

FREESTYLE

APR – JUN 2025



HEADS OF DEPARTMENTS

GENERAL MANAGER

Helena Goh
ext. 669
gmo@chineseswimmingclub.org.sg

HEAD OF FINANCE

Chong Mei Yee
ext. 684
MeiYee_Chong@chineseswimmingclub.org.sg

HEAD OF FOOD & BEVERAGE

Victor Yong
ext. 696
Victor_Yong@chineseswimmingclub.org.sg

HEAD OF HUMAN RESOURCES & ADMINISTRATION

Linda Loke
ext. 663
Linda_Loke@chineseswimmingclub.org.sg

HEAD OF INFORMATION TECHNOLOGY

Ethan Han
ext. 702
Ethan_Han@chineseswimmingclub.org.sg

HEAD OF MEMBERSHIP RELATIONS, SALES & MARKETING COMMUNICATIONS

Vincent Lee
ext. 650
Vincent_Lee@chineseswimmingclub.org.sg

HEAD OF PROPERTY

Allister Chew
ext. 678
Allister_Chew@chineseswimmingclub.org.sg

HEAD OF SPORTS & LIFESTYLE

Linda Tan
ext. 679
Linda_Tan@chineseswimmingclub.org.sg

PROJECT MANAGER

Lau Kien Fah
ext. 717
Kien_Fah@chineseswimmingclub.org.sg

PUBLICATION TEAM

Liza Liu

Assistant Manager, Marketing & Communications

Cavy Low

Graphic Designer

Maung Phyo Win Zaw

Graphic Designer

CONTACT US

CLUB MAIN LINE

6345 1221 or 6885 0688

GENERAL FEEDBACK

feedback@chineseswimmingclub.org.sg

FRONT OFFICE

Regional Networking/Corporate Golf Booking/
Affiliates/Reciprocal Arrangements
6345 1221
Reception@chineseswimmingclub.org.sg

MEMBERSHIP ENQUIRIES

6885 0652/656/657
membership@chineseswimmingclub.org.sg

FINANCE

Statement of Accounts/Overdue Subscriptions
Payment
6885 0685
Finance@chineseswimmingclub.org.sg

FOOD & BEVERAGE ENQUIRES

6885 0697
fmb_events@chineseswimmingclub.org.sg

SWIMMING ENQUIRIES

6885 0672
Team_SwimCSC@chineseswimmingclub.org.sg

SPORTS ENQUIRIES

6885 0671
sports@chineseswimmingclub.org.sg

LIFESTYLE ENQUIRIES

6885 0654
lifestyle@chineseswimmingclub.org.sg

FLEX GYM ENQUIRIES

6345 1221 ext. 749
CSC_Flex@chineseswimmingclub.org.sg

SPORTS RECEPTION

Booking of Sports Facilities
6885 0677

12 LANES

Booking of Bowling Lanes
6345 1221 ext. 745

WORK@CSC ENQUIRIES

6345 1221 ext. 720
work@chineseswimmingclub.org.sg

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Opinions expressed need not necessarily represent those of the Club. The Club accepts no responsibility for the quality of goods or services advertised. All event information is accurate at time of print.

For advertising inquiries, please call the Marketing Department at 6885 0655.

21 & 34 Amber Road
Singapore 439870
Tel: 6345 1221 or 6885 0688
Fax: 6345 7134
chineseswimmingclub.org.sg

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A MESSAGE FROM THE PRESIDENT

Dear Members,

As we round off the first half of 2025 with this issue of Freestyle, there is much that the club has achieved in the first six months. But we have no time to look back.

Unlike in football, the CSC leadership and management do not get to enjoy halftime. Going into the second half, a lot of work awaits as we strive to make CSC a sports and social club for members to enjoy.

One major activity is the \$9 million upgrading of the recreation complex, which was approved by members at the last AGM in 2023. Even as we speak, the recreation complex project upgrading committee, together with management and consultants, is working tirelessly to achieve a new complex within budget, even as they tackle challenges in complying with new building and fire safety codes.

The project is slated to start in the 3rd quarter of 2025, and members can expect to enjoy a brand new recreation complex by the end of the 2nd quarter of 2026.

We will update members and present the design concepts at the coming 110th AGM on Sunday, 27 April 2025. I encourage you to attend the AGM to learn more about the project and to share any meaningful and constructive feedback to help guide the club's plans.

I have the privilege of sitting in on meetings of the project upgrading committee led by Mr Michael Leong, Chairman of the Project Upgrading Committee. Please join me to express our appreciation to the committee made up of four volunteers, each of whom is sacrificing their personal time to ensure the success of the project.

Next up: the SG60 celebrations that everyone in Singapore is talking about. This is the nation's biggest event of the year, and members can look forward to a

host of club activities throughout 2025 to commemorate our sunny island-state's 60th birthday. We will announce more details soon.

In the area of going green, a few of you may have noticed that we have replaced conventional lighting with LED in many parts of the club. This is an ongoing effort and has cost us \$8,000 to date. We recognise that this is a small step, but for the club, it is an important incremental move that we need to make for a sustainable future. Going green is neither cheap nor easy, and the club has to balance implementing green measures with the investment costs involved. Nevertheless, we are committed to doing our part for the greater good.

Ending on a sporting note, we want to acknowledge the ongoing efforts of our swimmers, who are all training very hard to represent Singapore at the 47th Southeast Asian Age Group Games and the World Aquatics Championships that will be held in Singapore. We wish them all the best and look forward to seeing them don national colours.

I wish you good times at the club always.

Warm regards,

Victor Chia
President
Chinese Swimming Club

110th Annual General Meeting

The 110th Annual General Meeting will be held on Sunday, 27 April 2025, 10.00 am at the Grand Ballroom, Recreation Complex, Level 2. We take this opportunity to highlight the following standing orders to facilitate the smooth-running of the General Meeting.

1. STANDING ORDERS

1. Once the meeting is called to order, all members are requested to cooperate with the Chairman so that the General Meeting can proceed in a peaceful and orderly manner.

2. Only matters raised or resolutions proposed by Voting Members not less than 21 days and queries submitted not less than 4 clear days before the AGM will be addressed at the Meeting.

3. A member who has submitted a proposed resolution or a query will be granted three minutes to speak on each subject while other speakers will be given one minute, and a buzzer will sound to signal the speaker when the time is up.

4. Members are requested to seek permission before they speak and not to interrupt others who have the floor.

5. Members are to give their names and account numbers clearly before speaking. This is for official record purposes.

6. Members are advised not to interrupt the speaker during their presentation as time will be allowed for the floor to speak.

7. Voting shall be by a show of hands unless a ballot is demanded by the majority of the Voting Members present. Voting cards will be issued to facilitate the tallying of votes by the auditors.

8. If any member disobeys the above Standing Orders and behaves in a disorderly manner, the Chairman has the authority to request the member to leave the Meeting and if such member refuses to comply with the ruling of the Chairman, they will be ruled out of the Meeting.

2. PROCEDURE FOR ELECTIONS

In the event of a contest for positions in the Management Committee and/or Disciplinary Panel, members will be issued with a voting card and/or voting slips to elect members. Voting booths will be stationed inside the Grand Ballroom.

Please do not misplace the voting card and/or voting slips. Once it is issued to a member, it will not be reissued under any circumstances.

Voting slips are not transferable. Members must vote in person. Any member found transferring their voting slips to another member may be liable for disciplinary action.

Article 10.1

"Principal Members may meet in General Meetings to discuss matters pertaining to the affairs of the Club but only Voting Members may propose and second resolutions and vote thereon."

Article 2A.4

"Principal Members" means Ordinary (Transferable), Life (Transferable) and Associate (Transferable) Members, Principal Membership shall mean the membership of Principal Members.

Article 2A.5

"Voting members" means Ordinary (Transferable) and Life (Transferable) Members only.

Article 10.6

Any Voting Member desirous of raising any matter or moving any resolution at any General Meeting shall give notice thereof in writing to the General Manager/Secretary not less than twenty-one days before the date of such meeting.

Article 10.7

Any Principal Member who wishes to query reports or accounts at an Annual General Meeting shall give written notice to the General Manager/Secretary not less than 4 clear days, i.e. excluding Sundays and public holidays, before the date of such a Meeting.



Refer a friend now
& be rewarded with

\$300

Spending Credits*!



Three simple steps to earn your rewards



Step 1:

Invite your friends to join the Chinese Swimming Club
(Ordinary/Associate Membership)



Step 2:

Email your friend's details to
membership@chineseswimmingclub.org.sg or call 6885 0652



Step 3:

Once your friend's membership is confirmed, both will be
rewarded with the spending credits. You'll get \$300 ^, and
they'll get \$1000 ^!

Don't wait! This win-win offer won't last forever.

Refer your friends now and start making memories together!

Terms & Conditions:

- Spending credits apply to all spending except for subscription dues, F&B levy and spending at FIL Spa and Fu Lin Men.
- ^\$300 and \$1000 will be in spending credits
- The Club reserves the right to change the terms and conditions of the promotion without prior notice.

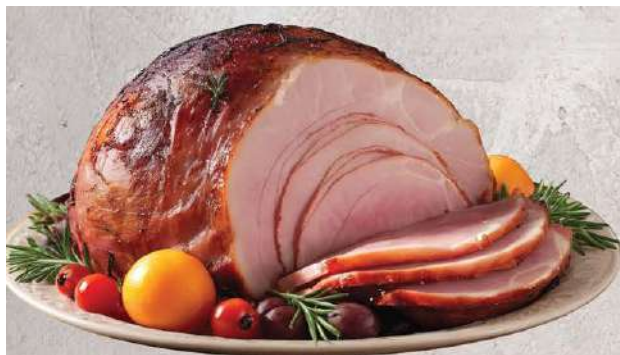
Spring Festival 2025

On 8 February, members and their families gathered at the Club to usher in the Year of the Snake with our annual Spring Festival celebration. The event commenced with the dragon dance performance, and the highly anticipated and exhilarating lion dance high pole performance and "cai qing" by the Jin Ann Sports Association. The performances were accompanied by the rhythmic beats of drums and the vibrant energy of the performers. Following this were the Snake Fist and wushu performances by our talented wushu class students and instructors from Wan Wu Sports and Martial Arts Academy.

Our members participated in engaging activities, such as challenging themselves at the reaction baton game booth and painting blessings on traditional Chinese red paper at our craft station. They savoured snacks like Nian Gao waffles, candied fruits (tanghulu), and fortune cookies and received blessings and mandarin oranges from the God of Fortune.

Thank you to everyone who joined us in celebrating this joyous occasion. May the Year of the Snake bring you prosperity, happiness, and good fortune!





Glazed Gammon Ham



Roast Turkey



Hot Cross Buns



Deviled Eggs

EASTER SUNDAY BUFFET BRUNCH

Sunday, 20 April | 11:30 am–2:30 pm
\$48 (adult) | \$22.80 (child)

The à la carte menu will not be available during the buffet. The images shown here are for illustration only. All prices include 9% GST.

Easter Celebration

Sunday, 20 April | 9 am–1 pm
Lattice Suite, Recreation Complex (Level 3)

Complimentary for all members
Guest fee applies

**Shrink Plastic
Keychain Making**



9 am–10:30 am

**Rabbit
Wind Chime**



10:30 am–12 noon

Memory Game



12 noon–1 pm

Find Out More






To Mum, with Love

Mother's Day Buffet Brunch

Sunday, 11 May | 11:30 am – 2:30 pm

\$48 (adult) | \$22.80 (child)



Complimentary flowers and
polaroid photo (while stocks last)



Mee Siam



Pork Sausage
Potato Waffles



Parma Ham, Feta Cheese
and Cherry Tomatoes
with Rocket Salad



Roast Duck

The à la carte menu will not be available during the buffet.
The images shown here are for illustration only. All prices include 9% GST.

Mother's Day Mosaic Vase Making

Looking for the perfect gift for Mom? Join us for Mosaic Vase Making, where you can create a beautiful, handcrafted vase—just in time for Mother's Day! Let your creativity shine and make a heartfelt gift that she'll cherish forever. Don't miss this special workshop!

Saturday, 10 May 2025 | 10 am – 11:30 am
Lattice Suite, Recreation Complex (L3)
\$21.80 (Member) | \$38.15 (Guest)
5 years old and above | Min. 4 pax





Father's Day Buffet Brunch

Give dad a treat this Father's day

Sunday, 15 June | 11:30 am – 2:30 pm
\$48 (adult) | \$22.80 (child)



Sushi and Maki



Prawn & Vegetable
Tempura



Roast Beef Striploin



Assorted ice cream

The à la carte menu will not be available during the buffet.
The images shown here are for illustration only. All prices include 9% GST.

Wood Printing Keychain Making

Looking for a unique gift for Dad? Join our Wood Printing Keychain Workshop and create a personalised keepsake just for him! Design, print, and craft a one-of-a-kind wooden keychain to show your love and appreciation.

Saturday, 7 June 2025 | 10 am – 11:30 am
MPR@Level 3, Sports Complex (L3)

\$21.80 (Member) | \$38.15 (Guest)
5 years old and above
Min. 4 pax



June Holiday Activities

CSC Sports Camp: A Fun-Filled Sports Adventure For Kids!

This camp is specially catered for participants to explore & try out a variety of sports offered in the club.

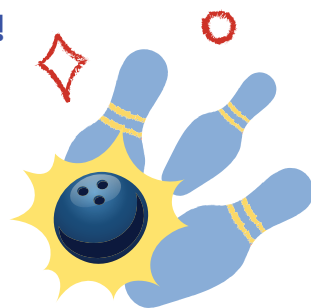
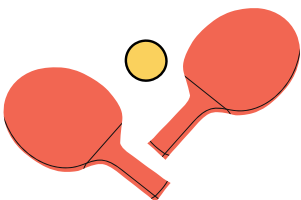
Tuesday–Friday, 24–27 June 2025

Various locations in the Club

\$390.00 (Member) | \$450.00 (Guest)

\$20 discount for each sibling if two or more siblings sign up
(Applies only to Members)
6–12 years old

Sign up today and let your child discover new skills,
make new friends, and have a blast!



Swimming

CSC Junior Fun Camp

Swimmers in C1 and C2 aged 8 to 12 years old are welcome to join our Junior Fun Camp. Various activities are lined up for the swimmers to create new friendships and have fun during this holiday! Registration will start in May.

Wednesday–Friday, 4–6 June 2025

10:30 am–12 noon

Competition Pool, SC

For members enrolled in CSC swimming programme only

Table Tennis

CSC-LJW June Holiday Table Tennis Camp



Our holiday camps are the perfect platform for players to pick up various skills and tactics in table tennis, with coaching adjusted based on playing ability. The emphasis is on fun and engagement for the participants during the camp.

Monday–Thursday, 9–12 June 2025

Table Tennis Room, SC (L3)

\$209.28 (Member) | \$313.92 (Guest)

4–14 years old

Daily Training Time	Age Group
9:30 am–11:30 am	4–14 years old
12:30 pm–2:30 pm	4–14 years old

The above fee is for 4 training days.
Registration will close upon reaching
maximum capacity.

Youth & Kids

Holiday Chess Camp



Immerse your child in the world of strategy, critical thinking, and fun with our holiday chess camp. This exciting holiday initiative is designed to provide children of all skill levels with a unique and engaging chess experience. Whether your child is a beginner or an aspiring grandmaster, our programme offers a blend of learning, practice, and friendly competition.

Beginner

Monday–Thursday, 9–12 June 2025

9 am–11 am

Lattice Suite, RC (L3)

\$327.00 (Member) | \$343.35 (Guest)

5–12 years old

Min. 6 pax

Intermediate

Monday–Thursday, 9–12 June 2025

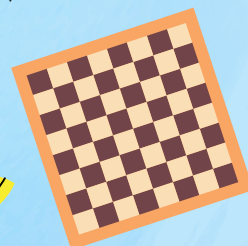
11 am–1 pm

Lattice Suite, RC (L3)

\$327.00 (Member) | \$343.35 (Guest)

5–12 years old

Min. 6 pax



Wushu Camp

Join us for an exciting Wushu Camp, where you'll not only master the basics of wushu but also dive into the thrilling world of lion dance! Experience the rhythm of the drums, learn dynamic movements, and feel the energy of this vibrant tradition. Don't miss this unique opportunity to train, have fun, and embrace the spirit of martial arts and culture!

Monday & Tuesday, 2 & 3 June 2025

9 am–6 pm

Lattice Suite, RC (L3)

\$163.50 (Member), \$218.00 (Guest)

8–15 years old

Min. 10 pax

Lunch will be provided.



All prices include 9% GST. Activities are subject to change. For more information or to sign up, please visit our website, call **6885 0671/6885 0654**, or email sports@chineseswimmingclub.org.sg or lifestyle@chineseswimmingclub.org.sg.



Learn-to-Swim Programme

Give your child the gift of confidence in the water! Our Learn-to-Swim Programme is designed for kids aged 4 and above, to help them build essential swimming skills in a safe, fun and supportive environment.

- **Experienced and certified coaches**
- **Small class sizes for personalised attention**
- **Progressive lessons from water confidence to stroke techniques**

For more information or to sign up, email

Team_SwimCSC@chineseswimmingclub.org.sg or call **6885 0672**.



APRIL CHEF'S SPECIALTY

Mondays–Thursdays, from 6 pm–9 pm



Hanger Steak with
Chimichurri Sauce

\$22.90

(inclusive of GST)

The image shown here is
for illustration only.
The price includes 9% GST.



All-You-Can-Eat Hotpot Buffet



Available in April on every Friday, from 6 pm–9 pm

\$33.80 (adult) | \$15.80 (child)



*Free flow of
Condiments*

*Chicken and Mala
Soup Bases*

A limited à la carte menu will only be available during the buffet.
The image shown here is for illustration only. All prices include 9% GST.



Mingle's
April Promotion

Juicy Pine
Yuzu syrup, pineapple puree, pineapple rings, water
Garnished with mint leaf
\$6.24 member
\$7.80 guest

Dulcey Banana
\$5.92 member
\$7.40 guest

The images shown here are for illustration only. All prices are subject to 9% GST.



KANPAI
to Japan's Finest

Only available in April

Chita Single Grain Whisky
\$108 per bottle

Hibiki Harmony
\$178 per bottle
\$348 for 2 bottles

Yamazaki Distiller's Reserve
\$188 per bottle
\$368 for 2 bottles

Yamazaki 12 Years
\$398 per bottle

Roku Gin Sakura Bloom
\$88 per bottle

All prices include 9% GST.



May Chef's Specialty

Mondays–Thursdays,
from 6 pm–9 pm

Red Snapper Fish Head Curry

Served with 2 plates of rice

\$23.90

The image shown here is for illustration only. The price includes 9% GST.

Peranakan Buffet

Available in May on every Friday,
from 6 pm–9 pm

\$33.80 (adult) | \$14.80 (child)



Ayam Buah Keluak



Babi Pongteh



Udang Lemak Nanas



Bubur Chacha



Chendol

A limited à la carte menu will only be available during the buffet.
The images shown here are for illustration only. All prices include 9% GST.

Mingle's

May Promotion



Sweetie Pinky

Strawberries, strawberry puree, white chocolate, milk, plain yoghurt

\$6.24 member
\$7.80 guest



Pistachio Rose

\$5.92 member
\$7.40 guest



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May & June Whisky Promotion

Chivas Royal Salute 21
\$228 per bottle
\$448 for 2 bottles

Enjoy a \$60 rebate with every 2 bottles purchased

The price includes 9% GST.



June Chef's Specialty

Satay Beehoon \$13

Mondays–Thursdays
6 pm–9 pm

The image shown here is for illustration only. The price includes 9% GST.



Penang Buffet

Available in June on every Friday, from 6 pm–9 pm

\$33.80 (adult) | \$14.80 (child)



Oyster Omelette



Penang Char Kway Teow



Cendol



Kueh Pie Tee

A limited à la carte menu will only be available during the buffet.
The images shown here are for illustration only. The price includes 9% GST.

Tea for Two

Fridays–Sundays,
3pm–5pm

\$31.40

Savouries

- Cream Cheese Parma Ham
- Crispy Prawn Roll Mentaiko Mayo
- Smoked Duck Tortilla Roll
- Smoked Salmon Avocado Dome

Sweets

- Blueberry Lemon Cake
- Durian Sago Gula Melaka
- Florentine Cookies
- Matcha Red Bean Panna Cotta
- Pumpkin Choux Puffs

All prices are inclusive of 9% GST.
The image is for illustration only.
Items are subject to change based on availability.
Takeaways include a \$6.00 surcharge.



Mingle's

June Promotion



Plum Iced Tea

Black tea, lime syrup, sour plum, sour plum powder

\$5.44 member
\$6.80 guest



Rum & Raisins Tart

\$5.92 member
\$7.40 guest



The images shown here are for illustration only. All prices are subject to 9% GST.

Introducing OUR NEW MENU



Salmon
Florentine



Octopus Linguine
Aglio Olio



Stir-Fried Beef
with Bell Peppers



Salted Egg
Pork Collar



Discover our new delightful and comforting curated dishes,
featuring both zi char and Western favourites.
Learn more about our new offerings at Man Zhu Café.

The image shown here is for illustration only

CSC Sports Camp

After a five-year hiatus since the last edition in 2019, CSC Sports Camp returned with a bang on 26 to 29 November 2024, and what an incredible experience it was! Our young athletes gave their all across various sports, from smashing shuttlecocks in badminton and scoring hoops in basketball to striking pins in bowling and making precise passes in flippa ball.

The camp also showcased agility in squash, speed in table tennis, and discipline in taekwondo. The energy, laughter, and sportsmanship were truly inspiring and made the event unforgettable.

We are proud of every camper who participated and helped make this experience one for the books. Let's keep the spirit of sportsmanship alive!





SafeSport Workshop

The team from CoachSG conducted a SafeSport workshop for our coaches and administrators on 17 January, emphasising the importance of creating a safe and abuse-free sporting environment for all. It was an enriching session filled with valuable insights, and we eagerly anticipate our next workshop. A huge thank you to the wonderful team from CoachSG.

Together, we embrace lifelong learning!



Swimming

SwimSafer December 2024

SwimSafer is a national programme for swimmers to learn about water safety over four days. It was held from 3 to 6 December, and 37 swimmers participated. Swimmers learned new skill sets, such as straddle jump entry and swimming 25m with a life vest.



46th SEA Aquatics Age Group Championships 2024

The Club is proudly represented by 39 swimmers, who achieved 30 personal bests (PBs) over the three days of intense competition held in Bangkok from 6 to 8 December 2024. Team Singapore won a total of 24 medals, and our swimmers clinched two gold, two silver, and five bronze medals. Swimmer Nicholas James Tan was tied for second place and awarded MVP in the 13&U age group. Congratulations to our swimmers. Continue to shine!



Singapore Aquatics Swim Series (January and February)

The Singapore Aquatics Swim Series were held from 17 to 19 January and 14 to 16 February respectively at the OCBC Aquatic Centre. Over 200 CSC swimmers joined each meet to clock in their timings and gear up for the Singapore National Age Group Swimming Championships in March. All the best to our swimmers!

Badminton

Badminton Section Gathering

Over 40 section members came together on 7 February to celebrate the Lunar New Year as one big family. The festivities kicked off with a delicious Nasi Lemak buffet, delighting everyone's taste buds, followed by an exciting lucky draw with fantastic prizes. It was a joyous evening of good food, laughter, and togetherness!



New Badminton Academy

Chinese Swimming Club is excited to collaborate with D&J Badminton, a partnership set to elevate our Academy to the next level. To mark this new chapter, a Meet-the-Parents session was held on 21 January, introducing D&J Badminton as our new coaching team, effective February 2025. We look forward to a future of growth and excellence together!



Billiards and Snooker

Aloysius Yapp's Achievements (November and December 2024)

Congratulations, Aloysius! Your achievements are truly remarkable, and it is wonderful to see your hard work pay off. Keep shining!

Date	Competition	Results
23 November 2024	2024 International 9-Ball Open	Champion
15 December 2024	Marboys Open	1st Runner-up
23 December 2024	Zen & Yuan8 Open	1st Runner-up



B&S Lohei Luncheon 2025

The Billiards and Snooker section convened for a lohei session on 8 February to welcome the new year, accompanied by a few snooker and pool games. Special guests included Captain Mr John Chew, Vice-Captain Mr Dick Lee, and Patron Mr Patrick Ho. Thank you to all our section members for attending. Your presence made it a memorable gathering for everyone.



Bowling

9th National Youth Age Group Championships 2024

Benedict Chew and Mildred Lim represented our CSC Bowling Academy for the 9th National Youth Championships 2024 in the U16 Boys & Under 18 Girls Masters, respectively.

Benedict finished a respectable 9th place amidst an incredible field of bowlers. Well done!



Mildred Lim (Back row, 4th from left)



Benedict Chew (Middle row, 4th from right)

Annual Bowling Championship

The CSC Annual Bowling Championship was held on 19 January at 12 Lanes Bowling Alley, with 11 bowlers competing for the top spots. Congratulations to our champions and podium finishers!

Open Category

1st: Gerard Ng
2nd: Tan Kayne Jin
3rd: Felix Lee

Classified Category

1st: Joanne Wu
2nd: Calvin Thean
3rd: Mildred Lim



Bowling Friendly Game with The Tanglin Club

CSC hosted a friendly bowling match with Tanglin Club on 9 February, where 12 bowlers from each club competed in a spirited showdown. While CSC emerged victorious, the true winner was the camaraderie and sportsmanship shared between both teams. A fantastic game that strengthened friendships and we look forward to the next match to be hosted by Tanglin Club!



Contract Bridge

CSC Christmas Game 2024

The Contract Bridge section came alive on 14 December with the exhilarating Christmas Game, a festive celebration of the holiday spirit! Well done, Josephine Lee and Wong Kian Hong for clinching the first-place title, showcasing their exceptional skills. Not to be overlooked, Grace Yeh and Nancy Yung delivered an impressive performance, securing the second position. It was a thrilling day of competition and camaraderie!

CSC Contract Bridge Ang Bao Open Game 2025

On 5 February, the Contract Bridge section hosted its annual Ang Bao Game. Players from Tanglin Club (TC), Singapore Contract Bridge Association (SCBA), and the American Women Association (AWA) were invited to participate. A total of 40 participants, including 19 members and 21 guests, joined the event.

Kudos to Jin Xiang Ong and Luwen Koh (SCBA) for securing the first prize in this game. Congratulations to all the other prize winners as well!



Mr Ong Jin Xiang (left) and Mr Koh Luwen (SCBA) (middle) with Contract Bridge Convenor Kim Tan (right)

Golf

CSC-SSC Bilateral Golf

Our golfers teed off the Chinese New Year celebrations with a fantastic game at Tanah Merah Country Club, strengthening friendships with our friends from the Singapore Swimming Club at the annual CSC-SSC Bilateral Golf!

The CSC Ang Bao Medal was also held concurrently. Due to unforeseen circumstances, the SSC team was unable to gather enough golfers for the game. Hence, CSC was awarded the bilateral by walkover for 2025.

The golfers wrapped up the day with a wonderful get-together in the Club, capping off the event with a cherished Lunar New Year tradition—the Yusheng Toss, ushering in prosperity and good fortune.



Ang Bao Medal 2025

- 1st: Tim Koh
- 2nd: Serena Lau
- 3rd: Philip Yeo
- 4th: Shaik Ajmal Khan
- 5th: Alex Teh

Pickleball

CSC Pickleball Angbao Challenge 2025

A huge congratulations to all the incredible players who participated in this year's CSC Pickleball Angbao Challenge on 4 February! Your passion and skill made this event unforgettable. A heartfelt thank you to our generous sponsor, Oh! Sunny, for your continued support in making this event possible!



Men's Open Doubles

- 1st: Jerry Ng & Desmond Phoa
- 2nd: Agus Widjaja & Ernest Wee
- 3rd: James Quek & Simon Son

Women's Open Doubles

- 1st: Shirlaine Phang & Lim Tien Juan
- 2nd: Catherine Tan & Lee Pinn May
- 3rd: Agnes Kim & Honey Peck

Mixed Open Doubles

- 1st: Scott Lim & Wendy Ong
- 2nd: Tess Chen & Jeremy Yang
- 3rd: Lee Chui Leng & Gan Chong Yee



Table Tennis

Dr Lee Bee Wah Cup - STTA Table Tennis Championships 2024

A huge round of applause to our Table Tennis Section members and Academy trainees for their outstanding performances in the Under-9 category at the Dr Lee Bee Wah Cup during the STTA Table Tennis Championships 2024 held from 17 to 24 November!

1st: Evelyn Rose Gooi
3rd: Maureen Duong



27th Char Yong National Youth Top 10 Table Tennis Tournament 2024

Our Table Tennis Section members and an Academy trainee achieved a podium sweep in the Under-9 category at the 27th Char Yong National Youth Top 10 Table Tennis Tournament 2024, from 5 to 7 December. What an incredible achievement! Their skills, dedication, and sportsmanship have truly shone through. Congratulations to all three of you on this amazing success!

1st: Evelyn Rose Gooi
2nd: Maureen Duong
3rd: Krystal Huang

CSC-LJW December Table Tennis Holiday Camp 2024

The quarterly CSC-LJW December Table Tennis Holiday Camp was successfully held from 17 to 19 December, under the expert guidance of Head Coaches Li Wanxiang and Li Jiawei. With over 22 enthusiastic participants, the camp remains a popular monthly highlight, bringing together young talent for a fun and educational experience. We eagerly await the participants' return during the next school holidays for more action-packed sessions!



7th – 12th CSC-LJW Monthly Table Tennis Tournament 2024

The CSC-LJW Monthly Table Tennis Tournament, which was held from July to December 2024 for our academy trainees and invited players, has successfully concluded. It showcased impressive talent and dedication.

A heartfelt congratulations to all the winners! Your skill and commitment to the sport are truly inspiring. To all participants, your effort and sportsmanship make this tournament so special.

Junior Division

1st: Li Ting
2nd: Xiang Zeyu
3rd: Martin Neo

Senior Division

1st: Jayna Feng Jie
2nd: Kang Sheng Yao
3rd: Li Minghan



1st Copytron & STTIIG Tournament 2025

A massive congratulations to the CSC Hurricane team, led by Captain and Table Tennis Subcommittee member Mr Andrew Tan, for securing the championship in the 1st Copytron & STTIIG Tournament (Division I) on 11–12 January. This outstanding achievement is a testament to the team's unwavering dedication, exceptional skill, and hard work. Well done, CSC, for making your mark at this prestigious event!



CSC-LJW Chinese New Year Gathering 2025

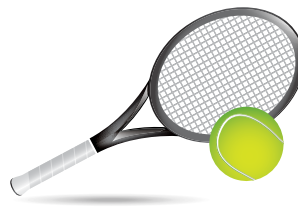
On the second day of the Lunar New Year, our academy trainees came together in vibrant red attire for the CSC-LJW Chinese New Year Gathering 2025. The event was filled with festive cheer, delicious food, fun games, and plenty of laughter, making it a memorable celebration to kick off the new year.

It was a wonderful way to bond, celebrate traditions, and welcome new beginnings!



Tennis

CSC Tennis Singles Open 2025



The CSC tennis players united to earn their bragging rights on 25 and 26 January. For the first time in a long while, there was a Women's category, indicating that the tennis community within CSC is growing stronger. After two days of fierce competition, Mr Ng Ee-shen successfully defended his title in a thrilling final against the same finalist from 2024, Mr Wang Yi-feng. Ms Jessica Khong was crowned the Women's Open champion. The participants gathered for an event brimming with drinks and smiles after the tournament. Congratulations to all the players who made it to the podium!



Men's Main Event

1st: Ng Ee-shen
2nd: Wang Yi-feng
3rd: Julian Tan
4th: Jonathan Tjandra



Women's Category

1st: Jessica Khong
2nd: Vivien Sng
3rd: Dawn Chan
4th: Priscilla Wong



Men's Plate Event

1st: Joel Lee
2nd: Spencer Lim
3rd: Mark Lin
4th: Cayden Tay

Water Polo

Water Polo Perth Training Trip

Our U10 and U12 water polo teams had an unforgettable experience at the Magura Water Polo Camp in Perth from 22 November to 1 December! From honing their skills in the pool to building strong friendships, our young athletes showcased incredible teamwork and determination and, most importantly, had a blast. A huge thank you to Magura Water Polo for organising such an inspiring and well-structured training camp! Special appreciation to our supportive parents and players for making this trip a success.



CSCxSWP MOU Signing

We are delighted to announce that Chinese Swimming Club has signed a Memorandum of Understanding (MoU) with Singapore Water Polo (SWP) on 2nd December. This landmark partnership signifies a joint commitment to align CSC's training and development of our junior water polo team to national standards. Together with SWP, CSC remains dedicated to doing its part in nurturing top-tier talent, upskilling our coaches, and developing water polo players to shine on national and international stages.



46th SEA Aquatics Age Group Championships 2024

A huge congratulations to our CSC boys and girls for their outstanding performances at the 46th SEA Aquatics Age Group Championships 2024, which took place in Bangkok from 6 to 8 December! Our boys, representing the Singapore Men's A and B teams, clinched gold and silver medals, while our girls, competing for the Singapore Women's Team, secured a well-deserved silver.



2024 ActiveSG League Season 4

What an outstanding display of skill and determination at the 2024 ActiveSG League Season 4 on 10 to 12 December 2024!

The U12 Team fought hard to bring home the bronze medal, and the U10 Team clinched an impressive silver medal. Keep up the fantastic work! Kudos to all the players, parents and coaches for making this possible!



Friendly Games

In preparation for the National Water Polo League, a series of friendly games was held throughout January and February. Our coaches meticulously reviewed game footage with the trainees, provided valuable insights to refine their gameplay and helped to enhance performance.





CSC-D&J Badminton Academy: Elevate Your Game

Experience a top-class badminton programme at CSC-D&J Badminton Academy, where passion meets excellence. Open to all skill levels - from beginners to competitive - our academy provides structured training to help players master the fundamentals, develop skills, and enjoy the sport.

Learn from the Best

Our dedicated coaches are certified under the National Registry of Coaches (NROC) and the Ministry of Education (MOE). As accomplished players and respected figures in Singapore's badminton community, they bring expertise and experience to every training session.

Join us and take your badminton journey to the next level at CSC-D&J Badminton Academy!

For more information, please email sports@chineseswimmingclub.org.sg or call **6885 0675**.

Dribble, Shoot, Score – Weekly Basketball Classes for Everyone!

Hey aspiring basketball enthusiasts! Are you ready to step into the world of basketball? Organised in partnership with LJE Sports, our weekly classes are tailored for beginners and intermediates who are eager to learn and have fun on the court.

- Play in a supportive environment led by passionate coaches
- Gain essential skills like dribbling, shooting, passing, and defence
- Learn about teamwork, and build friendships on and off the court

Coach Bernard Williams

Coach Bernard brings a wealth of experience from his professional playing days in the US and abroad. With over a decade of coaching experience in Singapore, he leads our team of passionate coaches who are dedicated to helping you reach your full potential.

Thursdays, 5 pm–6.15pm

Saturdays, 8 am–9:15am & 9:30am–10:45am

Sundays, 8 am–9:15am & 9:30am–10:45am

Juniors (6–14 years old)



For more information, please email sports@chineseswimmingclub.org.sg or call **6885 0675**.

CSC BOWLING ACADEMY

Centre of Bowling Excellence (COE) Programme

Recognising that bowling challenges the heart, body, and mind at all ages, our coaches adopt a nurturing mindset, focusing on process-oriented growth.



Nurture your Growth with us

- From Beginners Techniques to Competition Mastery
- 5 Class styles catering to your stage of development



For more information, please email sports@chineseswimmingclub.org.sg or call 6885 0675.

CSC-LJW Table Tennis Academy



About Head Coach Li Wanxiang

More than 39 years of experience in coaching junior and youth trainees



The CSC-LJW Table Tennis Academy aims to foster interest, share knowledge, develop and nurture talented young players in their pursuit of excellence in table tennis. The training programme is tailored for children aged four and above and includes beginner, intermediate and advanced levels.

Students will learn:

- Basic Grips
 - Stance & Footwork
 - Forehand & Backhand Strokes
 - Defensive Techniques
- and more



Li Jiawei

- 2x Olympic Medallist
- 19x Commonwealth Games Gold Medallist
- 21x SEA Games Gold Medallist



Zhang Xueling

- SEA Games Gold Medallist



Guo Yan

- 3x Asian Cup Women's Singles Gold Medallist
- 2x World Cup Women's Singles Gold Medallist

Contact Jonathon Loh @ 6885 0671 or Jonathon_Loh@chineseswimmingclub.org.sg.

Swimming

CSC Swim Masters Invitational 2025 – Leg 1

Sunday, 20 April 2025

Water Polo Pool, SC

Eligibility: 25 years old and above

CSC Come Swim & Conquer 2025

Saturday & Sunday, 16–17 May 2025

Competition Pool, SC

Eligibility: Pre-competitive squads, Little Fish and Competitive squads

CSC Swim Kick Challenge Series 1

Saturday, 24 May 2025

Water Polo Pool, SC

\$10.90 per event (CSC registered swimmers)

\$16.35 (parent and child relay)

Max. of 5 events

Eligibility: CSC Learn-to-Swim Green, Orange, Little Fish, and Pre-Competitive Squads

CSC Learn-to-Swim Fun Challenge

Saturday, 24 May 2025

Beginner's Pool, SC

Eligibility: Learn-to-Swim Programme

(Red, Yellow, Blue, Green and Development)

Learn-to-Swim Programme



The Learn-to-Swim Programme is open for aspiring young swimmers (4 years old and above) to develop foundation swimming skills. Each level focuses on different strokes to gear them up to be competent swimmers. Swimmers in Green (Stage 4) and Development (Stage 5) are required to attend lessons twice a week.

Tuesday–Friday, 3:30 pm–7 pm

Saturday, 8:45 am–12:10 pm & 3 pm–6:20 pm

Sunday, 8:45 am–12:10 pm

Beginners' Pool, SC

One weekday - \$87.20

One weekend - \$109.00

Two weekdays - \$147.15

One weekday and one weekend - \$179.85

Masters Swimming

The Masters Swimming Programme is tailored to help swimmers develop higher standards of swimming techniques while keeping fit and healthy through a structured training programme. Join a group of like-minded adults in a fun and supportive environment to improve fitness and build endurance and speed.

Tuesday & Thursday, 7:45 pm–8:45 pm

Saturday, 8:45 am–9:45 am

Water Polo Pool, SC

\$147.15 per month

Badminton

CSC-D&J Badminton Academy

Monday–Wednesday & Friday, 3 pm–5 pm

Thursday, 4 pm–6 pm

Saturday, 8 am–10 am, 10 am–12 noon

Sunday, 1 pm–3 pm

Badminton Hall, SC (L2)

Frequency	Members	Guest
Once/Week (4 sessions)	\$163.50	\$218.00
Twice/Week (8 sessions)	\$294.30	\$392.40
Thrice/Week (12 sessions)	\$441.45	\$588.60

The training fee will be charged accordingly if there are additional training days in the month.

Eligibility: 6- to 16-years-old



Basketball

Basketball CSC-LJE Sports Junior Basketball Training

This joint training programme by CSC and LJE Sports aims to inculcate basic basketball skills and knowledge. Sessions cover basic ball handling, footwork, shooting drills, and conditioning drills.

Thursday, 5 pm–6:15 pm

Saturday, 8 am–9:15 am & 9:30 am–10:45 am

Sunday, 8 am–9:15 am & 9:30 am–10:45 am

Basketball Court, SC (Rooftop)

\$125.35 (Member) | \$201.65 (Guest)

The above fees are based on four sessions a month. If there is a lesson on the 5th week of the month, an additional fee will be billed accordingly. Guests are required to pay a refundable one-month deposit.

CSC Bowling Learn-to-Play Programme

The Learn-to-Play programme for Bowling comprises 2 components:

- Introduction to Bowling – Having Fun, Bowling Safely
- Fundamentals of Bowling – Basic Techniques for the Average Joe

In the first component, bowlers will be introduced to bowling lanes, the use of equipment and some basic etiquette to observe during the game to ensure a fun and safe environment while bowling.

Fundamentals of Bowling will then expose bowlers to some basic techniques used by all bowlers.

Saturdays, 10:15 am–11:15 am, 1 pm–2 pm, or 2 pm–3 pm (New Bowler)

\$130.80 (Member) per month for 4 sessions

\$174.40 (Guest) per month for 4 sessions

Saturdays, 1 pm–2:30 pm or 3 pm–4:30 pm (Development Bowler)

[For trainees with bowling background]

\$152.60 (Member) per month for 4 sessions

\$196.20 (Guest) per month for 4 sessions

All course fees include lane fees and shoe rental.

Golf

CSC Golf Calendar 2025

Date(s)	Event	Location
17–24 April	Suzhou Golf Trip	Suzhou
6–8 May	Batam Golf Trip	Batam
18 July	Medal & Golf Section Night	Changi Golf Club
4 September	Annual Golf Championship	Laguna Golf & Country Club
11 & 12 November	November Medal	Tanjong Puteri / Desaru
December	Year-end Golf Bash	TBA

The event dates above may be subject to changes and serve as a guide.

Pickleball

Pickleball Training with Coach Janet

Come join our club resident coach Janet and embark on your pickleball journey!

Tuesday, 7 pm–9 pm (Beginners)

Saturday, 7 pm–9 pm (Intermediate)



	Members	Non-Members
Beginners (2 hours/week—consists of 1.5 hours of coaching & 0.5 hours of play)	\$191.84 (4 lessons per module)	\$218.00 (4 lessons per module)
Intermediate (2 hours/week—consists of 1.5 hours of coaching & 0.5 hours of play)	\$283.40 (4 lessons per module)	\$322.64 (4 lessons per module)
Private Coaching members only (1 pax)	\$103.01 per hour	Not applicable
Private Coaching members only (2 pax)	\$51.23 per pax/per hour	Not applicable

Pickleball Group Training

Join Coach Richie's exclusive Thursday classes.

Thursdays, 7 pm–8:30 pm, 8:30 pm–10 pm

Fridays, 8:30 pm–10 pm

\$196.20 per month (member)

Min./Max. of 4 pax



Fees are based on 4 sessions a month.

For months with a 5th week, additional lessons will be billed accordingly.

Squash

CSC-Ultimate Squasher Junior Squash Programme

If you are eager to improve your child's squash game, join our Junior Squash programme, which is conducted by experienced squash coaches who are passionate about the sport.

Wednesdays, 3:30 pm–5 pm (L2), 5 pm–6 pm (L1)

Thursday, 4:30 pm–6 pm (L2–3)

Friday, 3:30 pm–5 pm (L2), 5:30 pm–6:30 pm (L1) Squash Courts, SC (L3)

Member: \$331.36 (1-hour training session per week)

\$497.04 (1.5-hour training session per week)

Guest: \$374.96 (1-hour training session per week)

\$562.44 (1.5-hour training session per week)

6 years old and above

Min. 3 pax, 8 lessons per term

CSC-Ultimate Squasher Adult Squash Programme

Benefit from our programme's training, skill development, and camaraderie. Join us and be prepared to take your skills to the next level.

Sundays, 3 pm–4:30 pm & 4:30 pm–6 pm Squash Courts, SC (L3)

Member: \$553.72 per pair

(1.5-hour training session per week)

Guest: \$627.84 per pair

(1.5-hour training session per week)

20 years and above

Min. 2 pax

8 lessons per term

Table Tennis

Table Tennis Adult Group Training

Our adult training programme is conducted by our resident coach, Kelvin, who teaches the rules and fundamentals of table tennis to those new to the sport and helps veterans hone their skills and game techniques.

Fridays, 9 am–10:30 am, 10:30 am–12 noon
Table Tennis Room, SC (L3)

Member: \$163.50 per month
 Guest: \$196.20 per month
 Min. 3 pax; Max. 6 pax

Fees are based on four sessions a month. The additional lesson will be billed for months with a 5th week.

Taekwondo

Taekwondo Junior Training Programme



Embark on a journey of self-discovery, discipline, and physical fitness by joining our Taekwondo Junior Training Programme. Whether you are a beginner keen to learn the basics, or an experienced practitioner looking to hone your skills, our programme caters to children of all ages and skill levels. Sign up for a free trial now!

Tuesdays
Multipurpose Room, SC (L2)
Sundays
Activity Suite, SC (L3)

\$49.05 per month (Colour Belt)
 \$38.15 per month (Poom/Black Belt)

For CSC members only

Belt	Day	Time
Foundation White F1 F2 F3/White	Tuesday	4:45 pm–5:45 pm
Foundation White F1 F2 F3/White	Sunday	1 pm–2 pm
Yellow	Sunday	2 pm–3 pm
Green	Sunday	3 pm–4 pm
Blue	Sunday	3 pm–4 pm
Brown	Sunday	4 pm–5 pm
Poom / Black	Sunday	5 pm–6 pm

Tennis

CSC-TAG Junior Tennis Programme

Learn to play tennis with Singapore's leading tennis professionals

Visit our website to see the training dates.

Tennis Courts, SC (Rooftop)

Pee Wee/Gripper: \$130.80*
 3 to 6 years old

Junior Novice/Level 1/Level 2: \$196.20*
 Junior Level 3: \$261.60*
 7 years old and above

*Rates are based on four trainings in a calendar month.

Water Polo

Learn-to-Play Water Polo Programme



Saturdays, 6:15 pm–7:30 pm
Beginners' Pool, SC (L1)
 \$65.60 per month (Member)
 \$87.20 per month (Guest)
 6- to 12-years-old

Participants must be able to swim Freestyle & Breaststroke properly for 2 x 25m laps independently and be able to tread water for at least 1 continuous minute.

Junior Water Polo Training Programme



Mondays, Wednesdays & Saturdays, 6:15 pm–8.15 pm
Fridays, 7.30 pm – 9.30 pm
Water Polo Pool, SC (L1)
 \$141.70 per month (Member)
 \$218.00 per month (Guest)
 9-to 16-years-old

Participants must be able to swim all four strokes properly for 4 x 50m laps continuously, tread water for at least 1.5 minutes continuously, and have basic ball sense.

All prices are inclusive of 9% GST. Please visit our website, call **6885 0671** or email **sports@chineseswimmingclub.org.sg** for more information or to sign up.

Dance

Line Dance Christmas Gathering

The festive season brought our devoted line dance participants together for a reunion, fostering the bonds of a close-knit family. Embracing the spirit of giving, they celebrated this joyful occasion. The gatherings on 10 and 15 December marked a delightful conclusion to the year, filled with dance, laughter, and treasured memories.



Countdown Social Dance Night

The final social dance night of 2024, held on 21 December, was a dazzling affair. Participants arrived in their finest attire to celebrate the evening in style. The night was filled with joy and laughter as they danced the night away, enjoying the lively ambience, wonderful music, and the cherished company of old friends. It was a perfect way to bid farewell to another fantastic year of dancing.



Blossom in Spring Dance Party

The 2025 inaugural dance party on 22 February featured attendees in floral outfits. Surrounded by friends, they danced to the music, relishing the joyful atmosphere filled with laughter and celebration.



Leisure

2025 Chinese New Year – 事事如意 Get Together

On 12 January, we kicked off the Chinese New Year festivities with 2025 Chinese New Year – 事事如意 Get Together event. The kids played with a larger-than-life snake and ladder, crafted fortune cookies and did a traditional paper-cutting activity. They were also delighted to receive festive goodie bags filled with surprises. It was a joyous day filled with laughter, bonding, and festive cheer. Thank you to everyone who joined us!



Chinese Calligraphy and Angbao Giveaway

This year's annual angbao giveaway was extra special. It featured beautiful Chinese calligraphy of auspicious characters written by our talented Chinese Calligraphy Interest Group participants. Our members were delighted to receive these personalised blessings, making the occasion even more memorable.



Youth & Kids

Holiday Chess Camp

Thank you for signing up for the Holiday Chess Camp on 18 to 20 November (Beginners) and 27 to 29 November (Intermediate)! The students enjoyed a unique and engaging chess experience that focused on strategy, critical thinking, and fun. If you missed the opportunity to register for the camp, don't worry! We offer a beginners' chess class every Tuesday at 5.30 pm.



Christmas Wreath Making

CSC hosted its Christmas Wreath Making workshop on 10 December, bringing festive cheer to all participants. Excitement filled the air as they crafted their wreaths, adorning them with the provided ornaments and materials. The event was a fantastic way to embrace the holiday spirit and showcase creativity in a fun, hands-on experience.



3D Christmas Diamond Art Painting

Our participants embraced the holiday spirit at the 3D Christmas Diamond Art Painting workshop on 17 December, where creativity and patience came together to bring dazzling festive designs to life. While the intricate process posed a fun challenge, everyone enjoyed the rewarding experience of carefully placing each shimmering gem. The result? Stunning, sparkling Christmas masterpieces that captured the joy of the season. It was a delightful session filled with focus, laughter, and the magic of holiday artistry!



Children Christmas Party

The much-anticipated Children's Christmas Party made a joyful return on 20 December, bringing festive cheer to all! Participants enjoyed a delightful spread of holiday treats, with a log cake adding to the merry atmosphere. The highlight of the event was a special visit from Santa Claus, who not only spread Christmas magic but also taught the children how to create their very own ornament plant. It was a heartwarming celebration filled with laughter, creativity, and holiday spirit!



Dance

Line Dance



Beginner – 10 sessions

Every Sunday, commencing 11 May 2025

12 noon–1 pm

Multipurpose Room, SC (L2)

\$76.30 (Member) | \$130.80 (Guest)

Min. 10 pax

Beginner Intermediate – 10 sessions

Every Tuesday

12:45 pm–2 pm

Multipurpose Room, SC (L2)

\$89.93 (Member) | \$122.63 (Guest)

Min. 10 pax

Beginner Advanced – 10 sessions

Every Tuesday

2 pm–3:30 pm

Multipurpose Room, SC (L2)

\$106.28 (Member) | \$138.98 (Guest)

Min. 10 pax

Every Sunday

1 pm–2:30 pm

Multipurpose Room, SC (L2)

\$106.28 (Member) | \$160.78 (Guest)

Min. 10 pax

Solo Latin Dance for Ladies – 8 sessions

Every Wednesday

3 pm–4 pm

Multipurpose Room, SC (L2)

\$109.00 (Member) | \$135.16 (Guest)

Min. 8 pax

Social Dance Nights

Saturdays

12, 19 & 26 April | 10 & 24 May

14, 21 & 28 June | 7 pm–10:30 pm

Activity Suite, SC (L3)

\$9.81 (Member) | \$18.00 (Guest)

Slots are limited to the social dance nights. Confirmation is on a first-come, first-served basis. Dates are subject to change. Register online at our website under Fitness & Leisure—Dance.

Exercise

Get Fit & Have Fun!

Join our monthly exercise classes. Whether you want to stretch, flow or groove, we've got something for everyone. These are some of the featured exercise classes that we offer:

80s Smash by Aaron

80s Smash is a cardio dance workout that features music from the 80s. The workout comprises simple dance and aerobics movements with intensities from low to high at different intervals.

Saturdays, 5 pm–6 pm

Lattice Suite, RC (L3)

Mindful Gentle Yoga by Jess



Mindful Gentle Yoga consists of a combination of gentle stretching and strengthening exercises. During the yoga workout, a variety of props are used, including yoga blocks and dumbbells. Dumbbells are added to the yoga poses to provide resistance and build strength in the upper body and core muscles.

Saturdays, 10:15 am–11:30 am

Activity Suite, SC (L3)

Zumba and CIRCL Mobility™ by Erica Hugh

Zumba combines dance and fitness to deliver a full-body workout that improves cardiovascular health, strength, and flexibility while burning calories. Enjoy CIRCL Mobility™ to improve your flexibility and mobility through a series of functional movements and breathwork.

Mondays

10:15 am–11:15 am

Activity Suite, SC (L3)

To find out more about the classes and to sign up, please visit <https://www.chineseswimmingclub.org.sg/exercise/>

Leisure

Chinese Calligraphy

Mondays, 9 am–11 am

Multipurpose Room, SC (L2)

Monthly Fee: \$16.35 (Member) | \$32.70 (Guest)

Chinese Brush Painting

Thursdays, 10 am–12 noon

Multipurpose Room, SC (L2)

Monthly Fee: \$179.85 (Member) | \$212.55 (Guest)

Urban Gardening

We welcome all nature-loving members to join our urban gardening interest group! Enjoy growing your favourite plants and veggies as you reconnect with nature and cultivate a sense of community with fellow green thumbs.



Mondays, 9:30 am

CSC Gardening Corner

Youth & Kids

Wushu Beginners – 4 Sessions

Wushu, or “military arts”, is a form of contemporary Chinese martial arts that blends performance and martial application. Under the systematic guidance of Coach Tex, participants will develop and build on their basic techniques and skills in this powerful yet graceful art.

Saturdays,

7 pm–8:30 pm

**Multipurpose Room,
SC (L2)**

Sundays,

9:30 am–11 am

Activity Suite, SC (L3)

\$163.50 (Member)

\$218.00 (Guest)

5- to 12-years-old

Min. 5 pax per class



Abacus & Mathematics – 4 Sessions

Roots Abacus & Mathematics (RAM), a unit of Roots.Sg Pte Ltd, is a leading Abacus Brain Development programme. It enhances brain development, improves focus, retention, concentration, and increases creativity.

Wednesdays,

5 pm–6:30 pm

Lattice Suite, RC (L3)

\$152.60 (Member)

\$174.40 (Guest)

An additional \$49.05 registration fee applies.

4- to 14-years-old

Min. 5 pax, Max. 8 pax



International Chess Class for Beginners – 8 sessions

Is your child ready to embark on an exciting journey into the world of chess? Our beginners' workshop is the perfect starting point!

Tuesdays,

5:30 pm–6:30 pm

Lattice Suite, RC (L3)

\$311.50 (Member)

\$337.60 (Guest)

4- to 12-years-old,

Min. 6 pax



Children's Ballet – 8 Sessions

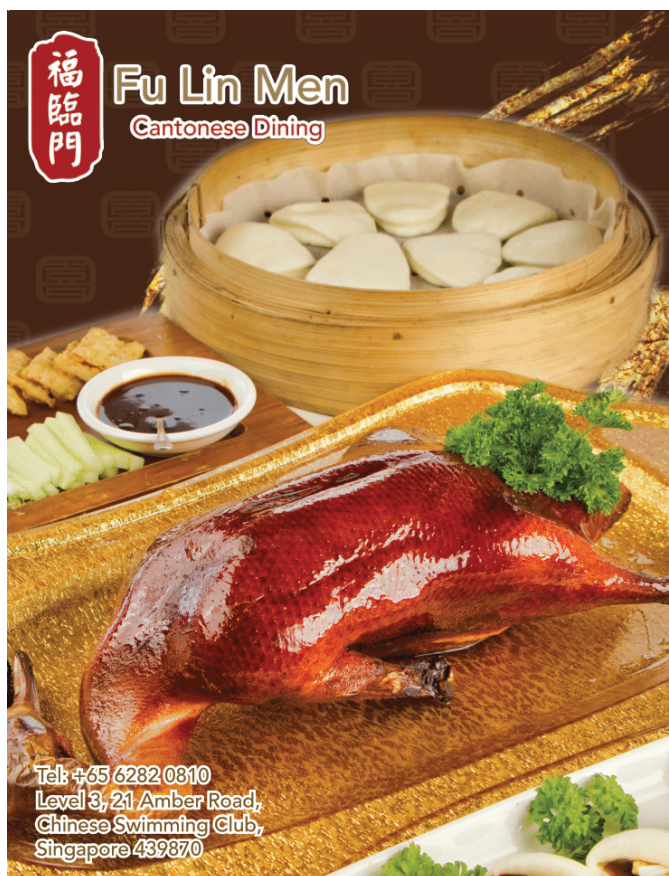
Embark on your child's ballet journey as they not only discover the joy of movement but also gain lifelong skills and appreciation for the performing arts. Sign up today!

Beginners 1 (Saturdays)	Beginners 2 (Saturdays)
9:15 am–10:15 am \$122.08 (Member) \$165.68 (Guest)	10:15 am–12:15 pm \$331.36 (Member) \$418.56 (Guest)
Grade 1 (Saturdays)	Grade 2 (Saturdays)
2:15 pm–3:45 pm \$340.08 (Member) \$405.48 (Guest)	12:15 pm–2:15 pm \$488.32 (Member) \$575.52 (Guest)
Grade 5 (Fridays)	Grade 8 (Fridays)
5 pm–7 pm \$488.32 (Member) \$575.52 (Guest)	3 pm–5 pm \$488.32 (Member) \$575.52 (Guest)

Beginners 1 and 2, Grades 2, 5 and 8 classes are held in the **Multipurpose Room, SC (L2)**. Grade 1 classes are held in the **Activity Suite, SC (L3)**. Note: Timeslots are subject to availability due to limited slots. Please check for new term dates.



All prices include 9% GST. Activities are subject to change. Please visit our website, call **6885 0654** or email lifestyle@chineseswimmingclub.org.sg for more information or to sign up.



特惠片皮鴨花膠笋殼十人套餐 SPECIAL PEKING DUCK, SUN DRIED FISH MAW & MARBLE GOBY 10 PERSONS SET

Member special price \$498**
(usual price \$701**)

片皮鴨
Peking Duck

红烧海味魚鰾羹
Braised Fish Maw Soup with Sea Treasures

油浸笋壳
Crispy Marble Goby with Premium Soy Sauce

京都肉排
Pork Chop in King Dou Style

花膠花菇扒時蔬
Braised Sun Dried Fish Maw and
Shitake Mushroom with Seasonal Green

咸蛋黃金蝦
Stir-Fried Prawn with Salted Egg

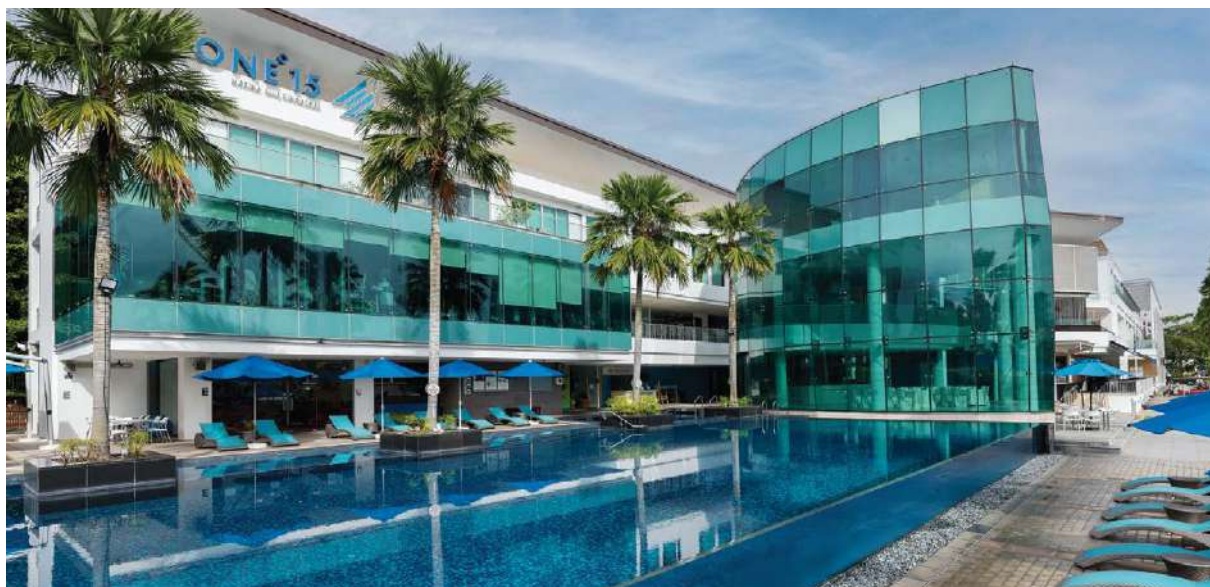
鴨絲燜伊府面
Braised Ee Fu Noodle with Duck Meat

是日廚師特選甜品
Chef's Choice Dessert of the Day

* ONLY AVAILABLE ON WEEKDAYS

Reciprocal Club Feature: ONE°15 Marina Sentosa Cove Singapore

ONE°15 Marina Sentosa Cove Singapore is a waterfront lifestyle destination offering world-class marina facilities replete with a comprehensive range of exclusive club amenities. From the infinity pool, fitness centre, members' lounge, modern spa, restaurants and bars, to the 26 tastefully appointed rooms with spectacular views, no effort has been spared to make your time here an absolute pleasure.



OPERATING HOURS

ARRIVAL PAVILION

FRONT OFFICE RECEPTION

Daily 8:30 am–10 pm

MINGLE@AMBER

Daily 8 am–8 pm

LE 乐 PLAYROOM

Mon Closed

Tue–Sun 9 am–9 pm

(The playroom will be closed on Tuesday if a public holiday falls on a Monday.)

SPORTS COMPLEX

SPORTS RECEPTION

Daily 7 am–10 pm

MAN ZHU CAFÉ

Mon–Thu

12 noon–9:30 pm

Fri & Eve of PH & PH

11:30 am–9:30 pm

Sat & Sun

8:30 am–9:30 pm

(Last order is 30 minutes before closing)

12 LANES BOWLING ALLEY

Mon–Thu 12 noon–11 pm

Fri & Eve of PH 12 noon–1 am

Sat & PH 10 am–1 am

Sun 10 am–11 pm

BEGINNERS' POOL

Daily 7 am–9 pm

(Pool Closure for Swim Training)

Tue–Fri 3:30 pm–7 pm

Sat 8:45 am–12:10 pm & 3 pm–7:30 pm

Sun 8:45 am–12:10 pm & 3 pm–6 pm

COMPETITION POOL

Daily 6 am–9 pm

(Pool Closure for Swim Training)

Tue & Thu 5:30 am–7:45 am

6:30 am–11 am (School holidays only)

Mon–Fri 3:30 pm–8 pm

Sat 6:30 am–12:30 pm & 3:30 pm–7:45 pm

Sun 6:30 am–12:30 pm

GREAT BUBBLE REEF (FUN POOL)

Daily 8 am–8 pm

BADMINTON COURTS (+)

Daily 7 am–10 pm

Peak Period

Mon–Fri 6 pm–10 pm

Sat, Sun & PH Whole Day

(Court Closure For Club Team Training)

Mon & Fri 6 pm–10 pm

(4–7 Courts)

(Court Closure For Junior Training)

Mon–Fri (except Thu)

3 pm–5 pm (6 Courts)

Tue 6 pm–9 pm (3 Courts)

Wed 6 pm–8 pm (3 Courts)

Thu 4 pm–6 pm (6 Courts)

& 7 pm–9 pm (3 Courts)

Sat 8 am–2 pm (3–5 Courts)

& 6 pm–9 pm (4 Courts)

Sun 12 noon–5 pm (3–7 Courts)

& 7 pm–9 pm (3 Courts)

BASKETBALL COURT (+)

Daily 7 am–10 pm

(Closure for Tennis Junior Programme)

Fri 5 pm–8 pm

Sun 5 pm–7 pm

(Closure for Junior Training Programme)

Thu 5 pm–7 pm

Sat 8 am–11 am

Sun 8 am–11 am

(Closure for Pickleball Section Training)

Mon 5:30 pm–7 pm

7 pm–10 pm

Tue 7 am–10 am

Wed 7 pm–10 pm

Thu 7 am–10 am

(Closure for Pickleball Weekly Group Training)

Tue 7 pm–9 pm

Thu 7 pm–10 pm

BILLIARDS & SNOOKER LOUNGE (+)

Daily 2 pm–10 pm

(Closure for Section Training)

Fri 6 pm–10 pm

FLEX GYM

Mon–Fri 6:30 am–10 pm

Sat & Sun 7 am–9 pm

PH 7 am–8 pm

SQUASH COURTS (+)

Daily 7 am–10 pm

(Closure For Section Training, All Courts)

Mon 6 pm–10 pm

Wed & Fri 7 pm–10 pm

(Closure For Training Programmes)

Wed 3 pm–5 pm (Court 1)

Thu 4 pm–6 pm (Courts 1 & 2)

Fri 3 pm–5 pm (Court 1)

TABLE TENNIS ROOM (+)

Daily 7 am–10 pm

(Closure For Section Training)

Mon 5 pm–7 pm (2 Tables)

7 pm–10 pm (4 Tables)

Tue 6 pm–10 pm (4 Tables)

Thu 6 pm–10 pm (4 Tables)

Fri 4 pm–5 pm (1 Tables)

5 pm–10 pm (4 Tables)

(Closure for CSC-LJW Training)

Mon 3 pm–5 pm (4 Tables)

Tue 3 pm–6 pm (4 Tables)

Wed 3 pm–7 pm (4 Tables)

Thu 3 pm–6 pm (4 Tables)

Sat 12 noon–5 pm (4 Tables)

Sun 9 am–4 pm (4 Tables)

(Closure for Adult Table Tennis Group Training)

Fri 10 am–12 noon (2 Tables)

TENNIS COURTS (+)

Daily 7 am–10 pm

(Closure For Section Training)

Mon 5 pm–8 pm (2 Courts)

Wed 5 pm–8 pm (3 Courts)

Sat 3 pm–8 pm (3 Courts)

(Closure for Tennis Social Night)

Wed 7 pm–10 pm (1 Court)

(Closure for Junior Training)

Thu 4 pm–8 pm (1 Court)

Fri 4 pm–9 pm (2–3 Courts)

Sat 8 am–12 noon (1–2 Courts)

Sun 3 pm–8 pm (2–3 Courts)

RECREATION COMPLEX

3 BARS

Sat–Wed, Eve of PH & PH: 2 pm–11 pm

Thu: Closed

Fri: 2 pm–12 midnight

Band Performing Nights

Snapshots **Wed:** 8 pm–10:30 pm

Sat: 8:30 pm–11 pm

Puzzle Band **Fri:** 8:30 pm–11:30 pm

KTV ROOMS

(Canto*/Common Room, Max 15 persons)

Mon–Thu 3 pm–10:30 pm

(*Unavailable for private booking)

Fri 3 pm–6 pm

(*Available for private booking from 6:30 pm–11:30 pm)

Sat, Sun, Eve of PH & PH

3 pm–6 pm

(*Available for private booking from 6:30 pm–10:30 pm)

Mando Room (Max 9 persons)

Mon–Thu, Sat, Sun, Eve of PH & PH

3 pm–10:30 pm (Booking required)

Fri 3 pm–11:30 pm (Booking required)

SWIMMING POOL

Daily 6 am–9 pm

With effect from 2025, the Swim Team will not be using the RC Pool for training.

Closure for Aqua Classes

Tue 6:30 pm–7:30 pm (Lane 6, 7 & 8)

Thu 8 am–9 am (Lane 8)

Thu 9:15 am–10:15 am (Lane 6, 7 & 8)

GAMES & RECREATION ROOM

Mon–Thu & Sun 1 pm–9 pm

Fri, Sat & Eve of PH 1 pm–10 pm

JOY LUCK COVE

Daily 10 am–11 pm

WORK@CSC

Mon–Fri & Eve of PH

8 am–12 midnight

Sat, Sun & PH

8 am–11 pm

Mon–Sat (excluding PH)

9 am–6 pm

(Manned Hours)

Closures for trainings are subject to change.

+Bookings can be made online or at the Sports Desk up to 7 days in advance on a first-come, first-served basis.



CHINESE SWIMMING CLUB

21 & 34 Amber Road Singapore 439870

Tel: 6345 1221/6885 0688

Fax: 6345 7134

www.chineseswimmingclub.org.sg

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