

FREESTYLE



OCT - DEC 2025

CHRISTMAS

MERRY

AND
HAPPY NEW YEAR!



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IN THIS ISSUE

OCT TO DEC 2025

CAPTAIN'S MESSAGE	04
CLUB NEWS & UPDATES	05
YEAR-END HOLIDAY PROGRAMME	07
FESTIVE BITES, SIPS & HAPPENINGS	09
F&B	12 F&B Promotions
PAST EVENTS	16
SPORTS	19 Post-Event Highlights Upcoming Events
LIFESTYLE	36 Post-Event Highlights Upcoming Events
OUR SUSTAINABILITY JOURNEY	40
CONTACT US	42
OPERATING HOURS	43



"Freestyle" is a quarterly publication by CHINESE SWIMMING CLUB.

Opinions expressed need not necessarily represent those of the Club. The Club accepts no responsibility for the quality of goods or services advertised. All event information is accurate at time of print.

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MDDI (P) 045/07/2025



A MESSAGE FROM THE CAPTAIN

Dear Members,

The past few months at Chinese Swimming Club have been nothing short of exciting, with events and activities planned and executed to make the club more fun and inclusive for members.

On that note, I am pleased to inform you that the Recreation Complex Alteration & Addition (A&A) works, which started on 18 June, will last nine months and end by early Q2 2026. As you would recall, the S\$9 million upgrading of the recreation complex is a key pillar of our Vision 2050. We also closed the Fun Pool, on 1 July to create a water play area that all children—and grandchildren—of our members will find fun and exciting. This will be ready by early January 2026.

All said, we eagerly anticipate welcoming you to enjoy the refreshed and revamped facilities once the work is completed. You can read more about the upgrading project on page 5.

In July, our swimmers and water polo players took part in the World Aquatics Championships. Beyond the competition, the club hosted nine international swimming and water polo teams from Belgium, Egypt, Finland, Hungary, Iceland, Kenya, Mexico, Norway, and Sweden for meet-and-greet sessions and swimming and water polo clinics to inspire and motivate our young members. Our masters swimmers and water polo players also made waves at the World Aquatics Masters Championships in July and August, showing that the sporting spirit knows no age.

Adding to the momentum, seven of our young swimmers represented Singapore at the World Juniors Swimming Championships 2025, held from 19 to 24 August in Otopeni, Romania. Competing against some of the world's best juniors, they displayed resilience and determination and achieved a total of six personal best times. In June, 56 of our swimmers made significant contributions to Team Singapore's success at the 47th SEA Age Group Aquatics Championships, chalking up 35 medals that accounted for 43% of Team Singapore's overall medal tally.

On land, we successfully concluded the 18th CSC-Daikin Age Group Badminton (Invitational) Tournament from 7 to 14 September. The tournament is into its 18th year and continues to grow from strength to strength. This year, it smashed another record with over 1,300 entries. Our vision is for this competition to

serve as a national and regional launchpad for aspiring badminton players, and we look forward to organising an even bigger and better tournament next year.

Beyond sports, we are proud to embark on a new chapter of our club's green journey with the launch of the Sustainability Corner, located at the Arrival Pavilion. Each month, we will highlight an environmental topic to promote awareness and encourage action within our community. Our inaugural feature talks about the implications of carbon tax for the club—do read more about it on page 40.

The year-end holiday programmes promise to be especially exciting, with a dance camp and a series of sports camps designed to keep our young ones active, engaged, and learning new skills during the school holidays. Not forgetting the adults, we are delighted to present our very first Comedy Night on 5 December, which promises to be an evening of laughter and entertainment.

To round off the year, we invite you to gather with friends and family for our Oktoberfest buffet on 10 October, and to soak in the fun at our Halloween Party on 24 October. Both events are for all ages and designed to fill you with festive cheer.

Members can also look forward to indulgent festive buffets and takeaways, seasonal goodies for sale and our much-anticipated Christmas Light-Up on 14 November, which will set the stage for the club's joyous holiday season.

As another year closes, I am happy to report that 2025 has brought us another year closer to our vision: To be recognized as a premier city and country club offering a total range of excellent facilities and services.

I look forward to seeing many of you in the club, whether at training sessions, social events, or festive celebrations. Thank you for your support and for being an integral part of Chinese Swimming Club. Let us continue to work together to achieve our vision.

Warm regards,

A handwritten signature in black ink, appearing to read 'Dick Lee'. The signature is stylized and fluid.

Dick Lee
Captain
Chinese Swimming Club

Project Progress Update: Upgrading of Recreation Complex & Great Bubble Reef (Fun Pool)



As part of the Club's commitment to regular member communications, we are pleased to update members on the ongoing upgrading works at the Recreation Complex and Great Bubble Reef (Fun Pool), following the \$9 million enhancement project approved at the 109th AGM.

Recreation Complex (RC) Upgrading Works

The RC Alteration & Addition (A&A) works officially commenced on **18 June 2025** and will span a period of approximately 9 months. Since then, several major milestones have been achieved:

- **Mobilisation & Demolition:** The contractor, YNY, took possession of Level 3 in mid-June, with hoarding and demolition works progressively carried out at the dance studio, former 3Bars, KTV rooms, and the Level 1 lobby.
- **Permit Clearances:** Key regulatory approvals from BCA and LTA were secured to enable structural works, including those within the Railway Protection Zone.
- **Design and Safety Enhancements:** The Management Committee approved the appointment of Somerville to supply and install new kitchen equipment at the upcoming restaurant. Additional safety upgrades, such as new emergency escape stairs and the reinstatement of cavity barriers to comply with SCDF fire regulations, were also directed.
- **Work Coordination:** We are actively monitoring progress through weekly progress meetings with consultants, including Spark and Bluetec. While some submissions (e.g., shop drawings) were delayed, YNY has responded to feedback to get back on schedule.

Great Bubble Reef (Fun Pool) Revamp

The contractor, Men'spool, has been appointed to undertake the upgrading, which will introduce:



- A more vibrant and family-friendly poolscape
- Enhanced aesthetics and new play features to elevate the recreational experience

The revamped Fun Pool is targeted to reopen by **early January 2026**, barring unforeseen delays.

What Members Can Expect

During this period, you may encounter noise, hoarding, and restricted access to certain areas within the Recreation Complex. The Club seeks your kind understanding and patience, as we continue this transformative journey to deliver a revitalised and more vibrant social and sporting environment.

We remain committed to minimising disruptions and will continue to keep you updated through regular communications.

If you have any questions about the upgrading works, please contact us at feedback@chineseswimmingclub.org.sg.

Thank you once again for your continued support.

LED Lights Installation at the Badminton Hall

The installation of new LED lights at the Badminton Hall was completed on 12 July, giving our players a brighter, more energy-efficient playing environment to enjoy their game. We welcome all members to come down, rally with friends, and experience the difference for yourself. Book your courts today and smash your way to fun and fitness!



Bring Your Own Container, Enjoy a Sweet Treat

We are excited to introduce another sustainability initiative. Starting August 2025, we encourage all Man Zhu Café diners to go green:

- ✔ Bring your own reusable container
- ✔ Spend a minimum of \$15
- ✔ Receive a complimentary dessert of the day on us!

A \$0.30 fee will be charged for each takeaway container. Small efforts make a big difference. Let's reduce single-use packaging together!



Issuance of Complimentary Car Park Passes

Please note the issuance of complimentary car park passes, as specified in the Club's bye-laws.

Clause 11: Complimentary car park passes are only issued to members whose vehicles are registered with the Club and under repair with proof of a service report chit.

Skip the Queue — Update Your Vehicle Details with Ease

Too busy to visit Chinese Swimming Club in person to update your vehicle's IU/OBU number? Good news! You can now submit your application conveniently via email! Simply scan the QR code to download the form.

Please fill out the form and email it back to us at reception@chineseswimmingclub.org.sg.

We will process your application within one to two working days and inform you via email once your information has been updated in our system. The changes will take effect on the day after you receive our confirmation.

Scan the QR code to download the form.



Spice Up Your Day at Chan's Kitchen

Opened on 11 July, Chan's Kitchen invites our members to savour the bold, fiery flavours of authentic Szechuan cuisine. From mouth-numbing mala stir-fries to a variety of flavourful noodle dishes, every bite is a perfect balance of heat, aroma and taste.

Opening Hours: 12 noon to 3pm, 5pm to 9pm
Closed every Monday (from 2 October)
Man Zhu Alfresco

Chongqing Diced Chicken with Dried Chilli
重庆辣子鸡





Minced Meat Dumpling in Sour and Spicy Stock
红油龙抄手





Noodle Soup with Sliced Fish and Pickled Mustard Greens
酸菜鱼汤米线

Year-End Holiday Programmes

ADVENTURE @ BEDOK RESERVOIR

Get ready for an exciting outdoor adventure this year-end at Bedok Reservoir! Join us for a fun-filled camp packed with high elements and nature exploration — perfect for kids eager to experience the great outdoors.

Spaces are limited! Secure your spot today for a memorable holiday filled with action, friendship and adventure.

Saturday, 22 November 2025
Reporting Time and Venue: 8am,
Chinese Swimming Club

\$74.12 (Member) | \$85.12 (Guest)

7–12 years old

Min/ Max. 20 pax

Closing Date: Thursday, 30 October 2025



BASKETBALL

CSC-LJE SPORTS YEAR-END HOLIDAY BASKETBALL CAMP

Enrol your child in this training camp, where they will learn about the value of respect and teamwork as they interact with other kids in this team sport. Sign up fast, as slots are limited.

Monday – Wednesday, 8 – 10 December 2025
8am – 10am

Basketball Court, SC (Rooftop)

\$280.13 (Member) | \$295.39 (Non-Member)

6–12 years old

Beginners

The above fee is for three training days.

SQUASH

CSC-ULTIMATE SQUASHER YEAR-END HOLIDAY SQUASH CAMP

You will learn:

- Introduction to squash foundation skills
- General squash rules
- Hand, eye and foot coordination skills
- Footwork and movement efficiency

Monday – Wednesday, 15 – 17 December 2025
10am – 12 noon

Squash Courts, SC (L3)

\$211.57 (Member) | \$239.69 (Non-Member)

Min. 3 pax, Max. 8 pax per 2-hour timeslot

6–15 years old

Suitable for levels 1 & 2 beginners

The above fee is for three training days.

BOWLING

CHINESE SWIMMING CLUB BOWLING ACADEMY COE PROGRAMME

HOLIDAY TRIAL (2026 INTAKE)

Join our Chinese Swimming Club Bowling Academy COE Programme holiday trial and discover the sport with professional coaching! Endorsed by the Singapore Bowling Federation, this programme offers a structured pathway for young bowlers (ages 10–18), guiding them from foundational skills to potential progression into the national development squad.

Saturday, 13, 20, or 27 December 2025

11am – 12noon, 1pm – 2pm, 2pm – 3pm

12 Lanes Bowling Alley, SC

\$32.70 per 1-hour trial session

Eligibility: 7 years old & above

Registration Closing Date: Friday, 5 December 2025

Special Holiday Promo

Sign up for a minimum of 8 lessons after the trial and receive a FREE pair of bowling shoes worth \$55!



TABLE TENNIS

CSC-LJW YEAR END HOLIDAY TABLE TENNIS CAMP

Our holiday camps are the perfect platform for players to pick up various skills and tactics in table tennis, with coaching adjusted based on playing ability. The emphasis is on fun and engagement for the participants during the camp.

Monday – Thursday, 8 – 11 December 2025

12:30pm – 2:30pm

Table Tennis Room, SC (L3)

\$209.28 (Member) | \$313.92 (Non-Member)

4–14 years old

The above fee is for four training days.



HOLIDAY CHESS CAMP

Immerse your child in the world of strategy, critical thinking, and fun with our holiday chess camp. This exciting holiday initiative is designed to provide children of all skill levels with a unique and engaging chess experience. Whether your child is a beginner or an aspiring grandmaster, our programme offers a blend of learning, practice, and friendly competition.

Beginner

Monday – Thursday, 8 – 11 December 2025

9am – 11am

Lattice Suite, RC (L3)

\$327.00 (Member) | \$343.35 (Non-Member)

5–12 years old

Min. 6 pax

Intermediate

Monday – Thursday, 8 – 11 December 2025

11am – 1pm

Lattice Suite, RC (L3)

\$327.00 (Member), \$343.35 (Non-Member)

5–12 years old

Min. 6 pax



WUSHU CAMP

Unleash your child's inner warrior this holiday with our exciting 3-day wushu camp! Perfect for beginners, the camp introduces children to the dynamic art of Chinese martial arts through fun and structured training.

With experienced instructors guiding them, kids will not only pick up new skills but also gain fitness, agility, and mental resilience, all while having fun with new friends!

Monday – Wednesday, 1 – 3 December 2025

10am – 5pm

Lattice Suite, RC (L3)

\$272.50 (Member) | \$327.00 (Non-Member)

Lunch included

5–16 years old

Min. 8 pax

All prices include 9% GST. Activities are subject to change. Registration for the activities will close when the maximum capacity is reached. For more information or to sign up, please visit our website, call **6885 0671/6885 0654**, or email **sports@chineseswimmingclub.org.sg** or **lifestyle@chineseswimmingclub.org.sg**.

OKTOBERFEAST: BEER, BITES & BAVARIAN DELIGHTS

Raise your steins and celebrate Oktoberfest with lively tunes by the two-piece band, d'easton Ritmo! Indulge in a hearty buffet spread featuring crackling pork knuckle, juicy beer brats, golden pretzels, tangy sauerkraut and more. Pair it all with ice-cold beer for the ultimate Oktoberfest feast.



Food | Beer | Live Band | Popcorn

Friday, 10 October 2025

6pm to 9.30pm

Man Zhu Café

BUFFET WITH TWO BEERS

\$58.80 (Member) | \$68.80 (Non-Member)

BUFFET WITHOUT BEER

\$48.80 (Member) | \$58.80 (Non-Member)

\$28.80 (Child 6–12 years old)

For reservations or enquiries, please call 6885 0230 or email manzhu@chineseswimmingclub.org.sg.

Terms & Conditions apply.

Halloween Party

Friday, 24 October 2025
6.30pm



Get ready for a spook-tacular Halloween Party for kids and the whole family! Enjoy frightfully fun activities, creepy crafts, eerie games and tasty treats. Dress in your best costume and join us for a ghoulishly good time filled with laughter, thrills, and Halloween magic!

Details will drop soon on our website and socials. Stay tuned, you won't want to miss this!

Find out more





CHRISTMAS

Light-Up

Friday, 14 November 2025
6pm – 8pm
Arrival Pavilion

Find out more




TIS THE SEASON FOR FEASTING AND FESTIVITIES

This December, the club will be filled with festive cheer, delicious feasts and merry activities for everyone to enjoy. Indulge in our **Festive Buffet Dinner** every Friday or gather your loved ones for a lavish **Christmas Eve Buffet Dinner** and **Christmas Day Buffet Brunch**. Enjoy the Chef's Specialty, Roasted Turkey and Gammon Ham, from Monday to Thursday, only at Man Zhu Café.

Festive Buffet Dinner (\$34.80 adults, \$15.80 child). Available in December, every Friday, from 6pm – 9pm.

Christmas Eve Buffet Dinner (\$58.80 adults, \$26.80 child). Available on 24 December, from 5.30pm – 9.30pm.

Christmas Day Buffet Brunch (\$44.80 adult, \$18.80 child). Available on 25 December, from 11.30am – 2.30pm.



Roasted Turkey and Gammon Ham (\$20.80). Available in December, Mondays – Thursdays, from 6pm – 9pm.



Bring the joy of Christmas home with Man Zhu Café's **Christmas Roast Takeaway**. From the classic Traditional Roast Turkey with chestnut stuffing and cranberry sauce to indulgent cuts like Champagne Gammon Ham, Premium Iberico Ham, Black Pepper Ribeye Roast Beef, Roast Bone-in Leg of Lamb, German Pork Knuckle and Honey Roasted Pork Ribs—there's something to delight every festive table.

Complete your celebration with seasonal goodies including assorted Christmas cookies, ginger spice cookies, rich fruit cakes, and our signature Black Forest and Blueberry Cheese Log Cakes.

Over at Mingle@Amber, sip on a refreshing Christmas Freeze (yuzu & passionfruit with sprinkles) or treat yourself to a decadent Carbon Black Cocoa Cake.

Order the Christmas Roast Takeaway at <https://www.chineseswimmingclub.org.sg/promotions/>. Pre-orders begin in 3 November. Final order date is 9 December before 3pm. Self-collection is available from 15 to 24 December.

Black Forest Log Cake (\$58), **Blueberry Cheese Log Cake** (\$58). Pre-orders begin in November. Self-collection is available from 1 December. Available for sale at the cake counter from 1 December at Man Zhu Café.



Christmas Freeze (\$6.24 member, \$7.80 non-member), **Carbon Black Cocoa Cake** (\$6 member, \$7.20 non-member). Available in December.



FESTIVE BITES, SIPS & HAPPENINGS

Assorted Christmas Cookies (\$10.90), Ginger Spice Cookies (\$4.90), Rich Fruit Cake (\$30.50). Available for sale from 24 November to 25 December at Man Zhu Café.



Awaken your senses with our Alliance Relish Coffee Beans – a balanced brew with cane sugar sweetness, delicate floral and tropical fruit notes, bright acidity, and a lingering hint of milk chocolate. Available in November and December.



Raise a glass to celebration with these premium whisky offers:



Johnnie Walker XR21 (\$198 per bottle, \$388 for two bottles). Purchase two bottles and enjoy an exclusive dinner in January 2026.



Singleton 15 Years (\$148), **Singleton 18 Years** (\$188). Receive a \$20 F&B voucher with every bottle purchased.



Chivas Royal Salute 21 (\$228 per bottle, \$448 for two bottles). Purchase two bottles and enjoy an instant \$60 rebate.



Enjoy these special deals in November and December and make your year-end gatherings truly memorable.



Deck the halls with your own handmade wreath! Join our festive Christmas wreath-making workshop and craft a stunning piece to bring holiday cheer home.

Christmas Wreath-Making

Saturday, 6 December 2025

4pm to 6pm

Lattice Suite, RC (L3)

\$106.82 (Member) | \$117.72 (Non-Member)

Min. 10 pax

Closing date: Friday, 21 November 2025

Email lifestyle@chineseswimmingclub.org.sg to sign up.



SAVOUR OCTOBER'S FLAVOURS

Indulge in hearty favourites this month, from Crackling Pork Knuckle with Beer Brats to our **International Buffet Dinner** every Friday, featuring delights like Baked Prawns with Herb Butter, Beef Striploin, and Mac & Cheese at Man Zhu Café.



International Buffet Dinner (\$34.80 adult, \$15.80 child).
Available every Friday (except 10 October), from 6pm – 9pm.



Crackling Pork Knuckle with Beer Brats (\$18.80).
Available on Mondays – Thursdays, from 6pm – 9pm.

Sip on the spooky-sweet Pinky Hellowin – a wickedly fun mix of strawberry purée, grape syrup, Pokka tea, and lemon, topped with blueberry and strawberry garnish. Pair your meal with a slice of Spiced Pumpkin Cake for the perfect autumn treat at Mingle@Amber.

Pinky Hellowin (\$6.24 member, \$7.80 non-member), **Spiced Pumpkin Cake** (\$6 member, \$7.20 non-member).



F&B PROMOTIONS

Whisky lovers, enjoy special sales on Glenfiddich 12 Sherry Cask and Glenfiddich 15 Solera. Purchase any two bottles to qualify for an exclusive Glenfiddich Buffet Dinner*. Also explore the Amahagan World Malt Whisky range: Edition 1 Bourbon Cask Finish, Edition 2 Red Wine Wood Finish, Edition 3 Mizunara Wood Finish.



*Date of dinner TBC.



Glenfiddich 12 Sherry Cask (\$128 per bottle, \$248 for two bottles) and Glenfiddich 15 Solera (\$148 per bottle, \$288 for two bottles).



Amahagan World Malt Whisky range: Edition 1 Bourbon Cask Finish (\$148 per bottle), Edition 2 Red Wine Wood Finish (\$158 per bottle), Edition 3 Mizunara Wood Finish (\$168 per bottle).

TASTE THE BEST OF NOVEMBER AT THE CLUB!

This month, savour our **Chef's Specialty** – Lamb T-Bone, grilled to perfection for a hearty indulgence. Every Friday, enjoy our Japanese Buffet with favourites like Baked Scallop with Creamy Cheese, Takoyaki, and Chicken Karaage with Egg Mayo.



Japanese Buffet Dinner (\$35.80 adult, \$15.80 child). Available every Friday from 6pm – 9pm.



Lamb T-Bone (\$24). Available on Mondays – Thursdays, from 6pm – 9pm.



F&B PROMOTIONS

Celebrate the season at our **Thanksgiving Buffet Brunch**, featuring Baked Salmon Florentine, Roasted Beef Striploin, and Butterscotch Crème Brulee – a feast to be grateful for!



Thanksgiving Buffet Brunch (\$42.80 adult, \$16.80 child).
23 November from 11.30am – 2.30pm.

Sip on the refreshing Pine Milky, a tropical mix of pineapple purée, mango purée, milk, and vanilla, topped with whipped cream and pineapple slice. End your meal on a sweet note with our Apricot Tarte.



Pine Milky (\$6.24 member, \$7.80 non-member),
Apricot Tarte (\$6 member, \$7.20 non-member).

MINI ORIENTAL BUFFET, BIG FLAVOURS

Enjoy our delicious **Mini Oriental Buffet** for just \$10.80 nett, including a choice of tea or coffee for lunch, or \$12.80 nett with our dessert of the day for dinner. Indulge in favourites such as curry chicken, crispy nam yu pork belly, bee hoon, and more.

Order any of our dim sum items and enjoy a cup of tea, coffee, or soft drinks for only \$1. Don't miss out—come and get your hearty meal today at 3Bars. Available from October to December 2025.





Refer a friend now
& be rewarded with

\$300

Spending Credits*!



Three simple steps to earn your rewards



Step 1:

Invite your friends to join the Chinese Swimming Club
(Ordinary/Associate Membership)



Step 2:

Email your friend's details to
membership@chineseswimmingclub.org.sg or call 6885 0652



Step 3:

Once your friend's membership is confirmed, both will be rewarded
with the spending credits. You'll get \$300^, and they'll get \$1000^!

Terms & Conditions:

- Spending credits apply to all spending except for subscription dues, F&B levy and spending at FIL Spa and Fu Lin Men.
- ^\$300 and \$1000 will be in spending credits
- The Club reserves the right to change the terms and conditions of the promotion without prior notice.

Auchentoshan Whisky Night X 3Bars Opening Night

On 4 July, members gathered to celebrate the reopening of 3Bars at its new temporary home (formerly Activity Suite) in the Sports Complex with an evening of fine whisky, great company, and irresistible deals.

The night coincided with Auchentoshan Whisky Night, where members who purchased a bottle enjoyed a complimentary buffet.

Members also indulged in \$6 nett drink specials, including Tiger Mug, Erdinger Mug, Robert Mondavi Cabernet Sauvignon, Robert Mondavi Chardonnay, Singapore Gin, and Ballantine's Finest — making it a night to toast and remember.



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Platinum Sponsor for the 18th CSC-Daikin Age Group Badminton (Invitational) Tournament

CELEBRATE WITH CHINESE SWIMMING CLUB



2025 Durian-licious Party

As part of our Celebrate SG60 with Chinese Swimming Club festivities, 90 members gathered for our annual Durian-licious Party on 19 July and indulged in the king of fruits to their heart's content. From creamy bites to satisfied smiles, it was truly a night of delightful indulgence. A big thank you to all members who joined us. You made the afternoon extra flavourful!



SG60 Family Fun

On 2 August 2025, Chinese Swimming Club turned back the clock to celebrate Singapore's 60th birthday with a day of nostalgic fun for the whole family!

From air clay durian craft and DIY pre-waxed batik painting to traditional games like five stones, pick-up sticks, and country erasers, members of all ages enjoyed a lively throwback to the good old days. The F&B booth kept the kampung spirit alive, serving kopi-O, old-school snacks, candy floss and more.

It was a heartwarming morning of laughter, creativity and community, as families came together to relive cherished memories and create new ones.





Staff Appreciation Night 2025

On 25 August, our Staff Appreciation Night brought the entire team together for an evening of fun, laughter and camaraderie. The night was filled with exciting activities, including a long service award presentation, lively games, a best dressed competition, and a talent showcase where our talented staff wowed everyone with their singing and dance performances.

One of the highlights of the evening was the lucky draw, where 20 staff members walked away with fantastic prizes. Adding to the excitement, our club president, Mr Victor Chia, generously contributed \$2,000 to the lucky draw pool, making the event even more memorable for everyone.

It was truly a night to remember and celebrate the dedication and spirit of our staff, and to strengthen the bonds that make our club a wonderful workplace and community.



World Aquatics Championships 2025

Swimming

The World Aquatics Championships 2025, hosted in Singapore for the first time and held from 11 July to 3 August, began with an exciting debut for our swimmer Kate Ona, who competed in the Open Water Swimming events at Sentosa.

In the pool events at the World Championships Arena, swimmer, Mikkel Lee competed in one individual and two team events.

Results:

- 10km: 2:29:18.00
- 5km: 1:09:53.90
- 3km Knockout: 20:01.50
- 4x1500m Mixed Relay
Open Water: 1:15:39.00

Results:

- Men's 4x100m Freestyle
Relay: 3:18.38
- Men's 50m Freestyle: 22.18
- Men's 4x100m Medley
Relay: 3:41.17

Congratulations to both swimmers for their dedication and performances on the world stage.



Water Polo

Congratulations to our Chinese Swimming Club members selected to represent Singapore at the World Aquatics Championships 2025 – Water Polo! We are so proud of how far you've come. With your dedication, discipline and determination, you have successfully made it onto the world stage.

Men's Water Polo Team: Loh Zhi Zhi, Cayden Loh, & Ryan Yap

Women's Water Polo Team: Ranice Yap & Kayla Yeo

Global Waves: Wrapping Up Our World Aquatics Championships Activations



Chinese Swimming Club proudly welcomed swimming and water polo teams from around the world as they prepared for the World Aquatics Championships. It was a privilege to host athletes from Belgium, Egypt, Finland, Hungary, Iceland, Kenya, Mexico, Norway and Sweden, each bringing their dedication, energy and passion to our pool deck.

One of the standout moments was the Meet and Greet with the Hungarian Men's Water Polo Team on 9 July, organised in partnership with the Embassy of Hungary. Our water polo trainees had the rare opportunity to meet the players, gain insights, and enjoy an open training session, which gave members a thrilling glimpse into high-performance water polo. We thank the Hungarian team and Embassy for this successful collaboration and look forward to stronger ties between our aquatic communities.

Besides the Hungarian men's water polo team, the women's team also trained at the club, in preparation for the World Aquatics Championships.

Together with Singapore Aquatics, we proudly hosted a water polo clinic on 20 July with World Aquatics Ambassador Mr Filip Filipović, a two-time Olympic gold medallist and two-time World Championships titleholder. Young players from the club and other clubs had the opportunity to learn, train, and interact with one of the sport's greatest legends.

We also welcomed a series of enriching swimming engagements:

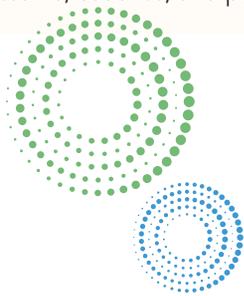
The exclusive meet & greet session saw swimmers from Finland, Iceland, Norway and Sweden connecting with our young swimmers, creating unforgettable moments and sparking inspiration among our youths.

At the swimming coaches' clinic, Coach Johan Wallberg from Sweden and Coach Johan Setterberg from Norway generously shared their knowledge on advanced techniques and race analysis with our coaching team.

A swimmers' clinic, led by Coach Wallberg alongside fellow Nordic coaches, gave 40 of our young swimmers a unique opportunity to refine their strokes and deepen their understanding of "Feeling the Water", a core concept in competitive swimming.

We were also honoured, through the kind invitation of the Embassy of Hungary in Singapore, to attend an exclusive Meet & Greet session with the Hungarian Swimming Team ahead of the World Aquatics Championships. This special experience allowed our young swimmers to interact with world-class athletes, leaving them motivated to pursue excellence in their own sporting journeys. Our heartfelt thanks to the embassy for making this possible.

These meaningful interactions not only brought the world to our Club but also left a lasting impact on our sporting community. We are deeply honoured to have contributed to the athletes' final preparations and thank all teams, coaches, and partners who made this experience possible.

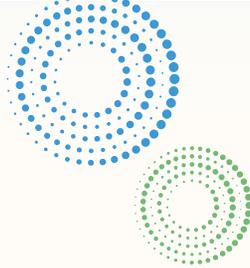


World Aquatics Masters Championships 2025

The World Aquatics Masters Championships brought together thousands of masters athletes from around the world. The club was proudly represented by our masters swimming and water polo teams, who competed with passion, sportsmanship and dedication in various swimming events.

This international competition provided an extraordinary opportunity for our swimmers to test their skills against top international masters athletes, all while fostering camaraderie and celebrating the love of these aquatic sports across all ages.

Congratulations to our masters swimmers and water polo players for their hard work and commitment!



World Junior Swimming Championships 2025

Seven of our swimmers represented Singapore at the World Junior Swimming Championships 2025, held from 19 to 24 August in Otopeni, Romania. Competing against some of the world's best junior swimmers, our swimmers displayed grit and determination, achieving a total of six personal bests at the meet.

A special congratulations goes to Tedd Windsor Chan, who rewrote the U17 National Record in the Men's 50m Backstroke Semi-Finals with a time 25.69 — a new personal best and a SEA Games 'B' cut. Fantastic swim, Tedd! We extend our warmest congratulations to all the swimmers for their hard work, dedication, and for flying the Singapore flag high at this championship.



Swimmers (Left to right)
 Sonia Shah
 Timothy Cheah
 Tedd Windsor Chan
 Coach Wang Tao
 Julian Lee
 Sarah Sim
 Kate Ona
 Reagan Cheng





CSC Sports Camp

What an exciting week! From exciting drills to friendly matches, our junior members gave it their all across seven dynamic sports — flippa ball, squash, bowling, basketball, table tennis, badminton, and taekwondo during the Chinese Swimming Club Sports Camp, from 24 to 27 June.

We wrapped up with proud smiles and well-deserved medals at the prize presentation. Thank you to all campers, coaches and parents for the incredible energy and support!

Let's keep the spirit of sportsmanship and fun alive all year round!



Swimming

20th Singapore National Swimming Championships 2025

From 31 May to 3 June, the club sent a contingent of 74 swimmers to the 20th Singapore National Swimming Championships (SNSC). We are proud to share that we emerged as the overall champion for the first time in the club's history, marking our first national title since 2005.

Key highlights include:

- Ong Jung Yi winning the Chan Ah Kow Cup with a time of 54.22 in the Men's 100m Butterfly.
- Faith Khoo achieving the SEA Games 'A' Qualifying Time in the Women's 100m Backstroke with a personal best of 1:00.04.



This outstanding performance completes a remarkable Grand Slam for the club, having secured all three major national titles in Singapore for 2025.

We extend our heartfelt congratulations to our swimmers, coaches, and parents for their dedication, hard work, and support in achieving this historic milestone.

47th SEA Age Group Aquatics Championships 2025



The 47th SEA Age Group Aquatics Championships, held from 25 to 27 June, witnessed exceptional performances by our swimmers. A total of 56 swimmers represented the club and contributed significantly to Team Singapore's success.

Notable achievements include:

- Tedd Windsor Chan setting a new meet record and breaking the U17 National Record in the 50m Backstroke.
- Our swimmers securing 35 medals, accounting for 43% of Team Singapore's overall medal tally.
- An impressive 59 personal bests recorded during the competition.

We extend our heartfelt congratulations to all swimmers, coaches, and support staff for their dedication and outstanding achievements.



**47TH SEA AQUATICS
AGE GROUP CHAMPIONSHIPS 2025
SINGAPORE | 25-27 June 2025**



**47TH SEA AQUATICS
AGE GROUP CHAMPIONSHIPS 2025
SINGAPORE | 25-27 June 2025**



13 & Under BOYS	14-15 BOYS	16-18 BOYS
Andre Nicholas Chua	Brayden Sim	Benjamin Tan
Eli Widjaja	Jarod Low	Christian Sean Catlin
Ian James Kwek	Jerrel Ong	Jabez Soh
Jaedon Rei Teo	Jonas Tham	Johann Mikail Loh
Jayden Lee	Kenneth Lim	Jonathan Chan
Jayden Tham	Lawrence Lim	Julian Lee
Loh Evan	Low Ka Wai	Kobe Low
Nigel Low	Mikel Low	Matthew Jaeden Lam
Reuben Tay	Nicholas James Tan	Michael Lim
	Nicholas Ng	Reagan Cheng
	Russell Emmanuel Koh	Tedd Windsor Chan
	Toby Yeo	Teo Bo Xuan
		Timothy Cheah
		Zane Ricardo Lee

13 & Under GIRLS	14-15 GIRLS	16-18 GIRLS
Adelaide Laokullavanich	Birdie Gan	Isabelle Cheah
Adele Ng	Elizabeth Low	Jeriel Inez Lee
Bailey Chan	Grace Ann Kwek	Kate Ona
Esther Chiu	Kimberly Ann Hartono	Loy Min Min
Guinevere Sim	Sarah Sim	Manda Low
Isabella Lim-Rossi	Sonia Viren Shah	Sidney Tan
Kayly Lai	Tech Ning Ern	
Ruth Tay		

COACHES & ASSISTANT TEAM MANAGER				
Zhang Jian Lan	Wang Tao	Zhang Chan Yan	Vernon Lee	Joey Tan

Pesta Sukan 2025

196 swimmers participated in Pesta Sukan 2025 which was held at the World Championships Arena from 28 to 29 June.

This event was a special experience for the swimmers, who had the rare opportunity to compete in the same venue where elite athletes competed at the World Aquatics Championships. It was both an exciting and inspiring moment, giving our swimmers a taste of the atmosphere of a world-class competition.



3rd Malaysia National & Merdeka Fest Open Water Swimming Championship

Congratulations to our swimmer, Timothy Cheah, on a fantastic debut at the 3rd Malaysia National & Merdeka Fest Open Water Swimming Championship held in Port Dickson, Malaysia, from 30 to 31 August! He took part in his first-ever open-water race, competing in the 16-19 years 1500m event, where he finished first in his age group. Well done, Timothy, on this impressive achievement in your open water journey!

Badminton

18th CSC-Daikin Age Group Badminton (Invitational) Tournament

The 18th CSC-Daikin Age Group Badminton (Invitational) Tournament 2025, held from 7 to 14 September, wrapped up on a high note! This year's tournament was truly record-breaking, with over 1,100 unique participants and 1,345 entries across various categories. It was filled with electrifying rallies and fierce determination from the players, ranging from 6 to 46 years old, plus cheers and lots of fun off the court as well. We were honoured to have Minister Edwin Tong officiate as our Guest of Honour on the final day of the tournament. He even joined in the action, taking part in a friendly doubles rally with our students from the CSC-D&J Badminton Academy.

A big thank you goes out to our partners, sponsors, including Daikin Singapore, the Singapore Badminton Association, players and supporters. This resounding success would not have been possible without you!

Organiser:



Sanctioned by:



Title Sponsor:



Platinum Sponsor:



Gold Sponsors:



Silver Sponsors:



Supported by:





CSC-D&J Badminton Academy Beginner Camp

28 eager beginners spent an exciting week picking up new skills, making friends, and having tons of fun on the court at the Chinese Swimming Club Badminton Beginners Camp, from 16 to 20 June. A big shoutout to all participants for your energy and enthusiasm!



Billiards & Snooker

Congratulations to Aloysius Yapp!

We celebrate his outstanding achievements in pool, becoming the first player ever to win **three consecutive Matchroom majors**. His US Open victory has also propelled him to World No. 2 in the Nineball rankings. A true inspiration and pride for Singapore!

Results

2025 WNT UK Open Pool Championship

(6 to 11 May 2025): Champion

Universal x CPBA 99 Open 2025

(3 – 7 July 2025): 5th

2025 WNT Florida Open Pool Championship

(5 to 10 August 2025): Champion

2025 WNT US Open Pool Championship

(18 to 23 August 2025): Champion

Formosa Cup Taipei Pool Open

(25 to 29 August 2025): Champion



National Snooker League 2024/2025

Our teams wrapped up a competitive season in the National Snooker League 2024/2025, winning the first position in division 2.

CSC Lotus (Div 2)

1st Position in Group Table

CSC Div 5

5th Position in Group Table

B&S National Day Gathering & Wee Aik Koon 6 Reds Snooker Challenge 2025

In celebration of Singapore's 60th birthday, the Club proudly hosted the Billiards & Snooker National Day Gathering & Wee Aik Koon 6 Reds Snooker Challenge 2025 on 2 August. This year's invitational welcomed clubs including Changi Beach Club, Cuesports Development, and Singapore Cricket Club.

Chinese Swimming Club defeated Singapore Cricket Club decisively with a 3-0 scoreline in the final, and was crowned Champion of the tournament.

We extend our heartfelt thanks to all participating clubs and look forward to welcoming everyone back next year for another exciting edition!



Bowling

55th Singapore International Open 2025

Kudos to our Chinese Swimming Club Bowling Academy trainees for shining at the 55th Singapore International Open 2025!

Congratulations to Lucas Koh (5th) and Mildred Lim (7th) in the U18 Masters Finals, and to Benedict Chew and Darren Au for qualifying for the Youth Masters Finals. A special mention to 15-year-old Benedict, who impressed with a 7th-place finish in his debut against a strong field of 24 national-level bowlers.



28th Adult Inter-Club Bowling Mixed League Hosting Night

Our club hosted week 4 and 11 of the 28th Adult Inter-Club Bowling Mixed League on 22 May and 24 July, welcoming players from NSRCC, Orchid Country Club, Seletar Country Club, Serangoon Gardens Country Club, Singapore Recreation Club, and Singapore Swimming Club.

Bowling Section Monthly Medal

The Bowling Section's Monthly Medal took place on 7 July, bringing members together for another fun and friendly contest on the lanes. Congratulations to our winners for their fantastic performances:

Position	Open	Classified
1st	Benedict Chew	Erik Wang
2nd	Tan Kayne Jin	Melanie Yeow
3rd	Jack Lim & Alena Dang	Nicole Yeow



Bowling Friendly Games hosted by Tanglin Club @ SICC

Following our first friendly hosted earlier this year, The Tanglin Club returned the gesture on 14 July, inviting our members to the Singapore Island Country Club for a friendly showdown on the lanes. It was a fantastic afternoon for our social bowlers to strengthen camaraderie with their Tanglin Club counterparts over a shared love of the game while enjoying a spirited dose of competitive fun.



Contract Bridge



Friendly Game with Royal Bangkok Sports Club

We were delighted to once again welcome our friends from the Royal Bangkok Sports Club for another memorable Contract Bridge exchange on 28 June. The afternoon was filled with friendly competition, strategic plays, and plenty of shared laughter.

A heartfelt thank you to the Royal Bangkok Sports Club for gracing us with your presence. We look forward to many more exchanges, fostering camaraderie, and creating lasting memories together.

Pickleball



PickleSlam 2025

From 17 to 25 May, our pickleball players competed in PickleSlam 2025, showcasing heart, determination, and skill across various categories. Congratulations to all our players for their outstanding performances and sportsmanship!

Scott Lim
3rd
 Men's Single 19+
 Mixed Doubles 19+

Vivien Sng
4th
 Women's Doubles 35+
 Mixed Doubles 35+

Desmond Phoa
4th
 Mixed Doubles 35+

Tess Chen
Champion
 Women's Doubles 35+
2nd
 Mixed Doubles 35+

Leong Wei Yee
4th
 Women's Doubles 35+

Pang Hian Tee
Champion
 Men's Doubles 50+

Golf



CSC Golf July Medal 2025

The Chinese Swimming Club Golf July Medal 2025 teed off on 18 July at Changi Golf Club, bringing together our passionate golfers for a day of competitive yet friendly play. With the scenic course as the backdrop and warm camaraderie in the air, participants showcased their skills across two divisions. A hearty congratulations to all our winners, and kudos to every participant for making it a truly enjoyable round of golf.

Division A (CSC Handicap 20 and below)

Champion: Thomas Aw
Runner-up: Johnny Tan

Division B (CSC Handicap 21 and above)

Champion: Angeline Low
Runner-up: John Chew
2nd Runner-up: Philip Yeo
3rd Runner-up: Steven Chia

Pickleball Friendly with The Tanglin Club

Our pickleball team played an exciting away friendly against The Tanglin Club on 24 May. After a series of competitive and closely fought matches, our team clinched victory with a narrow 5-4 win. Well done to all players for the great teamwork.



PPA Tour Asia, Panas Malaysia Open 2025

Pickleball section member Scott Lim showcased exceptional skill and dominance at the PPA Tour Asia – Panas Malaysia Open, held from 3 to 6 July. Scott clinched three championship titles across multiple categories:



3rd CSC Inter-Club Pickleball President's Challenge 2025



10 competitive teams from top clubs battled it out at Bedok View Secondary School on 17 August with incredible sportsmanship and energy.

Kudos to all the participating teams!

- | | |
|-----------------------------|---|
| 1st: NUSS Kent Ridge | Participating teams: SICC, SRC, SCC, SSC, NUSS Kent Ridge, NUSS Mandalay, and CSC Teams 1–4. |
| 2nd: SICC | |
| 3rd: CSC Team 1 | |
| 4th: CSC Team 2 | |

PPA Tour Asia, Hong Kong Open 2025



Congratulations to Pang Hian Tee from our pickleball section, who emerged as Champion in the 50+ Male Doubles category at the PPA Tour Asia, Hong Kong Open 2025, held from 21 to 24 August!

Squash

Henri Charpentier Lion City Junior Squash Open 2025



Kelihla Cheong: 7th position (Girls U15)
 Taliah Cheong: 6th position (Girls U17)

Our junior squash section members proudly participated at the Henri Charpentier Lion City Junior Squash Open 2025, held from 31 May to 4 June. Competing against strong international contenders, our young players showcased remarkable resilience, skill, and sportsmanship. Congratulations on the impressive performance on the international stage!

ONCOCARE SGSquash 2025 Junior Circuit 2



Our Junior Section member, Taliah Cheong, delivered an outstanding performance at the ONCOCARE 2025 SGSquash Junior Circuit 2, held from 25 to 28 June 2025. Competing in the Girls Under 19 category, she emerged as Champion. Congratulations, Taliah, on this remarkable achievement!

Table Tennis

Tampines Central CSN Table Tennis Mixed Team Championship 2025



Our teams delivered strong performances at the Tampines Central CSN Table Tennis Mixed Team Championship 2025, held on 24 & 25 May. They competed with determination and team spirit. Well done to all team members for your hard work and commendable achievements!

U15	Open
2nd: CSC Earthquake	2nd: CSC Typhoon
	3rd: CSC Hurricane

CSC-LJW Academy Volunteering Activity



On 2 June, Head Coach Li Jiawei and trainees from the CSC-LJW Table Tennis Academy visited St Luke's Eldercare Senior Care Centre @ Marine Parade. They spent a meaningful morning engaging residents with conversations and games, bringing joy to the seniors while learning valuable lessons in empathy and community service. The academy extends heartfelt thanks to St Luke's Eldercare for the opportunity.

CSC-LJW June Table Tennis Training Camp

From 9 to 12 June, 19 trainees joined the CSC-LJW June Table Tennis Training Camp led by Head Coach Li Jiawei. The camp combined intensive training with fun activities, helping participants strengthen their skills while building friendships and lasting memories.



13th-18th CSC-LJW Monthly Table Tennis Tournament 2025

The CSC-LJW Table Tennis Academy actively participated in the monthly tournament series from January to June 2025, providing trainees with a platform to apply their training, gain match experience, and prepare for future competitions.

We are proud to announce the overall winners for the senior and junior divisions are as follows:

Senior Division
1st: Jayna Feng Jie
2nd: Kang Sheng Yao
3rd: Jeremy Fong
Junior Division
1st: Li Ting Claire
2nd: Martin Neo
3rd: Koh En Ya



Pesta Sukan 2025



The CSC-LJW Table Tennis Academy took part in Pesta Sukan 2025, held from 19 July to 3 August, a vibrant celebration of sportsmanship and community spirit. We are proud to share that Li Ting Claire achieved a joint third position in the Girls 9 & Under category — a commendable result reflecting her hard work and dedication. Congratulations, Claire!

Tennis

CSC Tennis Junior Series 2025 – Series 2



The courts at the club came alive over the weekend of 24 and 25 May as our budding tennis talents battled it out in the Chinese Swimming Club Tennis Junior Series 2025 – Series 2. This exciting competition brought together promising players across three age categories — U10, U12, and U16 — showcasing skill, determination, and sportsmanship. A big congratulations to all our winners and participants!

U10 Category

Champion: Jonathon Lee
Runner-up: James Seah
2nd Runner-up: Justin Black
3rd Runner-up: Ang Hao Yi

U12 Category

Champion: Isaac Toh
Runner-up: Kabir Khanna
2nd Runner-up: Therese Stella Dason
3rd Runner-up: Tristan Ng

U16 Category

Champion: Brian Hartono
Runner-up: Marcus Tan
2nd Runner-up: Marc Phua
3rd Runner-up: Luke Tan



Team Wimbledon members: Mark Lai (C), Adelene Tan, Elaine Koay, Ng Ee-shen, Robin Ng, Spencer Lim

CSC Tennis Team Challenge & Section Gathering

Held on 12 July, the Chinese Swimming Club Tennis Team Challenge brought together players in four Grand Slam-themed teams for an afternoon of spirited matches under perfect weather. Team Wimbledon, led by Mark Lai, emerged champions. Beyond the competition, the event fostered camaraderie over dinner and supported the President's Challenge, showcasing the club's tennis community's passion both on and off the court.

CSC Tennis Friendly with The Tanglin Club

On 29 July, we had the pleasure of welcoming The Tanglin Club for a tennis friendly match, reciprocating the warm hospitality extended to us during our visit in 2023.

The event was more than just a friendly competition; it celebrated the strong camaraderie and lasting friendship between the two clubs.

We look forward to continuing this wonderful tradition of sportsmanship and fellowship in the years to come.



Water Polo

SG-Water Polo Inter-Club 2025



Our amazing U11 players won 3rd position in the SG-Water Polo Inter-Club 2025 tournament held from 10 May to 15 June at Our Tampines Hub, while our Chinese Swimming Club U13 team gave it their all and tied for 3rd place, missing the bronze by inches in a heart-pounding end to the SG-Water Polo Inter-Club games.



CSC Water Polo President's Charity & Team Bonding Event

On 4 August, over 100 attendees gathered at the 12 Lanes Bowling Alley, raising more than \$6,000 for a worthy cause. The event featured National A Team Water Polo players, Captain Lee Kai Yang, Goh Wen Zhe, Loh Zhi Zhi, and Koh Jian Ying, sharing stories and coaching juniors, a feast prepared by Nadia, exciting lucky draw prizes, sponsored by Ismail, and the support of distinguished guests, making it a day of fun, inspiration, and generosity. We were also honoured by the presence of our special guests of honour: Chinese Swimming Club Vice President Mr Peter Liew, General Manager Ms Helena Goh, former National footballer and coach extraordinaire Mr Lim Tong Hai, and Mr Dominic Soh, Vice President (Water Polo) of Singapore Aquatics.



ActiveSG Water Polo Cup 2025 Season 2



Congratulations to our Chinese Swimming Club U10 and U12 teams for bringing home Bronze at the Season 2 ActiveSG Cup held from 2 to 6 June at Our Tampines Hub! We are so proud of the passion, teamwork, and fighting spirit you showed in the pool! A big thank you to our fantastic coaches for your dedication and guidance, and to all the parents for your support and cheers from the spectator's stand.

Water Polo Friendly Match with Magura Water Polo Team

Starry Friday night vibes as we warmly welcome the Magura Water Polo Team from Australia for a friendly match! The kids had an amazing time learning and playing in the pool, and continued the fun over a delicious spread prepared by our wonderful U12, U14, and U16 parents.

A big shoutout to Coach Tomas, Jared, Ivan, and Javier, Parent Manager Dani and all the incredible parents who made this evening so special.



Swimming

CSC Swim Kick Challenge – Series 2

Saturday, 1 November 2025
Water Polo Pool, SC

\$10.90 per event
(CSC-registered swimmers)
\$16.35 (Parent and Child relay)

Max. of 5 events

Eligibility: CSC Learn-to-Swim Green, Orange, Little Fish and Pre-competitive squads

CSC Come Swim & Conquer 2025 – Series 2

Friday & Saturday
21 & 22 November 2025
Competition Pool, SC

\$10.90 per event
(CSC-registered swimmers)

Max. of 6 events

Eligibility: Little Fish, Pre-competitive squads, Competitive squads and Masters

Swim Programmes

Water Babies

Water Babies is designed to introduce young children to the joy of swimming through play with their parent(s). Parental involvement in the pool is compulsory.

Learn-to-Swim

Give your child the gift of confidence in the water! Our Learn-to-Swim Programme is designed for kids aged four and above, to help them build essential swimming skills in a safe, fun and supportive environment.

Development

Following on from Learn-to-Swim, the Development Programme focuses on building technique and stamina. This will allow migration into the competitive environment, starting with in-house competitions.

Competitive

Our Competitive Programme continues the swimmer's journey from Junior to Senior levels. Our six competitive squads (C2 to A1) compete successfully at local, national and international swimming meets.



[Sign Up Now](#)



CSC-D&J Badminton Academy: Elevate Your Game

Experience a top-class badminton programme at CSC-D&J Badminton Academy, where passion meets excellence. Open to all skill levels - from beginners to competitive - our academy provides structured training to help players master the fundamentals, develop skills, and enjoy the sport.

Learn from the Best

Our dedicated coaches are certified under the National Registry of Coaches (NROC) and the Ministry of Education (MOE). As accomplished players and respected figures in Singapore's badminton community, they bring expertise and experience to every training session.

Join us and take your badminton journey to the next level at CSC-D&J Badminton Academy!

Monday – Wednesday & Friday, 3pm – 5pm
Thursday, 4pm – 6pm
Saturday, 8am – 10am, 10am – 12noon
Sunday, 1pm – 3pm
Badminton Hall, SC (L2)

Eligibility: 6 to 16 years old

Frequency	Member	Non-Member
Once/Week (4 sessions)	\$163.50	\$218.00
Twice/Week (4 sessions)	\$294.30	\$392.40
Thrice/Week (4 sessions)	\$441.45	\$588.60

The training fee will be charged accordingly if there are additional training days in the month.

Dribble, Shoot, Score – Weekly Basketball Classes for Everyone!

Hey aspiring basketball enthusiasts! Are you ready to step into the world of basketball? Organised in partnership with LJE Sports, our weekly classes are tailored for beginners and intermediates who are eager to learn and have fun on the court.

- Play in a supportive environment led by passionate coaches
- Gain essential skills like dribbling, shooting, passing, and defence
- Learn about teamwork, and build friendships on and off the court

Coach Bernard Williams

Coach Bernard brings a wealth of experience from his professional playing days in the US and abroad. With over a decade of coaching experience in Singapore, he leads our team of passionate coaches who are dedicated to helping you reach your full potential.

Thursday, 5pm – 6:15pm

Saturday, 8am – 9:15am & 9:30am – 10:45am

Sunday, 8am – 9:15am & 9:30am – 10:45am

Basketball Court, SC (Rooftop)

\$125.35 (Member) | \$201.65 (Non-Members)
Juniors (6 to 14 years old)



The above fees are based on four sessions a month. If there is a lesson on the fifth week of the month, an additional fee will be billed accordingly. Non-members are required to pay a refundable one-month deposit.

Bowling

CSC Bowling Learn-to-Play Programme

New Bowler

**Saturday, 10:15am – 11:15am
or 1pm – 2pm or 2pm – 3pm
12 Lanes Bowling Alley, SC**

\$130.80 (Member) | \$174.40 (Non-Member)

Development Bowler

**(For trainees with bowling background)
Saturday, 1pm – 2:30pm or 3pm – 4:30pm
12 Lanes Bowling Alley, SC**

\$152.60 (Member) | \$196.20 (Non-Member)

The above fees are based on four sessions a month. They include lane fees and shoe rental.

Squash

CSC-Ultimate Squasher Junior Squash Programme

Mondays, 4pm – 5pm (L1)

Wednesdays, 3:30pm – 5pm (L2), 5pm – 6pm (L1)

Thursday, 4:30pm – 6pm (L2-3)

**Friday, 3:30pm – 5pm (L2), 5:30pm – 6:30pm (L1)
Squash Courts, SC (L3)**

\$331.36 (Member) | \$374.96 (Non-Member)
1-hour training session per week

\$479.04 (Member) | \$562.44 (Non-Member)
1.5-hour training session per week

6 years old and above
Min. 3 pax
8 lessons per term

Golf

Golf Calendar 2025/2026

Date(s)	Event	Location
14 October	October Medal	Ponderosa Golf & Country Club
TBA	Golf Section Night	Chinese Swimming Club
12 November	November Medal	Palm Villa
14–21 January	CSC Danang & Nhatrang Golf Trip	Danang & Nhatrang, Vietnam
February	SSC-CSC Golf Bilateral and Angbao Medal	TBA
March	Medal @ Bintan	Bintan, Indonesia

The event dates may be subject to changes and serve as a guide.

CSC-Ultimate Squasher Adult Squash Programme

**Sundays, 3pm – 4:30pm
or 4:30pm – 6pm
Squash Courts, SC (L3)**

\$553.72 per pair (Members)
\$627.84 per pair (Non-Members)
1.5-hour training session per week

20 years old and above
Min. 2 pax, 8 lessons per term

Taekwondo

Taekwondo Junior Training Programme

Tuesdays, Multipurpose Room, SC (L2)

Sundays, Activity Suite, SC (L3)

For CSC members only

Belt	Day	Time
Foundation White F1 F2 F3/White	Tuesday	4:45pm – 5:45pm
Foundation White F1 F2 F3/White	Sunday	1pm – 2pm
Yellow	Sunday	2pm – 3pm
Green	Sunday	3pm – 4pm
Blue	Sunday	3pm – 4pm
Brown	Sunday	4pm – 5pm
Poom / Black	Sunday	5pm – 6pm

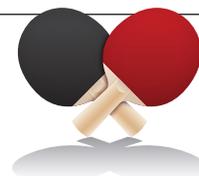
**Sign up now
for a free trial**



Table Tennis



Give your child a good start at CSC-LJW Table Tennis Academy



The CSC-LJW Table Tennis Academy aims to create interest, impart knowledge, groom, and nurture talented young players to strive for excellence in table tennis. The training programme is for kids aged four and above, and consists of beginner, intermediate and advanced levels.



Head Coach Li Wanxiang brings over 39 years of coaching experience since 1984, having previously trained more than 300 juniors at two academies in Beijing. Now in Singapore, he emphasises hands-on training, aiming to impart knowledge while making every lesson enjoyable and rewarding.

PLAYERS GROOMED

Zhang Xueling

- SEA Games 2005 Gold Medallist

Li Jia Wei

- 2x Olympic Medallist
- 19x Commonwealth Games
- 21x SEA Games

Guo Yan

- 3x Asian Cup Women's Singles Gold Medallist

Table Tennis Adult Group Training

Fridays, 9am – 10:30am, 10:30am – 12noon
Table Tennis Room, SC (L3)

\$163.50 per month (Member)
\$196.20 per month (Non-Member)
Min. 3 pax; Max. 6 pax

Fees are based on four sessions a month. The additional lesson will be billed for months with a 5th week.



Water Polo

Learn-to-Play Water Polo Programme

Saturdays, 6:15pm – 7:30pm
Beginners' Pool, SC (L1)

\$87.20 per month (Member)
\$130.80 per month (Non-Members)
6 to 12 years old

Participants must be able to swim Freestyle & Breaststroke properly for 2 x 25m laps independently and be able to tread water for at least one continuous minute.

Junior Water Polo Training Programme

Mondays, Wednesdays & Saturdays
6:15pm – 8.15pm
Fridays, 7.30pm – 9.30pm
Water Polo Pool, SC (L1)

\$163.50 per month (Member)
\$327.00 per month (Non-Members)
7 years old and above

Participants must be able to swim all four strokes properly for 4 x 50m laps continuously, tread water for at least 1.5 minutes continuously, and have basic ball sense.

All prices include 9% GST. Activities are subject to change. Registration for the activities will close when the maximum capacity is reached. For more information or to sign up, please visit our website, call **6885 0671**, or email sports@chineseswimmingclub.org.sg.



Wooden Printing Keychain Making – Father’s Day Special

On 7 June, we hosted a Wooden Printing Keychain Making Workshop as part of our Father’s Day celebrations. Participants channelled their creativity into crafting personalised wooden keychains using eco-friendly materials, turning each creation into a meaningful gift for their fathers.

Everyone left proudly with their handmade keepsakes, making it a perfect way to celebrate Father’s Day.

A big thank-you to all who joined us for this special event!

June Holiday Camps: Wushu & Chess

In June, the Club hosted two exciting holiday camps that brought together young members eager to learn and grow.

The two-day Wushu Camp (Lion Dance) on 2–3 June had participants train intensively in lion dance techniques, drum rhythms, and group routines, culminating in a lively showcase celebrating their progress in balance, timing, and teamwork.

Following this, the Chess Holiday Camp from 9–12 June welcomed players of varying levels to sharpen their skills under the expert guidance of Grandmaster Buenaventura. Through drills, game analysis, and interactive sessions, participants enhanced their tactical vision, opening strategies, and endgame confidence.

We extend our heartfelt thanks to all participants and supporters. Your involvement made the camps a success, and we look forward to welcoming you to future events. Stay tuned for more upcoming workshops and activities!



Heritage Learning Journey: Hainanese Edition

Members got a meaningful taste of tradition as they explored the origins and significance of yi bua, a traditional Hainanese kueh made from glutinous rice flour with a fragrant coconut, ginger, sesame and peanut filling. The highlight of this programme included a hands-on yi bua making session. Each participant also brought home a specially prepared goodie bag! Thank you for joining us in honouring the Hainanese heritage through food and stories that continue to connect generations.

Social Dance Potluck

On 9 August, the club came alive with music, movement, and merriment at our Social Dance Night – Celebrating SG60. Participants filled the dance floor, moving to an upbeat mix of classic hits and modern favourites that kept spirits soaring throughout the evening.



Health Talk Series with Sengkang General Hospital



Living with Eczema

An interactive lecture on eczema — let’s demystify it together and explore eczema care in depth. Bring your questions! We’ll address your concerns about steroid creams, moisturising lotions and more.

Conducted by: Associate Professor Derrick Chen-Wee Aw, a dermatologist and physician at Sengkang General Hospital, Singapore. Before joining Sengkang General Hospital, he served as head of the dermatology division at the National University Hospital, Singapore.



Saturday, 25 October 2025
3.30pm – 4.30pm
Lattice Suite, RC (L3)

\$13.08 (includes 9% GST)
 Min. 30 pax

Comedy Night

Something hilarious is brewing at Chinese Swimming Club and we can’t wait to spill the beans! Mark your calendars, round up your friends and prepare for a night of unstoppable laughter.

Details to be confirmed.



Scan For Updates

Line Dance

Beginner

Sundays, 12noon – 1pm
Lattice Suite, RC (L3)

\$76.30 (Member) | \$130.80 (Guest)
 10 sessions
 Min. 10 pax

Beginner Intermediate with line dance background

Tuesdays, 12:30pm – 1:45pm
Multipurpose Room, SC (L2)

\$89.93 (Member) | \$122.63 (Guest)
 10 sessions
 Min. 10 pax

Beginner Advanced with line dance background

Tuesdays, 1:45pm – 3:15pm
Multipurpose Room, SC (L2)

\$106.28 (Member) | \$138.98 (Guest)
 10 sessions
 Min. 10 pax

Sundays, 1pm – 2:30pm
Multipurpose Room, SC (L2)

\$106.28 (Member) | \$160.78 (Guest)
 10 sessions
 Min. 10 pax

Solo Latin Dance

Wednesdays, 3pm – 4pm
Lattice Suite, RC (L3)

\$109.00 (Member)
 \$135.16 (Guest)
 8 sessions
 Min. 8 pax



Social Dance Nights

Saturdays
4, 11 & 25 October
8, 15, 22 November
13, 20 & 27 December
7pm – 10:30pm
Lattice Suite, RC (L3)

\$9.81 (Member)
 \$18.00 (Guest)

Slots are limited to the social dance nights.



Confirmation is on a first-come, first-served basis. Dates are subject to change. Register online at our website under Fitness & Leisure—Dance.

Chinese Brush Painting



Discover the timeless art of Chinese Brush Painting, where beauty lies not in exact likeness but in expressing the subject's inner spirit. Guided by graceful brushstrokes, this traditional art form combines technique, imagination, and mindfulness, inviting you to capture nature's essence and emotions on paper with elegance and depth.

Thursdays, 11.00am – 1.00pm
Multipurpose Room, SC (L2)

\$179.85 per month (Member)
 \$212.55 per month (Guest)

*Fees above are for four lessons.

Urban Gardening



Calling all nature-loving members! Whether you're passionate about growing your favourite plants and vegetables, or simply enjoy reconnecting with nature, our Urban Gardening Interest Group is the perfect place for you.

Discover the joy of nurturing greenery, share tips and experiences, and cultivate lasting friendships with fellow green thumbs in our community. No prior experience needed — just bring your enthusiasm and love for nature!

Mondays, 9.30am
CSC Gardening Corner

Chinese Calligraphy

Partake in the centuries-old practice of Chinese calligraphy! An interest group for seniors.

Mondays, 9.00am – 11.00am
Multipurpose Room, SC (L2)

\$16.35 per month (Member)
 \$32.70 per month (Guest)



Get Fit & Have Fun!

Join our monthly exercise classes. Whether you want to stretch, flow or groove, we've got something for everyone. These are some of the featured exercise classes that we offer.



[Find Out More](#)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pilates by Ong Beng Hwee 6:45pm – 7:45pm 8pm – 9pm	NEW Hatha Yoga by Rose Lie 10:15am – 11:15am Pilates by Ong Beng Hwee 7pm – 8pm	Yang Style Taiji Quan by Ng Beng Chian Beginners 7:30pm – 8:30pm Advanced 8:30pm – 9:30pm Jumping Fitness (Beginners) 7:30pm – 8:30pm	Pilates With Props by Ann Ho 9:30am – 10:30am Dynamic Barre Fusion by Ming 8pm – 9pm	Dynamic Barre Fusion by Ming 9am – 10am NEW Yin Yang Yoga by Rose Lie 10:15am – 11:15am Jumping Fitness (Gold) 11am – 12 noon	Pilates by Ong Beng Hwee 9am – 10am	Taiji Qigong by Leslie Wong 8:15am – 9:15am

Wushu Beginners

Wushu, or "military arts", is a form of contemporary Chinese martial arts that blends performance and martial application. Under the systematic guidance of Coach Tex, participants will develop and build on their basic techniques and skills in this powerful yet graceful art.

Saturdays, 7pm – 8:30pm
Multipurpose Room, SC (L2)

Sundays, 9:30am – 11am
Lattice Suite, RC (L3)

\$163.50 (Member) | \$218.00 (Guest)

4 sessions

5 – 12 years old

Min. 5 pax per class



Abacus & Mathematics

Spark your child's enthusiasm for numbers and give them a head start in mathematics through our fun and engaging Abacus & Mathematics classes. By using holistic teaching methods and hands-on learning, your child will cultivate essential skills beyond the classroom.

Give your child the confidence and skills to excel. Enroll them today!

Benefits of the Programme

- Builds a Strong Mathematical Foundation
- Enhances Mental Calculation Skills
- Improves Concentration
- Increases Creativity

Wednesday, 5pm – 6:30pm
Lattice Suite, RC (L3)

\$152.60 (Member) | \$174.40 (Guest)

4 sessions

An additional \$49.05 registration fee applies.

4 – 14 years old

Min. 5 pax, Max. 8 pax

International Chess Class

Is your child ready to embark on an exciting journey into the world of chess?

Our chess workshop is the perfect starting point for your child to learn chess rules, tactics and strategies.

Through the workshop, your child would be able to delve deeper into the intricacies of chess by learning basic and advanced theories and tactics. This would cultivate your child's knowledge and interest in chess.

Our expert instructor, Buenaventura "Bong" Mendjeta Villamayor will be present to guide your child as he/she navigates through the fascinating world of chess.

Tuesdays, 5.30pm – 6:30pm
Multipurpose Room, SC (L2)

\$311.50 (Member) | \$337.60 (Guest)

8 sessions

4 – 12 years old

Min. 6 pax



Children's Ballet

Beginners 1* (Saturday)	Beginners 2* (Saturday)
9:15am – 10:15am \$122.08 (Member) \$165.68 (Guest)	10:15am – 12:15pm \$331.36 (Member) \$418.56 (Guest)
Grade 1^ (Saturday)	Grade 3^ (Saturday)
2:15pm – 3:45pm \$340.08 (Member) \$405.48 (Guest)	12:15pm – 2:15pm \$488.32 (Member) \$575.52 (Guest)
Grade 5* (Friday)	Grade 8* (Tuesday)
5pm – 7pm \$488.32 (Member) \$575.52 (Guest)	4pm – 5pm
	Grade 8* (Saturday)
	8am – 9am \$244.16 (Member) \$287.76 (Guest)

*Venue: Multipurpose Room, SC (L2)

^ Venue: MPR @ L3, SC (L3)

Note: Timeslots are subject to availability due to limited slots. Please check for new term dates.

All prices include 9% GST. Activities are subject to change. Registration for the activities will close when the maximum capacity is reached. Please visit our website, call **6885 0654** or email lifestyle@chineseswimmingclub.org.sg for more information or to sign up.

OUR SUSTAINABILITY JOURNEY

Get ready to discover Chinese Swimming Club's sustainability journey!

We have launched our new **Sustainability Corner** at the Arrival Pavilion, a place where we will share a different environmental topic with you every month. To kick things off, our inaugural topic is **Carbon Tax**.

Join us to see how we are responding to these challenges by sharing our insights and initiatives to reduce our environmental footprint. We look forward to having you with us on this journey.



WHAT IS CARBON TAX

- Carbon tax was first introduced in 2019
- Singapore 2025 carbon tax = \$25/ tCO₂e
- Expected to raise to \$45/tCO₂e in 2026 and to reach \$50 – 80/ tCO₂e by 2030

HOW CARBON TAX IMPACTS CHINESE SWIMMING CLUB

- Chinese Swimming Club currently pays \$0.0103 per kWh, for carbon tax as part of our electricity bills.
- By 2026, the Club estimates to pay between \$97,000 to \$105,000 for carbon tax per year.
- By 2030, this increases to \$174,000 and \$186,000 per year!
- Cutting energy use helps keep costs down, makes the Club a cleaner and healthier place and helps us manage the membership fees you pay.

WHY CARBON TAX

- Applied to electricity bills in Singapore
- Encourage businesses to be more accountable for their emission
- Become more energy-efficient & switch to cleaner, more renewable sources like solar power



DID YOU KNOW? tCO₂e

refers to tons of carbon dioxide equivalent and is the standard unit used to measure the impact of different greenhouse gases on climate change.



WE WANT TO HEAR FROM YOU

Simply scan the QR code to share your thoughts with us. Together, we can build a greener future for the Club.



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CONTACT US

CLUB MAIN LINE

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GENERAL FEEDBACK

feedback@
chineseswimmingclub.org.sg

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The photos featured in Freestyle are taken by Chinese Swimming Club, Singapore Aquatics, Koh Zhisheng, Aloysius Yapp, SSRA, Tommy Low and Meow Badminton.

FRONT OFFICE

Regional Networking/
Corporate Golf Booking/
Affiliates/Reciprocal
Arrangements
6345 1221/Reception@
chineseswimmingclub.org.sg

MEMBERSHIP ENQUIRIES

6885 0652/656/657
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SPORTS RECEPTION

Booking of Sports Facilities
6885 0677

12 LANES

Booking of Bowling Lanes
6345 1221 ext. 745

NETWORK LOFT

6345 1221 ext. 720/work@
chineseswimmingclub.org.sg

Featured Reciprocal Club Shanghai Town & Country Club

Located in the heart of Shanghai, the Shanghai Town & Country Club is the city's first urban lifestyle club, offering a luxurious retreat for families, business, and social communities. Members enjoy a wide range of facilities, including a state-of-the-art fitness centre, indoor heated pool, and golf centre, all designed to promote well-being and create lasting experiences. For children aged 3 to 16, the club features one of the world's largest indoor play zones in a private club.



An advertisement for OrthoSports Orthopaedic Surgery & Sports Medicine. The top part of the ad features a dark background with yellow and white text that reads: "Proud Gold Sponsor of the 18th CSC-Daikin Age Group Badminton (Invitational) Tournament 2025". Below this, there is a photograph of two people sitting at a desk in a modern office or reception area. The bottom part of the ad has a white background with black text that says: "Caring for Athletes at Every Level". Below this, it states: "At OrthoSports Orthopaedic Surgery & Sports Medicine, we provide care for sports injuries, joint conditions, and musculoskeletal health." At the very bottom, there are two columns of contact information: "#15-17 Connexion, Singapore 217562, Tel: 6435 0015" and "#10-41 Mt. Elizabeth Novena Specialist Centre, Singapore 329563, Tel: 6734 8168".

Sponsor for the 18th CSC-Daikin Age Group
Badminton (Invitational) Tournament

OPERATING HOURS

ARRIVAL PAVILION

FRONT OFFICE RECEPTION

Daily 8:30am – 10pm

MINGLE@AMBER

Daily 8am – 8pm

LE 乐 PLAYROOM

Mon Closed

Tue–Sun 9am – 9pm

(The playroom will be closed on Tuesday if a public holiday falls on a Monday.)

SPORTS COMPLEX

SPORTS RECEPTION

Daily 7am – 10pm

3BARS

Relocated to the Activity Suite, Sports Complex (Level 3) due to upgrading works from 4 July 2025.

Mon–Wed: 12 noon – 3pm, 6pm – 11pm

Thu: Closed

Fri–Sun: 2pm – 11pm

If the eve of PH or PH falls on a

Thu: 2pm – 11pm

Band Performing Nights

Snapshots **Wed:** 8pm – 10:30pm

Sat: 8:30pm – 11pm

Puzzle Band **Fri:** 8:30pm – 11pm

KARAOKE ROOM

Relocated to a common room at the Sports Complex (Level 3) due to upgrading works from 4 July.

Mon–Wed, Fri–Sun: 3pm – 10:30pm

Thu: Closed

If the eve of PH or PH falls on a

Thu: 3pm – 10:30pm

The room is available on a first-come, first-served basis and is not available for private booking.

Max. 6 pax

MAN ZHU CAFÉ

Mon–Thu

12 noon – 9:30pm

Fri & Eve of PH & PH

11:30am – 9:30pm

Sat & Sun

8:30am – 9:30pm

(Last order is 30 minutes before closing)

12 LANES BOWLING ALLEY

Mon–Thu 12 noon – 11pm

Fri & Eve of PH 12 noon – 1am

Sat & PH 10am – 1am

Sun 10am – 11pm

BEGINNERS' POOL

Daily 7am – 9pm

(Pool Closure for Swim Training)

Tue–Fri 3:30pm – 7pm

Sat 8:45am – 12:10pm & 3pm – 7:30pm

Sun 8:45am – 12:10pm & 3pm – 6pm

COMPETITION POOL

Daily 6am – 9pm

(Pool Closure for Swim Training)

Tue & Thu 5:30am – 7:45am

6:30am – 11am (School holidays only)

Mon–Fri 3:30pm – 8pm

Tue–Thu 8pm – 9:30pm (4 lanes)

Sat 6:30am – 12:30pm, 3:30pm – 7:45pm

7:30pm – 8:30pm (4 lanes)

Sun 6:30am – 12:30pm

GREAT BUBBLE REEF (FUN POOL)

Closed for upgrading works

BADMINTON COURTS (+)

Daily 7am – 10pm

Peak Period

Mon–Fri 6pm – 10pm

Sat, Sun & PH Whole Day

(Court Closure For Club Team Training)

Mon & Fri 6pm – 10pm

(4–7 Courts)

(Court Closure For Junior Training)

Mon–Fri (except Thu)

3pm – 5pm (6 Courts)

Tue 6pm – 9pm (3 Courts)

Wed 6pm – 8pm (3 Courts)

Thu 4pm – 6pm (6 Courts)

& 7pm – 9pm (3 Courts)

Sat 8am – 2pm (3–5 Courts)

& 6pm – 9pm (4 Courts)

Sun 12 noon – 5pm (3–7 Courts)

& 7pm – 9pm (3 Courts)

BASKETBALL COURT (+)

Daily 7am – 10pm

(Closure for Tennis Junior Programme)

Fri 5pm – 8pm

(Closure for Junior Training Programme)

Thu 5pm – 7pm

Sat 8am – 11am

Sun 8am – 11am

(Closure for Pickleball Section Training)

Mon 5:30pm – 10pm

Tue 7am – 10am

Wed 7pm – 10pm

Thu 7am – 10am

BILLIARDS & SNOOKER LOUNGE (+)

Mon–Thu, Sat, Sun, Eve of PH & PH

2pm – 10pm

Fri 2pm – 11pm

(Closure for Section Training)

Fri 6pm – 11pm

FLEX GYM

Mon–Fri 6:30am – 10pm

Sat & Sun 7am – 9pm

PH 7am – 8pm

SQUASH COURTS (+)

Daily 7am – 10pm

(Closure For Section Training, All Courts)

Mon 6pm – 10pm

Wed & Fri 7pm – 10pm

(Closure For Training Programmes)

Mon 4pm – 5pm (Court 1)

Wed 3pm – 5pm (Court 1)

Thu 4pm – 6pm (Courts 1 & 2)

Fri 3pm – 5pm (Court 1)

TABLE TENNIS ROOM (+)

Daily 7am – 10pm

(Closure For Section Training)

Mon 5pm – 7pm (2 Tables)

7pm – 10pm (4 Tables)

Tue 6pm – 10pm (4 Tables)

Thu 6pm – 10pm (4 Tables)

Fri 4pm – 5pm (1 Table)

5pm – 10pm (4 Tables)

(Closure for CSC-LJW Training)

Mon 3pm – 5pm (4 Tables)

Tue 3pm – 6pm (4 Tables)

Wed 3pm – 7pm (4 Tables)

Thu 3pm – 6pm (4 Tables)

Sat 12noon – 5pm (4 Tables)

Sun 9am – 4pm (4 Tables)

TENNIS COURTS (+)

Daily 7am – 10pm

(Closure For Section Training)

Mon 5pm – 8pm (2 Courts)

Wed 5pm – 8pm (3 Courts)

Sat 3pm – 8pm (3 Courts)

(Closure for Tennis Social Night)

Mon 8pm – 10pm (1 Court)

Wed 7pm – 10pm (1 Court)

(Closure for Junior Training)

Thu 4pm – 8pm (1 Court)

Fri 4pm – 9pm (2–3 Courts)

Sat 8am – 12 noon (1–2 Courts)

Sun 3pm – 8pm (2–3 Courts)

RECREATION COMPLEX

SWIMMING POOL

Daily 6am – 9pm

GAMES & RECREATION ROOM

Mon–Thu & Sun 1pm – 9pm

Fri, Sat & Eve of PH 1pm – 10pm

JOY LUCK COVE

Daily 10am – 11pm

NETWORK LOFT

Mon–Fri & Eve of PH

8am – 12 midnight

Sat, Sun & PH

8am – 11pm

Mon–Sat (excluding PH)

9am – 6pm

(Manned Hours)

Closures for trainings are subject to change. +Bookings can be made online or at the Sports Desk up to 7 days in advance on a first-come, first-served basis.



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