

FREESTYLE

JAN - MAR 2025



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Opinions expressed need not necessarily represent those of the Club. The Club accepts no responsibility for the quality of goods or services advertised. All event information is accurate at time of print.

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A MESSAGE FROM THE VICE-CAPTAIN

Dear Members,

On behalf of the Management Committee and staff, I wish you all a Happy New Year! We extend a very warm welcome to our new members as we embark on an exciting year ahead at the Chinese Swimming Club.

2025 is set to be a landmark year as we prepare for the Addition & Alteration (A&A) works at the Recreation Complex, scheduled to commence in the first quarter of 2025 and be completed by early 2026. The Management and Project Upgrading Committee, in collaboration with the appointed architectural firm, is diligently redesigning the space to transform it into a modern, lifestyle-centric hub that will truly feel like a home away from home.

By the end of January, we aim to appoint a contractor, and we will keep you updated on the progress. While we strive to minimise disruptions, some inconvenience is expected, and we seek your understanding and cooperation.

Highlights of the Revamped Recreation Complex

- Host various functions such as birthdays and sports activities thanks to the transformative Event Hall with its innovative LED floor.
- Enjoy a meal of fusion cuisine, artisan baked goods and a premium selection of beverages in the air-conditioned lobby lounge, contemporary restaurant and alfresco pool-side area.
- Relax by the pool, in cabanas or on outdoor sun lounges, for the resort vibe.
- Karaoke the night away in family karaoke rooms with different themes for various moods and groups.

The Great Bubble Reef (Fun Pool) at the Sports Complex will also be upgraded.

We look forward to welcoming you to a transformed experience that caters to relaxation, celebration, and familial enjoyment.

Celebrating 2024's Memorable Events

In 2024, we celebrated our club's 119th Anniversary and Fundraising Event, a significant milestone that was a remarkable success! This celebration featured a series of exciting activities to raise funds for the President's Challenge. Highlights included events organised by the Sports & Games and Lifestyle Committees, and their subcommittees, such as the Swimathon and the charity golf. We concluded the festivities with a gala dinner, graced by our guest of honour, President Tharman Shanmugaratnam. We proudly raised a total of \$300,888, which is a record for our club. Thank you to everyone who made this celebration possible!

Last year ended on a high note with a series of festive celebrations, including the Mid-Autumn Festival,

Oktoberfest, Halloween PUMP-UP Night, and the Christmas Light-Up. Thank you for your enthusiastic support! Do keep an eye on our website and social media pages for more fun-filled events this year.

Sports Highlights

The Water Polo Boys' team delivered outstanding performances across multiple competitions. The U10 team emerged undefeated throughout the Singapore Water Polo League season, earning the gold medal. The U15 team took home the championship title, while the U12 and U10 teams won silver medals for the ActiveSG Internal League Season 3. Congratulations to all!

We celebrated our swimming team's achievements at the CSC Swim celebratory get-together and recognised their efforts in major competitions like the 54th Singapore National Age Group Championships, and the 19th Singapore National Swimming Championships. Congratulations to all our swimmers – you make us proud!

The 3rd CSC U9/U12 Table Tennis Tournament 2024 concluded successfully, showcasing incredible talent and thrilling rallies. Congratulations to all participants and winners! We look forward to seeing you again next year.

As we embrace the opportunities of 2025, we look forward to achieving new milestones and enriching your experiences at the club. Thank you for your continued support and dedication to our vibrant community.

Welcoming the Year of the Snake

Ring in the Year of the Snake with festive activities for the whole family!

- **"2025 Chinese New Year 事事如意 Get Together" (12 January):** A delightful morning of fun activities for children.
- **Spring Festival 2025 (8 February):** Enjoy heart-thumping lion and dragon dances, snacks stations, and decorations adorned with lanterns and lights.
- **Chinese New Year Brunch at Man Zhu Café:** Relish festive specialties like Crispy Pork Belly and Chestnut Ngoh Hiang, alongside promotions at our F&B outlets.

Wishing you abundant wealth, health, and joy in the Year of the Snake!

Mr Dick Lee
Vice-Captain

Chinese New Year Closure

The Club will be closed on **Tuesday, 28 January 2025**, and **Wednesday, 29 January 2025**, for Chinese New Year. Operations will resume on the second day of Chinese New Year, **Thursday, 30 January 2025**. From all of us at Chinese Swimming Club: we wish all our members a Happy Chinese New Year!

Collection of Ang Bao Packets

The freshly minted CSC ang baos are ready for collection at the Arrival Pavilion reception desk from Friday, 17 January 2025. Limited to two packs per member, while stocks last.



Happenings@CSC Mid-Autumn Delight



Delighted members receiving awesome Mid-Autumn Festival mooncakes in September

Ready to Squash?

We are pleased to announce that the squash courts have been refurbished and awaiting your action. We look forward to welcoming you back to play.



Exclusive Talk

An exclusive talk on Artificial Intelligence (AI) by Mr Ng Tian Beng for our members was held on 11 November. This event provided a unique opportunity to explore how AI can empower businesses to drive growth and innovation.



In Memory of Dr Tay Ka Choon

It is with deep respect and heartfelt gratitude that we honour the life and contributions of Dr Tay Ka Choon, whose unwavering dedication and selfless service have left an enduring legacy within Chinese Swimming Club.

Dr Tay's journey with our Club spanned decades, during which he consistently demonstrated a steadfast commitment to upholding our values and promoting the well-being of our members. From 1981 to 1988, he served as our Honorary Medical Officer and Advisor for our swimming team, offering his expertise and care with humility and generosity. In 1988, Dr Tay stepped into the role of Vice President, a position he held until 1996, during which his visionary leadership helped shape the Club's growth and progress. As a Trustee from 1990 to 1996, he further cemented his legacy as a pillar of the Club's community.

Though Dr Tay is no longer with us, his memory and the indelible mark he has left on our Club will remain a cherished part of our history.

119 Years and Transforming

The club continues to transform and has taken yet another step to become a home away from home for members, with the appointments of the architect and consultants for the Recreation Complex (RC) upgrading. The architect has also proposed ideas for the new RC. Here are some key highlights of the artist's impressions. To view more impressions, please visit the Arrival Pavilion lobby. We look forward to the exciting renovation that is scheduled to start this year!



Lobby Lounge



Indoor Dining



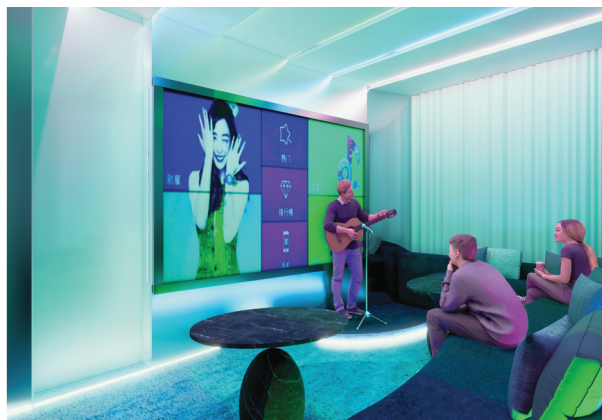
Hybrid Pool



Transformative Event Hall Stage View



Transformative Event Hall Sports Mode



Family Entertainment Room

The images shown here are for illustration only.

Mid-Autumn Celebration

Our Mid-Autumn Celebration on 14 September drew a huge crowd, which delighted in an evening filled with festive cheer and cultural activities! Members enjoyed a delectable mooncake and tea pairing session, while being serenaded by the enchanting melodies of a live dizi performance. Creativity flourished as members crafted beautifully decorated lanterns and added a personal touch to the festive atmosphere. Fun and engaging games such as "Pomelo Harvest Haul," "Hou Yi Challenge," and "Lotus Fan-Off," brought out everyone's competitive spirit!

The evening concluded with an insightful astronomy sharing and a moongazing session, offering participants a magical view of the Mid-Autumn moon.

Thank you, everyone, for joining us in celebrating this beautiful festival. We look forward to seeing you next year!



Good Food And Good Music

Prost to all our members and guests who came down to Man Zhu Café to celebrate Oktoberfest 2024 with us. From the beer, food, to the Bavarian music from the live band, Swiss Alpine Lions, it was an evening to remember! See you next year for more Oktoberfest merriment!



Festive Frights And Family Fun

The 2024 Halloween PUMP-UP Night was held on 26 October at the Arrival Pavilion and Sports Complex. Members were dressed in creative costumes and participated in making slime and paracord charms. They redeemed their complimentary goodie bags and collected their treats from our friendly mascot. Members of the Youth & Kids Subcommittee also helped with face painting. The night ended with the Best Dressed Competition, where winners walked away with F&B vouchers. Two members won an exclusive prize, F&B vouchers and a pumpkin bucket of Halloween treats during our lucky draw. Thank you to everyone who joined us for an evening filled with festive frights and family fun!



Lighting Up The Christmas Spirit

The 2024 Christmas Light-Up was held on Friday, 15 November at the Arrival Pavilion. The light-up was officiated by Club President, Mr Victor Chia. The evening was filled with heartwarming activities, from creating beautiful punch needle embroidery pieces to writing heartfelt Christmas cards and sealing them with festive wax stamps. The Christmas carolling also brought the spirit of the season alive. Our resident Santa wrapped up the busy evening by spreading festive cheer, handing out Christmas treats and posing for joyful photos with our members.

Thank you for making the evening memorable, and we hope to see you next year!



F&B Operating Hours During Chinese New Year



OUTLETS	DATES	OPERATING HOURS
MAN ZHU CAFÉ	27 January 28 and 29 January 30 January	12 noon–9:30 pm (As usual) Closed 11:30 am–9:30 pm (Last order is 30 minutes before closing)
3 BARS	27 January 28 and 29 January 30 January	12 noon–11 pm (As usual) Closed 12 noon–11 pm
MINGLE@AMBER	27 January 28 and 29 January 30 January	8 am–8 pm (As usual) Closed 9 am–8 pm

新年快乐

Bountiful Beginnings

man
zhu 滿足



Chinese New Year Buffet Brunch

Celebrate the Year of the Snake with your loved ones at Man Zhu Café, where a specially curated menu is waiting for you. Enjoy delightful dishes such as Crispy Pork Belly, Steamed Red Grouper with Preserved Chilli and Black Beans, and Chestnut Nghoh Hiang. Conclude your meal on a sweet note with Crispy Sweet Potato Nian Gao.

Sunday, 2 February 2025

11:30 am–2:30 pm

Man Zhu Café

\$48.00 (adult) | **\$22.80** (child: 6-to 12-years-old)

The usual à la carte menu will not be available from 11:30 am–2:30 pm.
The images shown here are for illustration only. All prices include 9% GST.





Salmon Yusheng

\$47.80 (small) | \$57.80 (large)

Available for dine-in/takeaway from
30 January – 12 February 2025, from 6 pm

The Salmon Yusheng will not be available from 2:30 pm–6 pm.
Takeaway orders will be subjected to an additional charge of \$2.
All prices include 9% GST.

Chinese New Year Goodies

- Florentine Mixed Almond
 - Kueh Bangkit
 - Cashew Nut Cookies
 - Love Letters
 - Pineapple Balls
 - Pineapple Tarts
- Prices start from \$22.80**

新年快乐



January Specials

Brazil Mogiana Tiong Hoe Specialty Coffee

Tasting notes: Roasted nuts, chocolates

Happy Go Lucky

Red dragon fruit,
chia seeds, mango

Member \$6.24 | Guest \$7.80



Yuzu Matcha

Member \$5.92 | Guest \$7.40



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Glenfiddich CNY Pack

January to February 2025



新年快乐



Glenfiddich 12
\$138



Glenfiddich 15
\$168



Glenfiddich 18
\$198



All prices include 9% GST.



Chivas 18

January Special



\$158
per bottle



\$300
for 2 bottles

All prices include 9% GST.



2025 Chinese New Year 事事如意 Get Together

Sunday, 12 January 2025
9 am–12 noon
Activity Suite, SC (L3)

\$13.63 (Member) | **\$24.53** (Guest)

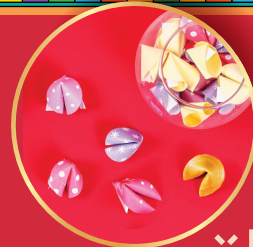
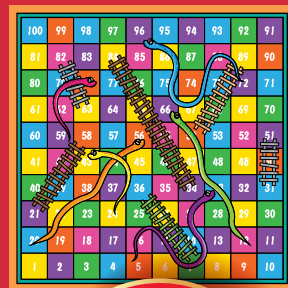
Fees include 9% GST.

Eligibility: 7 years and above. Children younger than 7 years old need to be accompanied by an adult
Min. 8 pax; Max. 20 pax

Programme

- 9 am Registration and collection of goodie bag
- 9:15 am Giant snakes & ladders
- 10:15 am Break
- 10:30 am Fortune cookie craft
- 11 am Paper cutting

Register now



Springing Into Chinese New Year

Saturday, 8 February 2025
4.30 pm - 6.30 pm
Arrival Pavilion, Lobby

Join us in celebrating Spring Festival 2025 as we welcome the new year in style! This annual event promises an afternoon filled with entertainment and family-friendly activities.

Get ready for a heart-thumping lion and dragon dance performance, which will usher in good luck and prosperity for the new year. Capture the spirit of the occasion by taking photos of the club's stunning decorations adorned with lanterns and lights. Keep an eye out for our roving festive mascot and snap a selfie for a memorable moment.

Don't miss your chance to participate in our mandarin oranges giveaway for good fortune and enjoy a variety of delicious treats at our snacks stations.

Come and be part of this unforgettable celebration, and let's start the new year with joy and positive energy!



SWIMMING

SWIM SAFER 1

Tuesday–Friday, 18–21 March 2025

10:30 am–12 noon

Competition Pool, SC

For members only

For Bronze, Silver and Gold

Eligibility: CSC Learn to Swim Orange and above

Registration opens on the first week of February

BASKETBALL

CSC-LJE SPORTS MARCH HOLIDAY BASKETBALL CAMP

Enrol your child in this training camp, where they will learn about the value of respect and teamwork as they interact with other kids in this team sport. Sign up fast, as slots are limited.

Monday–Wednesday, 17–19 March 2025

Basketball Court, SC (Rooftop)

\$280.13 (Member) | \$295.39 (Guest)

6–12 years old, Beginners

AGE GROUP	DAILY TRAINING TIME
6–12 years old	8:00 am–10 am
6–12 years old	5:00 pm–7 pm

The above fee is for three training days.

Registration will close upon reaching maximum capacity.

SQUASH

CSC-ULTIMATE SQUASHER MARCH HOLIDAY SQUASH CAMP

Suitable for levels 1 & 2 beginners

You will learn:

- Introduction to Squash foundation skills
- General Squash rules
- Hand, eye and foot coordination skills
- Footwork and movement efficiency

Monday–Wednesday, 17–19 March 2025

10 am–12 noon

Squash Courts, SC (L3)

\$211.57 (Member) | \$239.69 (Guest)

Min. 3 pax, Max. 8 pax per 2-hour timeslot

6–15 years old

The above fee is for three training days.

Registration will close upon reaching maximum capacity.

All prices include 9% GST. Activities are subject to change. Please visit our website, call **6885 0671/6885 0654** or email sports@chineseswimmingclub.org.sg or lifestyle@chineseswimmingclub.org.sg for more information or to sign up.

TABLE TENNIS

CSC-LJW MARCH HOLIDAY TABLE TENNIS CAMP

Our holiday camps are the perfect platform for players to pick up the game's skills and tactics, with coaching adjusted based on playing ability. The emphasis is on fun and engagement for the participants during the camp.

Monday–Thursday, 17–20 March 2025

Table Tennis Room, SC (L3)

\$209.28 (Member) | \$313.92 (Guest)

4–14 years old

AGE GROUP	DAILY TRAINING TIME
4–14 years old	9:30 am – 11:30 am
4–14 years old	12:30 pm – 2:30 pm

The above fee is for four training days. Registration will close upon reaching maximum capacity.

HOLIDAY CHESS CAMP

Immerse your child in the world of strategy, critical thinking, and fun, with our holiday chess camp. This exciting holiday initiative is designed to provide children of all skill levels with a unique and engaging chess experience. Whether your child is a beginner or an aspiring grandmaster, our programme offers a blend of learning, practice, and friendly competition.

Beginner

Monday–Thursday, 17–20 March 2025

9 am–11 am

Lattice Suite, RC (L3)

\$327.00 (Member) | \$343.35 (Guest)

5–12 years old

Min. 6 pax

Intermediate

Monday–Wednesday, 17–20 March 2025

11 am–1 pm

Lattice Suite, RC (L3)

\$327.00 (Member), \$343.35 (Guest)

5–12 years old

Min. 6 pax

SELF-DEFENCE CAMP

Equip your child with essential life skills and let them have fun while learning! This Self-Defence Camp is a hands-on, interactive programme that is designed to teach children how to stay safe, build confidence, and develop a strong sense of self-awareness.

Monday–Wednesday, 17–19 March 2025

2 pm–4 pm

Lattice Suite, RC (L3)

\$218.00 (Member), \$245.25 (Guest)

8–15 years old

Min. 5 pax





January International Buffet Dinner

Man Zhu Café
Fridays, from 6 pm

\$33.80

(adult)

\$14.80

(child: 6-to 12-years-old)

The buffet is not available on 31 January 2025.

A limited à la carte menu will only be available during the buffet.

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January & March Promotion

Cajun Spring Chicken



Air-Flown Australian T-Bone Lamb



Japanese Hyogo Oysters



*Available every
Saturday
and Sunday
from 6 pm-9 pm

Western BBQ
AT MAN ZHU ALFRESCO

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January Chef's Specialty

Mondays–Thursdays, from 6 pm

*Ngoh Hiang
Guan Chang*
\$17.00



The Chef's Specialty is not available on 27–31 January 2025.
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February Promotion

BBQ Stingray



Torched Mentaiko Tiger King Prawn



Oyster Omelette



***Available every
Saturday
and Sunday
from 6 pm–9 pm**

Local BBQ

AT MAN ZHU ALFRESCO

The images shown here are for illustration only.



February Oriental Buffet Dinner

Man Zhu Café
Fridays, from 6 pm

\$33.80

(adult)

\$14.80

(child: 6-to 12-years-old)



A limited à la carte menu will only be available during the buffet.
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February Chef's Specialty

Mondays–Thursdays, from 6 pm



Beef Cheek Linguine
\$16.90

The price includes 9% GST.



February Promotion

Blossom Love

Rose syrup, strawberry puree, strawberries, plum powder

Member **\$6.24** | Guest **\$7.80**



Cocoa Valentine

Member **\$5.92** | Guest **\$7.40**



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February Whisky Special

Macallan Sherry Oak
12 Years
\$198
per bottle



The price includes 9% GST.



March Promotion Teochew Porridge Buffet

Man Zhu Café
Fridays, from 6 pm

\$22.80

(adult)

\$10.80

(child: 6-to 12-years-old)



A limited à la carte menu will only be available during the buffet. The images shown here are for illustration only. All prices include 9% GST.



March Chef's Specialty

Mondays–Thursdays, from 6 pm

Kway Chap Set

\$13.90



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March Promotion

Lychee Breeze

Peach syrup, white grape syrup, lychee

Member **\$6.24** | Guest **\$7.80**

Toby's Estate Woolloomooloo

Tasting Notes: Cocoa, caramel, spice



Sakura Lychee

Member **\$5.92** | Guest **\$7.40**

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March Whisky Special



Glenmorangie Lasanta 12 Years

\$138
per bottle

\$260
for 2 bottles

All prices include 9% GST.

23rd CSC-SIA Bilateral Games 2024

The 23rd SIA Group Sports Club-CSC Bilateral Games marked a vibrant resurgence of friendly rivalry and camaraderie between the two clubs, rekindling long-standing tradition since the last event hosted by CSC in 2019. SIAGSC hosted the golf event at Southlink Country Club on 9 October, and other competitions such as badminton, bowling, cuesports, squash, table tennis, tennis, and the newly introduced pickleball, which took place on 12 October. In a closely contested series, CSC emerged victorious by a narrow margin, adding another memorable chapter to the bilateral games.

A huge round of applause to all our athletes who put in their best effort to secure the overall championship at this year's games!

Overall Score: CSC – 5, SIA – 3



Swimming

World Aquatics Open Water Swimming Junior World Championships 2024

The stage for the championships was set in beautiful Alghero, Italy, as the world's best junior open water swimmers competed from 5 to 8 September. We are incredibly proud of our swimmers, Ashley and Kate, as they rose to the challenge on this prestigious international stage. Congratulations to both for their dedication and effort in such a demanding competition!



World Aquatics Swimming World Cup 2024

Stop 1

Shanghai, People's Republic of China
18–20 October 2024

Stop 2

Incheon, Korea
24–26 October 2024

Swimmers Joshua Lim, Reagan Cheng, and Julian Lee showcased their talent and determination on the international stage when they successfully wrapped up the first two stops of the World Aquatics Swimming World Cup in Shanghai, and Incheon.

Congratulations to the boys for their fantastic efforts and performances!



Stop 3

Singapore
31 October–2 November 2024

The third and final stop of the World Aquatics Swimming World Cup 2024 was held in Singapore from 31 October to 2 November at the OCBC Aquatics Centre.

A total of 31 swimmers representing Singapore and the club competed in the event. Reagan Cheng equalled the National Record with a time of 1:57.40 in the 200m Backstroke during the heats.

Olympic gold medallists, Kate Douglass and Leon Marchand were crowned the overall champions of the meet.

31 Swimmers

Ashley Ng	Timothy Cheah	Kenneth Lim
Chan Zi Yi	Benjamin Tan	Lawrence Lim
Isabelle Cheah	Brayden Sim	Lee Man Tim
Joshua Yeo	Choo Liang Rong	Lucas Lim
Julian Lee	Ethan Yeo	Michael Lim
Manda Low	Jabez Soh	Mikel Low
Melanie Chong	Jeriel Lee	Ng Xin Hui
Nur Marina Chan	Jonas Tham	Nicole Castro
Ong Jung Yi	Jonathan Chan	Rahul Viren Shah
Reagan Cheng	Kate Ona	Sidney Tan
Tedd Windsor Chan		

Coaches

Zhang Jian Lan Wang Tao

CSC Swim Celebratory Get-Together 2024

On Friday, 18 October, Chinese Swimming Club celebrated its proud achievements at the CSC Swim Celebratory Get-Together 2024 with great excitement. Swimmers who participated in various competitions, including the 54th Singapore National Age Group (SNAG) Swimming Championships 2024, the 19th Singapore National Swimming Championships (SNSC) 2024, and the 6th CSC Super Junior Swimming Invitational 2024, were invited to this gathering. Together, the swimmers enjoyed a lively pool party filled with games such as "Wet T-Shirt Relay," "Treasure Hunt," and "Guess Who."

Tedd Chan was presented a token of appreciation for his outstanding achievements in 2024, including breaking a long-standing U17 National Record for 50m Backstroke. Tokens were also given to Guinevere Sim and Manda Low, who were named MVP at the SNAG.

We would like to thank the swimmers for their determination and strong will to get to the top. We wish for our swimmers to strive towards the goals that they have set for themselves and the team in the new season.

Once again, congratulations to all our wonderful swimmers!



CSC Senior Swim Challenge

The CSC Senior Swim Challenge, for swimmers aged 13 and older, was held on 26 October. Our masters swimmers, aged 18 and older, also participated in the event. The swimmers competed to achieve personal best times in the in-house meet. Continue striving towards your goals!

Singapore Masters Swimming 2024

Our Masters swimmers proudly represented the Club at the Singapore Masters Swimming 2024 on 3 November, achieving strong performances and winning medals in both the individual and relay events.



CSC Swim Kick Challenge Series 2 2024

The final series of the Swim Kick Challenge concluded on 2 November, with 108 swimmers in the Learn-to-Swim Green level to the Pre-Competitive Senior squads.

This fun-filled event wrapped up on a high note with an exciting mother-and-child relay, bringing smiles and cherished moments to all participants.

Congratulations to all the winners, and a big “thank you” to everyone who made this event a success!



37th Junior Interclub Competition 2024

The Chinese Swimming Club swim team successfully defended their title as champions in the 37th Junior Interclub Competition 2024 on 10 November, scoring a total of 1,204 points. The junior swimmers trained diligently and showed great perseverance during the races. Thank you, swimmers, coaches, and parents for your hard work. Congratulations, team!



High-Performance Overseas Training Camp

Head Coach Zhang Jian Lan and ten swimmers from the high-performance squad headed to Tokyo on 10 November for an overseas training camp at Hosei University, one of the top universities in Japan. They had the opportunity to train with other competitive swimmers, gaining valuable experience from the training camp.



Badminton

16th SSC-JK Technology Inter-Club Masters Badminton League 2024

Our Badminton Club team members had a blast at the annual competition held from March to October 2024, and even had opportunities to play at the newly renovated Guillemard Hall, renamed the KFF Badminton Arena.



Billiards And Snooker

Aloysius Yapp's Achievements (August to October 2024)

Congratulations, Aloysius! Your remarkable achievements are truly impressive and deserve to be celebrated.

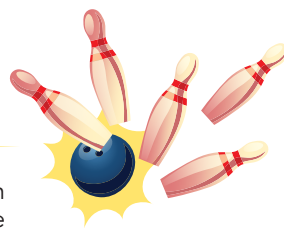
Date	Competition	Results
4 August 2024	Helsinki Open	17th place
10 August 2024	European Open	17th place
18 August 2024	WNT Raxx MVP Open	25th place
24 August 2024	2024 US Open Championship	33rd place
16 September 2024	WNT Zen & Yuan 8 Open	3rd place
4 October 2024	WNT Peri Open	17th place
18 October 2024	Reyes Cup	1st place & MVP



Bowling

Bowling Section Novelty Fun Bowl

The Bowling Subcommittee organised and sponsored the Bowling Section Novelty Fun Bowl on 16 September. This event provided an opportunity for section members to mingle and enjoy a casual social gathering centred around bowling. Past convenors were also invited, providing a nostalgic opportunity to reminisce and reconnect with the community.



27th Adult Inter-Club Bowling Mixed League

Congratulations to our Bowling Team for emerging as overall club champions for the second year in a row at the 27th Adult Inter-Club Bowling Mixed League Victory Dinner hosted by Singapore Swimming Club on 6 October. Well done to all our bowlers for their stellar performance over six months of league games. A huge shoutout to the following players for absolutely crushing it with their performances!



Team High Series Winners:

Bryan Lee, Ong She-Na,
Elliot Tan, Gerard Ng

Individual High Game (Men) Winner:

Edward Teo

Masters (Men):

2nd: Bryan Lee

Masters (Women):

2nd: Ong She-Na

Halloween Fun Bowl

In conjunction with the Club's Halloween celebration, the Bowling Section hosted its highly anticipated Halloween Fun Bowl on 26 October, drawing 50 enthusiastic participants dressed in their spookiest and most creative costumes. The evening featured a Best Dressed Award, Halloween-themed goodie bags for children, and a thrilling lucky draw with fabulous prizes for lucky winners.



1st CSC Bowling Invitational

On 3 November, our Club proudly hosted the CSC 1st Bowling Invitational, welcomed over 60 bowlers from Singapore's top clubs: SGCC, SIAGSC, SRC, SSC, and NRSCC. Competing across three categories, the bowlers played 288 games in a spirited showcase of skill and fellowship. After an exciting day of competition, SIAGSC emerged as the tournament's overall champion. Congratulations to all participants and supporters for making this inaugural event a fantastic success!



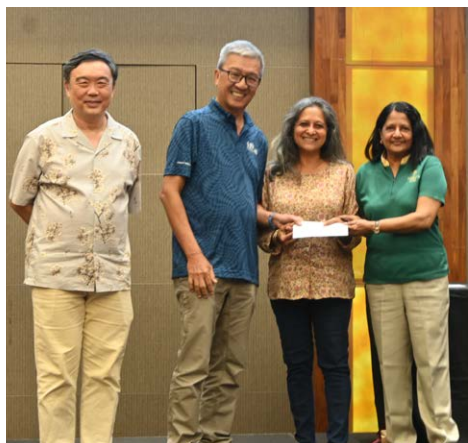
Contract Bridge

Singapore Bridge Festival 2024 Finale Game

The Contract Bridge section hosted various bridge clubs for the Singapore Bridge Festival 2024 Finale Game on 22 September. A total of 64 players participated in the finale. The players were from the following clubs: the American Women's Association, Geylang West Bridge Club, National University of Singapore Society, Lifelong Bridge Mastery, Singapore Cricket Club, Singapore Recreation Club, Tanglin Club, and xmmbridge.

Congratulations to Shyamala and Seema from Tanglin Club for clinching first place in the event, and Yeo Whee Kiak and Tan Tat Chu from the National University of Singapore Society (NUSS), for winning second place.

Kudos to xmmbridge and NUSS for achieving first and second places in the overall game, respectively.



Golf

30th CSC Annual Golf Championship

The 30th CSC Annual Golf Championship, held at Sembawang Country Club on 13 September, saw 40 enthusiastic golfers battling it out for top honours in two divisions.

Benjamin Ng claimed the Overall Champion (Best Gross) title with an outstanding performance, showcasing his exceptional skill on the course. In Division A, Chris Chia emerged as the champion, displaying consistency and accuracy to clinch the top spot. Meanwhile, Division B saw Jow Jeng Jong take the championship, demonstrating a strong competitive spirit throughout the event. Congratulations, golfers!

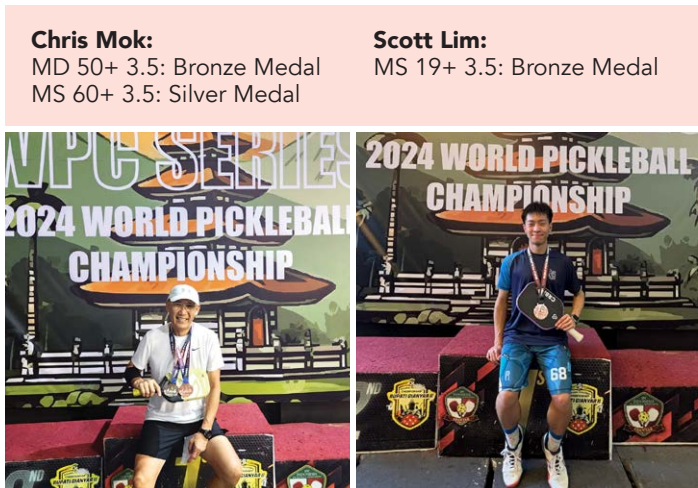


Pickleball

WPC SERIES - World Pickleball Championship 2024 (5th edition)

Congratulations to our Pickleball Section members on their remarkable achievements at the World Pickleball Championship 2024 (WPC Series Bali)!

A heartfelt shoutout to Chris Mok and Scott Lim for their impressive performances. We are incredibly proud to have you represent our Pickleball Section on the global stage.



Chris Mok

Scott Lim



PickleSprout 2024

Congratulations to Tim Shi for winning first place in the PickleSprout 2024 Tournament – MD50+. This is an incredible achievement, and your hard work truly stands out. We are so proud to have you as part of the Pickleball Section!



Tim Shi (Left)

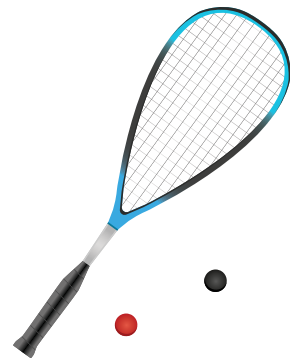
Squash

CSC-SCC Squash Friendly 2024

On 19 October, members of the CSC gathered for an exhilarating squash friendly at the Singapore Cricket Club. The day was filled with spirited matches, laughter, and a wonderful sense of camaraderie.

Participants showcased not only their on-court skills but also the essence of friendship and sportsmanship that defines our community. It was a fantastic opportunity to connect with fellow members and enjoy a shared passion for the sport.

We look forward to more friendly competitions in the future!



CSC-Ultimate Squasher September Holiday Squash Camp

Another successful edition of CSC-Ultimate Squasher September Holiday Squash Camp was held from 2 to 4 September. The camp was packed with skill development, laughter, and great memories. We hope to see you on the courts again.



Table Tennis

Dr Ng Eng Hen Cup-STTA Table Tennis Championships 2024

The Dr Ng Eng Hen Cup-STTA Table Tennis Championships 2024 was a resounding success! Congratulations to our Table Tennis Section members for their outstanding achievements. A big round of applause goes to CSC players Evelyn Rose Gooi and Kris Teo for their fantastic performances. Their energy and determination are truly commendable.



U9:

1st: Evelyn Rose Gooi

Women's Singles:

3rd: Kris Teo



Kris Teo (second from right)



Evelyn Rose Gooi

Baker Cottage International Table Tennis Junior Championship 2024

Congratulations to our Table Tennis Section members and academy trainees on their outstanding achievements at the Baker Cottage International Table Tennis Junior Championship 2024, held in Selangor, Malaysia. What an amazing display of talent and hard work from our young members!

U9:

1st: Evelyn Rose Gooi

U11:

1st: Gu Xintian



Evelyn Rose Gooi



Gu Xintian

3rd CSC U9/U12 Table Tennis Tournament 2024

The Club successfully concluded the 3rd CSC U9/U12 Table Tennis Tournament 2024 from 26 October to 3 November. The two weeks were filled with excitement, talent, and sportsmanship, as 271 participants battled it out for the top positions.

Heartfelt congratulations to all the winners! You have shown exceptional skills, and dedication for the sport. To all the participants, your effort and sportsmanship are truly inspiring. We cannot wait to see you all next year. Keep up the great work and continue to shine on and off the table!

We would also like to thank our sponsors, Li Jia Wei Table Tennis Academy and Sin Ten Sports Trading, whose contributions have played a vital role in making this event a success.

U9 Boys Singles

1st: Luke Wang
2nd: Conor Khoo
Joint-3rd: Gareth Chin
& Tan Rui Hao

U9 Girls Singles

1st: Evelyn Rose Gooi
2nd: Ashlee Teo
Joint-3rd: Leah Qi
& Sakura Shimoda

U12 Boys Singles

1st: Damien Li
2nd: Tan Ruixiang
Joint-3rd: Jonas Chia
& Tan Zhi Yue

U12 Girls Singles

1st: Sophia Lim
2nd: Megan Tan
Joint-3rd: Gu Xintian
& Jayna Fengjie



The SAFRA Table Tennis Championship 2024

Congratulations to our Table Tennis Team for achieving joint-third place in the Men's Open Team Category at the SAFRA Table Tennis Championship 2024. This remarkable accomplishment reflects the team's unwavering dedication, exceptional skills, and relentless hard work. Well done, team, for making your mark at this prestigious event!



CSC-LJW September Holiday Table Tennis Camp

The September Holiday Table Tennis Camp, led by Head Coaches Li Wanxiang & Li Jia Wei, concluded successfully from 2 to 5 September. A big "thank you" to all the participants and coaches—your dedication and passion made this camp unforgettable!



Tennis

Tennis National Team Trials

Our Tennis Team's junior members, Regis Lin and Brian Hartono, participated in the STA Selection Trials on 28 October at the Kallang Tennis Centre. The event was held to select players to represent the Singapore team in the upcoming International Tennis Federation (ITF) 12 & Under Team Competition for Boys and Girls. Both boys achieved outstanding results, finishing in first and second place, respectively, and earned their spots to represent Singapore in the tournament. Congratulations to both Regis and Brian!



CSC Tennis Doubles Open 2024

The CSC Tennis Doubles Open took place on 9 and 10 November, featuring 10 pairs of players vying for bragging rights on the tennis courts. Congratulations to the winners!



1st: James Quek
& Jeremy Yang

2nd: Raul De Ocampo
& Alex Ho

3rd: Michael Wong
& Edwin Li

4th: Joel Lee
& Lee Sin Fatt



James Quek (left) & Jeremy Yang (right)



Alex Ho (middle) & Raul de Ocampo (right)

Water Polo

Singapore Water Polo League

The club's Water Polo U10 Boys' Team won all its games for the season and clinched gold! Thanks to all parents and coaches for all the support this season. The boys will continue to work even harder and to push boundaries. Let's keep going!



ActiveSG Internal League Season 3

The U10, U12, and U15 Boys' Teams participated in the 2024 3rd ActiveSG Cup. With their best efforts and fierce competition against our opponents, the U15 team was crowned champion, while the U12 and U10 teams each secured silver medals. Evan Say, the goalkeeper for the U15 team, was named the overall tournament MVP for his impressive 1-on-1 and penalty saves.



3rd Kuching Invitational Water Polo Cup

From 21 to 24 November, 11 young water polo players represented the Club in the Boys' Under-16 category at the 3rd Kuching Invitational Water Polo Cup. Competing against formidable teams from the region, our boys displayed determination, teamwork, and skill, narrowly missing out on a podium finish. A heartfelt "thank you" to the coaches and supporters who made this journey possible.



Swimming

Stroke Clinic 1

The Stroke Clinic will be open to the competitive squad, with slots available on a first-come, first-served basis.

February–April 2025

Learn-to-Swim Programme

The Learn-to-Swim Programme is open to aspiring young swimmers (4-years-old and above) who want to develop foundation swimming skills. It has five different levels that focuses on different strokes. This helps them hone their skills before progressing to the next stage.

- 1. Tuesday–Friday: 3:30 pm–7 pm**
 - 2. Saturday: 8:45 am–12:10 pm & 3 pm–6:20 pm**
 - 3. Sunday: 8:45 am–12:10 pm**
- Beginners' Pool, SC (L1)**

Masters Swimming

The Masters Swimming Programme is tailored to help you develop higher standards of swimming techniques while keeping fit and healthy through a structured training programme. Join a group of like-minded people in a fun and supportive environment to improve fitness and build endurance and speed.

- 1. Tuesday & Thursdays, 7:45 pm–8:45 pm**
 - 2. Saturday, 8:45 am–9:45 am**
- Water Polo Pool, SC (L1)**
\$147.15 per month



BADMINTON ACADEMY

Badminton

CSC Badminton Academy

- 1. Monday–Wednesday & Friday, 3 pm–5 pm**
 - 2. Thursday, 4 pm–6 pm**
 - 3. Saturday, 8 am–10 am, 10 am–12 noon**
 - 4. Sunday, 1 pm–3 pm**
- Badminton Hall, SC (L2)**

Frequency	Members	Guest
Once/Week (4 sessions)	\$130.80	\$174.40
Twice/Week (8 sessions)	\$218.00	\$261.60
Thrice/Week (12 sessions)	\$261.60	\$327.00

The training fee will be charged accordingly if there are additional training days in the month.

Eligibility: 6–16 years old



Basketball

Basketball CSC-LJE Sports Junior Basketball Training



This joint training programme by CSC and LJE Sports aims to inculcate players basic basketball skills and knowledge. Sessions cover basic ball handling, footwork, shooting drills, and conditioning drills.

- 1. Thursday, 5 pm–6:15 pm**
 - 2. Saturday, 8 am–9:15 am & 9:30 am–10:45 am**
 - 3. Sunday, 8 am–9:15 am & 9:30 am–10:45 am**
- Basketball Court, SC (Rooftop)**
\$125.35 (Member) | \$201.65 (Guest)

The above fees are based on four sessions a month. If there is a lesson on the 5th week of the month, an additional fee will be billed accordingly. Guests are required to pay a refundable one-month deposit.

Bowling

CSC Bowling Learn-to-Play Programme

The Learn-To-Play programme for Bowling comprises 2 components:

- Introduction to Bowling – Having Fun, Bowling Safely
- Fundamentals of Bowling – Basic Techniques for the Average Joe

In the first component, bowlers will be introduced to bowling lanes, use of equipment and some basic etiquette to observe during the game to ensure a fun and safe environment while bowling.

Fundamentals to Bowling will then expose bowlers to some basic techniques used by all bowlers.

- 1. Saturdays, 10 am–11 am (Beginners)**
- 2. Saturdays, 1:30 pm–3 pm or 3 pm–4:30 pm (Development Bowler)**

12 Lanes Bowling Alley, SC (L1)

For trainees with bowling background.

\$130.80 (Member)

\$174.40 (Guest) per month for 4 sessions

All course fees include lane fees and shoe rental.

Contract Bridge

Chinese New Year Game

9 February 2025

12 noon–6 pm

Multipurpose Room, SC (L2)

Pickleball

Pickleball Training with Coach Janet

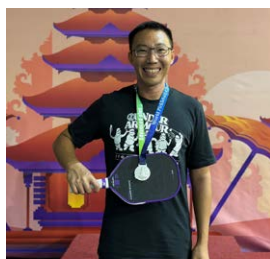
Come join our club resident coach Janet and embark on your pickleball journey!

1. Tuesday, 7 pm–9 pm (Beginners)
 2. Saturday, 7 pm–9 pm (Intermediate)
- Basketball Court, SC (Rooftop)



	Members	Non-Members
Beginners (2 hours/week—consists of 1.5 hours of coaching & 0.5 hours of play)	\$191.84 (4 lessons per module)	\$218.00 (4 lessons per module)
Intermediate (2 hours/week—consists of 1.5 hours of coaching & 0.5 hours of play)	\$283.40 (4 lessons per module)	\$322.64 (4 lessons per module)
Private Coaching members only (1 pax)	\$103.01 per hour	Not applicable
Private Coaching members only (2 pax)	\$51.23 per pax/per hour	Not applicable

Pickleball Group Training



Join Coach Richie's exclusive Thursday classes.

1. Thursdays, 7 pm–8:30 pm, 8:30 pm–10 pm
 2. Fridays, 8:30 pm–10 pm
- Basketball Court, SC (Rooftop)

\$196.20 per month (Member)
Min/Max. of 4 pax

Fees are based on four sessions a month.

For months with a 5th week, the additional lesson will be billed accordingly.

Squash

CSC-Ultimate Squasher Junior Squash Programme

If you are eager to take your child's squash game to the next level, then come join our Junior Squash programme conducted by experienced squash coaches with a deep passion for the sport.



1. Wednesdays, 3:30 pm–5 pm (L3), 4:30 pm–6 pm (L1)
 2. Thursdays, 3 pm–4 pm (L1), 4:30 pm–6 pm (L2)
 3. Fridays, 3 pm–4:30 pm (L2)
 4. Sundays, 9 am–10 am (L1), 10 am–11:30 am (L2)
- Squash Courts, SC (L3)

Member: \$331.36 (1-hour training session per week)
\$497.04 (1.5-hour training session per week)
Guest: \$374.96 (1-hour training session per week)
\$562.44 (1.5-hour training session per week)

6 years old and above
Min. 3 pax
8 lessons per term

CSC-Ultimate Squasher Adult Squash Programme



Benefit from the training, skill development, and camaraderie offered by our programme. Join us and be prepared to take your skills to the next level.

- Sundays, 3 pm–4:30 pm & 4:30 pm–6 pm**
Squash Courts, SC (L3)

Member: \$553.72 per pair
(1.5-hour training session per week)
Guest: \$141.70 per pair
(1.5-hour training session per week)

20 years and above
Min. 2 pax

Table Tennis

Table Tennis Adult Group Training



Our adult training programme is conducted by our resident coach Kelvin, who teaches the rules and fundamentals of table tennis to those new to the sport, and helps veterans hone their skills and game techniques.

Fridays, 9 am–10:30 am, 10:30 am–12 noon
Table Tennis Room, SC (L3)

Member: \$163.50 per month

Guest: \$196.20 per month

Min. 3 pax; Max. 6 pax

Fees are based on four sessions a month. For months with a 5th week, the additional lesson will be billed accordingly.

Taekwondo

Taekwondo Junior Training Programme

Embark on a journey of self-discovery, discipline, and physical fitness by joining our Taekwondo Junior Training Programme. Whether you are a beginner keen to learn the basics, or an experienced practitioner looking to hone your skills, our programme caters to children of all ages and skill levels. Sign up for a free trial now!

Tuesdays
Multipurpose Room,
SC (L2)
Sundays
Activity Suite, SC (L3)

\$49.05 per month

(Colour Belt)

\$38.15 per month

(Poom/Black Belt)

For CSC members only



Belt	Day	Time
Foundation White F1 F2 F3/White	Tuesday	4:45 pm–5:45 pm
Foundation White F1 F2 F3/White	Sunday	1 pm–2 pm
Yellow	Sunday	2 pm–3 pm
Green	Sunday	3 pm–4 pm
Blue	Sunday	3 pm–4 pm
Brown	Sunday	4 pm–5 pm
Poom / Black	Sunday	5 pm–6 pm

Tennis

CSC Men's & Women's Open 2025

18, 19, 25, 26 January 2025

Water Polo

Learn-to-Play Water Polo Programme



Saturdays, 6:15 pm–7:30 pm
Beginners' Pool, SC (L1)

\$65.60 per month (Member) | \$87.20 per month (Guest)

6- to 12-years-old

Participants must be able to swim 2 x 25m laps independently.

Junior Water Polo Training Programme



1. Mondays, Wednesdays & Saturdays, 6:15 pm–8:15 pm
2. Fridays, 7:30 pm–9:30 pm
Water Polo Pool, SC (L1)

\$141.70 per month (Member)

\$218.00 per month (Guest)

9- to 16-years-old

All prices include 9% GST. Activities are subject to change. Please visit our website, call **6885 0671** or email sports@chineseswimmingclub.org.sg for more information or to sign up.

Dance

Asian Dance Party

The Asian Dance Party held on 31 August was a dazzling celebration of cultural diversity and unity, and left attendees with unforgettable memories. The evening unfolded with a dynamic mix of music, from traditional folk tunes to modern Asian hits, and created an atmosphere that kept the energy alive all night, till the very end.



Masquerade Dance Party

The Masquerade Dance Party on 9 November was an enchanting evening filled with elegance, glamour, and mystique. Guests arrived in stunning attire, their intricate masks adding an air of mystery to the celebration.

The dance floor came alive with a seamless mix of classic and modern tunes, creating an irresistible rhythm that kept everyone moving throughout the night.

A heartfelt thank you to all who joined us for this magical evening—it was truly unforgettable.



Leisure

Intertidal Exploration

Our young adventurers found themselves immersed in the wonders of nature when they embarked on an Intertidal Exploration trip to Changi Beach on 18 November.

It was the perfect opportunity to unwind, recharge, and connect with the vibrant marine ecosystem. The experience offered a close-up look at fascinating intertidal creatures and their habitats, sparking curiosity and a deeper appreciation for nature.

Thank you to everyone who joined us for this enriching and memorable outing!



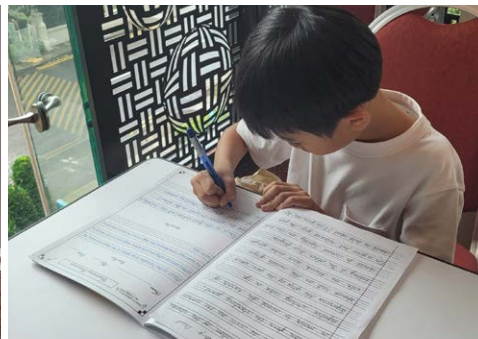
Youth & Kids

Cursive Handwriting Workshop

Chinese Swimming Club successfully hosted its first Cursive Handwriting Workshop from 2 to 4 September.

Designed to help children enhance their writing skills, the workshop provided comprehensive guidance on letter formation and proper pen and pencil techniques. Participants learned how to refine their handwriting style in a supportive and interactive environment through engaging activities and expert instruction.

The workshop was a fantastic opportunity for children to build confidence in their writing while developing an appreciation for the art of cursive writing.



Chinese Martial Arts Camp

The Chinese Martial Arts Camp was held from 2 to 4 September, offering children an exciting and immersive three-day experience.

Participants gained an introduction to these traditional martial arts disciplines and explored the fundamentals of Wushu and Sanda. The camp also featured lessons in lion dance drumming, and basic lion dance movements.

Through expert instruction and engaging activities, the children developed new skills, enhanced their physical fitness, and discovered the rich traditions behind these martial arts.

All in, it was a well-rounded experience that celebrated Chinese culture.



Nature & Fun Series

As part of our Nature & Fun Series, our young members embarked on an exciting adventure at the Singapore Botanic Gardens on 2 September. Guided by an expert, they explored the lush greenery and learned about the gardens' rich biodiversity.

The highlight of the day was a fun-filled longkang fishing experience that brought smiles and laughter to all participants!

A big thank you to everyone who joined us for this memorable outing!



Design & Architecture Series

On 3 September, our young participants delved into the exciting world of 3D modelling and 3D printing in a workshop conducted by DesignTinkers.

Using TinkerCAD, the children unleashed their creativity, designing and modelling their own personalised mini stationery pots, which were then brought to life using a 3D printer. They also collaborated to build a structure using 3D-printed components, gaining hands-on experience in this innovative technology.

It was a fantastic session where imagination met technology!



Dance

Line Dance

Beginner Intermediate – 10 sessions

Every Tuesday

12:45 pm–2 pm

Multipurpose Room, SC (L2)

\$89.93 (Member) | \$122.63 (Guest)

Min. 10 pax

Beginner Advanced – 10 sessions

Every Tuesday

2 pm–3:30 pm

Multipurpose Room, SC (L2)

\$106.28 (Member) | \$138.98 (Guest)

Min. 10 pax

Every Sunday

1:30 pm–3 pm

Multipurpose Room, SC (L2)

\$106.28 (Member) | \$160.78 (Guest)

Min. 10 pax

Advanced – 10 sessions

Every Sunday

3 pm–4:30 pm

Multipurpose Room, SC (L2)

\$111.73 (Member) | \$166.23 (Guest)

Min. 10 pax

Solo Latin Dance for Ladies

– 8 sessions

Every Wednesday

3 pm–4 pm

Multipurpose Room, SC (L2)

\$109.00 (Member) | \$135.16 (Guest)

Min. 8 pax

Social Dance Nights

Saturdays

11 & 18 January

8 & 15 February

March (To be advised)

7 pm–10:30 pm

Activity Suite, SC (L3)

\$9.81 (Member) | \$18.00 (Guest)

Slots are limited to social dance nights. Confirmation is on a first-come, first-served basis. Dates are subject to change. Register online at our website under Fitness & Leisure—Dance.

Exercise



EXERCISE FLEXI-PASS PROGRAMME

Thank you for your support for the past years. The Exercise Flexi-Pass Programme will conclude on 28 February 2025 at 11:59 pm, with the sales of ad-hoc credits ending on 31 January 2025 at 11:59 pm.

For enquiries and assistance, kindly contact lifestyle@chineseswimmingclub.org.sg or WhatsApp 68850654.

Scan For the Full Schedule



Exercise Classes

From 1 March 2025, the following exercise classes will be on-going monthly classes. Please scan the QR codes for information and to register.

80s Smash by Michael Kwok

A cardio dance workout that features music from the 80s. The workout comprises of simple dance and aerobics movements with intensities from low to high at different intervals.

80s Smash (Lite) by Michael Kwok

A fun, low-impact cardio dance workout set to the best hits of the 80s. Featuring easy-to-follow dance steps and simple aerobics movements, this workout is designed for anyone looking to stay active at a relaxed pace. Perfect for beginners or anyone who wants a light, enjoyable workout with a nostalgic vibe!



Body Band Balance by Ong Beng Hwee

A moderately intense cardiovascular exercise that uses body weight, resistance bands and dumbbells. It helps to overcome health issues associated with ageing, poor endurance and poor posture.



Dynamic Barre Fusion by Ming Lim



Fusing elements of Barre, Pilates, Aerobics, Cardio and HIIT, this total body workout incorporating elastic bands, dumbbells and other props is guaranteed to raise your energy levels and keep you fighting fit.

Gentle Yoga by Rose Lie

Gentle Yoga is a style of yoga that focuses on a slower, more relaxed approach to movement and breathwork. It is a low-impact, stress-relieving activity that fosters physical and mental harmony.



Pilates with Props by Ann Ho



Designed for all levels and emphasises controlled movements, precision, and alignment, ensuring a full-body workout that enhances strength, posture, and flexibility. You will use props like resistance bands, fit balls, soft balls, magic circles (rings) and foam rollers to deepen your practice.

Taiji Qigong by Leslie Wong

Taiji and Qigong focus on utilising the elements of Yin and Yang to channel internal Qi throughout the body, enhancing and restoring vital energy. Appropriate for individuals of all ages, these practices promote flexibility, strength, and balance while reducing stress and improving mental clarity.



Total Body Conditioning by Xavier Tan



Designed to contain challenging exercises that will increase strength, mobility and improve on cardiovascular health conditioning. You will use light hand weights and other workout equipment such as resistance bands and core sliders to train your muscles and build total muscular endurance.

Hatha Yoga for Health by Jeyenti

Focuses on simple strength, balance, and flexibility; helping to enhance muscle strength, maintain bone density, improve balance, and reduce joint pain.



Mindful Gentle Yoga by Jess Chong



Mindful Gentle Yoga consists of a combination of gentle stretching and strengthening exercises. A variety of props are used, including yoga blocks and dumbbells. Dumbbells are added to the yoga poses to provide resistance and build strength in the upper body and core muscles.

Pilates by Ong Beng Hwee

Concentrates on strengthening the body with an emphasis on core strength as well as posture, balance, flexibility and mobility. Together with the focus on the mind-body connection, it helps to improve general fitness and overall well-being.



Yang Style Taiji Quan by Ng Beng Chian



Taiji training integrates slow, intentional movements with breathing cognitive skills. This strengthens, relaxes and integrates the physical body and mind, enhancing the natural flow of Qi for improved health and self-defence.

Zumba & CIRCL Mobility™ by Erica Hugh

Zumba combines dance and fitness to deliver a full-body workout that improves cardiovascular health, strength, and flexibility while burning calories. Included, enjoy CIRCL Mobility™ to improve your flexibility and mobility through a series of functional movements and breathwork.



Note: Classes will be billed monthly in accordance with the number of lessons in the month (4 or 5 weeks). All fees include 9% GST.

Leisure

Chinese Calligraphy

Mondays, 9 am–11 am

Multipurpose Room @ Level 3, SC (L3)

Monthly Fee: \$16.35 (Member) | \$32.70 (Guest)

Chinese Brush Painting

Thursdays, 10 am–12 noon

Multipurpose Room @ Level 3, SC (L3)

Monthly Fee: \$125.35 (Member) | \$158.05 (Guest)

Urban Gardening

We welcome all nature-loving members to join our urban gardening interest group! Enjoy growing your favourite plants and veggies as you reconnect with nature and cultivate a sense of community with fellow green thumbs.



Mondays, 9:30 am

CSC Gardening Corner

Youth & Kids

Wushu Beginners – 4 Sessions

Wushu, or “military arts”, is a form of contemporary Chinese martial arts that blends performance and martial application. Under the systematic guidance of Coach Tex, participants will develop and build on their basic techniques and skills in this powerful yet graceful art.

Saturdays,

7 pm–8:30 pm

Sundays,

9:30 am–11 am

**Multipurpose Room,
SC (L2)**

\$163.50 (Member)

\$218.00 (Guest)

5–12 years

Min. 5 pax per class



Abacus & Mathematics – 4 Sessions

Roots Abacus & Mathematics (RAM), a unit of Roots.Sg Pte Ltd, is a leading Abacus Brain Development programme. It enhances brain development, improves focus, retention, concentration, and increases creativity.

Wednesdays,

5 pm–6:30 pm

**Multipurpose Room,
SC (L2)**

\$152.60 (Member)

\$174.40 (Guest)

An additional \$49.05 registration fee applies

4- to 14-years-old

Min. 5 pax, Max. 8 pax



International Chess Class for Beginners – 8 sessions

Is your child ready to embark on an exciting journey into the world of chess? Our beginners' workshop is the perfect starting point!

Tuesdays,

5:30pm–6:30pm

**Multipurpose Room
@ Level 3, SC (L3)**

\$311.50 (Member)

\$337.60 (Guest)

4- to 12-years-old,

Min. 6 pax



Children's Ballet – 8 Sessions

All classes are held in the **Multipurpose Room, SC (L2)**

Note: Timeslots are subject to availability due to limited slots. Please check for new term dates.

Beginners 1 Saturdays Multipurpose Room, SC (L2) 9:15 am–10:15 am \$122.08 (Member) \$165.68 (Guest)	Beginners 2 Saturdays Multipurpose Room, SC (L2) 10:15 am–12:15 pm \$331.36 (Member) \$418.56 (Guest)
Grade 2 Saturdays Multipurpose Room @ Level 3, SC (L3) 12:15 pm–2:15 pm \$488.32 (Member) \$575.52 (Guest)	Grade 5 Fridays Multipurpose Room, SC (L2) 5:15 pm–7:15 pm \$488.32 (Member) \$575.52 (Guest)



All prices include 9% GST. Activities are subject to change. Please visit our website, call **6885 0654** or email **lifestyle@chineseswimmingclub.org.sg** for more information or to sign up.



Fu Lin Men
Cantonese Dining

Tel: +65 6282 0810

Level 3, 21 Amber Road,
Chinese Swimming Club,
Singapore 439870

乙巳年农历新年
2025 Chinese New Year

CSC Members

10% OFF

all CNY Menu
except CNY's Eve,
Day 1, Day 2

花開富貴套餐
Great Prospect Set
\$888** for 10 persons

風生水起 三文魚撈起
Salmon Lo Hei

大展鴻圖 紅燒海味翅
可以換成海味魚翅羹

Shark's Fin Soup with Sea Treasures
other option: Fish Maw Soup with Sea Treasures

代代平安 鮑魚花菇福袋時蔬
Abalones, Shitake Mushrooms,
Lucky Dumplings and Seasonal Greens

花開富貴 花雕上湯灼蝦
Poached Prawns in
Superior Chinese Wine Broth

年年有餘 油浸笋壳
Crispy Marble Goby
with Premium Soy Sauce

鴻運當頭 當紅炸子雞
Crispy Fried Chicken

好運連年 柴魚櫻花蝦燜伊面
Braised Ee Fu Noodles with
Bonito Flakes and Sakura Shrimps

笑口常開 冰鎮桃胶
Chilled Peach Resin Dessert

此套餐在除夕当天暂停供应
This set is not available on the day of CNY's Eve.

金銀滿屋套餐
Full of Treasures Set
\$998** for 10 persons

風生水起 三文魚撈起
Salmon Lo Hei

大展鴻圖 紅燒海味翅
可以換成海味魚翅羹

Shark's Fin Soup with Sea Treasures
other option: Fish Maw Soup with Sea Treasures

代代平安 鮑魚花菇福袋時蔬
Abalones, Shitake Mushrooms,
Lucky Dumplings and Seasonal Greens

金銀滿屋 金箔脆蝦球
Deshelled Prawns with
Golden Corn Flakes

年年有餘 清蒸斑斑
Steamed Star Grouper
with Premium Soy Sauce

鴻運當頭 當紅炸子雞
Crispy Fried Chicken

盆滿鉢滿 飄香荷葉飯
Flavoured Rice with Delicacies
in Lotus Leaf Wrap

笑口常開 冰鎮桃胶
Chilled Peach Resin Dessert

more CNY set menu and takeaway options available on our website www.fulinmen.com.sg

CONTACT US

CLUB MAIN LINE

6345 1221 or 6885 0688

GENERAL FEEDBACK

feedback@
chineseswimmingclub.org.sg

PUBLICATION TEAM

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The photos featured in Freestyle are taken by Chinese Swimming Club, Matchroom Pool, CSC Pickleball Section, Singapore Aquatics, CSC Squash Section, CSC Table Tennis Parents, CSC Table Tennis Section, and Tommy Low.

FRONT OFFICE

Regional Networking/
Corporate Golf Booking/
Affiliates/Reciprocal
Arrangements
6345 1221/Reception@
chineseswimmingclub.org.sg

MEMBERSHIP ENQUIRIES

6885 0652/656/657
membership@
chineseswimmingclub.org.sg

FINANCE

Statement of Accounts/
Overdue Subscriptions
Payment
6885 0685/Finance@
chineseswimmingclub.org.sg

FOOD & BEVERAGE ENQUIRIES

6885 0697/fnb_events@
chineseswimmingclub.org.sg

SWIMMING ENQUIRIES

6885 0672/Team_SwimCSC@
chineseswimmingclub.org.sg

SPORTS ENQUIRIES

6885 0671/sports@
chineseswimmingclub.org.sg

LIFESTYLE ENQUIRIES

6885 0654/lifestyle@
chineseswimmingclub.org.sg

FLEX GYM ENQUIRIES

6345 1221 ext. 749/CSC_Flex@
chineseswimmingclub.org.sg

SPORTS RECEPTION

Booking of Sports Facilities
6885 0677

12 LANES

Booking of Bowling Lanes
6345 1221 ext. 745

WORK@CSC ENQUIRIES

6345 1221 ext. 720/work@
chineseswimmingclub.org.sg

OPERATING HOURS

ARRIVAL PAVILION

FRONT OFFICE RECEPTION

Daily 8:30 am–10 pm

MINGLE@AMBER

Daily 8 am–8 pm

LE 乐 PLAYROOM

Mon Closed

Tue–Sun 9 am–9 pm

(The playroom will be closed on Tuesday if a public holiday falls on a Monday.)

SPORTS COMPLEX

SPORTS RECEPTION

Daily 7 am–10 pm

MAN ZHU CAFÉ

Mon–Thu

12 noon–9:30 pm

Fri & Eve of PH & PH

11:30 am–9:30 pm

Sat & Sun

8:30 am–9:30 pm

(Last order is 30 minutes before closing)

12 LANES BOWLING ALLEY

Mon–Thu 12 noon–11 pm

Fri & Eve of PH 12 noon–1 am

Sat & PH 10 am–1 am

Sun 10 am–11 pm

BEGINNERS' POOL*

Daily 7 am–9 pm

Tue–Fri 3:30 pm–7 pm

Sat 8:45 am–12:10 pm & 3 pm–7:30 pm

Sun 8:45 am–12:10 pm & 3 pm–6 pm

COMPETITION POOL*

Daily 6 am–9 pm

Tue & Thu 5:30 am–7:45 am

6:30 am–11 am (School holidays only)

Mon–Fri 3:30 pm–8 pm

Sat 6:30 am–12:30 pm & 3:30 pm–7:45 pm

Sun 6:30 am–12:30 pm

GREAT BUBBLE REEF (FUN POOL)

Daily 8 am–8 pm

BADMINTON COURTS (+)

Daily 7 am–10 pm

Peak Period

Mon–Fri 6 pm–10 pm

Sat, Sun & PH Whole Day

(Court Closure For Club Team Training)

Mon & Fri 6 pm–10 pm

(4–7 Courts)

(Court Closure For Junior Training)

Mon–Fri (except Thu)

3 pm–5 pm (6 Courts)

Tue 6 pm–9 pm (3 Courts)

Wed 6 pm–8 pm (3 Courts)

Thu 4 pm–6 pm (6 Courts)

& 7 pm–9 pm (3 Courts)

Sat 8 am–2 pm (3–5 Courts)

& 6 pm–9 pm (4 Courts)

Sun 12 noon–5 pm (3–7 Courts)

& 7 pm–9 pm (3 Courts)

BASKETBALL COURT (+)

Daily 7 am–10 pm

(Closure for Tennis Junior Programme)

Fri 5 pm–8 pm

Sun 5 pm–7 pm

(Closure for Junior Training)

Thu 5 pm–7 pm

Sat & Sun 8 am–11 am

(Closure for Pickleball Section Training)

Mon 5:30 pm–7 pm

7 pm–10 pm

Wed 7 pm–10 pm

(Closure for Pickleball Weekly Group Training)

Thu 7 pm–10 pm

BILLIARDS & SNOOKER LOUNGE (+)

Daily 2 pm–10 pm

(Closure for Section Training)

Fri 6 pm–10 pm

FLEX GYM

Mon–Fri 6:30 am–10 pm

Sat & Sun 7 am–9 pm

PH 7 am–8 pm

SQUASH COURTS (+)

Daily 7 am–10 pm

(Closure For Section Training, All Courts)

Mon 6 pm–10 pm

Wed & Fri 7 pm–10 pm

(Closure For Training Programmes)

Wed 3 pm–5 pm (Court 1 & 2)

Thu 4 pm–6 pm (Courts 1 & 2)

Fri 3 pm–5 pm (Court 1)

TABLE TENNIS ROOM (+)

Daily 7 am–10 pm

(Closure For Section Training)

Mon 5 pm–7 pm (2 Tables)
7 pm–10 pm (4 Tables)

Tue 6 pm–10 pm (4 Tables)

Thu 6 pm–10 pm (4 Tables)

Fri 4 pm–5 pm (1 Tables)

5 pm–10 pm (4 Tables)

(Closure for CSC-LJW Training)

Mon 3 pm–5 pm (4 Tables)

Tue 3 pm–6 pm (4 Tables)

Wed 3 pm–7 pm (4 Tables)

Thu 3 pm–6 pm (4 Tables)

Sat 12 noon–5 pm (4 Tables)

Sun 10 am–4 pm (4 Tables)

(Closure for Adult Table Tennis Group Training)

Fri 9 am–11 am (3 Tables)

11 am–12 noon (2 Tables)

TENNIS COURTS (+)

Daily 7 am–10 pm

(Closure For Section Training)

Mon 5 pm–8 pm (2 Courts)

Wed 5 pm–8 pm (3 Courts)

Sat 3 pm–8 pm (3 Courts)

(Closure for Tennis Social Night)

Wed 7 pm–10 pm (1 Court)

(Closure for Junior Training)

Thu 4 pm–8 pm (1 Court)

Fri 4 pm–9 pm (2–3 Courts)

Sat 8 am–12 noon (1–2 Courts)

Sun 3 pm–8 pm (2–3 Courts)

RECREATION COMPLEX

3 BARS

Sun–Thu: 12 noon–11 pm

Fri: 12 noon–12 midnight

Sat: 12 noon–11 pm

Band Performing Nights

Snapshots **Wed:** 8 pm–10:45 pm

Puzzle Band **Fri:** 8:30 pm–11:30 pm

William & Judy **Sat:** 8:30 pm–10:30 pm

KTV ROOMS

(Canto*/Common Room, Max 15 persons)

Mon–Thu 3 pm–10:30 pm

(*Unavailable for private booking)

Fri 3 pm–6 pm

(*Available for private booking

from 6:30 pm–11:30 pm)

Sat, Sun, Eve of PH & PH

3 pm–6 pm

(*Available for private booking

from 6:30 pm–10:30 pm)

Mando Room (Max 9 persons)

Mon–Thu, Sat, Sun, Eve of PH & PH

3 pm–10:30 pm (Booking required)

Fri 3 pm–11:30 pm (Booking required)

SWIMMING POOL

Daily 6 am–9 pm

With effect from 2025, Swim Team

will not be using the RC Pool for training.

Closure for Aqua Classes

Tue 6:30 pm–7:30 pm (Lane 6, 7 & 8)

Thu 8 am–9 am (Lane 8)

Thu 9:15 am–10:15 am (Lane 6, 7 & 8)

GAMES & RECREATION ROOM

Mon–Thu & Sun 1 pm–9 pm

Fri, Sat & Eve of PH 1 pm–10 pm

JOY LUCK COVE

Daily 10 am–11 pm

WORK@CSC

Mon–Fri & Eve of PH

8 am–12 midnight

Sat, Sun & PH

8 am–11 pm

Mon–Sat (excluding PH)

9 am–6 pm

(Manned Hours)

Closure for training subject to changes.

+Bookings can be made online or at the Sports Reception up to 7 days in advance on a first come, first served basis.



CHINESE SWIMMING CLUB

21 & 34 Amber Road Singapore 439870

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Fax: 6345 7134

www.chineseswimmingclub.org.sg



Chinese Swimming Club



[chineseswimmingclub](https://www.instagram.com/chineseswimmingclub)