable) and Life (Transferable) Members only.

Article 10.6

Any Voting Member desirous of raising any matter or moving any resolution at any General Meeting shall give notice thereof in writing to the General Manager/Secretary not less than twenty-one days before the date of such meeting.

Article 10.7

Any Principal Member who wishes to query reports or accounts at an Annual General Meeting shall give written notice to the General Manager/Secretary not less than 4 clear days, i.e. excluding Sundays and public holidays, before the date of such a Meeting.





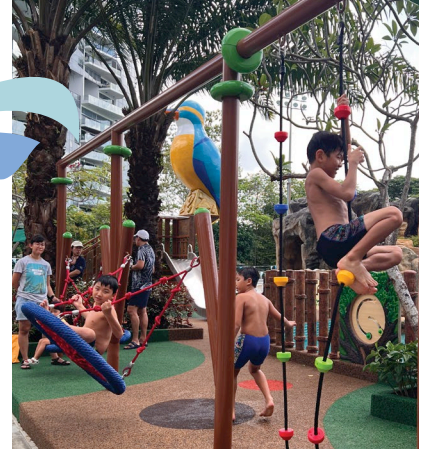
A Splashing Good Start: Kingfisher Cove Soft Opening

The Fun Pool, previously known as Great Bubble Reef and now called Kingfisher Cove, had a soft opening on 14 March 2026, just in time for the March school holidays. Families gathered to enjoy the newly refreshed space, designed for fun, adventure, and plenty of splashing moments for children.

The family-friendly area features both wet and dry playgrounds, exciting slides, net swings, in-ground trampolines, climbing ropes and a thrilling tube slide. A crowd favourite was the water tipping nest, delighting children as it splashed water down from above.

At the heart of the space stands the vibrant blue and yellow kingfisher centrepiece, inspired by the kingfishers often spotted along the East Coast and around the Club grounds.

Kingfisher Cove has quickly become a lively spot for families to splash, play, and cool off together, adding another vibrant recreational space for members to enjoy. If you haven't visited yet, be sure to stop by and experience the fun — there's a splashing good time waiting for everyone at Kingfisher Cove!



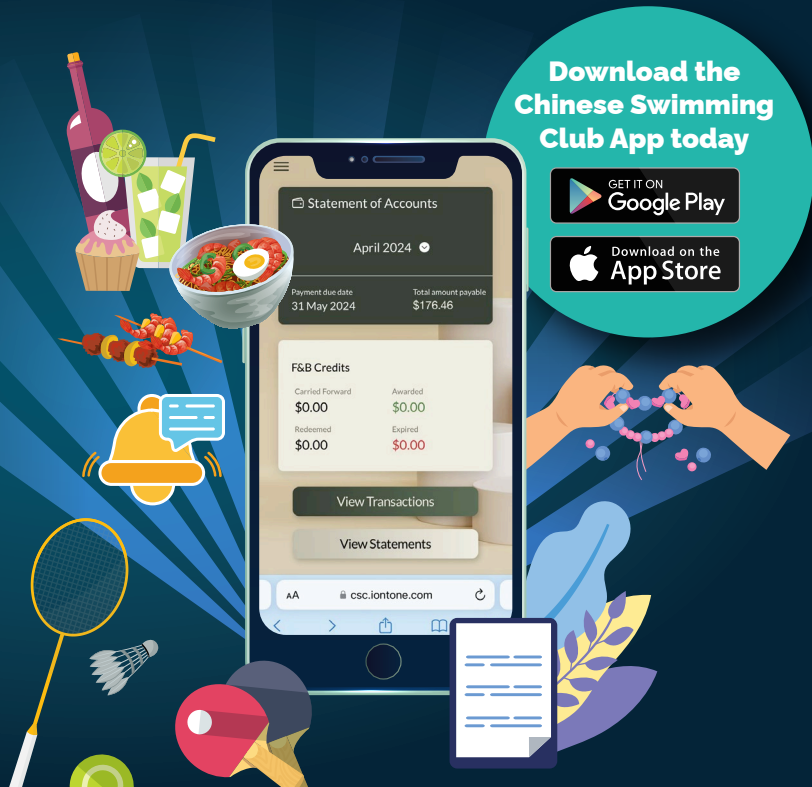
OPERATING HOURS: Daily, 8am to 8pm



YOUR CLUB. ONE APP

**THE CHINESE SWIMMING CLUB APP IS HERE!
DESIGNED TO MAKE YOUR CLUB EXPERIENCE
SMOOTHER, FASTER AND MORE CONVENIENT.**

- Stay updated with the latest club happenings, events, and promotions
- Book sports facilities seamlessly
- Receive notifications on sports facilities bookings and club announcements
- Access your e-statements anytime, anywhere
- Manage your account on the go



Amendments to Club Bye-Laws (Effective 1 April)

Please be informed that amendments have been made to the club's bye-laws with effect from **1 April** regarding the use and booking of club facilities.

Members are strictly not allowed to assign, sublet, transfer, or resell their booking of any club facility (or any part thereof) to another party without prior written consent from the club. All club facilities must be used solely for their intended purpose and in accordance with the club's rules and regulations.

The club reserves the right to take appropriate action in the event of any breach of the bye-laws. Members are advised to refer to the following Bye-Laws for full details:

- General – Article 23
- Badminton Courts – General Article 12
- Squash Courts – General Article 11
- Tennis Courts – General Article 11

We seek your understanding and cooperation in ensuring the fair and proper use of our facilities for the benefit of all members.

A Gentle Reminder on Outside Food & Beverages

We would like to remind all members that outside food and beverages are not permitted within the club premises. We seek your kind understanding and cooperation in adhering to the bye-laws. Should you require dining options, our club offers a wide selection of food and beverages for your convenience.

Notice to All EV Owners

To ensure fair and convenient access to our EV charging facilities for everyone, we kindly remind all members to please:

- Use the **correct charging ports** designated for your vehicle
- Charge your vehicle **only when necessary** and move it promptly once charging is complete
- Be **considerate of other EV users** who may be waiting to charge

Your cooperation helps create a respectful and efficient charging experience for all members.

E-Freestyle Option

Members can opt to receive an e-copy of our Freestyle magazine. By switching to digital, you are helping us reduce paper waste and lower our carbon footprint, one issue at a time.

Scan the QR code to make the switch.



Get Ready for Meridian — A Bold New Dining Experience

3Bars at the Sports Complex will cease operations in late April 2026 as we make way for an exciting new chapter at The Astrium (formerly Recreation Complex).

In its place, get ready to experience **Meridian** — a vibrant new fusion dining concept set to redefine your F&B experience at the Club.

Keep a lookout on our website and social media channels for updates.

Proper Attire & Dining Etiquette at Mingle@Amber



Members and guests are required to be properly attired at Mingle@Amber. Please refrain from sitting in wet, sweaty, soiled, or inappropriate attire, including swimwear, singlets, or without footwear. We also kindly ask that you do not place your feet on the seats or tables.

Thank you for your cooperation in maintaining a pleasant and comfortable environment for all.



Proper Attire Required for Use of Jacuzzi



We have received feedback regarding individuals entering the jacuzzi without proper attire. Please be reminded that all members are required to wear appropriate swimming attire when using the jacuzzi.

In response, we have stepped up monitoring and increased the frequency of staff walkthroughs in the shower and jacuzzi areas. Should you encounter any inappropriate behaviour, please inform our staff immediately so that prompt action can be taken.

We remain committed to providing a safe, respectful, and family-friendly environment for all members and their families.

FLEX Gym Etiquette



As part of our shared responsibility to maintain a clean and hygienic gym environment, we kindly ask all members to wipe down gym equipment after use. Cleaning cloths and sanitisers are available at the counter for your convenience.

Please also ensure that all footwear is properly contained and sealed in bags before it is placed in the storage cubicles provided. Additional signage has been placed around the gym as a reminder to store footwear properly.

We appreciate your cooperation in keeping FLEX gym clean, safe, and pleasant for everyone.



Le 乐 Playroom is a vibrant and welcoming jungle-themed space designed to ignite the creativity and curiosity of your little ones. Additionally, we provide dedicated nursing rooms to meet the needs of both parents and babies.

Arrival Pavilion,
Level 2

Operating Hours
Monday: Closed
Tuesday to Sunday:
9.00am to 9.00pm

Key Features

- ♥ Private nursing rooms
- ♥ Padded diaper-changing station
- ♥ A hot and cold water dispenser
- ♥ Comfortable cushioned sofas
- ♥ Foam play mats
- ♥ Wooden toys and puzzles
- ♥ Reading corner



Chinese Swimming Club Member Exclusive



Flash your membership card and
enjoy **15%** off Speedo gear
only at Key Power Sports.

Promotion ends 30 April 2026

Offer is available at the following stores:

Parkway Parade
80 Marine Parade Rd, #01-71/72/73

Velocity @ Novena
238 Thomson Rd, #02-59/60

Paragon
290 Orchard Rd, #04-28A/29/30

Changi City Point
Changi Business Park Central 1, #B1-11



Valid for Chinese Swimming Club members. Terms apply.

www.keypowersports.sg



Spring Festival 2026

What a fantastic Spring Festival celebration we had at the club! On 21 February, members and guests soaked up the festive spirit with fun activities like chopstick calligraphy, tasty treats from our snack stalls, and our mandarin orange giveaway, which shared blessings of good luck and prosperity.

The highlight of the day — The exhilarating lion and dragon performances that brought the crowd to life! The exciting plucking of greens (采青) was a crowd favourite, symbolising the harvesting of wealth, good fortune, and abundance for the year ahead.

A big thank you to all our members and guests for joining us and making the celebration so lively and memorable. Here's to a joyful and prosperous Year of the Horse!



PAST EVENTS

A Golden Welcome: Great Gatsby Members' Initiation Night

On 15 January, our members' initiation night brought the glamour of the Great Gatsby era to life at the club. Dressed to impress in golden sparkle and vintage elegance, members enjoyed a fun-filled evening of delicious food and live music.

The night was a wonderful opportunity for our new members to mingle, make new friends, and connect with our management committee in a warm and welcoming atmosphere.

The excitement continued with engaging games and fantastic lucky draw prizes that kept the energy high throughout the evening!

Here's to new friendships, great memories, and many more unforgettable moments at the club.



Sustainability Forum

We hosted our first sustainability forum on 6 February via Zoom, chaired by our sustainability subcommittee chairperson, Mr Eugene Khoo. Mr Khoo shared the club's current and upcoming sustainability initiatives and discussed energy, cooling and heating, and waste and circularity. The forum was productive in addressing members' queries. Thank you to all who attended the sustainability forum!





Man Zhu Café – April Promotions

Get ready to indulge in a feast that members have been raving about! This April, Man Zhu Café brings back the ever-popular **Penang Buffet**, a flavour-packed spread that's well worth the wait and guaranteed to leave you drooling.

Savour authentic street food favourites prepared fresh and served hot, including the smoky Char Koay Teow, crispy Oyster Omelette, tangy and aromatic Penang Laksa, rich Hokkien Prawn Noodles, and the refreshing sweetness of Cendol to round off your meal. Every bite delivers the bold, nostalgic flavours that make Penang cuisine so irresistible.

Penang Buffet (\$34.80 adults, \$14.80 child)

Every Friday in April
from 6pm – 9pm.
No à la carte menu
during buffet period.



From Monday to Thursday evenings, look forward to an additional highlight — the comforting and indulgent Chef's Specialty, **Ngoh Hiang Guan Chang with Bee Hoon**. This dish comes with a tempting selection of fried delights, including must-try favourites such as crispy prawn crackers, golden fried prawn-tofu rolls, flavourful five-spice rolls, and more.

Chef's Specialty: Ngoh Hiang Guan Chang with Bee Hoon (\$17).
Available in April, from Mondays to Thursdays, 6pm – 9pm.

Mingle@Amber – April Promotions

Sourly Plumy (\$6.40 member, \$8 non-member)

Quench your thirst with **Sourly Plumy**, a delightful blend of apple purée, pear purée and sour plum, balanced with a refreshing touch of water and topped with a tangy sour plum garnish. Light, fruity and pleasantly tart, it's a revitalising drink that awakens the senses with every sip.

Pair it with our **Key Lime Cake**, a luscious dessert that strikes the perfect balance between sweet and citrusy. With its smooth, creamy texture and refreshing lime zing, it's the ideal indulgence to complement your drink.

Key Lime Cake
(\$6.08 member, \$7.60 non-member)



This April, enjoy the Mega Choc Blend (Naked Espresso), which offers tasting notes of caramel, dark chocolate, and almond — perfect for coffee lovers seeking depth and richness.

3Bars - April and May Promotions

Whisky lovers, this one's for you. This April and May, savour the smooth sophistication of premium labels **Auchentoshan**, **Hibiki** and **Yamazaki**, each celebrated for its distinctive character and exceptional craftsmanship.

From the delicate, refined notes of **Hibiki** and the rich, elegant complexity of **Yamazaki**, to the smooth and approachable profile of **Auchentoshan**, there's a perfect bottle waiting for every whisky enthusiast.



**Auchentoshan
3 Woods**
\$128 per bottle



Hibiki Harmony
\$188 per bottle
\$368 for 2 bottles



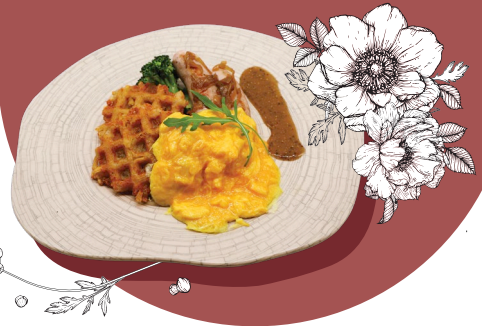
**Yamazaki
Distiller's Reserve**
\$178 per bottle
\$348 for 2 bottles

Man Zhu Café - May Promotions



Show your mother your appreciation with our Mother's Day Buffet Brunch, featuring a delightful spread of international favourites, thoughtfully prepared for a memorable family gathering. Indulge in a variety of delicious dishes, including freshly made dim sum, succulent Wasabi Prawns, flavourful Mentaiko Chicken Skewers, hearty Pork Sausages, Golden Waffles, and more.

To make the celebration even more special, all mothers will receive a complimentary flower and enjoy a Polaroid photo keepsake with their loved ones — available while stocks last.



Mother's Day Buffet Brunch
(\$48.80 adults, \$22.80 child)
10 May from 11:30am - 2:30pm
No à la carte menu during buffet period.



Also not to be missed this May is our Chef's Specialty — tender, juicy **BBQ Pork Ribs**, slow-cooked and glazed to perfection for a rich, smoky finish that will keep you coming back for more.

Chef's Specialty:
BBQ Pork Ribs (\$17.90)
Mondays to Thursdays, 6pm - 9pm.

Mingle@Amber - May Promotions

Pretty in pink and lovingly inspired, **Rosely Mum** is a refreshing blend of fragrant rose syrup, vibrant red dragon fruit and hydrating water, topped with a sprinkle of chia seeds for added texture and goodness. Light, floral and subtly sweet, it's a beautiful sip as graceful as Mum herself.

Pineberry Cake
(\$6.08 member, \$7.60 non-member)



Rosely Mum
(\$6.40 member, \$8 non-member)

Pair your drink with our charming **Pineberry Cake** — a delicate, fruity treat that balances sweetness with a refreshing berry finish. Soft, moist and irresistibly pretty, it's the perfect dessert to share over heartfelt conversations.

Man Zhu Café - June Promotions

Treat Dad to a hearty celebration this **Father's Day** with a lavish **buffet brunch** at Man Zhu Café. Gather the family and indulge in a generous spread featuring comforting and premium favourites such as Mee Siam, fresh Salmon Sashimi and Sushi, succulent Roasted Beef Striploin, crispy Crackling Pork Belly, and more delightful selections.

To make the occasion extra memorable, enjoy a complimentary Polaroid photo keepsake — the perfect way to capture those special family moments.

Father's Day Buffet Brunch
(\$48.80 adults, \$22.80 child)
21 June from 11:30am – 2:30pm
No à la carte menu during buffet period.



This June, savour a timeless classic: **Pig's Trotter with Vinegar**, slow-braised to tender perfection and served with rice. Rich, flavourful and comforting, this heritage dish offers a beautiful balance of savoury depth and tangy notes — a must-try for lovers of traditional cuisine.

Chef's Specialty: Pig's Trotter with Vinegar (\$15.80)
Mondays to Thursdays, 6pm – 9pm

Celebrate the Dragon Boat Festival with our rice dumplings (bak chang). As a festive staple rooted in tradition, rice dumplings are essential for this season. We offer **Nonya Dumplings, Hokkien Dumplings, Cantonese-Style Dumplings, and Chilli Shrimp Nonya Dumplings**.

Whether you prefer something traditional or with a spicy twist, our rice dumplings make the perfect festive indulgence for sharing with family and friends.

Nonya Dumplings, Hokkien Dumplings, Cantonese-Style Dumplings, and Chilli Shrimp Nonya Dumplings.
Available from 2 to 19 June 2026.



Mingle@Amber – June Promotions

Cool off with **Tropical Passion**, a vibrant blend of passion fruit and peach syrup, fresh passion fruit and water, topped with a scoop of passion fruit for an extra tangy finish. Fruity, refreshing and delightfully aromatic, it's a sunny escape in every sip.

Indulge in the rich, comforting flavours of our **Chocolate Orange Cake**, where smooth, decadent chocolate meets bright citrus notes of orange. Moist, luscious and perfectly balanced, it's a treat that satisfies both chocolate lovers and citrus fans alike.



Tropical Passion
(\$6.40 member, \$8 non-member)

Chocolate Orange Cake
(\$6.08 member, \$7.60 non-member)



Coffee lovers, look forward to a distinctive brew at Mingle@Amber this June and July. We're proud to feature **Nismara Singaraja** from Tiong Hoe Specialty Coffee — a beautifully balanced selection that delivers both depth and elegance in every cup.

Expect a comforting flavour profile of brown sugar, sugarcane and dried persimmons, complemented by a medium-bodied, round mouthfeel that's smooth and satisfying. The experience is lifted by a delicate aroma of orange peel, with a tea-like finish, creating a clean, refreshing aftertaste.

Whether you enjoy your coffee as a morning pick-me-up or a relaxing afternoon treat, this specialty bean offers a refined and enjoyable cup worth savouring.

3Bars – June Promotions

Raise a glass to refined taste this June with our exclusive **Chivas Whisky Promotion**. Renowned for its smooth, rich character and perfectly balanced blend, Chivas is a timeless choice for both seasoned whisky lovers and those discovering the spirit.

Enjoy the signature notes of honey, ripe fruits and a touch of spice, crafted to deliver a velvety and satisfying finish with every sip — perfect for unwinding after a long day or sharing good moments with friends.

Whether you're stocking up for your home collection or looking for a thoughtful gift, make June the month to indulge in the elegance and craftsmanship of **Chivas**.



Chivas 18
\$148 per bottle
\$288 for 2 bottles



Chivas Royal Salute 21
\$228 per bottle
\$448 for 2 bottles



Opening Hours: Tuesday to Sunday
12 noon to 3pm, 5pm to 9pm
Man Zhu Alfresco

NEW MENU. NEW CRAVINGS.

Chongqing Diced Chicken
with Dried Chilli
重庆辣子鸡



Braised Pork Belly
with Mui Choy Noodles
梅菜花腩面



Abalone Soup
with Wolfberries
and Chicken
白菜鲍鱼鸡汤



Fish and Sichuan
Sauce Noodle Soup
麻辣鱼汤面



Tea for Two

Fridays – Sundays,
3pm – 5pm

\$31.40

Savouries

- Cream Cheese Parma Ham
- Crispy Prawn Roll Mentaiko Mayo
- Smoked Duck Tortilla Roll
- Smoked Salmon Avocado Dome

Sweets

- Blueberry Lemon Cake
- Durian Sago Gula Melaka
- Florentine Cookies
- Matcha Red Bean Panna Cotta
- Pumpkin Choux puff

All prices are inclusive of 9% GST.
Images are for illustration purposes. Items are subject to change
based on availability. Takeaways include a \$6.00 surcharge.

Bring Your Own Container

Dessert is On Us!

- Do your part for the planet at Man Zhu Café!
- Bring your own reusable container
 - Spend a minimum of \$15
 - Receive a complimentary dessert of the day!



\$0.30 will be charged for each takeaway container.

For hygiene and quality reasons, please only bring reusable containers for takeaway food. Single-use, disposable containers are not permitted.



Small efforts make a big difference.
Let's reduce single-use packaging together!



乾坤豬肚

Sea Treasures in Pork Tripe



Fu Lin Men
CANTONESE DINING

Tel: +65 6282 0810
Level 3, 21 Amber Road,
Chinese Swimming Club,
Singapore 439870

Taste the reward of true patience with our traditional Cantonese masterpiece. We hand-stuff abalone, fried fish maw, and Shiitake mushrooms into a pig tripe, slow-cooking the parcel for a full eight hours. This intensive labor of love ensures every ingredient is exceptionally tender and infused with deep, savory flavor. Presented in a sizzling claypot with crisp broccoli, the dish is finished at your table with a velvety abalone sauce poured over the steaming treasure. Perfectly portioned for four people to share, it is a timeless tribute to the heritage and artistry of classic Cantonese communal dining.



promotion price

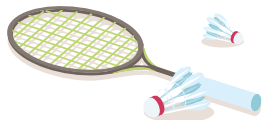
\$58++

for 4 pax

Advance order is highly recommended

Make the Most of the June School Holidays at Chinese Swimming Club!

Turn the June holidays into an unforgettable adventure for your kids at the Club! Let them burn off energy at exciting sports camps, discover new talents, and unleash their creativity through a variety of fun-filled programmes. With something for every interest, it's the perfect way to keep them happy, active, and learning all holiday long. Sign them up for a June packed with excitement, discovery, and smiles!



CSC-D&J BADMINTON ACADEMY BEGINNER CAMP

Calling all young shuttlers! Join us for an exciting five-day badminton holiday camp designed just for beginners. Perfect for your child to pick up new skills, make friends and stay active!

- You will learn:
- Basic badminton skills and techniques
 - Footwork and drills
 - Friendly matches and games

Monday - Friday, 1 - 5 June 2026

8am - 10am

Badminton Hall, SC (L2)

\$179.85 (Member) | \$250.70 (Guest)

Min 6 participants to commence; Max 36 participants

Registration closes Friday, 17 May 2026

CSC-ULTIMATE SQUASHER JUNE HOLIDAY SQUASH CAMP

The June Holiday Squash Camp is proudly led by World Squash Federation Certified Coaches, and let young enthusiasts smash boredom, make new friends, and have a holiday packed with action, laugh, and great squash vibes!



- You will learn:
- Introduction to squash foundation skills
 - General squash rules
 - Hand, eye and foot coordination skills
 - Footwork and movement efficiency

Monday - Wednesday, 15 - 17 June 2026

10am - 12noon

Squash Courts, SC (L3)

\$211.57 (Member) | \$239.69 (Guest)

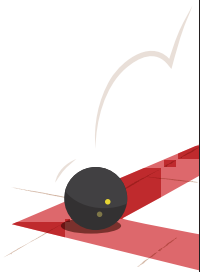
6-15 years old

Suitable for levels 1 & 2 beginners

Min. 3 pax, Max. 8 pax per 2-hour timeslot

The above fee is for three training days.

Registration closes once capacity is reached.



CSC-LJE SPORTS JUNE HOLIDAY BASKETBALL CAMP

Train with former professional basketball player Coach B and level up the game with exciting skill challenges, fast-paced mini-games, and teamwork activities designed to help young players grow on and off the court.

Monday - Wednesday, 15 - 17 June 2026

8am - 10am

Basketball Court, SC (Rooftop)

\$280.13 (Member) | \$295.39 (Guest)

6-12 years old

Beginners

The above fee is for three training days.

Registration closes once capacity is reached.



CSC-LJW JUNE HOLIDAY TABLE TENNIS CAMP

Led by Coach Li Jiawei, a former world-ranked player, this intensive four-day camp offers young players the

opportunity to train under the four-time Olympian. The camp focuses on technical drills, footwork training, and match-play simulations to help players develop sharper tactics and a foundation.

Register now and join us for a fun-filled table tennis holiday experience!

Monday - Thursday, 8 - 11 June 2026

12:30pm - 2:30pm

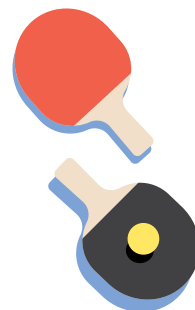
Table Tennis Room, SC (L3)

\$209.28 (Member) | \$313.92 (Guest)

4-14 years old

The above fee is for four training days.

Registration closes once capacity is reached.





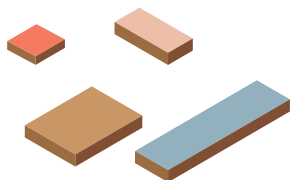
ART JAMMING - MOSAIC ART

Turn this June Holiday into a colourful, hands-on creative adventure with our Mosaic Art Jamming session for children.

Kids will design their own masterpiece by arranging vibrant tiles into fun patterns — perfect for boosting creativity, focus, and confidence. All materials are provided, and children will bring home a finished artwork they'll be proud to display.

Monday, 1 June 2026
10am - 12 noon
Lattice Suite, RC (L3)

\$60 (Member) | \$65 (Guest)
 5 - 16 years old
 Min. 10 pax



WUSHU CAMP

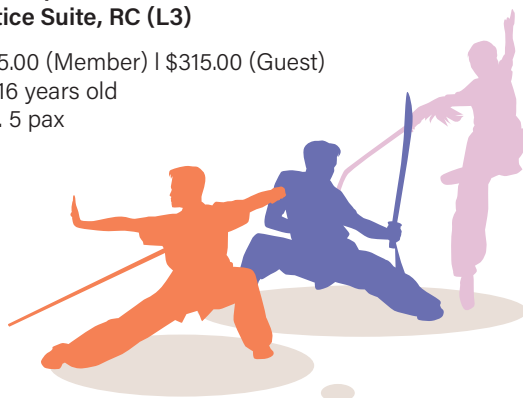
Join us for an exciting Wushu Camp during the June school holiday. This fun-filled camp is open to children aged 5 to 16 years old and is perfect for all skill levels.

Participants will enjoy learning Wushu techniques, improving fitness, and building confidence in a supportive environment. Our experienced coaches will lead engaging sessions focused on movement, discipline, and teamwork. The camp is a great opportunity for kids to stay active, make new friends, and develop new skills during the school break.

Don't miss this fantastic 3-day experience.

Monday, - Wednesday, 8 - 10 June 2026
9am - 5pm
Lattice Suite, RC (L3)

\$295.00 (Member) | \$315.00 (Guest)
 5 - 16 years old
 Min. 5 pax



CHESS CAMP

Immerse your child in the world of strategy, critical thinking, and fun with our holiday chess camp. This exciting holiday initiative provides children of all skill levels with a unique and engaging chess experience. Whether your child is a beginner or an aspiring grandmaster, our programme offers a blend of learning, practice, and friendly competition.



Beginner
Monday - Thursday, 8 - 11 June 2026
9am - 11am
Lattice Suite, RC (L3)

\$327.00 (Member) | \$343.35 (Guest)
 5 - 12 years old
 Min. 6 pax

Intermediate
Monday - Thursday, 8 - 11 June 2026
11am - 1pm
Lattice Suite, RC (L3)

\$327.00 (Member) | \$343.35 (Guest)
 5 - 12 years old
 Min. 6 pax

All prices for the above programmes include 9% GST. Activities are subject to change. Registration for the activities will close when we reach the maximum capacity. For more information or to sign up, please visit our website, call 6885 0671 / 6885 0654, or email sports@chineseswimmingclub.org.sg or lifestyle@chineseswimmingclub.org.sg.

BEYOND THE BLOCKS: HEART, HUSTLE AND THE SEA GAMES

Just before flying off to represent Singapore at the 33rd SEA Games, we sat down with our swimmers Timothy Cheah, Mikkel Lee, Tedd Windsor Chan and Kate Ona for an interview. From their training routines and pre-race mindset, the trio shared candid reflections, aspirations, and what it truly means to compete on one of Southeast Asia's biggest sporting stages at the 33rd SEA Games. They also reflected on how the club played a pivotal role in shaping their swimming journeys, from their early days in the pool to the high-performance training environment, dedicated coaches, and unwavering support system that helped mould them into the athletes they are today

*Timothy Cheah, Mikkel Lee, and
Tedd Windsor Chan (Left to right)*



When did you discover your love for swimming?

Mikkel: I first developed my passion for competitive swimming during Secondary 2, when I participated in the ASEAN School Games. It was the first time I set a significant goal for myself. I also really wanted to earn that adorable elephant mascot. Seeing my older friends at the meet, all winning medals and collecting mascots, made me think, 'Wow, I really want to earn that mascot too.'

Timothy: I started swimming when I was about three, and I joined the competitive squad when I was 11. I believe it was around the time I joined the squad that I really discovered my love for it; thanks to the friends I made. They make training much more enjoyable for me and made me love the sport even more than I already did.

Tedd: I first discovered my love for swimming when I was six or seven, because I started competitive swimming at seven. The adrenaline of getting ready for the race and competing in races really pushed me and gave me the

passion for swimming.

Kate: I developed a love for swimming around age six and started taking learn-to-swim lessons at the club. I enjoy many aspects of swimming, including how it is a peaceful sport. I like disconnecting my mind and focusing on the rhythmic strokes, which I find relaxing and stress-relieving. Swimming has given me with some of my fondest memories and closest friends, taught me valuable lifelong skills, and I am truly grateful for what it has given me.

How do you manage swimming training and school at the same time?

Mikkel: I believe it boils down to sacrifice and time management, especially at university, where social activities are prevalent.

Discipline and sacrifice are necessary to prioritise your workload when you know deadlines are approaching.

Staying ahead of schedule allows for more relaxed moments during race time or when you want to be fully relaxed, rather than stressing about deadlines.

Timothy: It is definitely tough. One major way I cope with both of them is to sleep a lot. Every night, I put my digital devices away and go to bed by 10:30pm because I usually have morning training sessions before school. During breaks at school, I will try to finish my homework.

Tedd: I always planned to do my homework first, before relaxing or playing games, so that after training I wouldn't have to worry about homework and could instead focus on my recovery and rest.

Kate: As a Junior College student and swimmer, I definitely struggle to balance homework with heavy training schedules. The best solution is always to have good time management. This can be achieved by avoiding procrastination and completing homework as soon as possible, so it does not pile up at the end of the week, leaving you stressed and burnt out.



Kate Ona

Photo credit:
Singapore Aquatics

SPORTS FEATURE

Share some memories or key lessons you have learnt from a teammate or a coach at the Chinese Swimming Club that have been vital for your development?

Tedd: There was one time when I wasn't feeling too well, and my coach told me not to push myself too hard, but to regain my confidence first before returning to the water. That is one lesson that has helped my development.



What facilities and support systems provided by the club have given you the competitive edge in your training?

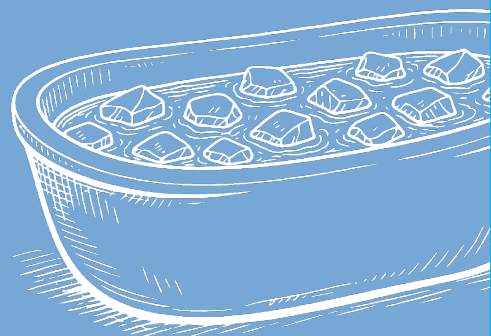
Mikkel: The club has been very supportive with the equipment it provides. The club has kindly fulfilled our requests, such as with the ice bath and the ice machine. It is one of the few that has both long and short-course pools, which are vital for training. I'm grateful that it has such facilities.

Mikkel: I like to tell this story from when I was in Primary 5 or 6, when I wanted to race with Coach Yifan after training. Back then, I thought there was no way I could lose to my coach, and my ego probably got the better of me. He put me in my place. As a child, you think you know everything. It's important to listen to mentors, those who have seen and experienced more than you, and to learn valuable life lessons. This taught me a lesson in humility and inspired me to strive to improve.

Tedd: The strength and conditioning sessions in the sports gym my coach has put together for me, have really helped train for my upcoming 50m backstroke event at the SEA Games.

Timothy: The ice bath we use helps me recover effectively, especially after intense training. Plus, it's quite refreshing in the Singapore heat.

Timothy: One of my most memorable moments was before the SEA Age Group Aquatics Championships 2023, when I spoke with Head Coach Zhang Jian Lan about relay events. That year, I had many individual events and doubted I could lead the team to a good position, fearing exhaustion. He told me not to fear, to be confident, and that if I was selected for the relay, it was my duty to participate and do my best, regardless of the results. This taught me that my sport is bigger than myself.



At Chinese Swimming Club, we are proud to offer one of the most comprehensive and well-rounded swimming programmes in Singapore. From a child's very first lesson in our **Learn-to-Swim Programme**, to building confidence in the **Little Fish Programme**, progressing through our **Pre-Competitive** and **Junior and Senior Competitive Teams**, and ultimately advancing to our **High-Performance Team**, we provide a structured pathway for swimmers at every stage.

Our experienced coaching team, many of whom have national and international expertise, delivers personalised, progressive training designed to nurture both skill and character.

Chinese Swimming Club offers more than lessons — we provide a complete aquatic journey built on passion, professionalism, and a commitment to developing confident, capable swimmers.

For more information and enquiries, please email Team_SwimCSC@chineseswimmingclub.org.sg or call 6885 0683 / 6885 0672.

OUR COACHES



A HOME GUIDED BY LIGHT: THE STORY BEHIND OUR UPGRADED RECREATION COMPLEX

At the heart of the club's transformation is a clear vision to be a *true home away from home*. The upgraded recreation complex is built on a celestial theme that symbolises light, guidance, and harmony. Just as stars have guided travellers, this concept reflects the club's role as a constant, welcoming presence for its members. It brings together heritage and modernity, creating a space that feels both elevated and familiar.

Naming with Meaning: Spaces that Tell a Story

Each facility within the recreation complex has been carefully named to reflect its purpose while staying true to the celestial narrative.

The Astrium (Formerly Recreation Complex)

The Astrium, derived from "astra" (stars), evokes a grand, open gathering space inspired by the sky — a place where members come together under a unifying vision.

Meridian (Formerly 3Bars)

Inspired by the line of longitude where worlds meet, Meridian represents the harmony of East and West. As a dining destination, it reflects a balance of flavours and cultures in a refined, relaxed setting.





Stellar Grand
(Formerly Grand Ballroom)

Stellar Grand (Formerly Grand Ballroom)

Designed as the club's premier event space, Stellar Grand draws inspiration from the brilliance of a star-filled sky. With its immersive LED features and transformative capabilities, it offers a dynamic setting where celebrations unfold under a canopy of light — grand, memorable, and ever-changing.

Spectrum Lounge (KTV Hall and Private Rooms)

A spectrum is a unified band of light that reflects this space as a lively gathering point. Its rooms Glow, Shine, Aura, Ray, Beam, Lumin, and Nova invite members to step into the spotlight and express themselves.



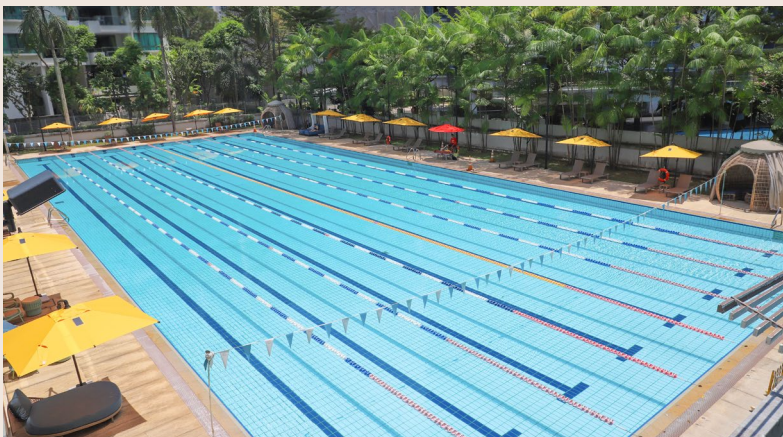
Spectrum Lounge
(KTV Hall and Private Rooms)

Zenith Suite (Formerly Lattice Suite)

Located at the highest level, the Zenith Suite represents the pinnacle of experience. It offers an elevated setting for private events and milestone celebrations.

A Unified Experience

Through this carefully considered concept and naming approach, every space within the recreation complex becomes part of a larger story — one that celebrates connection, discovery, and belonging. It is more than a collection of facilities. It is a thoughtfully crafted environment where members are guided, inspired, and always welcomed — a place that truly feels like home.



Come Chill & Relax...

What are you waiting for? Our newly renovated pool deck is ready for lazy days and chill days. And waiting for you! Relax under new pool umbrellas, unwind in our cosy cabanas, or gently sway on our inviting swing chairs while enjoying the peaceful atmosphere. Don't delay — come chill and laze the whole day long.

Year-End Sports & Lifestyle Camp 2025: 24 Campers, 9 Activities, 1 Unforgettable Experience!

From 24 to 28 November 2025, the club came alive with energy, laughter and excitement as 24 young campers took part in our Year-End Sports & Lifestyle Camp.

Packed with nine exciting activities, the camp offered children the opportunity to explore a wide range of sports and disciplines, including badminton, basketball, bowling, squash, table tennis, flippa ball, chess, wushu and taekwondo. Each day brought new challenges, new skills, and plenty of fun as campers stayed active, built confidence, and discovered their interests.

Beyond the activities, the camp was also a wonderful platform for social bonding. The children quickly formed friendships, supported one another, and created lasting memories together.

It was a week filled with learning, teamwork and joy — and most importantly, the kids had an absolute blast! We look forward to welcoming them back for more fun and enriching experiences at the club.



SWIMMING

24th RBSC Invitational 2025

At the 24th RBSC Invitational 2025, held from 29 to 30 November 2025, Chinese Swimming Club delivered an outstanding performance to emerge as the Overall Champion. The team of 36 proudly took home the prestigious H.R.H. Princess Maha Chakri Sirindhorn's Cup. The club swimmers showed exceptional depth, resilience, and competitive spirit throughout the meet. Individual achievements further highlighted the club's success, including podium finishes across multiple age groups.



MVP & Category Award Winners



Girls	6 Years Old	2 nd Runner-Up	Isabelle Lim
	9-10 Years Old	1 st Runner-Up	Claire Tan
Boys	7-8 Years Old	2 nd Runner-Up	Gabriel Ying
	9-10 Years Old	MVP	Jamiel Loh
	9-10 Years Old	2 nd Runner-Up	Matthew Yang

These achievements reflect the club's strong team culture and commitment to excellence at every level of competition.

SwimSafer

The SwimSafer Programme, held from 1 to 5 December 2025, brought together 50 swimmers for a week of focused training in water safety and swimming proficiency. The programme emphasised discipline, resilience, and lifesaving awareness, reinforcing the importance of safe swimming practices for every learner.





33rd SEA Games 2025

At the 33rd SEA Games 2025, Mikkel Lee delivered a truly dominant performance, securing an incredible haul of four gold medals and new SEA Games records in the Men's 4 x 100m Freestyle Relay. His exceptional display set a new benchmark and stood out as one highlight of the Games.

Tedd Windsor Chan made a remarkable SEA Games debut, clocking a personal best of 25.56 for 50m Backstroke and breaking the Under-17 Boys' record, marking the beginning of an exciting journey on the regional stage.

Kate and Timothy also made their SEA Games debuts in open water swimming, gaining invaluable experience and demonstrating determination and composure on the regional stage.



January Swim Series 2026

Held at the OCBC Aquatic Centre from 16 to 18 January 2026, the January Swim Series brought together 222 swimmers for three days of competitive racing. The meet marked the start of the season, giving athletes the opportunity to record their times for the year and set benchmarks for the months ahead.



February Swim Series 2026

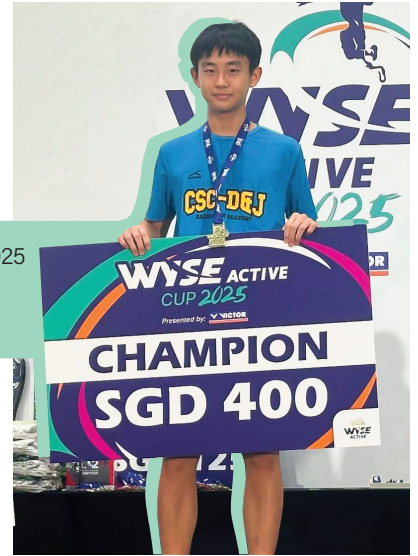
The February Swim Series, held from 6 to 8 February 2026, welcomed 224 swimmers for the second swim series event of the year. Over three days of competitive racing, athletes seized the opportunity to sharpen their skills, improve their timings, and build momentum for the season ahead.

BADMINTON

Rising Stars of CSC Badminton



We are proud to celebrate the achievements of our talented CSC-D&J Badminton Academy trainees at recent competitions! Their strong court presence, determination, and competitive spirit are truly admirable!



Joshua Lum at the Wyse Active Cup 2025 (25-30 November 2025)

- Champion – Boys' Singles Under 15



Isabel Lum at the PAPAGO Badminton Carnival 2025 – Season 2 (17-23 November 2025)

- Champion – Girls' Doubles Under 13
- 3rd Place – Girls' Singles Under 13



CSC-D&J Badminton Academy Friendly Sparring with Pui Ching Middle School (Hong Kong)

Our CSC-D&J Badminton Academy players enjoyed a fun and competitive Friendly Sparring Session with Pui Ching Middle School (Hong Kong) on 24 November at our Badminton Hall! It was a great exchange of skills, teamwork and sportsmanship – well done to all players who took part!

CSC-D&J Badminton Academy New Year Competition cum Recruitment Event

The CSC-D&J Badminton Academy ushered in the New Year with an exciting competition-cum-recruitment event on 1 January, where players and parents came together on court to enjoy

fun-filled games and friendly matches. We were also honoured to have international professional player Zhang Beiwen join us, delighting participants with entertaining exhibition matches and inspiring interactions.



Badminton Section CNY Gathering



More than 50 members from our Badminton Section came together on 27 February to celebrate Chinese New Year with an energetic lo hei session, tossing the yusheng high for prosperity, good health, and many winning rallies ahead. Adding to the festive cheer, everyone enjoyed delicious nasi lemak and received a personalised bottle as a keepsake from the gathering. The excitement continued with a lucky draw, bringing smiles and laughter all around. Here's to another smashing year ahead!

BASKETBALL

CSC-LJE Sports Junior Basketball December Holiday Camp

Led by Coach B, the CSC-LJE December Basketball Camp, from 8 to 10 December, featured structured sessions that focused on building core skills and reinforcing positive sporting values. Throughout the program, players trained with enthusiasm and confidence, developing both their gameplay and overall court awareness.



BILLIARDS & SNOOKER



Aloysius Yapp's Achievements

Singapore's pool sensation, Aloysius Yapp, delivered an outstanding performance at the international arena in Florida, USA, from 14 to 23 November 2025. He clinched victory at the International Bigfoot 10-Ball Challenge and successfully defended his title at the International 9-Ball Open — marking his third consecutive win in the event!

The momentum continued at the Asian Men's 10-Ball Pool Championship 2025, where Aloysius showcased remarkable skill and determination. He fought his way to a bronze medal, taking on reigning world champion Carlo Biado in a thrilling semifinal clash that kept fans on the edge of their seats.

A true display of precision, resilience, and world-class talent — congratulations to Aloysius for flying the flag high for Singapore!

Billiards & Snooker Lo Hei Luncheon

Over 20 members from our Billiards & Snooker Section gathered for a festive lo hei luncheon at Chinese Swimming Club on 28 February. At the auspicious time of 3:28pm, members came together to toss the yusheng high — symbolising prosperity, good health, and continued camaraderie for the year ahead. To add to the festive cheer, members also received lucky ang baos, rounding off a warm and meaningful afternoon.



BOWLING



55th Singapore Nationals & 10th Youth Championships 2025

Our bowlers delivered an honourable showing at the 55th Singapore Nationals and 10th National Youth Championships.

Held from 20 to 30 November 2025 at Singapore Bowling @ Rifle Range, our Centre of Excellence (COE) Programme bowlers and our Section members competed with grit, skill, and unwavering consistency, achieving commendable results across multiple categories.



U12 Boys Masters	10 th place	Daniel Heng
	5 th place	Anders Heng
U16 Girls Masters	14 th place	Liu Si Xuan
U18 Boys Masters	9 th place	Tan Kayne Jin
	6 th place	Mildred Lim
Youth Boys Masters	7 th place	Darren Au
Mixed Graded Masters	27 th place	Lorraine Fong
	21 st place	Gerard Ng

A heartfelt congratulations to all our bowlers for their determination, sportsmanship, and outstanding performances on the national stage.

Annual Bowling Championship 2025

Our Annual Bowling Championship, held on 10 January, brought our Section members together for an exciting day at the lanes. With every frame fiercely contested, participants showcased impressive skill, sharp focus, and great sportsmanship throughout the competition.



Congratulations to our winners:

Open Division

Champion	Gerard Ng
1 st Runner-Up	Lorraine Fong
2 nd Runner-Up	Elliot Tan
4 th Place	Bryan Lee

Classified Division

Champion	Wang Junren
1 st Runner-Up	Anders Heng
2 nd Runner-Up	Gwen Goh

Well done to all bowlers for making the event a resounding success. We look forward to more exciting competitions and continued participation in the months ahead.

CONTRACT BRIDGE



Contract Bridge Christmas Game

The Contract Bridge Christmas Game was held on 13 December 2025 and saw a strong turnout of 32 participants. The event was filled with festive cheer as attendees gathered for an enjoyable afternoon of contract bridge, followed by a Christmas-themed buffet lunch. Door gifts were also distributed to all attendees as a token of appreciation. After lunch, attendees took part in a lively bingo game, which added an extra layer of fun and interaction to the event. The celebration concluded on a high note with an exciting lucky draw, bringing the event to a warm and memorable close.

Contract Bridge Chinese New Year Game

On 11 February 2026, 32 bridge enthusiasts gathered for a lively Contract Bridge Chinese New Year Game filled with festive cheer and friendly competition. The afternoon was made even more special with a delightful potluck spread, as members generously shared their favourite homemade dishes. Laughter and strategic bidding filled the room as players ushered in the Chinese New Year with camaraderie and good fortune. Everyone went home with thoughtful door gifts — an orange carrier bag, a pair of auspicious oranges, and angbao packets.





GOLF



CSC Golf December Medal & Golf Section Night 2025

The CSC Golf December Medal was held at Keppel Club on 2 December, where 40 golfers went head-to-head in an exciting showdown to wrap up the final golf event of the year. The competition was fierce on the course, and the celebrations continued after with fantastic live music and vocals by Snapshot at 3Bars, creating the perfect ending to a great day.

Position	A Division	B Division
1 st Place	Mr Eric Low	Mr Kenny Tan
2 nd Place	Mr Tim Koh	Mr Steven Chia
3 rd Place	Mr Allan Kwek	Mr Ng Guan Teck

Congratulations to all our winners, and a massive shout-out to Mr Tim Koh for his incredible hole-in-one at Hole 03 — what a way to finish the year!

PICKLEBALL

Lion City League

Our pickleball team wrapped up the inaugural Lion City League on a high note, held from 14 October to 30 November! After topping their group, the team put on a strong performance to beat The Tanglin Club 4 – 0 and clinched second runners-up in the finals. A big shoutout to all our players for their grit and sportsmanship throughout the season! The Awards Night was held at La Salsa, Dempsey on 1 December. It was a wonderful evening, celebrating team spirit and achievements.



Year-End Smash

Almost 70 members came together for an unforgettable night on 30 December for the CSC Pickleball Section Year-End Smash — great weather, great food, and great fun! Huge thanks to everyone who joined us and to our generous sponsors for making the event a smashing success.



Pickleball Section Ang Bao Challenge



The rooftop at the Sports Complex was buzzing as over 60 Pickleball Section members gathered for the highly anticipated Ang Bao Challenge on 24 February! The session kicked off with a raucous lohei, and festive goodies kept everyone fuelled throughout the evening. Even when the rain came pouring halfway through the games, it certainly did not dampen the festive mood! The excitement carried on with an attractive lucky draw, and although the challenge could not be completed due to the weather, the prizes were distributed to all participants in the true spirit of celebration.

SQUASH

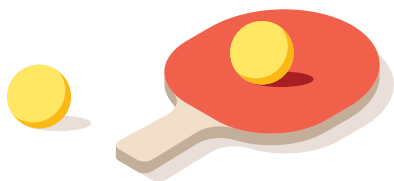


CSC-Ultimate Squasher December Holiday Squash Camp



The December Squash Camp, held from 8 to 10 December, wrapped up an intensive, engaging training session led by our World Squash Federation-certified coaches. Players took part in focused sessions that combined technical exercises with practical game situations, helping them to refine their strokes, improve footwork, and develop greater confidence in competitive play.

TABLE TENNIS



CSC-LJW Table Tennis December Holiday Camp



The CSC-LJW Table Tennis December Holiday Training Camp, held on 8 to 11 December 2025, wrapped up on a high note, delivering a memorable and enriching experience for all participants. Young players trained under the guidance of two-time Olympic medallist and Head Coach Li Jiawei, gaining practical strategies. Beyond sharpening their table tennis techniques, the camp emphasised the importance of discipline and sportsmanship. These core values will persist in shaping the athletes' development.

19th-24th CSC-LJW Table Tennis Tournament

The 19th-24th CSC-LJW Table Tennis Tournament, held from January to December 2025, concluded successfully. Players showcased strong competition, skill, and sportsmanship throughout the matches. These monthly tournaments served as a great platform for friendly rivalry and the continued growth of table tennis within the CSC-LJW community.



28th Char Yong National Youth Top 10 Table Tennis Tournament 2025

At the 28th Char Yong National Youth Top 10 Table Tennis Tournament 2025, held from 9 to 13 December, talented players from the CSC-LJW Table Tennis Academy, Jayna and Maureen, secured 5th and 9th places in the Girls' Singles Under-12 category. Li Ting Claire also earned 6th place in the Girls' Singles Under-9 category.

TENNIS

CSC Tennis Junior Series 2025 — Series 4

The courts at the Chinese Swimming Club came alive over the weekend of 15 to 16 November as our young tennis talents took to the court for Series 4 of the CSC Tennis Junior Series 2025.

Players across the U10, U12, and U16 categories showcased impressive skill, unwavering determination, and commendable sportsmanship. From hard-fought rallies to confident serves, the competition highlighted the remarkable growth and enthusiasm of our junior players.

Congratulations to all participants for their spirited performances, and we look forward to seeing their continued progress in the upcoming series.



Position	U10	U16
Champion	Nathanael Tham	Jiang Nuolin
Runner-Up	Evan Lee	Brian Hartono
2nd Runner-Up	Ang Hao Yi	Damien Poh
3rd Runner-Up	Chloe Lim	Jonathon Lee



Position	Men	Women
Champion	Brian Hartono	Clara Lo
Runner-Up	Aiden Lim	Paula Liu
2nd Runner-Up	Mark Lai	Natasha Lin
3rd Runner-Up	Jeremy Yang	Annika Tan

CSC Tennis Singles Open 2026

The CSC Tennis Singles Open 2026 took place from 31 January to 1 February. The tournament delivered intense competition and endless rallies, showcasing the players' determination and skill. Off the courts, however, the atmosphere was warm and convivial, filled with friendly conversations and fellowship — made even more special by the buzz and excitement of the Australian Open season.

This edition was memorable, as several junior players stepped out of the "Junior Zone" to challenge and compete against more experienced players, demonstrating courage, growth, and impressive potential.

Congratulations to all podium winners.

WATER POLO

33rd SEA Games 2025

Singapore's men's water polo team once again demonstrated their dominance at the 2025 SEA Games in Bangkok, clinching their 29th consecutive gold medal. The team delivered an unbeaten campaign, highlighted by a thrilling 14–13 win over hosts Thailand. Representing the club with pride were section members Cayden Loh and Ryan Yap.



On the women's side, Singapore continued to make steady strides, capturing the silver medal after a valiant effort against Thailand. The team showed resilience and determination throughout the tournament, with 17-year-old section member Kayla Yeo making her debut and playing her part in a commendable campaign.



Photo credit: Calvin Ng

Kuching Invitational Water Polo Cup 2025

Our teams made waves at the Kuching Invitational Water Polo Cup 2025 on 26 November with thrilling performances and outstanding results!

Thank you to all our parents and coaches. Your support, consistency, and hard work made all the difference. Let's keep striving!

U13 – Gold

U13 MVPs

Zhang Kaiyang

Lucas Lee

Jansen Hoe

U16 – Silver

U16 MVPs

Christian Wong

Ethan Park

Evan Say

Lee Kai En



ActiveSG Cup – Season 4



Our CSC U10 and U12 Water Polo teams scored gold at the ActiveSG Cup Season Four held on 27 November — with the U10 team crowned champions in Division One and the U12 team emerging victorious in Division Two! An enormous thank you to our dedicated coaches for their guidance and commitment, and to our amazing parents and supporters whose cheers and encouragement powered the teams every step of the way.



BADMINTON

CSC-D&J Badminton Academy

Elevate Your Game

Experience a top-class badminton programme at CSC-D&J Badminton Academy, where passion meets excellence. Open to all skill levels - from beginners to competitive - our academy provides structured training to help players master the fundamentals, develop skills, and enjoy the sport.

Learn from the Best

Our dedicated coaches are certified under the National Registry of Coaches (NROC) and the Ministry of Education (MOE). As accomplished players and respected figures in Singapore's badminton community, they bring expertise and experience to every training session.

Join us and take your badminton journey to the next level at CSC-D&J Badminton Academy!

Monday - Wednesday & Friday

3pm - 5pm

Saturday, 8am - 10am,

10am - 12noon

Sunday, 1pm - 3pm

Badminton Hall, SC (L2)

Eligibility: 6 to 16 years old

Frequency	Member	Non-Member
Once/Week (4 sessions)	\$163.50	\$218.00
Twice/Week (4 sessions)	\$294.30	\$392.40
Thrice/Week (4 sessions)	\$441.45	\$588.60

The training fee will be charged accordingly if there are additional training days in the month.



CSC-D&J-Red Goat Mini Badminton

Introduce your toddlers to the world of badminton at Chinese Swimming Club! Our brand-new class offers a fun and structured way for little ones to learn and play.

- Strong emphasis on the fundamentals of badminton
- Hand-eye coordination
- Balanced development in stamina, speed and strength
- Personalised learning in small groups
 - ensuring every toddler receives focused guidance to support their individual progress



BOWLING

CSC Bowling Learn-to-Play Programme

New Bowler

(For trainees with bowling background)
Saturdays, 1pm – 2:30pm or 3pm – 4:30pm
12 Lanes Bowling Alley, SC

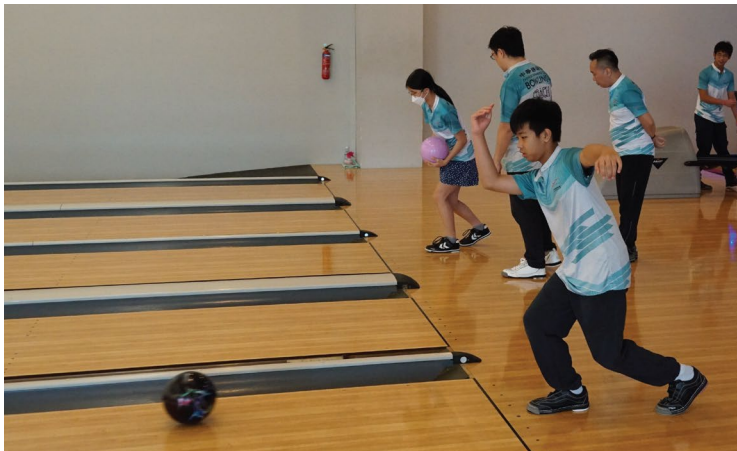
\$130.80 (Member) | \$174.40 (Guest)

Development Bowler

Saturdays, 10:15am – 11:15am
or 1pm – 2pm or 2pm – 3pm
12 Lanes Bowling Alley, SC

\$152.60 (Member) | \$196.20 (Non-Member)
per month for 4 sessions

Note: The above fees are based on four sessions a month. They include lane fees and shoe rental.



GOLF



Golf Calendar 2026

Date(s)	Event	Location
14 – 16 April	April Medal (3 Games) Palm Spring Indah Puri Batam Island CC	Batam, Indonesia
17 July	July Medal & Golf Section Night	Keppel Club
20 August	SIA Bilateral and August Medal	Forest City
2 October	Annual Golf Championship	NSRCC
18 December	Year-end Golf Bash and December Medal	Changi Golf Club

The event dates may be subject to change and serve as a guide.

BASKETBALL

CSC-LJE Sports Junior Basketball Training Programme

Led by Coach B, a former professional athlete and national representative, the CSC-LJE Sports Basketball Training Programme provides young players aged 6 to 14 with a structured, supportive environment to learn the game. The programme prioritises progressive skill development, guiding players through fundamental movement, technical basketball skills, and overall athletic development. With an emphasis on confidence, discipline, and enjoyment, each session helps players grow as athletes and teammates.

Training Schedule

Thursdays, 5pm – 6:15pm	(6 – 11 years old)
Saturdays, 8am – 9:15am	(6 – 10 years old)
Saturdays, 9:30am – 10:45am	(11 – 14 years old)
Sundays, 8am – 9:15am	(6 – 10 years old)
Sundays, 9:30am – 10:45am	(11 – 14 years old)



\$125.35 (Member) | \$201.65 (Non-Members)
per month for 4 sessions

The above fees are based on four sessions a month. If there is a lesson in the fifth week of the month, an additional fee will be charged. Non-members are required to pay a refundable one-month deposit.

SQUASH

CSC-Ultimate Squasher Squash Programme

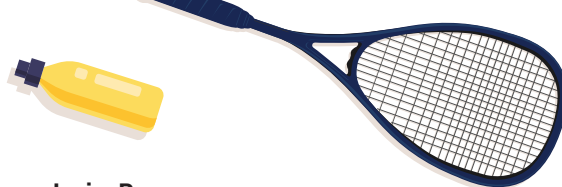
Designed for both juniors and adults who are eager to develop strong squash fundamentals, the programme focuses on essential skill-building, game understanding, and overall physical fitness. The programme is proudly led by World Squash Federation-certified coaches.

Adult Programme

Sundays, 3pm - 4:30pm or 4:30pm - 6pm
Squash Courts, SC (L3)

\$553.72 (Members) | \$627.84 (Non-Members)
1.5-hour training session per week
20 years old and above

Min. 2 pax, 8 lessons per term



Junior Programme

Mondays, 4pm - 5pm (L1)
Wednesdays, 3:30pm - 5pm (L2), 5pm - 6pm (L1)
Thursday, 4:30pm - 6pm (L2-3)
Friday, 3:30pm - 5pm (L2), 5:30pm - 6:30pm (L1)
Squash Courts, SC (L3)

\$331.36 (Member) | \$374.96 (Non-Member)
1-hour training session per week
\$479.04 (Member) | \$562.44 (Non-Member)
1.5-hour training session per week
6 years old and above

Min. 3 pax, 8 lessons per term

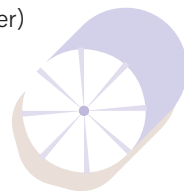
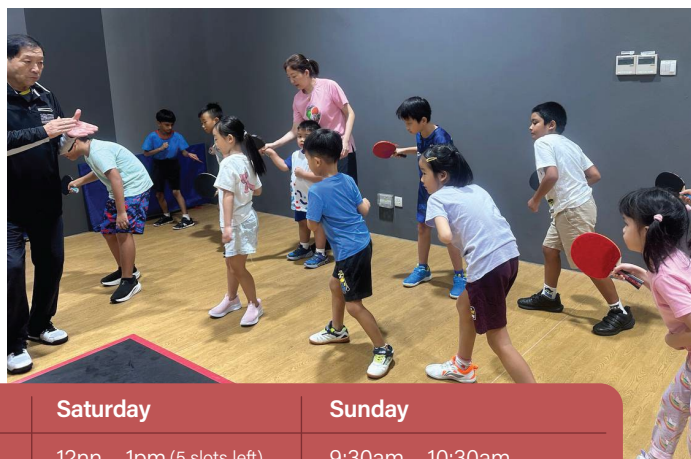


TABLE TENNIS

CSC-LJW Table Tennis Academy

The CSC-LJW Table Tennis Academy is dedicated to developing technical excellence and competitive skill among young table tennis players. Designed for children aged 4 to 14, the programme offers a structured pathway through Beginner, Intermediate, and Advanced levels — ensuring progress for every player.

Under the expert guidance of four-time Olympian and two-time Olympic medallist Li Jiawei and Head Coach Li Wanxiang, participants receive training that emphasises fundamental mastery and tactical understanding of the game.



Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday
3pm - 4pm 4pm - 5pm	3pm - 4pm 4pm - 5pm (5 slots left) 5pm - 6pm	3pm - 4pm 4pm - 5pm (Full) 5pm - 6:30pm	3pm - 4pm 4pm - 5pm (5 slots left) 5pm - 6pm	12nn - 1pm (5 slots left) 1pm - 2:30pm (5 slots left) 2:30pm - 3:30pm (Full) 3:30pm - 4:30pm (Full)	9:30am - 10:30am 10:30am - 11:30am (5 slots left) 11:30am - 12:30pm 1:30pm - 3pm 3pm - 4pm



Table Tennis Adult Group Training

Led by resident coach Kelvin, our adult training programme caters to players of all levels. Beginners will learn the rules and fundamentals of table tennis, while experienced players can further refine their skills and basic game techniques. Join us to improve your game in a friendly and supportive environment!

Fridays, 9am - 10:30am, 10:30am - 12noon
Table Tennis Room, SC (L3)

Member: \$163.50 per month | Non-Members: \$196.20 per month
Min. 4 pax; Max. 6 pax

The above fees are based on four sessions a month. If there is a lesson in the fifth week of the month, an additional fee will be charged. Non-members are required to pay a refundable one-month deposit.

TAEKWONDO

TAEKWONDO JUNIOR TRAINING PROGRAMME

More than just a martial art, taekwondo teaches valuable life skills.

Through structured training, your child will:

- Learn practical self-defence techniques
- Develop mental strength and ethical discipline
- Build self-confidence that extends beyond the training mat

Classes are led by Coach Nordon Lim, a highly respected instructor with over 40 years of coaching experience. As a member of the Singapore Taekwondo Federation Board of Examiners, Coach Lim brings unparalleled expertise, ensuring that every student trains under safe, certified, and professional guidance.

Tuesdays & Sundays
Multipurpose Room, Sports Complex (Level 2)

Poom/Dan: \$49.05

Colour Belt: \$65.40

Fees include 9% GST.

5 years and above

Members only



Belt	Day	Time
Foundation White F1 F2 F3 / White	Tuesday	4:45pm to 5:45pm
Foundation White F1 F2 F3 / White	Sunday	1pm to 2pm
Yellow	Sunday	2pm to 3pm
Green	Sunday	3pm to 4pm
Blue	Sunday	3pm to 4pm
Brown	Sunday	4pm to 5pm
Poom / Black	Sunday	5pm to 6pm

WATER POLO



Learn-to-Play Water Polo Programme

Saturdays, 6:15pm – 7:30pm

Beginners' Pool, SC (L1)

\$87.20 per month (Member)

\$130.80 per month (Non-Member)

6 to 12 years old

Participants must be able to swim Freestyle & Breaststroke properly for 2 x 25m laps independently and can tread water for at least one continuous minute.



Junior Water Polo Training Programme

Mondays, Wednesdays & Saturdays

6:15pm – 8:15pm

Fridays, 7:30pm – 9:30pm

Water Polo Pool, SC (L1)

\$163.50 per month (Member)

\$327.00 per month (Non-Member)

7 years old and above

Participants must be able to swim all four strokes properly for 4 x 50m laps continuously, tread water for at least 1.5 minutes continuously, and have basic ball sense.

All prices for the above programmes include 9% GST. Activities are subject to change. Registration for the activities will close when the maximum capacity is reached. For more information or to sign up, please visit our website, call **6885 0671**, or email sports@chineseswimmingclub.org.sg.

Flow into Fortune — Your 2026 Feng Shui & Astrology Insights

32 participants gathered on Saturday, 10 January, for the Flow into Fortune — Your 2026 Feng Shui & Astrology Insights by Joey Yap Pte Ltd. The session combined practical Feng Shui tips with forward-looking astrology, offering attendees actionable ideas to align their spaces and daily routines for the year ahead.



Chinese Calligraphy Workshop for Kids

On 31 January, members attended a calligraphy session in which they learned the basics of calligraphy, including how to hold the brush properly, and practised writing simple Chinese words. At the end of the session, participants took home their completed artwork to use as meaningful Chinese New Year decorations.



Line Dance Combined Classes Potluck

The Christmas Potluck for the combined Line Dance classes was held on 9 and 14 December, bringing members together for a joyful and festive celebration. Members enjoyed a delightful spread of home-made dishes and enjoyed quality time bonding beyond the dance floor. The sessions were filled with laughter, friendship, and Christmas cheer, making it a memorable year-end gathering for everyone.



Comedy Night

On 11 December, Chinese Swimming Club hosted its inaugural Comedy Night at 3Bars, proudly produced together with East Coast Comedy Club. The evening showcased an energetic lineup and a lively, relaxed atmosphere, enhanced by a snack platter and beer that kept the energy high throughout the night. Members and guests connected through laughter, creating a welcoming space that extended the club's warm sense of community beyond the pool.



Special thanks to the young adult subcommittee for spearheading this inaugural event, and to all members and guests who joined us — your warmth and participation made the evening truly special.



YOUNG ADULT



Keyboard Assembly Workshop

Build your very own mechanical keyboard from scratch in this hands-on workshop. Participants will select a barebone keyboard kit, switches, and keycaps from a curated collection to customise the look, feel and sound of their keyboard. With guidance from the experts, you will assemble the components, test each key, and leave with a fully functional custom keyboard.

Saturday, 6 June 2026

11:00am – 1:00pm

Multipurpose Room, Sports Complex (L2)



\$118.70 (Members)

\$124.70 (Guests)

Min. 5 pax to start; Max. 20 pax

or

Bring your own keyboard, keycap and switches

\$53.95 (Members)

\$59.95 (Guests)

No minimum age

Registration closes on 2 May 2026

Solo Latin Dance by Alvin Low

Learn a variety of Latin dances from Cha Cha, Salsa, Bachata, Samba, to Rumba at this introductory solo Latin dance class by instructor Alvin Low. Alvin has over 20 years of experience teaching Latin dance.



Wednesdays

12:30pm – 1:30pm

Multipurpose Room, SC (L2)

\$109.00 (Member) | \$135.16 (Guest)

8 sessions

Min. 8 pax

Chinese Calligraphy

Join us in the millennia-old practice of Chinese calligraphy! An interest group for seniors.

Mondays, 9am – 11am

Multipurpose Room, SC (L2)

\$16.35 per month (Member) | \$32.70 per month (Guest)

Chinese Brush Painting

Discover the timeless art of Chinese Brush Painting, where beauty lies not in exact likeness but in expressing the subject's inner spirit. Guided by graceful brushstrokes, this traditional art form combines technique, imagination, and mindfulness, inviting you to capture nature's essence and emotions on paper with elegance and depth.



Thursdays, 11am – 1pm

Multipurpose Room, SC (L2)

\$179.85 per month (Member) | \$212.55 per month (Guest)

The above fees are for four lessons per month.

EVERGREEN

Line Dance

Get moving, have fun, and learn exciting dance routines in our Line Dance Classes, which are open to beginners, beginner-intermediate and beginner-advanced dancers. No partner required – just bring your energy and enthusiasm!

Beginner

Sundays, 12noon – 1pm

Lattice Suite, RC (L3)

\$76.30 (Member) | \$130.80 (Guest)

10 sessions

Min. 10 pax

Beginner Intermediate

Tuesdays, 12:30pm – 1:45pm

Multipurpose Room, SC (L2)

\$89.93 (Member) | \$122.63 (Guest)

10 sessions

Min. 10 pax

Beginner Advanced

(with line dance background)

Tuesdays, 1:45pm – 3:15pm

Multipurpose Room, SC (L2)

\$106.28 (Member) | \$138.98 (Guest)

10 sessions

Min. 10 pax

Sundays, 1pm – 2:30pm

Lattice Suite, RC (L3)

\$106.28 (Member) | \$160.78 (Guest)

10 sessions

Min. 10 pax

Social Dance Nights

Sundays, 5 and 19 April

7pm – 10:30pm

Multipurpose Room, SC (L2)

\$9.81 (Member) | \$18.00 (Guest)



Slots are limited to the social dance nights. Confirmation is on a first-come, first-served basis. Dates are subject to change. Register online at our website under Fitness & Leisure – Dance.

Urban Gardening

Join our Urban Gardening interest group if you love nature! Enjoy cultivating your favourite plants and vegetables while reconnecting with nature and building a community with fellow plant enthusiasts.

Mondays, 9:30am

CSC Gardening Corner



EXERCISE

Get Fit & Have Fun!

Join our monthly exercise classes. Whether you want to stretch, flow, or groove, we've got something for everyone. These are some of the featured exercise classes we offer.

Scan to find out more



Exercise Schedule



Monday		Tuesday			
6:45pm – 7:45pm Pilates by Ong Beng Hwee	8pm – 9pm Pilates by Ong Beng Hwee	7pm – 8pm Pilates by Ong Beng Hwee			
Wednesday		Thursday			
7:30pm – 8:30pm Yang Style Taiji Quan by Ng Beng Chian (Beginners)	7:30pm – 8:30pm Jumping Fitness (Beginners)	8:30pm – 9:30pm Yang Style Taiji Quan by Ng Beng Chian (Advanced)	9:30am – 10:30am Pilates With Props by Ann Ho		
			8pm – 9pm Dynamic Barre Fusion by Ming		
Friday		Saturday		Sunday	
9am – 10am Dynamic Barre Fusion by Ming	11am – 12 noon Jumping Fitness (Gold)	9am – 10am Pilates by Ong Beng Hwee		8:15am – 9:15am Taiji Qigong by Leslie Wong	

KIDS & TEENS

Wushu Beginners

Wushu, or "military arts", is contemporary Chinese martial arts that blends performance and martial application. Under the systematic guidance of Coach Tex, participants will develop and build on their basic techniques and skills in this powerful yet graceful art.

Saturdays, 7pm – 8:30pm
Multipurpose Room, SC (L2)
Sundays, 9:30am – 11am
Lattice Suite, RC (L3)

\$163.50 (Member) | \$218.00 (Guest)
 4 sessions
 5 – 12 years old
 Min. 5 pax per class



Abacus & Mathematics

Spark your child's enthusiasm for numbers and give them a head start in mathematics through our fun and engaging Abacus & Mathematics classes. We use holistic teaching methods and hands-on learning to cultivate essential skills in your child beyond the classroom.

Give your child the confidence and skills to excel. Enrol them today!

Benefits of the Programme:

- Builds a Strong Mathematical Foundation
- Enhances Mental Calculation Skills
- Improves Concentration
- Increases Creativity

Wednesdays, 5pm – 6:30pm
Lattice Suite, RC (L3)

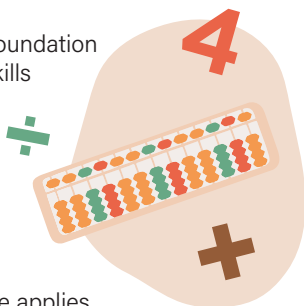
\$152.60 (Member) | \$174.40 (Guest)

4 sessions

An additional \$49.05 registration fee applies.

4 – 14 years old

Min. 5 pax, Max. 8 pax



International Chess Class

Is your child ready to embark on an exciting journey into the world of chess? Our beginners' chess workshop is the perfect starting point!

In this workshop, your child will learn the basic rules and strategies of chess. Our expert instructor, Buenaventura "Bong" Mendieta Villamayor will guide your child in learning the essential skills while having fun.

Tuesdays, 5:30pm – 6:30pm
Multipurpose Room, SC (L2)

\$389.38 (Member) | \$422.00 (Guest)

10 sessions

4 – 12 years old

Min. 6 pax



All prices include 9% GST. Activities are subject to change. Registration for the activities will close when the maximum capacity is reached. Please visit our website, call **6885 0654** or email lifestyle@chineseswimmingclub.org.sg for more information or to sign up.

MEMBERSHIP REFERRAL PROGRAMME

Refer your friends and family to join the
Club and be rewarded with

\$300

spending credits

Terms & Conditions:

- Credits apply to all Club spending except for subscription dues, F&B levy and spending at FIL Spa, and Fu Lin Men.
- The Club reserves the right to change the terms and conditions of this promotion without prior notice.

For more information, please contact the Membership
team at membership@chineseswimmingclub.org.sg
or call **6345 1221 / 6885 0652**.



OPERATING HOURS

ARRIVAL PAVILION

FRONT OFFICE RECEPTION

Daily 8:30am – 10pm

MINGLE@AMBER

Daily 8am – 8pm

LE 乐 PLAYROOM

Mon Closed

Tue-Sun 9am – 9pm

(The playroom will be closed on Tuesday if a public holiday falls on a Monday.)

SPORTS COMPLEX

SPORTS RECEPTION

Daily 7am – 10pm

3BARS

(Cease operations in late April 2026)

Fri-Wed 2pm – 11pm

Thu Closed

Band Performing Nights

Snapshots **Wed** 8pm – 10:30pm

Sat 8:30pm – 11pm

Puzzle Band **Fri** 8:30pm – 11pm

KARAOKE ROOM

Relocated to a common room at the Sports Complex (Level 3) due to upgrading works from 4 July.

Mon-Wed, Fri-Sun 2:30pm – 10:30pm

Thu Closed

If the eve of PH or PH falls on a

Thu 2:30pm – 10:30pm

No private booking

Only common room for walk-in members

Max. 6 pax

MAN ZHU CAFÉ

Mon-Thu 12 noon – 9:30pm

Fri & Eve of PH & PH 11:30am – 9:30pm

Sat & Sun 8:30am – 9:30pm

(Last order is 30 minutes before closing)

12 LANES BOWLING ALLEY

Mon-Thu 12 noon – 11pm

Fri & Eve of PH 12 noon – 1am

Sat & PH 10am – 1am

Sun 10am – 11pm

BEGINNERS' POOL

Daily 7am – 9pm

(Pool Closure for Swim Training)

Tue-Fri 3:30pm – 7pm

Sat 8:45am – 12:10pm

3pm – 7:30pm

Sun 8:45am – 12:10pm

3pm – 6pm

COMPETITION POOL

Daily 6am – 9pm

(Pool Closure for Swim Training)

Mon-Thu 5:30am – 7:45am

6:30am – 11am

(School holidays only)

Mon-Fri 3:30pm – 8pm

Tue-Thu 8pm – 9:30pm (4 lanes)

Sat 6:30am – 12:30pm

3:30pm – 7:45pm

7:30pm – 8:30pm (4 lanes)

Sun 6:30am – 12:30pm

KINGFISHER COVE

Daily 8am – 8pm

BADMINTON COURTS (+)

Daily 7am – 10pm

Peak Period

Mon-Fri 6pm – 10pm

Sat, Sun & PH Whole Day

(Court Closure For Club Team Training)

Mon & Fri 6pm – 10pm (4-7 Courts)

(Court Closure For Junior Training)

Mon-Fri (except Thu)

3pm – 5pm (6 Courts)

Tue 6pm – 9pm (3 Courts)

Wed 6pm – 8pm (3 Courts)

Thu 4pm – 6pm (6 Courts)

7pm – 9pm (3 Courts)

Sat 8am – 2pm (3-5 Courts)

6pm – 9pm (4 Courts)

Sun 12 noon – 5pm (3-7 Courts)

7pm – 9pm (3 Courts)

BASKETBALL COURT (+)

Daily 7am – 10pm

(Closure for Tennis Junior Programme)

Fri 5pm – 8pm

(Closure for Junior Training Programme)

Thu 5pm – 7pm

Sat 8am – 11am

Sun 8am – 11am

(Closure for Pickleball Section Training)

Mon 5:30pm – 10pm

Tue 7am – 10am

Wed 7pm – 10pm

Thu 7am – 10am

6:30pm – 10pm

BILLIARDS &

SNOOKER LOUNGE (+)

Mon-Thu, Sat, Sun, Eve of PH & PH

2pm – 10pm

Fri 2pm – 11pm

(Closure for Section Training)

Fri 6pm – 11pm

FLEX GYM

Mon-Fri 6:30am – 10pm

Sat & Sun 7am – 9pm

PH 7am – 8pm

SQUASH COURTS (+)

Daily 7am – 10pm

(Closure For Section Training, All Courts)

Mon 6pm – 10pm

Wed & Fri 7pm – 10pm

(Closure For Training Programmes)

Mon 4pm – 5pm (Court 1)

Wed 3pm – 5pm (Court 1)

Thu 4pm – 6pm (Courts 1 & 2)

Fri 3pm – 5pm (Court 1)

TABLE TENNIS ROOM (+)

Daily 7am – 10pm

(Closure For Section Training)

Mon 5pm – 7pm (2 Tables)

7pm – 10pm (4 Tables)

Tue 6pm – 10pm (4 Tables)

Thu 6pm – 10pm (4 Tables)

Fri 4pm – 5pm (1 Table)

5pm – 10pm (4 Tables)

(Closure for CSC-LJW Training)

Mon 3pm – 5pm (4 Tables)

Tue 3pm – 6pm (4 Tables)

Wed 3pm – 7pm (4 Tables)

Thu 3pm – 6pm (4 Tables)

Sat 12noon – 5pm (4 Tables)

Sun 9am – 4pm (4 Tables)

TENNIS COURTS (+)

Daily 7am – 10pm

(Closure For Section Training)

Mon 5pm – 8pm (2 Courts)

Wed 5pm – 8pm (3 Courts)

Sat 3pm – 8pm (3 Courts)

(Closure for Tennis Social Night)

Mon 8pm – 10pm (1 Court)

Wed 7pm – 10pm (1 Court)

(Closure for Junior Training)

Thu 4pm – 8pm (1 Court)

Fri 4pm – 9pm (2-3 Courts)

Sat 8am – 12 noon (1-2 Courts)

Sun 3pm – 8pm (2-3 Courts)

THE ASTRUM

(Formerly Recreation Complex)

SWIMMING POOL

Daily 6am – 9pm

(Closed for Swim Training)

Mon 3:45pm – 4:45pm (Lanes 5 to 8)

GAMES & RECREATION ROOM

Mon-Thu & Sun 1pm – 9pm

Fri, Sat & Eve of PH 1pm – 10pm

JOY LUCK COVE

Daily 10am – 11pm

NETWORK LOFT

Mon-Fri & Eve of PH

8am – 12 midnight

Sat, Sun & PH

8am – 11pm

Mon-Sat (excluding PH)

9am – 6pm (Manned Hours)

Closures for trainings are subject to change. +Bookings can be made online or at the Sports Desk up to 7 days in advance on a first-come, first-served basis.



CHINESE SWIMMING CLUB

21 & 34 Amber Road Singapore 439870

Tel: 6345 1221/6885 0688

Fax: 6345 7134

www.chineseswimmingclub.org.sg

 Chinese Swimming Club

 chineseswimmingclub

 chineseswimmingclub