

FREESTYLE

QUARTERLY MAGAZINE JAN - MAR 2023



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"Freestyle" is a quarterly publication by CHINESE SWIMMING CLUB.

Opinions expressed need not necessarily represent those of the Club. The Club accepts no responsibility for the quality of goods or services advertised. All event information is accurate at time of print.

For advertising inquiries, please call the Marketing Department at 6885 0655.

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chineseswimmingclub.org.sg



CORPORATE MEMBERSHIP

\$19,440 4 nominees

Sign up now to enjoy
in spending credits

\$2,000

As a Corporate Member, nominees and their families enjoy the following benefits:

- Access to a wide array of Club facilities and activities at exclusive member rates
- 10% F&B discount on all corporate events held at the Club
- Over 50 reciprocal and affiliate clubs and hotels in the region

☎ **6345 1221**

✉ **membership@chineseswimmingclub.org.sg**



A MESSAGE FROM THE **PRESIDENT**

Dear Members,

With the Chinese New Year fast approaching, may we, CSC Management Committee wish all members and families a new year that brings you luck, success and advancement in all facets of your life!

We have rounded up the year with the return of our annual CSC Christmas Light-Up since the onset of COVID-19 pandemic. It was a pleasure to welcome all of you back, revelling in the festivities with your loved ones as they enjoyed the live performance, carnival games and the photo opportunities with Santa Claus.

The sports fraternity ended the year on a high note. Firstly, I like to congratulate our Honorary Member and national badminton player, Loh Kean Yew, who was named Sportsman of the Year at the Annual Singapore Sports Awards ceremony. He is the first Singaporean man to qualify for the prestigious BWF World Tour Finals in Bangkok, which ran from 7 to 11 December 2022. It featured the current top-eight players in the singles and doubles categories. The other Honorary Member, Singapore's top pool player, Aloysius Yapp won both the 9-ball and 10-ball events at the Meucci Classic in Sanford, Florida. 25 of our CSC swimmers were part of the 108 junior swimmers representing Singapore at the 44th Southeast Asia Age Group Swimming Championships 2022 held in December 2022 in Kuala Lumpur, Malaysia. So far, it was the biggest group that was sent from CSC to participate in the event. Our athletes have done CSC proud with their outstanding performances and most importantly, their incredible resilience and determination.

Despite the challenge of a shortage of staff in many of our departments, the team did their best to provide service excellence across all areas. We are incredibly proud to announce we have achieved 4 Star, 7 Gold and 6 Silver in the 2022 Excellent Service Award Star Presentation Ceremony (EXSA).

On a personal note, I like to thank all our members for your unwavering support through the years and your generous contribution to the Ang Bao Fund. Without

doubt, your generosity has brought joy and encouragement to the staff, making this season even more meaningful.

It's the time of the year for families and friends to gather and soak in the festive mood. Usher in the Year of the Rabbit with our auspicious line-up of Chinese New Year perennial favourites whipped up by our F&B team that will tantalise your taste buds. Keep the celebrations going with the bountiful selection of festive goodies at Man Zhu Cafe for you to snack on or gift to your loved ones. Mark your calendar as we are pleased to invite you to join us at the annual Spring Festival on 28 January 2023 with a Lion & Dragon Dance performance and other fun-filled activities. In appreciation for your wonderful support, the Club has prepared 4,888 packs of CSC Ang Bao packets for Members. Collection is available at Arrival Pavilion Front Office from 16 January 2023.

For foodies, keep your eyes peeled for Man Zhu Café's new menu that will be launched in the first quarter of 2023. You will be in for a treat! As we approach the March holidays, do sign your kids up for our plethora of activities to keep them entertained.

As we herald in the New Year, I would like to wish everyone all the joy and prosperity and look forward to making more good memories in the new year. Have a Happy New Year and a prosperous Year of the Rabbit!

Victor Chia
President

MEMBERSHIP REFERRAL PROGRAMME

Refer your friends and family to join the Club
and be rewarded with spending credits.

REFEREE
\$1,000



REFERRER
\$300

Terms & Conditions:

- Credits apply to all Club spending except for subscription dues, F&B levy and spending at FIL Spa, Fu Lin Men, The Dance Academy, and Cocoon Learning Centre.
- The Club reserves the right to change the terms and conditions of this promotion without prior notice.





WORK@CSC



Scan the QR Code
for more information

BOOK A MEETING ROOM

- Maximum capacity: 6 pax
- Chairs with lumbar support & armrests
- 77-inch wall-mounted TV
- HDMI connection for Windows & Mac
- Built-in microphone & speakers

 **Recreation Complex, Level 2**

 **6345 1221 ext 720**

 **work@chineseswimmingclub.org.sg**





Lunar New Year Closure

Please be informed that the Club will be closed on **Saturday, 21 January** and **Sunday, 22 January 2023** for Lunar New Year. Operations will resume on the second day of the Lunar New Year, Monday, 23 January 2023.



Spring into Prosperity

From our auspicious buffet brunch to red packets lantern workshop, CSC is ready to usher in the Year of the Rabbit with an exciting line-up of activities specially curated for you.



RED PACKETS LANTERN WORKSHOP

Learn to make lanterns using red packets in this guided workshop.

Sunday, 15 January 2023

2.00pm – 5.00pm

Lattice Suite, Recreation Complex (L3)

\$5.40 (Member) | \$16.20 (Guest)

All materials will be provided

14 years & above



SPRING FESTIVAL 2023

Usher in the year of the Rabbit with a festive celebration of Lion & Dragon Dance. There will be other interesting performances and snacks to enjoy. Bring your family down for a fun afternoon!

Saturday, 28 January 2023

4.30pm to 6.30pm

Arrival Pavilion Entrance





LUNAR NEW YEAR CELEBRATION PROMOTIONS



LUNAR NEW YEAR BRUNCH BUFFET

Man Zhu Café

29th January 2023, 11.30am to 2.30pm

\$68 per person

Comes with one plate of yusheng for every 4 adults
Minimum 4 adults

\$58 per person

Without yusheng

\$28.80 per child (6 to 12 years old)

À la carte menu not available from 11.30am to 2.30pm

Reservations are highly recommended



LUNAR NEW YEAR GOODIES

- Florentine Mixed Almond
- Kueh Bangkit
- Cashew Nut Cookies
- Peanut Cookies
- Spicy Prawn Rolls
- Love Letters
- Pineapple Balls

Prices start from **\$22.50**
(inclusive of GST)



SALMON PROSPERITY YUSHENG

Man Zhu Café

\$46.80 (small) | **\$56.80** (large)

Available for dine-in/takeaway
from 23 January to 5 February
2023. Not available from 2.30pm
to 6.00pm. Takeaway orders
include a \$2 surcharge



For enquiries and orders, please contact Man Zhu Café at **6885 0230**

All prices are subject to 8% GST



Love at First Bite

Let us play cupid this Valentine's Day with our exquisite dining offerings. You'll definitely be in for a treat!

Man Zhu Café

14 February 2023

Menu

Warm Crabmeat Cake with Tomato Coulis

Seafood Chowder

Roasted Iberico Pork Collar
Asparagus, Tomatoes, Carrots, Mashed Potatoes

OR

Beef Cheeks with Marsala Wine
Asparagus, Tomatoes, Carrots, Mashed Potatoes

OR

Baked Cod with Mentaiko
Asparagus, Tomatoes, Carrots, Mashed Potatoes

Raspberry Chocolate Cake

Reservations are highly encouraged.

*Walk-ins are subject to availability,
please contact Man Zhu Café at 6885 0230*

All prices are subject to 8% GST

10
CHINESE SWIMMING CLUB

Valentine's Day 4-Course Set Dinner

\$88.80 for 2 persons

Includes 2 glasses of
complimentary rosé wine
and a stalk of rose



CSC Christmas Light-up

CSC captured the Yuletide spirit with our much-anticipated Christmas Light-Up at the Arrival Pavilion on 25 November 2022. It was graced by members of the Management Committee and officiated by our President, Victor Chia. The musicians from Small Giant Music School entertained our 150 members with familiar Christmas songs from "Jingle Bell Rock" to "It's Beginning to Look a Lot Like Christmas".

The young ones and the young at heart immersed themselves in fun-filled Christmas activities such as carnival games, puppetry-making and balloon sculpting. Christmas decorations like fairy lights, the dazzling Christmas tree and Santa Claus made for plenty of photo opportunities!



CSC Annual Staff Dinner 2022



After a two-year hiatus due to the COVID-19 pandemic, CSC resumed its staff annual dinner on 22 August 2022 at Orchard Hotel.

Our staff dressed up for the safari-themed dinner and enjoyed a night of relaxation and enjoyment. It was a wonderful night for staff bonding and also a great opportunity to recognise and appreciate our staff's contributions over the years.



2022 Excellent Service Award (EXSA)

Chinese Swimming Club is incredibly proud to announce that our team has achieved 4 Star, 7 Gold and 6 Silver in the 2022 Excellent Service Award Star Presentation Ceremony (EXSA). We would also like to give a special shout-out to our Star winners - Kenny Chong, Louis Goh, Lily Lim and Teo Hong Chay, who continue to elevate our service standards by creating positive membership experiences. Well done, Team CSC!



Celebrating Our People

The CSC Annual Staff Award recognises and celebrates the contributions of our dedicated staff. We want to extend our heartiest congratulations to all our award recipients for their commitment and hard work!

Staff Award



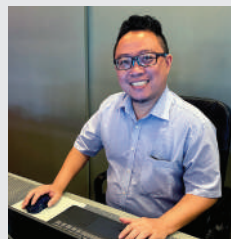
Most Cheerful
Kenny Chong
F&B



Most Courteous
Bernard Ching
Front Desk



Most Friendly
Jenny Wai
Housekeeping



Most Helpful
Lam Jick Sern
Sports & Lifestyle



Most Well-Groomed
Mong Chai Lin
Membership
Relations & Sales

Long Service Award



30 Years
Goh Ban Suat
GM Office



20 Years
Virah Bin Sahanah
Property



20 Years
Eng Tak Fak
F&B



20 Years
Edmund Lee
F&B



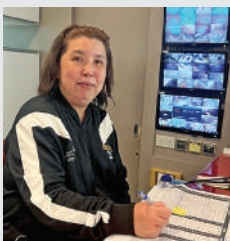
10 Years
Chan Kok Wei
F&B



10 Years
Voon Lip Seng
F&B



10 Years
Marcus Teo
F&B



5 Years
Ng Chye Moi
Sports & Lifestyle



5 Years
Hamsain Amrin Jamante
Swimming



Visit by Club Patron Dr Chua Tian Poh

The Executive Committee was honoured to host our Club Patron Dr Chua Tian Poh on 19 October 2022 for a walkabout and to gather insightful guidance to enhance the Club and members' experience.



Katong Pool Heritage Gallery Launch

Our Club's Management Committee was invited to attend the Katong Pool Heritage Gallery launched on Sunday, 27 November 2022 at Katong Swimming Complex, which was graced by Guest of Honour, South East District Mayor, Mohd Fahmi bin Aliman.

The Gallery detailed the introductory information on Tanjong Rhu and featured Chinese Swimming Club's establishment as one of the pioneer swimming clubs and other relevant key milestones from our rich heritage.



Oktoberfest 2022

It was a jamboree of good vibes at CSC's Oktoberfest this year! All our members and guests enjoyed a scrumptious spread of German food and pints of ice-cold beer. The Oktoberfest mood was made complete with live music by Swiss Alpine Lions, which performed songs comprising a unique blend of Swiss, German and Austrian classical and folk music!



January Specials



Hong Yun Wang Guo

"Prosperous Fruitty"

Strawberry puree, pineapple puree, green apple, water

\$5.60 Member | **\$7** Non-member

Mandarin Chocolate Cake

\$5.60 Member | **\$7** Non-member

Tiong Hoe Specialty Coffee
(Smoky Quartz)



All prices are subject to 8% GST

WHISKY PROMOTIONS



Glenfiddich 12
Festive Giftpack
2023

\$118
(with 1 highball glass)

Glenfiddich 15
Festive Giftpack
2023

\$138
(with 1 nosing glass)

Glenfiddich 18
Festive Giftpack
2023

\$188
(with 2 nosing glasses)

JANUARY AND FEBRUARY

Specials



COCKTAIL/MOCKTAIL PROMOTIONS

Lychee Cooler
(Lychee, sprite)

\$6

Bloody Mary
(Vodka, tomato juice,
Worcestershire sauce,
tabasco, lemon juice,
salt and pepper, celery)

\$12

Love Potion
(Vodka, strawberry,
grenadine)

\$10



All prices are subject to 8% GST

February Specials



MOS Minty Oreo Shake

Mint syrup, vanilla powder, milk, Oreo powder, mint leaves

\$5.60 Member | **\$7** Non-member

Banana Chocolate

\$5.60 Member | **\$7** Non-member

Tiong Hoe Specialty Coffee (Smoky Quartz)



All prices are subject to 8% GST

FEBRUARY Specials



WHISKY PROMOTIONS



1 Johnnie Walker Gold Label Reserve

\$108 per bottle
\$200 for 2 bottles

2 Johnnie Walker Aged 18 Years

\$128 per bottle
\$240 for 2 bottles

3 Johnnie Walker & Sons XR21

\$158 per bottle
\$300 for 2 bottles

All prices are subject to 8% GST



March Specials

Teochew Porridge Buffet

Every Friday from 6pm to 9pm

\$28⁸⁰

(Adults)

\$12⁸⁰

(Children from 6 to 12 years old)

All prices are subject to 8% GST

*Limited à la carte menu will be served from 6 pm to 9 pm

March Specials



Double Sweetness

Sweet potato puree, milk,
strawberry puree

\$5⁶⁰
Member

\$7
Non-member



Durian Puff

\$5⁶⁰ | **\$7**
Member | Non-member



All prices are subject to 8% GST

MARCH *Specials*



WHISKY PROMOTIONS

Chivas 12

\$108 per bottle

\$200 for 2 bottles



Chivas 18

\$138

per bottle

All prices are subject to 8% GST

March and April Specials

COCKTAIL/MOCKTAIL PROMOTIONS



Frizzy
Tropicana
Fruit punch, mint
syrup, soda
\$6



Super Tiger
Blue Cacao, lime juice,
sprite, Tiger Beer
\$10



Apricot Fizz
Apricot brandy,
orange juice,
lime juice, soda
\$9



All prices are subject to 8% GST

Swimming

Single Age Group

On Saturday, 12 November 2022, 155 swimmers ages 6 to 12 competed in the Single Age Group where 432 medals were awarded. Congratulations to all our winners and thank you to our swimmers who participated.



CSC Midget Meet 2022

On 19 November 2022, 105 CSC swimmers, aged 5 to 9 years old competed in the CSC Midget Meet 2022. Congratulations to all our winners and thank you to our swimmers who participated.



CSC Junior Swim Fun Camp 2022

A total of 27 swimmers participated in the CSC Junior Swim Fun Camp 2022, from 30 November to 2 December 2022. The fun-filled camp included team bonding activities, bowling, sports injury prevention talks, bear figurine painting and laser tag. It was a great opportunity for the kids to foster friendships and create new memories.



ASPIRE Programme Evaluation

Our artistic swimmers, ages 8 to 11 years old from the CSC – Artistic Swimming Team participated in the ASPIRE Programme Evaluation on 10 to 11 September 2022 held at Toa Payoh Swimming Complex.

The two-day event saw the artistic swimmers demonstrate sculling actions, body extensions and artistic impressions in front of a panel of judges. Despite the nerves, our swimmers did their best and successfully passed the ASPIRE level 1 and 2 assessments!



Congratulations to our artistic swimmers:

Level 1 - Lek Jing En, Isabel Li, Ruth Mikayla Lim, Ngim Yiling, Halley Teo
Level 2 - Summer Leck, Amber Lim

SwimSafer 2022

34 swimmers participated in the SwimSafer programme from 6 to 9 September 2022. During the 4-day course, the swimmers gained valuable water safety knowledge and were equipped with the relevant skillsets for survival in the event of an emergency.



Billiards & Snooker

Congratulations Aloysius for the outstanding achievements!



Predator Pro Billiard Series Seyberts Michigan Open (21 - 24 September 2022)

Aloysius Yapp defended his title against Robbie Captio in the finals to be crowned 2-time Michigan Open Champion.

Sandcastle 9-Ball Open 2022 (6 – 8 October 2022)

Aloysius Yapp beat 43rd-ranked Chang Jung Lin 7-6 in the race-to-seven final to be crowned champion for the Sandcastle 9-Ball Open.



3rd Annual Meucci Classic 9 & 10-Ball Division (10 – 13 November 2022)

Aloysius Yapp produced another exceptional performance at the 3rd Annual Meucci Classic 2022 held in Sanford, Florida (USA) to win the 9-ball and 10-ball competitions.



Photo Credit: eDionisio

Tennis

STA Inter-Club Doubles League 2022

Following their triumph in the Singles League earlier this year, the CSC Tennis U10 team has emerged as Champions in the STA Inter-Club Doubles League 2022! Winning all fixtures thrown to them made the victory even sweeter.

The Men's D Team secured CSC's second trophy in this tournament, defeating Filipino Tennis Club D1 in the finals. The road to the finals wasn't easy with the weather hampering some fixtures but it didn't dampen the spirits of our Men's D Team as they marched on to bring home the trophy!



CSC Men's D Team

Heartiest congratulations to our U10 Team – Aiden Lim, Brian Hartono, Ethan Luke Ng, Jenico Harryman, Justin Ng, Marcus Lam, Marcus Tan, Oliver Tan, and Regis Lin. Not forgetting Rick Hartono (non-playing captain) & Lim Kai Hung (non-playing co-captain) who help lead and organise the boys.



CSC U10 Team



CSC Tennis Doubles Family Challenge 2022 Series 2

CSC held the second Tennis Doubles Family Challenge on 11th July 2022. During the parent & child tournament, the young players had the opportunity to learn a thing or two from the more experienced players.

Congratulations to the following winning teams:

Champion: Rick Hartono & Brian Hartono
1st Runner-up: Joel Leon Ng & Ng Shen Wei
2nd Runner-up: Juvanus Tjandra & Jonathan Tjandra
3rd Runner-up: Lim Kai Hung & Aiden Lim

Golf

Bogor Golf Trip

A total of 20 golfers made the trip to Bogor, Indonesia and played 4 rounds of golf in 5 days!

Other than enjoying golf and weather in Bogor, the golfers did not forget to celebrate our nation's 57th birthday with a cake in the form of our Singapore flag!



Golfers in Bogor, Indonesia

August Medal - Ponderosa Golf & Country Club

Congratulations to the August medal winners!

A Division

1st Place: Steven Tan
2nd Place: Simon Chin
3rd Place: Jow Jeng Jong

B Division

1st Place: Peter Chai
2nd Place: Wong Kok Leong
3rd Place: Jason Seng

Annual Golf Championship

The CSC Annual Golf Championship has finally returned since COVID-19 hit our shores. The 28th edition of this tournament was held at Marina Bay Golf Course and welcomed 80 participants to have a shot at the Soon Peng Yam Trophy.

After putting in the 18th hole, the golfers came back to the club's ballroom where they enjoyed a delicious dinner with lively entertainment by emcee, Happy Fei Fei.

Congratulations to the following winners:

Overall Champion: Chng Hee Tee

A Division

1st place: Chong Sek Sing
2nd place: Victor Chia
3rd place: Johnny Tan

B Division

1st place: Lim Ang Hock
2nd place: Simon Chin
3rd place: Peter Chai

Ladies Division

Winner: Mimi Heng
Runner-up: Tan Kim Lian



Golfers with emcee, Happy Fei Fei



Chng Hee Tee posing with his trophy, with CSC President, past and present Golf Convenors



October Medal – Senibong Golf Club

The October Medal was held at Senibong Golf Club. A total of 24 golfers took part in the tournament.

Congratulations to the following winners:

1st Place: Richard Lim
2nd Place: Chng Hee Tee
3rd Place: Kuah Teck Beng
4th Place: Johnny Tan
5th Place: Mustaffa Lim

Table Tennis

CSC U9/U12 Table Tennis Tournament 2022

On 12 and 13 November 2022, Chinese Swimming Club hosted its first Table Tennis Tournament, which attracted over 130 players. We would like to take this opportunity to thank everyone for their support!



U12 Girls' Singles Winners: (Left to Right) Chau Shun Han, Junitha, Chevelle See & Elsa Qi

UNDER-12 BOYS' SINGLES

Champion: Seah Shih Luck Benaiah
1st Runner-Up: Zane Ong Hong Yuan
Joint 2nd Runner-Up: Lim Guang Yu & Kaeden Seow

UNDER-12 GIRLS' SINGLES

Champion: Junitha D/O Balasubramaniam
1st Runner-Up: Chau Shu Han
Joint 2nd Runner-Up: Chevelle See & Elsa Qi

UNDER-9 BOYS' SINGLES

Champion: Owen Tang
1st Runner-Up: Keegen Tang
Joint 2nd Runner-Up: Andre Chan & James Hee

UNDER-9 GIRLS' SINGLES

Champion: Lim Jia En
1st Runner Up: Joelle Fok
Joint 2nd Runner-Up: Megan Tan & Lu Jin Xuan



U9 Boys' & Girls' Singles Winners

Bukit Batok Open Table Tennis Tournament 2022 (18 September 2022)

CSC put up a good fight against Sunsports in the semi-finals and managed to achieve the 3rd position in the tournament. A job well done to all the teams!



CSC Table Tennis Players:
Starting 3rd from left: Marcus Tan, Gloria Belandres, Mabel Ang, Bryan Taguiga, Noel Ceaser Atilano, David Chiang, Vilson Eng & Eric Fong (L-R)



Mr Eric Fong

Hillview/Bukit Batok East Table Tennis Team Challenge 2022 (19 & 20 November)

CSC Table Tennis team managed to achieve the third position in this tournament. Kudos to all the participants for their fantastic play!



CSC Table Tennis Players: Marcus Tan, Bryan Taguiga, Eric Fong, Mabel Ang, David Chiang, Gloria Belandres, Noel Ceaser Atilano, Joel Tan & Joselito Almazan (L-R)



Squash

Squash Friendly Match with Singapore Swimming Club

CSC hosted Singapore Swimming Club for a squash friendly match on 23 September 2022, which saw many familiar faces on a Friday evening.



CSC & SSC Squash Team



SSC Squash Convenor, Ong Eu-Gen (left) exchanging plaques with CSC Squash Convenor, Ng Eik Pin (right)



Gabriel Chew (left) and Jackrish (right)

5th CSC Squash Invitational Handicap Tournament

The 5th Edition of the Invitational Handicap Tournament held from 4 to 6 November 2022, welcomed participants of all ages to compete in squash. It was indeed a memorable experience for everyone!



Squash participants of all ages

Congratulations to all the winners:

Champion: Vivian Rhamanan

1st Runner-Up: Reuben Tay

2nd Runner-Up: Ari Starr

3rd Runner-Up: Terence Teo



Lucky Draw

(Left) Kelihla Cheong & Mr Nicholas Lim, S&G Committee Advisor, (Right) Gabriel Chew & Mr Ng Eik Pin, Squash Convenor



Awards Presentation to Winners

(Left) Vivian Rhamanan with Club Captain, Mr John Chew, (Top Right) Reuben Tay with Vice-Captain Dick Lee & (Bottom Right) Ari Starr with S&G Advisor, Mr Nicholas Lim



Certificate of Participation Presentation

(Left to Right) Michel Ng, Chew Kok Wye, Roger Mok, Taliah Cheong

MyRepublic 2022 SGSquash Novice 2

Two of our CSC squash section members had a wonderful time participating in the 2022 SGSquash Novice 2 tournament held from 19 to 24 September 2022. Both Lionel Khoo and Kris Chan did us proud by finishing in the 18th and 12th positions in the Men's and Women's Singles respectively.



Lionel Khoo (left) & Kris Chan (right)

Pickleball

Section Training

CSC Pickleball officially started their first section training on 3 October 2022, with many of our members trying the sport for the very first time!



CSC Halloween

Fun Bowl

CSC 3rd Halloween Bowl is finally back after 3 years! Our members and guests came dressed in their most spooktacular Halloween costumes and had a boo-ling good time at 12 Lanes Bowling Alley.



Bowling Four Clubs Friendly

Our Club hosted the first leg of the Four Clubs Friendly on 11 September 2022 with Seletar Country Club, Serangoon Gardens Country Club and Singapore Swimming Club.



Singapore Water Polo League

Our 10 & Under Water Polo Team took part in the Singapore Water Polo League from 3 to 11 September 2022 and Team Captain Emma Goh won the Most Valuable Player Award. Congratulations!



15th CSC Age Group Badminton (Invitational) Tournament 2022

After a 2-year hiatus due to COVID-19, the much-anticipated competition finally resumed on 5 to 11 September 2022 with an overwhelming response. A total of 784 entries were received from Singapore, Malaysia, Indonesia, China and India. Congratulations to all the winners and a huge thank you to all our sponsors for making this event a massive success!



Sponsored:



chaopai



KIM SOON LEE

LIEBHERR



Badminton Bye-Laws

Please be informed of the following Badminton Court Bye-Law changes with effect from 1 January 2023:

20. Booking charges are as follows:

Off-Peak

Mon – Fri 7.00am to 6.00pm
\$7.56 per hour

Peak

Mon – Fri 6.00pm to 10.00pm
Sat/Sun/PH Whole Day
\$9.72 per hour

33. Except for professional/state players (overseas or local) invited by the Standing Committee concerned or as approved by the Management Committee from time to time, guests are not allowed in the badminton courts on Sundays from 7am to 12pm.

BASKETBALL

CSC – LJE SPORTS JUNIOR BASKETBALL HOLIDAY CAMP

Enrol your child in this training camp where they will reap the benefits of improved hand-eye coordination, cardiovascular conditioning, agility and endurance. Kids also learn about the value of respect and teamwork as they interact with other kids in this team sport. Sign up fast due to limited slots!

Monday – Wednesday, 13 – 15 March 2023

\$277.56* (CSC Member) | \$292.68* (Guest)

6 – 12 years old, beginners

TRAINING TIME	AGE GROUP
8.00am – 10.00am	6 – 12 years old
6.00pm – 8.00pm	6 – 12 years old

*Fees are for 3 training days.

Registration will close upon reaching maximum capacity.

CCS-LJE SPORTS JUNIOR BASKETBALL TRAINING

A joint programme between CSC and LJE Sports, our basketball training aims to inculcate in players basic basketball skills and knowledge. Sessions cover basic ball handling, footwork, shooting drills and conditioning drills.

Juniors (6 – 14 years old)

Thursdays, 5.00pm – 6.15pm

Saturdays, 8.00am – 9.15am & 9.30am – 10.45am

Sundays, 8.00am – 9.15am & 9.30am – 10.45am

\$118.80 (Member) | \$194.40 (Guest)

Fees are based on 4 sessions a month. For months with a fifth week, additional lessons will be billed accordingly. Guests are required to pay a refundable one-month deposit.



BOWLING

BOWLING LEARN-TO-PLAY FOR KIDS

Saturdays, 10.00am – 11.00am

12 Lanes (Bowling Alley), Sports Complex (L1)

\$129.60* (Member) | \$172.80* (Guest) per month (4 classes)

7 – 9 years old

JUNIOR BOWLERS

Saturdays, 2.00pm – 3.30pm

12 Lanes (Bowling Alley), Sports Complex (L1)

\$129.60* (Member) | \$172.80* (Guest) per month (4 classes)

7 – 12 years old

DEVELOPMENT BOWLERS

Saturdays, 3.40pm – 5.10pm

12 Lanes (Bowling Alley), Sports Complex (L1)

\$129.60* (Member) | \$172.80* (Guest) per month (4 classes)

10 years old and above

*Lane fees and shoe rental included

BOWLING PRIVATE COACHING

12 Lanes (Bowling Alley), Sports Complex (L1)

From \$86.40* per hour per trainee

Up to 4 trainees in a group

*Lane fees will be paid separately to the

12 Lanes counter

GOLF

CSC GOLF JANUARY 2023 MEDAL

Thursday, 12 January 2023

Marina Bay Golf Course*

19TH CSC – SSC BILATERAL GOLF CHALLENGE CUM ANG BAO MEDAL

Wednesday, 1 February 2023

Marina Bay Golf Course*

DANANG TRIP

Wednesday – Sunday, 15th – 19th

February 2023

Danang, Vietnam

CSC GOLF MARCH 2023 MEDAL

Wednesday, 29th March,

Senibong Golf Club

*Tentative

All prices are inclusive of 8% GST. Please visit our website, call **68850671** or email **sports@chineseswimmingclub.org.sg** for more information or to sign up.

TABLE TENNIS

JTA TABLE TENNIS HOLIDAY TRAINING CAMP (4 DAYS)

Our holiday camps are the perfect platform for players to pick up various skills and tactics in table tennis, with coaching adjusted based on playing ability. The emphasis is on fun and engagement instead of competition.

Monday – Thursday, 13 – 16 March 2022

\$207.36* (Member) | \$311.04* (Guest)

4 – 14 years old

GRADE	DAILY TRAINING TIME
Beginner	10.00am – 12.00pm
Beginner	1.00pm – 3.00pm

*Fees are for 4 days of training

CSC-JTA TABLE TENNIS ACADEMY

The CSC-JTA Table Tennis Academy aims to create interest, impart knowledge, groom and nurture talented young players to strive for excellence in table tennis. The training programme is for kids aged 4 and above and consists of beginner, intermediate and advanced levels.

TABLE TENNIS ADULT GROUP TRAINING

Under resident coach Kelvin, our adults' training programme will teach the rules and fundamentals of table tennis, while veterans will further hone their skills and basic game techniques.

Fridays

9.00am – 10.30am

\$162* per month (Member) | \$194.40* per month (Guest)

Min. 3 pax; Max. 6 pax

*Fees are based on 4 sessions a month. For months with a fifth week, additional lessons will be billed accordingly.



TAEKWONDO

TAEKWONDO JUNIOR TRAINING PROGRAMME

More than just kicking and punching, the life skills imparted in our programme help children grow into responsible young adults. Sign up for a free trial now!

Sundays

Activity Suite, Sports Complex (L3)

\$48.60 per month (Colour Belt)

\$37.80 per month (Poom/Black Belt)

Members only

BELT	TIME
Foundation White F1 F2 F3/White	1.00pm – 2.00pm
Yellow	2.00pm – 3.00pm
Green	3.00pm – 4.00pm
Blue	3.00pm – 4.00pm
Brown	4.00pm – 5.00pm
Poom/Black	5.00pm – 6.00pm

SWIMMING

SWIMSAFER PROGRAMME

SwimSafer is a national water safety programme that emphasises skills development in conjunction with swimming proficiency, water safety and personal water survival education.

Tuesday – Friday, 14 – 17 March 2023

\$183.60 (course fees) + \$43.20 (test fees)

16 years old & below

WATER POLO

JUNIOR WATER POLO TRAINING PROGRAMME

Monday, Wednesday & Friday, 6.15pm – 8.15pm

Friday, 7.30pm – 9.30pm

Water Polo Pool, Sports Complex (L1)

\$102.60 per month (Member) | \$143.10* per month (Guest)

9 years old and above

Must be able to swim 4 x 50m continuously

FLIPPA BALL PROGRAMME

Saturday, 6.15pm – 7.30pm

Beginners' Pool, Sports Complex (L1)

\$54 per month (Member) | \$81* per month (Guest)

6 – 12 Years old

Must be able to swim 2 x 25m independently

*Price includes guest fee

All prices are inclusive of 8% GST. Please visit our website, call **68850671** or email **sports@chineseswimmingclub.org.sg** for more information or to sign up.

Bollywood Dance Parties

(Line Dance & Social Dance)



CSC held its dance parties, Line Dance and Social Dance on 22 October & 23 October respectively. The Bollywood-themed parties saw dancers decked in Indian ethnic wear and dancing to favourite Bollywood tunes.

A flash mob of approximately 60 dancers kicked off the Line Dance party in the Arrival Pavilion Lobby. It was a tremendous success all thanks to our dancers who livened up the night.



We are honoured to have Mr Goh Peng Koon, Lifestyle Committee Advisor join us for the Bollywood Social Dance Party on 23 October 2022. Members and guests had a night filled with fun and merriment as they danced with their friends and partners.





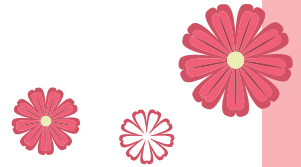
Mid-Autumn Children's Party

Our little ones had some festive fun at the Mid-Autumn Children's Party held on 2 September 2022. They were taught to make Chang'e puppets and had an interactive storytelling session with the Chang'e ventriloquist. The event ended with lantern-walking and a goodie bag giveaway.



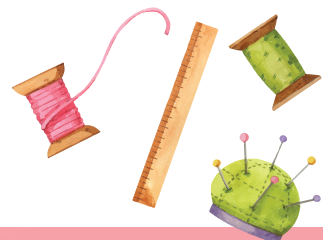
Snowskin Mooncake Workshop

What is the Mid-Autumn Festival without mooncakes? A snowskin mooncake-making workshop for kids was held on 6 September 2022 where kids were taught to make their own dough and fillings. They also got to bring home their tasty treats for their families too!



Kids Fashion 101: Introduction To Sewing

On 9 September 2022, our junior members and their guests had a hands-on experience with pouch-making. They were guided step-by-step to operate the sewing machine. It was an educational experience with the children bringing home their own self-sewn pouch.





Halloween Cupcakes

It was a spooky-licious Halloween season for our kids, as they baked Halloween-themed cupcakes on 7 October 2022. Under the guidance of an instructor, the kids were taught to make buttercream frosting and toppers using fondant. It was truly a fun experience for everyone!

Hydro-dipped Sneakers Workshop

We received an overwhelming response of 17 participants, ranging 3 to 12 years old for the Hydro Dipped Sneakers workshop on 22 November 2022. The kids got to design and customise shoes that are uniquely their own! First, they chose their preferred design and taped the parts of the shoes with masking tapes that will remain white. The magic started when they start dipping their taped shoes in the water tank filled with their desired design. The design was imprinted on the shoes immediately! Everyone enjoyed the session and gained a new pair of shoes this festive season.



Rhythmic Gymnastics

Our ever-popular Rhythmic Gymnastics class was held during the 2022 year-end school holidays. The kids ranging from 7 to 10 years old warmed up to the stretching and toning workout before being taught the basics of using the ribbon as an apparatus. The kids learned new dance choreography every week and were able to perform a dance routine with music at the end of the 6 sessions. It was a fun workout enjoyed by the children.



DANCE

LATIN/ STANDARD BALLROOM DANCE (FOR ALL LEVELS) – 8 SESSIONS

Mondays, commencing 30 January 2023

Fridays, commencing 20 January 2023

8.30pm – 9.30pm

Activity Suite, Sports Complex (L3)

\$81.00 (Member) | \$106.92 (Guest)

Min. 4 pax



LINE DANCE (BEGINNER INTERMEDIATE) – 10 SESSIONS

Tuesdays, commencing 28 March 2023

12.45pm – 2.00pm

\$89.10 (Member) | \$121.50 (Guest)

Activity Suite, SC (L3)

Min. 10 pax

(BEGINNER ADVANCED) – 10 SESSIONS

Tuesdays, commencing 7 March 2023

2.00pm – 3.30pm

\$105.30 (Member) | \$137.70 (Guest)

Activity Suite, SC (L3)

Min. 10 pax

(BEGINNER ADVANCED) – 10 SESSIONS

Sundays, commencing 2 April 2023

1.30pm – 3.00pm

\$105.30 (Member) | \$159.30 (Guest)

Multipurpose Room, SC (L2)

Min. 10 pax

(ADVANCED) – 10 SESSIONS

Sundays, commencing 5 February 2023

3.00pm – 4.30pm

\$105.30 (Member) | \$159.30 (Guest)

Multipurpose Room, SC (L2)

Min. 10 pax



SOLO LATIN DANCE FOR LADIES – 8 SESSIONS

Wednesdays, commencing 25 January 2023

3.00pm – 4.00pm

Activity Suite, SC (L3)

\$108.00 (Member) | \$133.92 (Guest)

Min. 8 pax

VALENTINE'S DANCE PARTY

Love is in the air! Come join us for a lovely night with your partner for CSC's Valentine's Dance Party!

Sunday, 11 February 2023

7.30pm – 11.00pm

Activity Suite, SC (L3)

\$31.32 (Member) |

\$42.12 (Guest)



SOCIAL DANCE NIGHTS

Saturdays

14 January | 18 & 25 February

11 & 25 March | 8, 15 & 22 April

7.00pm – 10.30pm

Activity Suite, Sports Complex (L3)

\$9.72 (Member) | \$15.14 (Guest)

Limited slots are available for dance parties and social dance nights. Confirmation is on a first-come, first-served basis. All dates are subject to changes. Please register online at the Club's website under Fitness & Leisure – Dance.

All prices are inclusive of 8% GST. Please visit our website, call **6885 0654** or email **lifestyle@chineseswimmingclub.org.sg** for more information or to sign up.

EXERCISE

TAIJI QIGONG BY NGIAM TONG KHENG

Taiji Qigong instructor – Ngiam Tong Kheng an international Wushu judge is passionate about imparting the health benefits of Taiji to his students. He teaches both Soon and Chen style Taiji which includes the use of swords and sabres combined with Qigong techniques.

Sunday, 8.00am – 9.00am

EXERCISE FLEXI-PASS

Fitness enthusiasts rejoice! Our Exercise Flexi-Pass is a pre-paid package that gives you the flexibility to choose from a variety of exercise classes for a flat fee so you can make the most out of your membership. Simply book your next workout session online.

- \$194.40 for 10 classes with a validity of 3 months.
- Classes can be booked 90 days in advance up until the class commencement date



Terms & Conditions apply.

Featured Class:

Dynamic Barre Fusion

Get ready to work up a sweat with experienced group fitness trainer Ming! Fusing elements of Barre, Pilates, Aerobics, Cardio and HIIT, this total body workout incorporating elastic bands, dumbbells and other props are guaranteed to raise your energy levels and keep you fighting fit.

Thursdays, 8.00pm – 9.00pm

Fridays, 9.00am – 10.00am

Saturdays, 10.00am – 11.00am



AQUA AEROBICS BY POH LENG

Join us for a 60-minute moderate-intensity class with an emphasis on resistance and stretching workout. Exercising in water is gentle on the body, joints and muscles. It improves blood circulation, and builds muscle strength, flexibility and cardiovascular fitness. Suitable for swimmers and non-swimmers. Limited slots only – sign up now!

Tuesdays, 7.30pm – 8.30pm

Thursday, 9.15am – 10.15am

YANG STYLE TAIJI QUAN (BEGINNER)

BY NG BENG CHIAN

Taiji instructor – Ng Beng Chian has 10 years of experience teaching in the Singapore Taiji Society. Taiji training integrates slow, intentional movements with breathing cognitive skills. This strengthens, relaxes and integrates the physical body and mind, enhancing the natural flow of Qi for improved health and self-defence.

Tuesdays, 8.00pm – 9.30pm

Multipurpose Room, SC (L2)

\$37.80 (Member) | \$64.80 (Guest)

K-POP X FITNESS BY ANGELYN KAM

Angelyn has been teaching K-Pop X Fitness since 2019 and is passionate about exercising and leading a healthy lifestyle. She loves the mix of dance incorporated into the fitness moves found in K-Pop X Fitness and hopes to inspire people of all ages to lead an active lifestyle.

Mondays, 11.00am – 11.50am

Thursdays, 11.00am – 11.50am

MUAY THAI BY ABDUR RAHMAN

Abdur Rahman is a Muay Thai and Kickboxing athlete who was one of the first two athletes to represent Singapore in the prestigious World Kickboxing Championships (2019, Sarajevo) where he placed overall 17th in the world after becoming the national champion in the same year (2019). Rahman has over 5 years of coaching experience in Muay Thai, HIIT and Kickboxing.

Sundays, 9.30am – 10.30am



All prices are inclusive of 8% GST. Please visit our website, call **6885 0654** or email **lifestyle@chineseswimmingclub.org.sg** for more information or to sign up.

DEEP-WATER AQUA FIT

Join us for this 45-minute Deep-Water Aqua Fit class which aims to build overall and functional fitness. Held buoyant by floatation belts (provided by the Club), participants can move freely in the water for a full body workout. This exercise is gentle on the knees as exercising in deep water eliminates all of the impact forces on the joints. Suitable for swimmers and non-swimmers.

Thursdays, 8.00am – 9.00am



ZUMBA FITNESS BY ERICA HUGH

Join our new Zumba instructor – Erica, an experienced Tap and Hip-Hop dancer who has been teaching Zumba since 2014.

Wednesdays, 7.30pm – 8.30pm
Activity Suite, SC (L3)



PILATES BY MEHA JAIN

Join our Pilates instructor – Meha, who is certified by the American Council on Exercise (ACE) and trained in Polestar Pilates and HIIT. She specialises in core strengthening, posture correction, spine mobilisation and cardiovascular exercises.

Tuesdays, 9.00am – 10.00am



GENTLE YOGA BY ROSE LIE

Tuesdays, 10.15am – 11.15am
Fridays, 10.15am – 11.15am

MINDFUL GENTLE YOGA BY JESS

Saturdays, 11.15am – 12.30pm

BODY BAND BALANCE BY ONG BENG HWE

Mondays, 9.00am – 10.00am

LEISURE

CHINESE CALLIGRAPHY

Mondays, 9.00am – 11.00am

Multipurpose Room, SC (L2)

\$16.02 (Member) | \$32.40 (Guest)

CHINESE BRUSH PAINTING

Thursdays, 10.00am – 12.00pm

Multipurpose Room, SC (L2)

\$124.20 (Member) | \$156.60 * (Guest)

TEA BLENDING WORKSHOP

Taste a selection of teas and experience a hands-on blending session where you have the chance to experiment with different tea leaves and create 3 unique tea blends to bring home for yourselves.

9 February 2023

2.00pm – 4.00pm

Multipurpose Room, SC (L2)

Fee: \$75.60 (Member) | \$91.80 (Guest)



KOREAN STYLE PEPTIDE EYE CREAM MAKING WORKSHOP

Want to learn how to use organic ingredients from Korea to make your own eye cream? In this workshop, you will learn the techniques, tips and recipes and take home a 30ml self-made eye cream.

16 February 2023

2.00pm – 3.30pm

Multipurpose Room, SC (L2)

\$105.84 (Member) | \$122.04 (Guest)



All prices are inclusive of 8% GST. Please visit our website, call **6885 0654** or email **lifestyle@chineseswimmingclub.org.sg** for more information or to sign up.

YOUTH & KIDS

CHILDREN'S BALLET – 8 SESSIONS	
BEGINNERS 1 (3 – 4 YEARS OLD) Mondays 4.45pm – 5.45pm Saturdays 9.15am – 10.15am \$120.96 (Member) \$164.16 (Guest)	BEGINNERS 2 (5 – 6 YEARS OLD) Saturdays 8.00am – 9.00am \$164.16 (Member) \$207.36 (Guest)
PRIMARY BEGINNERS (5 – 6 YEARS OLD) Saturdays 10.30am – 11.30am \$164.16 (Member) \$207.36 (Guest)	PRIMARY (5 – 6 YEARS OLD) Saturdays 11.30am – 12.30pm \$164.16 (Member) \$207.36 (Guest)
GRADE 2 BEGINNERS Saturdays 12.45pm – 1.45pm \$241.92 (Member) \$285.12 (Guest)	GRADE 2 Saturdays 1.45pm – 2.45pm \$241.92 (Member) \$285.12 (Guest)
GRADE 4 BEGINNERS Fridays 3.00pm – 4.00pm \$241.92 (Member) \$285.12 (Guest)	GRADE 4 Fridays 4.00pm – 5.00pm \$241.92 (Member) \$285.12 (Guest)
GRADE 5 BEGINNERS Mondays 2.45pm – 3.45pm \$241.92 (Member) \$285.12 (Guest)	GRADE 5 Mondays 3.45pm – 4.45pm \$241.92 (Member) \$285.12 (Guest)
GRADE 6 BEGINNERS Fridays 5.15pm – 6.15pm \$241.92 (Member) \$285.12 (Guest)	GRADE 6 Fridays 6.15pm – 7.15pm \$241.92 (Member) \$285.12 (Guest)

Note: Timeslot is subject to availability due to limited slots. Please check for new term dates.

All prices are inclusive of 8% GST. Please visit our website, call **6885 0654** or email lifestyle@chineseswimmingclub.org.sg for more information or to sign up.



WUSHU BY TEX TOH

Tex Toh, a registered MOE Coach under Singapore Wushu Federation is the founder and Chief Coach of Wan Wu Sports and Martial Arts Academy. Since 2007, he has groomed many Wushu athletes and coaches.



WUSHU (BEGINNERS) – 4 SESSIONS

Mondays, commencing 6 February 2023

7.30pm – 8.30pm
Lattice Suite, RC (L3)

Wednesdays, commencing 8 February 2023

7.30pm – 8.30pm
Lattice Suite, RC (L3)

Saturdays, commencing 7 January 2023

7.00pm – 8.00pm
Multipurpose Room, SC (L2)

Sundays, commencing 15 January 2023

9.30am – 10.30am
Activity Suite, SC (L3)
\$108 (Member) | \$162 (Guest)
Min. 5 pax
5 – 12 years old

ABACUS & MATHEMATICS – 4 SESSIONS

Roots Abacus & Mathematics (RAM) a unit of Roots. Sg Pte Ltd is a leading Abacus Brain Development programme. This programme enhances brain development, focus and retention, improves concentration as well as increases creativity.

Wednesdays

5.00pm – 6.30pm
Lattice Suite, RC (L3)

\$151.20 (Member) | \$172.80 (Guest)

*Additional \$45 registration fee applies

4 – 14 years old

Min. 5 pax, max. 8 pax



OCARINA WORKSHOP

Join this fun and meaningful music workshop today! Customise your very own Ocarina (wind instrument) and learn how to play up to 5 songs in less than 1 hour!

14 March 2023

2.00pm – 4.00pm

Multipurpose Room, SC (L2)

\$62.64 (Member) | \$78.84 (Guest)

*Price inclusive of DIY Ocarina



GAME DESIGN CODING WORKSHOP

Calling out to all coding lovers! Have some fun learning how to code by creating a Whack-A-Mole game. You can set your own rules! You will learn the art of game design and create a simple yet interactive game using your creativity and imagination.

15 – 16 March 2023

10.00am – 12.00pm

Lattice Suite, RC (L2)

\$280.80 (Member) / \$297 (Guest)

5 – 7 years old



KALIMBA WORKSHOP

Be amazed by a small instrument that can play beautiful music. Join us in this Kalimba workshop where you will be able to learn how to play song using a small "piano".

16 – 17 March 2023

2.00pm – 4.00pm

Lattice Suite, RC (L2)

\$172.80 (Member) | \$189 (Guest)

Includes a set of Kalimba

YOUTH & KIDS ART CLASS (BEGINNER) – 6 SESSIONS

Unleash your creativity through exploring different art medium techniques and skills with Jaya – a professional and renowned artist. These sessions will increase participants' analytical power and focus.

Thursdays, 2 February – 9 March 2023

Multipurpose Room, SC (L2)

5 – 7 years old

5.15pm – 6.15pm

\$162 (Member)

\$183.60 (Guest)

8 – 12 years old

5.00pm – 6.30pm

\$226.80 (Member)

\$248.40 (Guest)

13 – 18 years old

4.30pm – 6.30pm

\$259.20 (Member)

\$280.80 (Guest)

Min. 3 pax

All art materials
will be provided.



All prices are inclusive of 8% GST. Please visit our website, call **6885 0654** or email **lifestyle@chineseswimmingclub.org.sg** for more information or to sign up.

OPERATING HOURS

ARRIVAL PAVILION FRONT OFFICE RECEPTION

Daily 8.30am – 10.00pm

MINGLE@AMBER

Daily 8.00am – 8.00pm

SPORTS COMPLEX SPORTS RECEPTION

Daily 7.00am – 10.00pm

MAN ZHU CAFÉ

Mon – Thu

12.00pm – 9.30pm

Fri & Eve of PH & PH

11.30am – 9.30pm

Sat & Sun

8.30am – 9.30pm

(Last order is 30 minutes before closing)

12 LANES BOWLING ALLEY

Mon – Thu 12.00pm – 11.00pm

Fri & Eve of PH 12.00pm – 1.00am

Sat & PH 10.00am – 1.00am

Sun 10.00am – 11.00pm

BEGINNERS' POOL

Daily 7.00am – 9.00pm

Pool Closure for Swim Training

Tue – Fri 2.15pm – 6.15pm

Sat 8.30am – 12.30pm & 2.15pm – 6.15pm

Sun 8.30am – 12.30pm & 2.45pm – 6.15pm

COMPETITION POOL

Daily 6.00am – 9.00pm

Pool Closure for Swim Training

Mon, Wed & Fri 5.30am – 7.30am

Mon – Fri 3.30pm – 8.15pm

Sat 6.30am – 12.30pm & 3.30pm – 6.15pm

Sun 6.45am – 12.30pm

GREAT BUBBLE REEF (FUN POOL)

Daily 8.00am – 8.00pm

BADMINTON COURTS (+)

Daily 7.00am – 10.00pm

Closure For Club Team Training

Mon & Fri 6.00pm – 10.00pm (4 – 6 Courts)

SCAN QR CODE FOR BOOKING FEES



Closure For Junior Training

Mon – Wed & Fri

3.00pm – 5.00pm (6 Courts)

Tue 6.00pm – 9.00pm (3 Courts)

Thu 4.00pm – 6.00pm (4 Courts)

Sat 8.00am – 2.00pm (3 – 5 Courts)

& 6.00pm – 9.00pm (4 Courts)

Sun 12.00pm – 5.00pm (3 – 7 Courts)

BASKETBALL COURT (+)

Daily 7.00am – 10.00pm

Closure for Tennis Junior Programme

Fri 5.00pm – 8.00pm

Sun 5.00pm – 7.00pm

Closure for Junior Training

Thu 5.00pm – 7.00pm

Sat & Sun 8.00am – 11.00am

Closure for Pickleball Section Training

Mon & Wed 7.00pm – 10.00pm

BILLIARDS & SNOOKER LOUNGE (+)

Daily 2.00pm – 10.00pm

Closure for Section Training

Fri 6.00pm – 10.00pm

FLEX GYM

Mon – Fri 6.30am – 10.00pm

Sat & Sun 7.00am – 9.00pm

PH 7.00am – 8.00pm

SQUASH COURTS (+)

Daily 7.00am – 10.00pm

Closure For Section Training

(All Courts)

Mon 6.00pm – 10.00pm

Wed & Fri 7.00pm – 10.00pm

Closure for Training Programmes

(All Courts)

Sat 4.00pm – 6.00pm

Sun 3.00pm – 5.00pm

TABLE TENNIS ROOM (+)

Daily 7.00am – 10.00pm

Closure for Section Training

Mon 5.00pm – 10.00pm (4 Tables)

Tue 6.00pm – 9.00pm (4 Tables)

9.00pm – 10.00pm (3 Tables)

Thu 6.00pm – 7.00pm (3 Tables)

7.00pm – 10.00pm (4 Tables)

Fri 5.00pm – 7.00pm (3 Tables)

7.00pm – 9.00pm (4 Tables)

9.00pm – 10.00pm (3 Tables)

Closure for CSC-JTA Training

Mon 3.00pm – 5.00pm (2 Tables)

Tue 3.00pm – 6.00pm (2 Tables)

Wed 3.00pm – 7.00pm (2 Tables)

Thu 3.00pm – 6.00pm (2 Tables)

Sat 10.00am – 12.00pm

& 1.00pm – 6.00pm (2 Tables)

Sun 10.00am – 4.00pm (2 Tables)

TENNIS COURTS (+)

Daily 7.00am – 10.00pm

Closure For Section Training

Mon 5.00pm – 8.00pm (2 Courts)

Wed 5.00pm – 8.00pm (3 Courts)

Sat 3.00pm – 8.00pm (3 Courts)

Closure for Junior Training

Fri 4.00pm – 9.00pm (2 – 3 Courts)

Sat 8.00am – 12.00pm (1 – 2 Courts)

Sun 3.00pm – 8.00pm (2 – 3 Courts)

RECREATION COMPLEX 3 BARS

Daily 3.00pm – 11.00pm

Band Performing Nights

3.00pm – 12.00am

KTV ROOMS

Canto*/Common Room (Max 15 persons)

Mon – Thu 3.00pm – 10.30pm

(*Unavailable for private booking)

Fri 3.00pm – 6.00pm

(*Available for private booking from

6.30pm – 11.30pm)

Sat, Sun, Eve of PH & PH

3.00pm – 6.00pm

(*Available for private booking from

6.30pm – 10.30pm)

Mando Room (Max 9 persons)

Mon – Thu, Sat, Sun, Eve of PH & PH

3.00pm – 10.30pm (Booking required)

Fri 3.00pm – 11.30pm (Booking required)

SWIMMING POOL

Daily 6.00am – 9.00pm

Closure for Swim Training (Lanes 5 – 8)

Wed 5.15pm – 7.15pm

GAMES & RECREATION ROOM

Mon – Thu & Sun 1.00pm – 9.00pm

Fri, Sat & Eve of PH 1.00pm – 10.00pm

JOY LUCK COVE

Daily 10.00am – 11.00pm

WORK@CSC

Mon – Fri & Eve of PH

8.00am – 10.00pm

Sat, Sun & PH

8.00am – 7.00pm

Manned Hours

Mon – Sat (excluding PH)

9.00am – 6.00pm

Closure for training subject to changes.
+ Bookings can be made online or at the Sports Reception up to seven days in advance on a first come, first served basis.

CONTACT US

CLUB MAIN LINE

6345 1221 or 6885 0688

GENERAL FEEDBACK

feedback@
chineseswimmingclub.org.sg

PUBLICATION TEAM

Liza Liu

Assistant Manager,
Marketing & Communications

Cavy Low

Graphic Designer

Maung Phyo Win Zaw

Graphic Designer

FRONT OFFICE

Regional Networking/
Corporate Golf Booking/
Affiliates/Reciprocal
Arrangements
6345 1221/Reception@
chineseswimmingclub.org.sg

MEMBERSHIP ENQUIRIES

6885 0652/656/657
membership@
chineseswimmingclub.org.sg

FINANCE

Statement of Accounts/
Overdue Subscriptions
Payment
6885 0685/Finance@
chineseswimmingclub.org.sg

FOOD & BEVERAGE ENQUIRIES

6885 0697/fnb_events@
chineseswimmingclub.org.sg

SWIMMING ENQUIRIES

6885 0672/Team_SwimCSC@
chineseswimmingclub.org.sg

SPORTS ENQUIRIES

6885 0671/sports@
chineseswimmingclub.org.sg

LIFESTYLE ENQUIRIES

6885 0654/lifestyle@
chineseswimmingclub.org.sg

FLEX GYM ENQUIRIES

6345 1221 ext. 749/CSC_Flex@
chineseswimmingclub.org.sg

SPORTS RECEPTION

Booking of Sports Facilities
6885 0677

12 LANES

Booking of Bowling Lanes
6345 1221 ext. 745

WORK@CSC ENQUIRIES

6345 1221 ext. 720/work@
chineseswimmingclub.org.sg

REGIONAL NETWORK

Your CSC membership has its privileges – connecting you to a network of more than 50 clubs and hotels across the region.

One of the many benefits enjoyed by CSC members is access privileges to an expansive network of reciprocal clubs, affiliate clubs and hotels both in Singapore and internationally. Be it for business or pleasure, our partner clubs and hotels are ready to welcome you with a host of amenities including dining, golf, sports, event hosting and even overnight accommodation.

Please visit our website or scan the QR code to view the full list of clubs and hotels. We are regularly updating our list so make sure to check back often. For more information, email reception@chineseswimmingclub.org.sg or call **6885 0688**.





CHINESE SWIMMING CLUB

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