

FREESTYLE

BI-MONTHLY MAGAZINE **MAY - JUN 2022**



Celebrating
**OUR MOMS
AND DADS**



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Opinions expressed need not necessarily represent those of the Club. The Club accepts no responsibility for the quality of goods or services advertised. All event information is accurate at time of print.

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CHINESE SWIMMING CLUB **MANAGEMENT COMMITTEE** 2022 / 2023



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Vice President (General)



Mr Jonathan Kuah
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Mr John Chew
Club Captain



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Member



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Member



Mr Peter See
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Ms Christine Koh
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Member



Mr Foo Choon Yeow
Member



Mr Ong Eng Keong
Member



A MESSAGE FROM THE **VICE PRESIDENT**

Dear members,

Thank you to all who made the time to attend our 107th Annual General Meeting on 24 April 2022, and my warmest welcome to our newly elected President, Mr Victor Chia, and the Management Committee of 2022/2023.

With the worst of the pandemic now behind us, I am looking forward to welcoming you all to an exciting summer at the Club – we've got a great lineup for the family that I know you will enjoy.

May and June are about celebrating the most important people in our lives – moms, dads, and all those who have served as parental figures to us. Show your appreciation to these individuals by treating them to something special this Mother's and Father's Days. From 6-8 May, Chef Yiu and his team will be preparing celebratory Mother's Day set platters replete with love. Dads are not to be forgotten – we've curated a special Father's Day menu fit for a king to honour the extraordinary men in your life.

Since its launch, I'm pleased to share that Mingle@Amber's expanded Grab & Go selection has been seeing steady support from our members and guests. Our new co-working space, Work@CSC, was unveiled on schedule at the Recreation Complex to numerous positive reviews. In a strong affirmation of its anticipated demand, all private offices were fully subscribed even before day one of operations. We are studying the possibilities of expanding the co-working facilities to cater to the strong demand from our membership.

Our Club's offerings continue to grow from strength to strength, and yet more concepts will be coming into

play in the ensuing months. We have now completed the transition to our new Club management system – a major step forward in CSC's digitalization efforts. With key processes now automated and streamlined, staff can shift their focus from manual administrative tasks to more value-added, member-facing services. Thank you for all your patience as we worked through the initial teething issues.

Before the close of this year, we expect to launch our new Club app that will not only improve member communications, but will also provide access to a host of services like facility and activity booking and F&B ordering under one convenient hub, so that acquiring Club services would be mere clicks away.

With the government's recent announcement of further easing of safe management measures, I am anticipating a return to our larger scale events and the resumption of more pre-COVID activities in the months ahead. Our teams are working hard on our 2022 calendar to ensure that you continue to enjoy the hallmark experiences of your CSC membership.

As always, my sincere appreciation to all our members for the continued support and patronage. I look forward to seeing you at the Club soon.

Peter Liew
Vice President (General)



CORPORATE MEMBESHIP

\$18,000 4 nominees

Sign up now to enjoy \$2,000
in spending credits

In the idyllic east of Singapore – a stone's throw away from the vibrant Katong district and peaceful shorelines of East Coast Park – lies the Chinese Swimming Club, a private social club boasting a comprehensive range of services and amenities amalgamating the best of tradition and modernity to offer membership beyond the ordinary.

With five dedicated swimming pools, myriad world-class sporting facilities, two gyms, spa and four dining establishments, the Club is an enclave where celebration, connection and community blossom. A grand ballroom, various event suites, and a slew of family-friendly and lifestyle activities round out the slate of offerings for all ages and occasions.

As a Corporate Member, nominees and their families enjoy the following benefits:

- Access to a wide array of Club facilities and activities at exclusive member rates
- 10% F&B discount on all corporate events held at the Club
- Over 50 reciprocal and affiliate clubs and hotels in the region

Please contact the Membership team at membership@chineseswimmingclub.org.sg or **6345 1221** for more information or to book a club tour.



WORK@CSC

BOOK YOUR HOT DESK WITH US

FLEXIBLE

Available hourly, daily or monthly

REFRESHING

Pantry with free-flow coffee and tea

CONDUCTIVE

Quiet and uninterrupted work or study

CONVENIENT

Various services available

HOT DESK RATES

1	Hourly	\$5
2	Day Pass	\$28
3	Monthly (Unlimited access)	\$250

**1-FOR-1
DAY PASS
PROMOTION!***

Valid from
15 May - 30 June
2022

*T&Cs apply

Complimentary

Discussion, Meeting Pods & Private Phone Booths | Tea & Coffee



Scan the QR code
to find out more.



Recreation Complex, Level 2



+65 6345 1221 ext 720 |



work@chineseswimmingclub.org.sg

CELEBRATING MOMS & DADS

Honour the most important men and women in your lives by treating mom and dad to scrumptious feasts and fun workshops this Mother's and Father's Days!

Mother's Day

SET DINNER

6 - 8 May 2022

- Hot & Sour Smoked Duck & Crabmeat Thick Soup
- Homemade Pork Belly Char Siew
- Baked Cod with Sweet & Sour Sauce
- Buttered Cereal & Oats Prawns
- Broccoli with Top Shell Abalone
- Fragrant Steamed Rice
- Osmanthus Flower Jelly

\$58.80 FOR 2

\$108.80 FOR 4

Daily dine-in/takeaway available @
Man Zhu Café from 6.00pm – 9.00pm



Complimentary
Carnation* for Mum!

**While stocks last*



Father's Day

SET DINNER
17 - 19 June 2022

- Szechuan Chicken & Crabmeat Thick Soup
- Braised Pork Knuckle with Mushrooms
- Steamed Cod with Superior Sauce
- Spinach with Mushrooms & Sea Scallops
- Prawns with Chilli Egg Sauce
- Fragrant Steamed Rice
- Guiling Gao

\$58.80 FOR 2

\$108.80 FOR 4

Daily dine-in/takeaway available @
Man Zhu Café from 6.00pm – 9.00pm



1 Complimentary
Teddy Bear* for Dad!

**While stocks last*



Photo for illustration purposes only.

LEATHER CRAFTING WORKSHOP

Thinking of gifting something practical yet meaningful this Father's Day? Join our leather making workshop and learn to handcraft a customized, expandable cardholder for dad! This workshop covers the basics of leather cutting and sewing and includes name or initial stamping.

Saturday, 11 June 2022

2.00pm – 4.30pm

Lattice Suite, RC (L3)

\$70 (Member) | \$85 (Guest)

18 years old & above (7 - 17 year-old participants require parental supervision at no additional charge)

Min. 5 pax; Max. 8 pax

Registration closes 3 June

Please visit our website, call 6885 0654
or email lifestyle@chineseswimmingclub.org.sg for more information or to sign up.

BEYOND THE CALL OF DUTY

The long-drawn pandemic may have made it more challenging for businesses to meet customer expectations in recent years, but that has hardly deterred our team members from going above and beyond their duties to deliver exceptional service and create positive experiences for our members and guests.

We are incredibly proud to celebrate our 22 Excellent Service Award (EXSA) 2021 recipients, who all made a lasting impact on the membership experience through their commitment to exemplary service. While they hail from various departments and are each tasked with different roles and responsibilities, they all share one common trait – that is, making a habit of consistently going the extra mile to exceed expectations; in so doing, they continue to elevate our service standards and define the CSC experience.

OUR HEARTIEST CONGRATULATIONS TO THE TEAM!

OUTSTANDING STAR AWARD

Kenny Chong
Man Zhu Café



STAR AWARD

Louis Goh	Man Zhu Café
Marcus Teo	Man Zhu Café
Sally Soh	Man Zhu Café
Lily Lim	Front Office

GOLD AWARD

Goh Jin Sen	Man Zhu Café
Stanley Tew	Man Zhu Café
Cheng Chek Ching	Man Zhu Café
Voon Ee Feng	Man Zhu Café

SILVER AWARD

Khor Chi Hao	Man Zhu Café
Alan Wong	Man Zhu Café
Bernard Ching	Front Office
Mong Chai Lin	Front Office
Ambarasi Karuppiah	Housekeeping
Cindy Lim	Housekeeping
Ken Siah	Property
Shuan Lee	Flex Gym
Rabaah Binte Bahari	Sports Desk
Ng Chye Moi	Sports Desk
Geline Chua	Sports Desk
Tan Wan Ling	Lifestyle
Lam Jick Sern	Lifestyle

Supported by Enterprise Singapore, EXSA is an annually conferred national award that recognizes individuals who have delivered outstanding service. To qualify for the awards, every one of our service champions was required to meet a set of criteria including receipt of customer compliments, attainment of service-related awards as well as a demonstrable service improvement mindset.



WORDS FROM OUR MEMBERS

"Man Zhu Café's Marcus Teo – extremely service-oriented guy. Greets cheerfully with a smile. He is very helpful and approachable whenever we have any queries. For the past few years, we are always delighted to see him around when we come here. Thank you!"

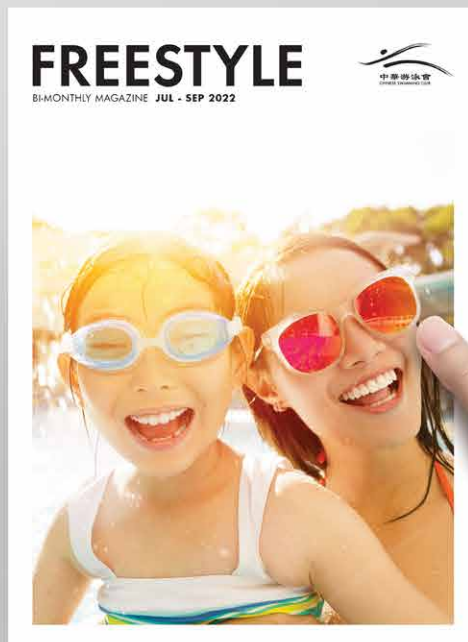
"I'll like to give my great compliments to staff Kenny and Louis. Even during peak hours when the service staff are stretched, Kenny is always very positive and full of energy. We as diners absolutely appreciate the promptness, enthusiasm and attentiveness. Other staff like Louis and Harold were also praiseworthy in their earnestness in serving the patrons. Please keep and encourage these staff as they make our dining experience very pleasant and keep us coming back for more. Do send them our greatest appreciation for their wonderful efforts and service that make us feel at home!"



FREESTYLE IS GOING QUARTERLY

Alongside our continual efforts to go green and in response to recent changes in how members consume Club news and information, we will be transitioning our bi-monthly publication *Freestyle* magazine to a quarterly print schedule, starting with the July 2022 issue. This means that members can expect to receive their digital or hardcopy *Freestyle* in July, October, January and April moving forward.

Our move from six to four issues a year doesn't mean less content – as we embrace a digital-first era, we will be putting more focus on our online platforms and digital initiatives to allow for timelier, more interactive and content-rich communication with our members. Stay tuned!



UPGRADING FOR EFFICIENCY

As part of our efforts to provide more efficient services while keeping up with technological developments, we're pleased to share that we have transitioned to a new Club management system.

This new integrated system automates and streamlines critical Club processes, conferring a suite of benefits to our staff including:

- Facilitating paperless operations
- Eradicating time-consuming administrative tasks
- Ensuring higher data accuracy
- Providing data analytics for informed decision-making

Approximately \$90,000 in Workpro Job Redesign grant was tapped to defray the upfront capital investment of this new platform. With the time saved on manual tasks, our team can now focus on providing more value-added services.

In the coming months, you can look forward to the launch of our new Club app, an extension of this new system that will offer a host of convenient functions like booking of facilities and training sessions, viewing of account statements and balances, transacting of e-vouchers, ordering of F&B services and more, at the touch of your mobile device.



NEW MENU ARRIVING

A menu refresh is coming your way soon! Chef Yiu and team have been getting creative with ingredients and are ready to pop some surprises on Man Zhu Café's tables this June – check our FB/IG pages or subscribe to our e-newsletter for a preview of what's to come. We'll be serving you soon!



CSC EXCLUSIVE BLEND: SUMEN-MALA

Coffee lovers delight – we are bringing our very own custom-designed coffee blend to Mingle@Amber!

After experimenting with different coffee profiles, acidity, body and aftertaste, we've crafted a unique roast exclusively for CSC members – brought to life by local roasters Tiong Hoe Specialty Coffee.

Sumen-Mala is a full City+ roast composed of specialty grade Indonesia Sumatra Mandheling and Guatemala La Providencia Arabica beans. In each cup, you'll enjoy a muted acidity of caramelized apples, hazelnuts and caramel sweetness, with a familiar dark chocolate-y aftertaste. Available only at Mingle@Amber in May and June.





Some things are better shared...

Perfect Afternoon Tea for 2

Fridays – Sundays
Man Zhu Café
3.00pm – 5.00pm



\$38.80
for Takeaway

Now with
a selection
of premium
TWG
teas

\$32.80 for 2 pax

High tea set includes:

- Mango, Crabmeat, Tobiko & Brioche Bun
- Smoked Salmon & Pistachio Cheese
- Tomato Bruschetta
- Baked Brie with Blueberry
- Opera Cake
- Raspberry Cake
- Crème Brûlée
- White Chocolate Brownie
- Macaroon Chocolate Ganache
- Dark Chocolate Tart
- Matcha Mousse
- Choice of refillable coffee/
TWG tea (London Breakfast,
Midnight Hour, Breakfast Earl
Grey, Marrakech Mint,
Genmaicha, Imperial Oolong,
Bain de Roses, Paris-Singapore &
Sweet French)

Prices are subject to GST.
Items are subject to change based on availability.



**man
zhu** 满足





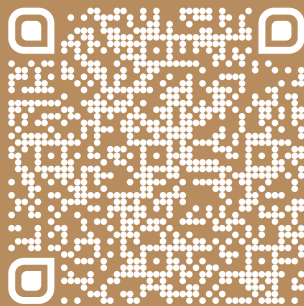
Ham Arrabbiata Pasta



Chicken & Porcini Mushroom Spaghetti

FUSS-FREE MEALS TO GO

Eating (deliciously) on the run is easy with our Grab & Go meal options – drop by Mingle@Amber to check our expanded selection of soups, sandwiches, pastas, salads and bakery items!



SCAN TO VIEW
FULL MENU



Rye Tabatiere & Tomato Rolls

Cream of Mushroom Soup

Chicken Macaroni Soup



May Specials

LV YOU

Matcha Powder, Yuzu & Lemon

\$5⁶⁰ Member | **\$7⁰⁰** Non-member

MIXED FRUIT JELLY CAKE

\$6⁵⁰ Member | **\$8¹⁰** Non-member

Featured Coffee Bean

Sumen-Mala by Tiong Hoe

Blend: 50% Indonesia Sumatra Mandheling

50% Guatemala La Providencia

Roast: Medium Dark

Taste: Earthy, Caramel, Dark Chocolate & Apple



Mingle
@AMBER

June Specials

COOL BEAN BERRIES **\$5⁶⁰** Member

Fresh Blueberries, Blueberry Purée & Yakult **\$7⁰⁰** Non-member

CIGAR CHOCOLATE CAKE

\$6⁰⁰ Member | **\$7⁵⁰** Non-member

FEATURED COFFEE BEAN

Sumen-Mala by Tiong Hoe

Blend: 50% Indonesia Sumatra Mandheling
50% Guatemala La Providencia

Roast: Medium Dark

Taste: Earthy, Caramel, Dark Chocolate & Apple



Mingle
@AMBER



May & June Specials

BAT MAN \$9
Gin, Yuzu & Soda

INDIANA ICED COFFEE \$12
Vodka, Tia Maria & Espresso

GUNNER \$6
Ginger Ale, Ginger Beer & Angostura

All prices are subject to GST.



June Iced Tea Specials

PEACH WHISKY ICED TEA \$10
Black Tea, Peach Syrup & Bourbon

LYCHEE MINT ICED TEA \$6
Black Tea, Lychee & Mint Syrup

All prices are subject to GST.



MAY WHISKY PROMOTION

**AUSTRALIAN WHISKY
STARWARD TWO-FOLD**

(DOUBLE GRAIN WHISKY)

\$78 PER BOTTLE

STARWARD NOVA

(SINGLE MALT WHISKY)

\$98 PER BOTTLE

All prices are subject to prevailing GST.

全新生日套餐 New Birthday Set

所有生日套餐均包括由我们厨师精心设计别竖一格的贺寿蟠桃。有关详情请即致电我们分店，给予你的至亲一个生日惊喜。

All our Birthday Set Menus include a special designed Beauteous Birthday Bun Platter. Don't be too late all us to know more about birthday celebration at Fu Lin Men, and surprise your beloved one on their birthdays!



Fu Lin Men
CANTONESE DINING

Tel: +65 6282 0810
Level 3, 21 Amber Road,
Chinese Swimming Club,
Singapore 439870



Scan the QR code
to view the set menu



JOIN OUR WINE & WHISKY CLUB

The Tippling Masters is an exclusive annual membership program that gives you access to exceptional bottles from exceptional vineyards and distillers, sans the hefty price tags.

As a member, you'll enjoy many benefits:

- 10% discount on all regular-priced wines and whiskies
- Complimentary cheese platter with every bottle purchase
- Early access to new or limited-edition releases
- Regular bottle sales
- Access to member-only events, classes and tastings with complimentary parking
- Free delivery with purchase of 6 or more bottles
- We'll even help you to celebrate your birthday with a treat!

\$50
per
annum

Join now and receive a welcome gift of your choice:

• Bottle of red wine OR • Bottle of whisky OR • \$50 F&B voucher

EXCLUSIVE FOR THE TIPLING MASTERS MEMBERS

\$28 per bottle

(Price exclusive of GST)

SAICHO HOJICHA TEA | SAICHO JASMINE TEA | SAICHO DARJEELING TEA

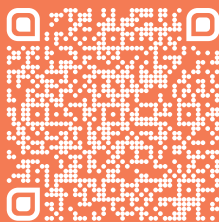


To sign up, call 6885 0697, Whatsapp 9615 4948, or email fnb_events@chineseswimmingclub.org.sg.



CSC DRIVE-THRU SERVICE

Skip the queue and get your favourite grub from
Man Zhu Café via drive-thru today!



HOW?

Visit our website or scan the QR code to view our full menu.

Lunch orders: 12.00pm – 2.00pm

Dinner orders: 6.00pm – 9.00pm

1 ORDER IN ADVANCE

 6885 0230  9642 2698

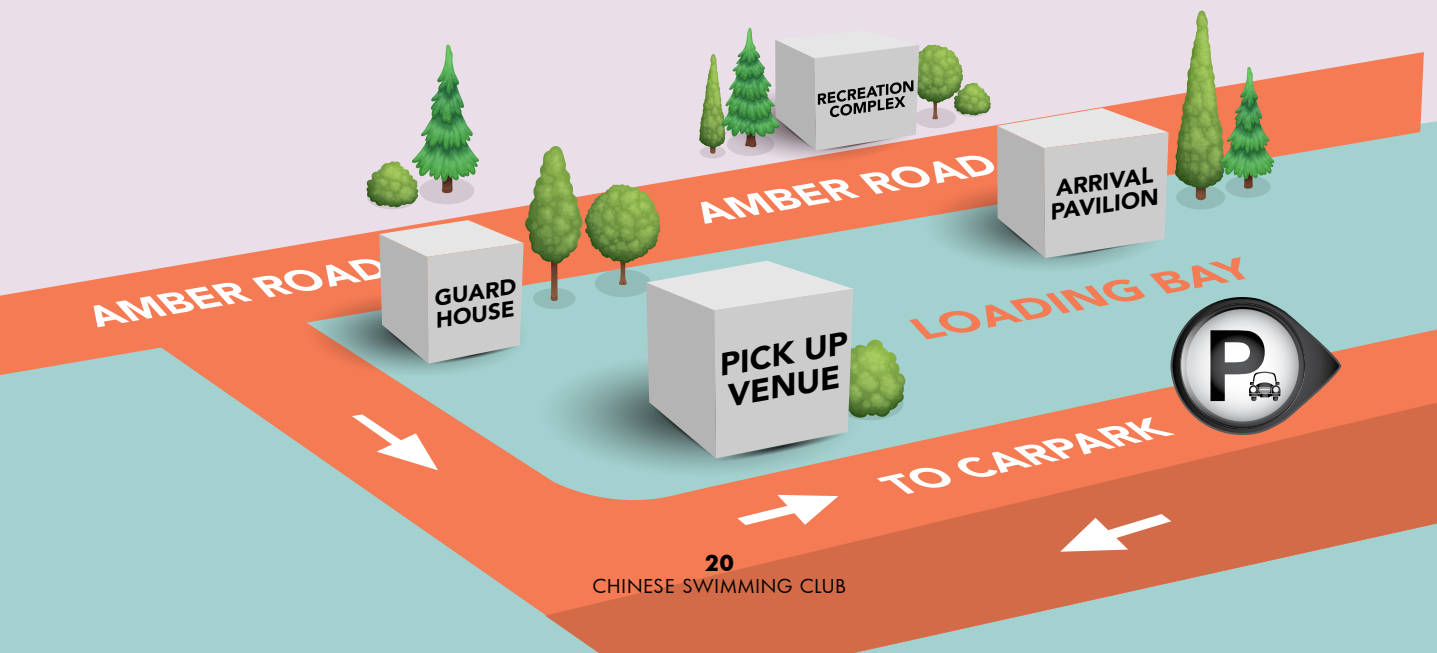
Place your order 30 minutes in advance and let us know your preferred collection time.

2 PAY

Charges will be billed to your account.

3 PICK UP AT YOUR CONVENIENCE!

Head down to our Loading Bay to pick up your items. Bon Appétit!



MEMBERSHIP REFERRAL PROGRAMME

Refer your friends and family to join the Club
and be rewarded with spending credits.

REFEREE
\$1,000



REFERRER
\$300

Terms & Conditions:

- Credits apply to all Club spending except for subscription dues, F&B levy and spending at FIL Spa, Fu Lin Men, The Dance Academy, and Cocoon Learning Centre.
- The Club reserves the right to change the terms and conditions of this promotion without prior notice.



CSC SPORTS: WINNING MOMENTS

Despite safe management disruptions, our coaches, administrators and staff have worked immensely hard to see our teams through numerous competitions and events these last months, while our trainees and athletes continue to excel in their respective sports. These winning moments showcase the talent, team spirit, and athletic perseverance of team CSC – we are incredibly proud of their achievements!

52ND LIBERTY INSURANCE SNAG 2022 (12 – 20 MAR)

Congratulations to our swimmers for their amazing performances and making the 'A' cut in their respective categories!

U14 NATIONAL RECORDS	
Reagan Cheng	100m Backstroke
ASIAN GAMES	
Mikkel Lee	50m Butterfly & 50m Freestyle
Ong Jung Yi	100m Butterfly
ASIAN YOUTH GAMES	
Joshua Lim Yong Jie	50m, 100m & 200m Breaststroke
Poh Wen Ee	50m Freestyle
OVERALL PERFORMANCE	
52nd SNAG Junior Sprint Series (8 – 12 years old)	16 CSC swimmers attained 1st place
	21 CSC swimmers attained 2nd place
	20 CSC swimmers attained 3rd place
52nd SNAG Major Games Qualifier (13 years old & above)	3 CSC swimmers attained 1st place
	8 CSC swimmers attained 2nd place
	7 CSC swimmers attained 3rd place



SYNCHRONIZED SWIMMING MINI SERIES 2022 (26 MAR)

Held at the United World College SEA, Dover, 10 of our synchronized swimmers competed in the Figures and Routine categories in this year's competition. Congratulations to Jing Ern Halley Teo for bagging a bronze medal in both the 8 years old & under and Figure categories.



FINSWIMMING

Our heartiest congratulations to Jordan Ong, who qualified for the 2021 Hanoi SEA Games to be held in Hanoi, Vietnam from 12 – 23 May 2022.



2022 ALFA LAS VEGAS 10 BALL OPEN (23 – 26 MAR)

Honorary member Aloysius Yapp pitted his skills against Wiktor Zielinski in the finals and put up an amazing fight to achieve second place among 192 participants.



3RD CSC JUNIOR TENNIS TOURNAMENT (18 – 19 MAR)

UNDER 10

Champion: Brian Hartono
1st Runner-up: Justin Ng
Joint 2nd Runners-up: Kyler Lee & Jenico Edwards

UNDER 12

Champion: Jonathan Tjandra
1st Runner-up: Ryan Tang
Joint 2nd Runners-up: Jake Ng & Skyte Matthews



U10 Champion, Brian Hartono (M)



U12 Champion, Jonathan Tjandra (R)

SINGAPORE TENNIS ASSOCIATION (STA) INTER-CLUB LEAGUE

UNDER 10

Junior Team Champions:

- Brian James Hartono
- Malcolm Foo
- Joshiah Tjandra Chen
- Ng Jian Kai Justin

UNDER 12

Junior Team Champions:

- Jonathan Tjandra
- Ng Yi Kai Jake
- Teo Jen Rong Jordan
- Jude Ng Shen Wei



U10 Junior Team



U12 Junior Team

STTA NATIONAL 'B' DIVISION CHAMPIONSHIPS 2022 (2 – 6 MAR)

MEN'S DOUBLES

Champions:

Darren Loy Meng Hean & Yap Heng Kai

Joint 3rd Place:

Andrew Tan Ann Jee & Teammate

Joint 3rd Place:

Seth Han Xiang Chou & Wee Jun Han



Men's Doubles Champions Darren Loy Meng Hean & Yap Heng Kai with STTA President Ellen Lee



(L- R) Wee Jun Han, Darren Loy, Seth Han & Yap Heng Kai

WORLD TABLE TENNIS SINGAPORE SMASH COMMUNITY PROGRAMME (MAR 2022)

SMASH ZONE CHALLENGE NEWBIE CATEGORY

Champion: Jeremy Fong



SMASH ZONE CHALLENGE VETERAN CATEGORY

2nd Place: Eric Fong, Gloria Belandres, Maybel Ang & Joel Tan



Joel Tan & Gloria Belandres

CSC ANNUAL IN-HOUSE TABLE TENNIS TOURNAMENT 2022 (26 – 27 MAR)

UNDER 12 SINGLES

Champion: Sie Lay Yin

1st Runner-up: Jeremy Fong

Joint 2nd Runners-up: Bryan Kok & Sie Cai Yin

OPEN SINGLES

Champion: Eric Fong

1st Runner-up: Kelvin Toh

Joint 2nd Runners-up: Joel Tan & Marcus Tan

OPEN DOUBLES

Champion: Eric Fong & Kelvin Toh

1st Runners-up: Timothy Lim & Yap Kian Hann

Joint 2nd Runners-up: Ben Lee & Joel Tan and
Louis Gan & Marcus Tan



U12 Singles Winners Sie Cai Yin, Bryan Kok, Jeremy Fong & Sie Lay Yin with Table Tennis Sub-Committee member, Marcus Tan



Open Singles Winners Marcus Tan, Eric Fong, Joel Tan & Kelvin Toh with Table Tennis Sub-Committee member, Kris Teo

BADMINTON

BADMINTON JUNE HOLIDAYS BEGINNERS CAMP

Monday to Friday, 20 – 24 June

\$125 (Member) | \$175 (Guest)

6 – 16 years old

Min. 6 pax; Max. 24 pax

Registration closes 9 May

BASKETBALL

CSC – LJE SPORTS JUNIOR BASKETBALL HOLIDAY CAMP

In this training camp, children will reap the benefits of improved hand-eye coordination, cardiovascular conditioning, agility and endurance. Participants will also learn about respect and teamwork as they interact with one another in this team sport. Sign up fast, limited slots available!

Monday – Wednesday, 30 May – 1 June

6 – 8 years old | 8.00am – 10.00am

9 – 12 years old | 10.15am – 12.15pm

\$257.01 (Member) | \$271.03 (Guest)

6 – 12 years old

Registration will close upon reaching maximum capacity



CSC-LJE SPORTS JUNIOR BASKETBALL TRAINING

A joint programme between CSC and LJE Sports, our basketball training programme aims to inculcate in players basic basketball skills and knowledge. Sessions will cover ball handling, footwork, shooting and conditioning drills.

Juniors (6 – 14 years old)

Thursdays, 4.15pm – 5.30pm & 5.45pm – 7.00pm

Saturdays, 8.00am – 9.15am & 9.30am – 10.45am

Sundays, 8.00am – 9.15am & 9.30am – 10.45am

Teens/Adults (14 – 35 years old)

Saturdays, 6.00pm – 7.15pm

\$110 (Member) | \$180 (Guest)

Fees are based on 4 sessions a month. For months with a fifth week, additional lesson will be billed accordingly. Guests are required to pay a refundable 1-month deposit.



BOWLING

BOWLING LEARN-TO-PLAY FOR KIDS

Saturdays, 10.00am – 11.00am

12 Lanes, SC (L1)

\$120* (Member) | \$160* (Guest) per month (4 classes)

7 – 9 years old

JUNIOR BOWLERS

Saturdays, 2.00pm – 3.30pm

12 Lanes, SC (L1)

\$120* (Member) | \$160* (Guest) per month (4 classes)

7 – 12 years old

Basic bowling skills required

DEVELOPMENT BOWLERS

Saturdays, 3.40pm – 5.10pm

12 Lanes, SC (L1)

\$120* (Member) | \$160* (Guest) per month (4 classes)

10 years old & above

*Fees are inclusive of lane and bowling shoe rental

PRIVATE COACHING

\$80 per hour per trainee

Up to 4 trainees per group

*Lane fees will be paid at the 12 Lanes counter

All prices are subject to 7% GST. Please visit our website, call **68850671** or email **sports@chineseswimmingclub.org.sg** for more information or to sign up.



CONTRACT BRIDGE

INTRODUCTION TO THE GAME OF BRIDGE

Playing bridge develops and improves logical thinking, long and short-term memory and problem-solving skills.

Module 1: Introduction to Contract Bridge for Social Players

Module 2: Preparing Social Players for Duplicate Bridge Tournaments

Wednesdays, 2.30pm – 5.00pm

Module 1: 4, 11, 18 & 25 May | 1 & 8 June

Module 2: 22 & 29 June | 6, 13, 20 & 27 July

Multipurpose Room, SC, (L2)

Min. 8 pax; Max. 16 pax

\$72 (Member) | \$120 (Guest) per module (inclusive of Guest fees)

SQUASH

FUN SQUASH FOR ADULTS, YOUTHS & CHILDREN

Thursday, 2, 9, 16 or 23 June

10.00am – 12.00pm

\$80 (Member) | \$93 (Guest)

Min. 3 pax; Max. 10 pax

Children & Youth: 7 – 19 years old

Adults: 20 years old & above

SQUASH YOUTH DEVELOPMENT PROGRAMME (BEGINNERS/INTERMEDIATE) BY ZAINAL ABIDIN ELITE SQUASH ACADEMY

Saturdays, 4.00pm – 6.00pm

Sundays, 1.00pm – 3.00pm

\$218.69 per month x 3 months (Member)

\$242.99 per month x 3 months (Guest)

7 – 19 years old

Min. 3 pax

12 sessions per term

SQUASH ADULT GROUP TRAINING PROGRAMME (BEGINNERS/INTERMEDIATE) BY ZAINAL ABIDIN ELITE SQUASH ACADEMY

Sundays, 3.00pm – 5.00pm

\$230 per month x 3 months (Member)

\$260 per month x 3 months (Guest)

20 years old & above

Min. 3 pax

12 sessions per term



TABLE TENNIS

CSC-JTA TABLE TENNIS HOLIDAY TRAINING CAMP

Our fun and engaging holiday camps are the perfect platform for players to pick up various skills and tactics in table tennis, with coaching adjusted based on playing ability.

Monday – Thursday, 13 – 16 June

\$160 (Member) | \$240 (Guest)

4 – 14 years old

GRADE	DAILY TRAINING TIME
Beginner	8.00am – 10.00am
Beginner	10.15am – 12.15pm
Intermediate/ Youth Team	1.00pm – 3.00pm

Registration will close upon reaching maximum capacity

All prices are subject to 7% GST. Please visit our website, call **68850671** or email **sports@chineseswimmingclub.org.sg** for more information or to sign up.

CSC-JTA TABLE TENNIS ACADEMY

The CSC-JTA Table Tennis Academy aims to create interest, impart knowledge, and groom and nurture talented young players to strive for excellence in table tennis. This training programme is for kids aged 4 and above and consists of beginner, intermediate and advanced levels. To find out how you can give your child a good start in the sport, call **6885 0671** or email **sports@chineseswimmingclub.org.sg**.

TABLE TENNIS ADULT GROUP TRAINING

Under resident coach Kelvin, our adult training program will teach beginners the fundamentals of table tennis, while veterans will further hone their skills and basic game techniques.

Tuesdays, 9.00am – 10.30am

\$150 per month (Member) | \$180 per month (Guest)
Min. 4 pax; Max. 6 pax

Fees are based on 4 sessions a month. For months with a fifth week, additional lesson will be billed accordingly.

TAEKWONDO

TAEKWONDO JUNIOR TRAINING PROGRAMME

More than just kicking and punching, our training programme instils the fundamentals of discipline and self-confidence into all aspects of your child's daily life. Sign up for a free trial!

Sundays

Activity Suite, SC (L3)

\$45 per month (Colour Belt)

\$35 per month (Poom/Black Belt)

Members only

BELT	TIME
Foundation White F1 F2 F3/White	1.00pm to 2.00pm
Yellow	2.00pm to 3.00pm
Green	3.00pm to 4.00pm
Blue	3.00pm to 4.00pm
Brown	4.00pm to 5.00pm
Poom/Black	5.00pm to 6.00pm



TENNIS

4TH CSC JUNIOR TENNIS TOURNAMENT

The CSC Junior Tennis Tournament allows aspiring young players to up their games and pit their skills against one another.

Sunday to Tuesday, 12 – 14 June

8.00am – 3.00pm

\$20 per player

Categories: Under 10 & Under 12

Registration closes 3 May

WATER POLO

JUNIOR WATER POLO TRAINING PROGRAMME

Mondays, Wednesdays & Saturdays, 6.15pm – 8.15pm

Fridays, 7.30pm – 9.30pm

\$95 per month (Member) / \$132.50* per month (Guest)

9 years old & above

Participants must be able to swim 4 x 50m laps continuously

FLIPPA BALL PROGRAMME

Saturdays, 6.15pm – 7.30pm

Beginners' Pool, SC (L1)

\$50 per month (Member) / \$75* per month (Guest)

6 – 12 years old

Participants must be able to swim 2 x 25m laps independently

*Price includes guest fee

All prices are subject to 7% GST. Please visit our website, call **68850671** or email **sports@chineseswimmingclub.org.sg** for more information or to sign up.

CSC FUN WALK & JOG

Kick off the weekends on a healthy note with a 4km fun run at East Coast Park! Enjoy scenic sunset views and relish in the greenery as you get your endorphins pumping with fellow CSC members.

**Bi-weekly Fridays,
6.30pm @ Arrival Pavilion**

**6 & 20 May
3 & 17 June
1 & 15 July
5 & 19 August
2 & 16 September**

\$10 F&B Vouchers will be awarded for every 4 sessions attended in 2022, while stocks last!

**To sign up for our WhatsApp group chat,
email your name, account number and contact number
to Sports@chineseswimmingclub.org.sg**

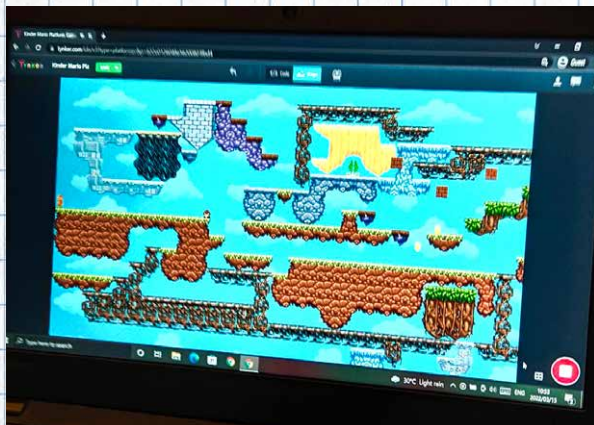




MARCH SCHOOL HOLIDAY FUN

School's out, fun's in! Kiddos maxed out their term breaks by picking up new cognitive and physical skills through a series of fun-filled workshops.

TYNKER GAME DESIGN (13 & 14 MARCH)



LEGO ROBOTICS WITH LEGO MINDSTORM (16 & 17 MARCH)



STREET JAZZ & HIP HOP (17 MARCH)



DANCE

LATIN/STANDARD BALLROOM DANCE (ALL LEVELS) – 8 SESSIONS

Fridays, commencing 20 May
Mondays, commencing 13 June
8.30pm – 9.30pm

Activity Suite, SC (L3)
 \$75 (Member) | \$99 (Guest)
 Min. 4 pax



LINE DANCE (BEGINNER INTERMEDIATE) – 10 SESSIONS

Tuesdays, commencing 24 May
12.45pm – 1.45pm

Activity Suite, SC (L3)
 \$70 (Member) | \$100 (Guest)
 Min. 10 pax

LINE DANCE (BEGINNER ADVANCED) – 10 SESSIONS

Sundays, commencing 29 May
1.30pm – 2.45pm
 Multipurpose Room, SC (L2)
 \$82.50 (Member) | \$132.50 (Guest)
 Min. 10 pax

Tuesdays, commencing 10 May
2.00pm – 3.30pm
 Activity Suite, SC (L3)
 \$97.50 (Member) | \$127.50 (Guest)
 Min. 10 pax

LINE DANCE (BEGINNER) – 10 SESSIONS

Sundays, commencing 29 May
12.00pm – 1.15pm
 Multipurpose Room, SC (L2)
 \$82.50 (Member) | \$132.50 (Guest)
 Min. 10 pax

LINE DANCE (ADVANCED) – 10 SESSIONS

Sundays, commencing 29 May
3.00pm – 4.30pm
 Multipurpose Room, SC (L2)
 \$97.50 (Member) | \$147.50 (Guest)
 Min. 10 pax

SOLO LATIN DANCE FOR LADIES – 8 SESSIONS

Wednesdays, commencing 1 June

3.00pm – 4.00pm
 Activity Suite, SC (L3)
 \$100 (Member) | \$124 (Guest)
 Min. 8 pax

EXERCISE

AQUA AEROBICS

Join us for a 60-minute moderately intense class with a focus on resistance and stretching. Exercising in water is gentle on the body, joints and muscles. It improves blood circulation, builds muscle strength, flexibility and cardiovascular fitness. Limited slots available – sign up now!

Tuesdays, 7.30pm – 8.30pm
Thursdays, 9.00am – 10.00am



YANG STYLE TAIJI QUAN (BEGINNER)

Taiji training integrates slow, intentional movements with breathing cognitive skills. This strengthens, relaxes and integrates the physical body and mind, enhancing the natural flow of Qi for improved health and self-defence.

Tuesdays, 8.00pm – 9.30pm

TAIJI QIGONG

Sundays, 8.00am – 9.00am

KPOP X FITNESS BY ANGELYN

Mondays, 11.00am – 11.50am
Thursdays, 12.00pm – 12.50pm

MUAY THAI BY ABDUR RAHMAN

Sundays, 9.30am – 10.30am

HIIT BY ABDUR RAHMAN

Sundays, 10.45am – 11.45am

All prices are subject to 7% GST. Please visit our website, call **68850654** or email **lifestyle@chineseswimmingclub.org.sg** for more information or to sign up.

EXERCISE FLEXI-PASS

Fitness enthusiasts rejoice! Our Exercise Flexi-Pass is a pre-paid package that gives you the flexibility to choose from a variety of exercise classes for a flat fee so you can make the most out of your membership. Simply book your next workout session online.

10 GROUP FITNESS CLASSES @ \$150

- Each Flexi-Pass is valid for 3 months and provides access to all our classes – Muay Thai, Yoga, Barre, Pilates, Zumba, K-pop Fitness, and more
- Classes can be booked 90 days in advance up until class commencement date



Instructor Ming (top of photo)

DYNAMIC BARRE FUSION

Get ready to work up a sweat with experienced group fitness trainer Ming! Fusing elements of Barre, Pilates, Aerobics, Cardio and HIIT, this total body workout incorporating elastic bands, dumbbells and other props is guaranteed to raise your energy levels and keep you fighting fit.

Thursdays | 8.00pm – 9.00pm

Fridays | 9.00am – 10.00am

Saturdays | 10.00am – 11.00am & 3.15pm – 4.15pm

**Please visit our website to view our full
group exercise class offerings and class schedules.**

For more information, call 6885 0654 or email lifestyle@chineseswimmingclub.org.sg.

Terms & Conditions apply.



ZUMBA FITNESS

Wednesdays, 8.15pm – 9.15pm (BY JADE FU)

Fridays, 10.45am – 11.45am (BY JADE FU)

PILATES BY MEHA JAIN

Tuesdays, 9.00am – 10.00am

GENTLE YOGA BY ROSE LIE

Tuesdays, 10.15am – 11.15am

Fridays, 9.30am – 10.30am

HATHA YOGA BY JEYENTI

Mondays & Fridays, 6.30pm – 7.45pm

MINDFUL GENTLE YOGA BY JESS

Tuesdays, 8.00am – 9.15am

Saturdays, 11.15am – 12.30pm

PILATES BY ONG BENG HWEE

Mondays, 8.00pm – 9.00pm

Tuesdays, 6.45pm – 7.45pm

LEISURE

CHINESE CALLIGRAPHY

Mondays

9.00am – 11.00am

Multipurpose Room, SC (L2)

\$15 (Member) | \$30 (Guest) per month

CHINESE BRUSH PAINTING

Thursdays

10.00am – 12.00pm

Multipurpose Room, SC (L2)

\$115 (Member) | \$145 (Guest) per month



YOUTH & KIDS

CHILDREN'S BALLET – 8 SESSIONS

Beginners 1 (3-4 years old)

Mondays | 4.45pm – 5.45pm

Saturdays | 9.15am – 10.15am

\$112 (Member) | \$152 (Guest)

Beginners 2 (5-6 years old)

Saturdays | 8.00am – 9.00am

\$152 (Member) | \$192 (Guest)

Primary (5-6 years old)

Saturdays | 10.30am – 12.30pm

\$304 (Member) | \$384 (Guest)

Grade 1

Saturdays | 12.45pm – 1.45pm

\$208 (Member) | \$248 (Guest)

Grade 2

Mondays | 2.30pm – 4.30pm

\$448 (Member) | \$528 (Guest)

Grade 3

Fridays | 3.00pm – 5.00pm

\$448 (Member) | \$528 (Guest)

Grade 5

Fridays | 5.15pm – 7.15pm

\$448 (Member) | \$528 (Guest)

Multipurpose Room, SC (L2)

Timeslots are subject to availability. Please check with us for new term dates.

WUSHU (BEGINNERS) – 4 SESSIONS

Fridays, commencing 27 May

5.00pm – 6.00pm

7.00pm – 8.00pm

8.15pm – 9.15pm

Lattice Suite, RC (L3)

Saturdays, commencing 28 May

7.00pm – 8.00pm

Multipurpose Room, SC (L2)

Sundays, commencing 12 June

9.30am – 10.30am

Activity Suite, SC (L3)

WUSHU (INTERMEDIATE) – 4 SESSIONS

Sundays, commencing 12 June

10.45am – 11.45am

Activity Suite, SC (L3)

\$100 (Member) | \$150 (Guest)

5 – 12 years old

Min. 5 pax

All prices are subject to 7% GST. Please visit our website, call **68850654** or email **lifestyle@chineseswimmingclub.org.sg** for more information or to sign up.

JUNE SCHOOL HOLIDAY WORKSHOPS

INTERIOR DESIGN WORKSHOP FOR KIDS 2 SESSIONS

This workshop will enable your kids to immerse themselves in the creative world of interior design and architecture through hands-on activities such as identifying space, objects and artifacts as well as experimenting with colours, light, texture and shadows to create their own unique model home.

Thursday & Friday, 2 & 3 June

9.00am – 1.00pm

Lattice Suite, RC (L3)

\$225 (Member) | \$241 (Guest)

7 – 12 years old

Min. 5 pax

Registration closes 26 May

All materials will be provided. Project delivery is subject to learning pace.

RHYTHMIC GYMNASTIC WORKSHOP FOR KIDS

Combining various elements such as dance, gymnastics and calisthenics as well as the use of basic apparatus like balls, ropes and ribbons, this workshop will allow your child to increase his/her muscle strength, endurance, flexibility and agility while improving concentration levels.

Thursdays, 2, 9, 16 & 23 June

3 – 5 years old | 1.30pm – 2.30pm

6 – 9 years old | 2.45pm – 3.45pm

Activity Suite, SC (L3)

\$112 (Member) | \$132 (Guest)

Min. 6 pax

Registration closes 26 May



BROWNIE POP WORKSHOP

Pop brownies are fun-sized and super convenient to eat without leaving any mess. They can also be decorated in multiple ways to suit any theme. Learn how to make and decorate 6 different flavours of pop brownies from scratch! You'll practise baking the brownies, making your own chocolate ganache, and coating and decorating them.

Tuesday, 7 & 14 June 2022

2.00pm – 4.30pm

Multipurpose Room, SC (L2)

\$35 (Member) | \$48 (Guest)

5 – 12 years old

Min. 5 pax; Max. 8 pax

Registration closes 30 May



PUNCH NEEDLE WORKSHOP

Experience a modern take on the traditional craft of punch needle embroidery! Learn the fundamentals and create highly textured decor and coaster works to bring home.

Wednesday, 8 June 2022

2.30pm – 5.30pm

Lattice Suite, RC (L3)

\$63 (Member) | \$76 (Guest)

10 – 14 years old

Min. 5 pax; Max. 8 pax

Registration closes 30 May

All prices are subject to 7% GST. Please visit our website, call **68850654** or email **lifestyle@chineseswimmingclub.org.sg** for more information or to sign up.



PIZZA MAKING WORKSHOP FOR KIDS (HANDS-ON)

Let your child experience the art of pizza-making. This workshop will cover the basics of dough proofing as well as preparation of ingredients for a customised pizza. Children will get to take home their tasty creations!

Thursday, 9 June

2.00pm – 5.00pm

Multipurpose Room, SC (L2)

\$55 (Member) | \$68 (Guest)

9 – 12 years old

Min. 5 pax

Registration closes 2 June

HANDCRAFTED COASTERS WORKSHOP

Let your imagination run wild and create your own terrazzo flakes by mixing coloured pigments of your choice. Select from a variety of coasters incorporating reusable waste such as used coffee grounds and plastic.

Sunday, 12 June 2022

5.00pm – 6.30pm

Multipurpose Room, SC (L2)

\$60 (Member) | \$75 (Guest)

7 – 12 years old

Min. 5 pax; Max. 6 pax

Registration closes 3 June



MODULAR OBJECT DESIGN: MAKE A LAMP

Learn how to use modular elements and patterns from everyday objects to customize your own unique lamp. Children will be instilled with the skills to recognize opportunities and possibilities in creating, even with banal everyday objects, and to think out-of-the-box when presented with a challenge.

Thursday, 16 June 2022

2.30pm – 5.00pm

Lattice Suite, RC (L3)

\$80 (Member) | \$93 (Guest)

7 – 14 years old

Min. 5 pax; Max. 12 pax

Registration closes 5 June



CUSTOM BEARBRICK WORKSHOP

Bearbricks have become one of the most recognizable and sought-after characters in the world. Experiment with different paints, crystals, ornaments and other accessories to customise your own Bearbrick, with guidance from our instructor. All materials will be provided.

Thursday, 23 June 2022

2.00pm – 3.30pm

Multipurpose Room, SC (L2)

\$65 (Member) | \$78 (Guest)

5 – 12 years old

Min. 5 pax; Max. 8 pax

Registration closes 9 June

All prices are subject to 7% GST. Please visit our website, call **68850654** or email **lifestyle@chineseswimmingclub.org.sg** for more information or to sign up.

JUNE HOLIDAYS

D-AH-NCE

Explore Your Rhythm!



8933 1519

**SLOTS FOR
JUNE HOLIDAY
PROGRAM
NOW OPEN!**

**WEEKLY CLASSES
DAY CAMPS
INTENSIVE TRAINING**

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THEDANCESPORTACADEMY.COM



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HELP US SAVE THE
ENVIRONMENT BY
SWITCHING TO
E-FREESTYLE

As part of our club-wide sustainability efforts, we encourage all members to switch to e-copies of Freestyle magazine. Simply email your name and membership number to marketing@chineseswimmingclub.org.sg and we will remove you from our hardcopy mailing list. Browsing hardcopies will still be available at the Front Desk for your reading pleasure!

Let's all play our part to Go Green!



CONTACT US

CLUB MAIN LINE

6345 1221 or 6885 0688

GENERAL FEEDBACK

feedback@
chineseswimmingclub.org.sg

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Content & Digital Marketing

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Corporate Golf Booking/
Affiliates/Reciprocal
Arrangements
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chineseswimmingclub.org.sg

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6885 0652/656/657/
membership@
chineseswimmingclub.org.sg

FINANCE

Statement of Accounts/
Overdue Subscriptions
Payment
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chineseswimmingclub.org.sg

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LIFESTYLE ENQUIRIES

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chineseswimmingclub.org.sg

FITNESS INSTRUCTORS

6345 1221 ext. 749/CSC_
Flex@chineseswimmingclub.
org.sg

SPORTS RECEPTION

Booking of Sports Facilities
/6885 0677
Booking of Bowling Lanes
/6345 1221 ext. 745

REGIONAL NETWORK

Your CSC membership has its privileges – connecting you to a network of more than 50 clubs and hotels across the region.

One of the many benefits enjoyed by CSC members is access privileges to an expansive network of reciprocal clubs, affiliate clubs and hotels both in Singapore and internationally. Be it for business or pleasure, our partner clubs and hotels are ready to welcome you with a host of amenities including dining, golf, sports, event hosting and even overnight accommodation.

Please visit our website or scan the QR code to view the full list of clubs and hotels. We are regularly updating our list so make sure to check back often. For more information, email reception@chineseswimmingclub.org.sg or call **6885 0688**.



OPERATING HOURS

ARRIVAL PAVILION
FRONT OFFICE RECEPTION
Daily 8.30am to 10.00pm

MINGLE@AMBER
Daily 8.00am to 8.00pm

SPORTS COMPLEX
SPORTS RECEPTION
Daily 7.00am to 10.00pm

MAN ZHU CAFÉ
Mon to Thu
12.00pm to 9.30pm
Fri & Eve of PH & PH
11.30am to 9.30pm
Sat & Sun
8.30am to 9.30pm
(Last order is 30 minutes before closing)

12 LANES BOWLING ALLEY
Mon to Thu
12.00pm to 11.00pm
Fri & Eve of PH
12.00pm to 1.00am
Sat & PH
10.00am to 1.00am
Sun 10.00am to 11.00pm

BEGINNERS' POOL
Daily 7.00am to 9.00pm
Pool Closure for Swim Training
Mon 2.30pm to 5.20pm
Tue to Fri 2.00pm to 6.00pm
Sat 8.30am to 7.30pm
Sun 8.30am to 12.30pm

COMPETITION POOL
Daily 6.00am to 9.00pm
Pool Closure for Swim Training
Mon, Wed & Fri 5.30am to 7.30am
Mon to Fri 3.30pm to 8.15pm
Sat 6.45am to 12.15pm
& 3.45pm to 6.15pm
Sun 7.30am to 12.15pm

GREAT BUBBLE REEF
(FUN POOL)
Daily 10.00am to 8.00pm

BADMINTON COURTS (+)
Daily 7.00am to 10.00pm
Closure For Club Team Training
Mon & Fri
6.00pm to 10.00pm (6 Courts)
Closure For Junior Training
Mon to Wed & Fri
3.00pm to 5.00pm (6 Courts)
Tue 6.00pm to 9.00pm (3 Courts)
Thu 4.00pm to 6.00pm (2 Courts)
Sat 8.00am to 2.00pm (3-5 Courts)
& 6.00pm to 9.00pm (4 Courts)
Sun 12.00pm to 5.00pm (3-7 Courts)

BASKETBALL COURT (+)
Daily 7.00am to 10.00pm
Closure for Tennis Junior Programme
Fri 5.00pm to 8.00pm
Sun 5.00pm to 7.00pm
Closure for Junior Training
Thu 4.00pm to 6.00pm
Sat & Sun 8.00am to 11.00am

BILLIARDS & SNOOKER LOUNGE (+)
Daily 2.00pm to 10.00pm
Closure for Section Training
Fri 6.00pm to 10.00pm

FLEX GYM
Mon to Fri 6.30am to 10.00pm
Sat & Sun 7.00am to 9.00pm
PH 7.00am to 8.00pm

SQUASH COURTS (+)
Daily 7.00am to 10.00pm
Closure For Section Training (All Courts)
Mon, Wed & Fri 7.00pm to 10.00pm
Closure for Training Programmes (All Courts)
Sat 4.00pm to 6.00pm
Sun 3.00pm to 5.00pm

TABLE TENNIS ROOM (+)
Daily 7.00am to 10.00pm
Closure for Section Training
Mon 5.00pm to 10.00pm (4 Tables)
Tue 6.00pm to 9.00pm (4 Tables)
9.00pm to 10.00pm (3 Tables)
Thu 6.00pm to 10.00pm (4 Tables)
Fri 5.00pm to 9.00pm (4 Tables)
9.00pm to 10.00pm (3 Tables)
Closure for CSC-JTA Training
Mon 3.00pm to 5.00pm (3 Tables)
Tue 3.00pm to 6.00pm (2 Tables)
Wed 3.00pm to 7.00pm (2 Tables)
Thu 3.00pm to 6.00pm (2 Tables)
Sat 10.00am to 12.00pm
& 1.00pm to 6.00pm (2 Tables)
Sun 10.00am to 4.00pm (2 Tables)

TENNIS COURTS (+)
Daily 7.00am to 10.00pm
Closure For Section Training
Mon 5.00pm to 8.00pm (2 Courts)
Wed 5.00pm to 8.00pm (3 Courts)
Sat 3.00pm to 8.00pm (3 Courts)
Closure for Junior Training
Fri 4.00pm to 9.00pm (2-3 Courts)
Sat 8.00am to 12.00pm
(1-2 Courts)
Sun 3.00pm to 8.00pm
(2-3 Courts)

RECREATION COMPLEX
3 BARS
Daily 12.00pm to 11.00pm

SWIMMING POOL
Daily 6.00am to 9.00pm
Closure for Swim Training (Lanes 5 to 8)
Wed 5.15pm to 7.15pm
Thu 3.45pm to 5.45pm
Fri 5.30pm to 7.30pm

GAMES & RECREATION ROOM
Mon to Thu & Sun
1.00pm to 9.00pm
Fri, Sat & Eve of PH
1.00pm to 10.00pm

JOY LUCK COVE
Mon to Sun 10.00am to 11.00pm

+ Bookings can be made at the Sports Reception up to seven days in advance on a first-come, first-served basis. There shall be no advance booking on Sundays.



CHINESE SWIMMING CLUB

21 & 34 Amber Road Singapore 439870

Tel: 6345 1221/6885 0688

Fax: 6345 7134

www.chineseswimmingclub.org.sg

 Chinese Swimming Club
 chineseswimmingclub