

FREESTYLE

OCT - DEC 2024



119 years
中華游泳會
CHINESE SWIMMING CLUB

In support of:



Gala Dinner

Soaring into Summer

FRIDAY, 5 JULY 2024

Guest of Honour

President Tharman Shanmugaratnam



Celebrating 119 years and beyond

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"Freestyle" is a quarterly publication by CHINESE SWIMMING CLUB.

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A MESSAGE FROM THE CAPTAIN

Dear Members,

As we draw closer to the end of the year, I would like to take a moment to reflect on the wonderful journey we've had together at Chinese Swimming Club.

We have just concluded our biggest event of the year—the 119th Anniversary and Fundraising Event, which was a tremendous success! This event marked a significant milestone as we celebrated the club's rich history while raising funds for the President's Challenge. I would like to extend my heartfelt thanks to everyone who contributed to this celebration. From the charity golf event, Swimathon, and the various tournaments, to the grand finale of the gala dinner, the dedication and enthusiasm of our sponsors, members, committees, and subcommittees have made this event truly unforgettable.

On 19 August, we honoured our hardworking and committed employees during our annual Staff Appreciation Night. It was a night of celebration, where we recognised those who have served the club with dedication for five and 10 years, and also rewarded those who have gone above and beyond, in their respective roles. The night was filled with joy and gratitude, and I am immensely proud of the team that keeps our club running smoothly.

We also recently celebrated another victory as our club emerged champions at the 6th CSC Super Junior Swimming Invitational 2024 from 12 to 14 July! Congratulations to our young athletes, coaches, and support team. Your hard work and perseverance have

once again made us proud. Additionally, the 17th Chinese Swimming Club Age Group Badminton (Invitational) Tournament 2024 took place from 2 to 8 September, and we were overwhelmed by the participants' responses. We appreciate all your support! I would like to extend my gratitude to all our sponsors who made these events possible.

As we look ahead, there's much excitement in store for the last quarter of the year. We have fun-filled events like our Halloween party and the annual Christmas Light-Up, which are perfect opportunities for you and your family to create memorable moments together. Plus, our year-end activities are not to be missed, with the highlight being the 4-day sports camp featuring badminton, table tennis, squash, and much more! For those looking to revel in the festive spirit, our Christmas-themed activities are sure to delight.

Our F&B offerings will also bring festive cheer, starting with the highly anticipated Oktoberfest at Man Zhu Café, featuring live performances by the Swiss Alpine Lions, and delicious Bavarian food paired with German beer. As we approach Christmas, join us for our special Christmas Eve and Christmas Day buffets, and indulge in our festive goodies to cap off the year on a joyous note.

As we wrap up this incredible year, I want to wish all our members a Merry Christmas and a Happy New Year. I look forward to seeing you at the club and sharing the festive joy together.

Mr John Chew
Captain

New Bye-Law for Man Zhu Café

Kindly note the updated bye-law under "Members' Responsibilities" for Man Zhu Café:

17. To ensure a safe environment and the security of all diners, members are required to keep their belongings with them at all times. Personal belongings left unattended for more than 15 minutes will be removed by CSC staff.

We seek your cooperation in ensuring a safe and pleasant experience for all diners at Man Zhu Café.



The hole-in-one sponsor for Chinese Swimming Club's 119th Anniversary & Fundraising Event Charity Golf

P M L
45

Sheer Driving **Pleasure**. 100% Electric.



THE i7 — JOY ELECTRIFIED.

Performance Motors | Where Performance Matters

With so many electric cars out there, there's one that combines an electrifying performance, multisensorial entertainment, intuitive innovations, plush comfort and an unmatched motoring experience. Discover the first-ever fully electric BMW i7 and experience elevated joy in an electric mobility that is great for you, and the planet.

Start your BMW ownership at Performance Motors and enjoy the best BMW customer service experience — ever. All that we do is focused on giving you the joy of sheer driving pleasure, every time.

Find out more about THE i7 or other BMW electric vehicles. Contact **1800-2255-269** or register your interest at our digital showroom, at bit.ly/joyelectrified

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Energy Consumption: 20.7 kWh/100km,
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Energy Consumption: 20.7 kWh/100km,
VES Band: A1

BMW i7 xDrive60 Pure Excellence
Energy Consumption: 19.7 kWh/100km,
VES Band: A1

BMW i7 xDrive60 M Sport Pro
Energy Consumption: 19.7 kWh/100km,
VES Band: A1

Scan to register
your interest.





YEAR-END HOLIDAY ACTIVITIES

Swim Safer 4

Tuesday – Friday, 3 – 6 December 2024

10.30am – 12noon

Competition Pool, SC

\$250.70 (members only)

For Bronze, Silver and Gold

Eligibility: CSC Learn to Swim Orange and above



Holiday Chess Camp

Beginner

Monday – Wednesday, 18 – 20 November 2024

9.00am – 12noon

Multipurpose Room 2, SC (L3)

\$327.00 (member) | \$343.35 (guest)

5- to 12-years-old

Intermediate

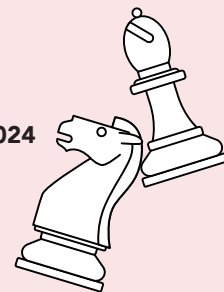
Wednesday – Friday, 27 – 29 November 2024

9.00am – 12noon

Lattice Suite, RC (L3)

\$327.00 (member) | \$343.35 (guest)

5- to 12-years-old



Courage Quest Workshop

Let's tackle those big emotions together through storybook discussions, belly breathing exercises, and fun activities!

Tuesday, 19 November 2024

9.30am – 12noon

Multipurpose Room, SC (L2)

\$85.16 (member) | \$106.45 (guest)

6- to 12-years-old



4-Day Sports Camp

Tuesday – Friday,

26 – 29 November 2024

9.00am – 1.00pm

6- to 12-years-old

Santa Kickboxing Camp

Wednesday & Thursday, 27 & 28 November 2024

10.00am – 12noon

Activity Suite, SC (L3)

\$163.50 (member) | \$218.00 (guest)

8- to 15-years-old



Cursive Handwriting Camp

Monday – Thursday, 2 – 5 December 2024

10.30am – 2.15pm

Multipurpose Room 2, SC (L3)

\$449.08 (member) | \$465.43 (guest)

One time Registration Fee: \$43.60

4- to 14-years-old



Christmas Wreath Decoration

Tuesday, 10 December 2024

10.00am – 11.30am

Multipurpose Room, SC (L2)

\$32.70 (member) | \$49.05 (guest)

5-years-old and above



Christmas 3D Diamond Art Painting Workshop

Tuesday, 17 December 2024

10.00am – 11.30am

Multipurpose Room, SC (L2)

\$16.35 (member) | \$32.70 (guest)

5-years-old and above

Children's Christmas Party

Friday, 20 December 2024

6.00pm – 8.00pm

Multipurpose Room, SC (L2)

\$54.50 (member) | \$76.30 (guest)

5-years-old and above



All prices are inclusive of 9% GST. Activities are subject to change. Please visit our website, call **6885 0671/6885 0654** or email **sports@chineseswimmingclub.org.sg** or **lifestyle@chineseswimmingclub.org.sg** for more information or to sign up.





OKTOBERFEST 2024

FOOD.BEER.LIVE BAND

Friday, 25 October
6pm – 10.30pm

BUFFET WITHOUT BEER
\$68.80 per member | \$80.80 per guest
\$38.80 per child (6 – 12 years old)

BUFFET WITH BEER
\$78.80 per member | \$90.80 per guest

Prices are inclusive of 9% GST.

6885 0230 | manzhu@chineseswimmingclub.org.sg



Live Band: Swiss Alpine Lions




2024 Halloween PUMP-UP Night

26 October | 6pm to 10pm | Various locations in CSC

Programme Highlights:

- Best Dressed Competition (Family & Individual Category)
- Face Painting
- Fun Bowl (Bowling Competition)
- Lucky Draw

6885 0654 | lifestyle@chineseswimmingclub.org.sg



2024 Christmas Light-Up

Friday, 15 November 2024
7pm – 9pm
Various locations in CSC

Programme Highlights
Christmas Light-Up

Photo Opportunity with Santa & Distribution of Candies

Craft Session

Christmas Bowling Bingo & Trivia Night

6885 0654

lifestyle@chineseswimmingclub.org.sg



Pork Knuckle & Erdinger Promotion

Every Friday and Saturday
6pm onwards

Half Pork Knuckle with Sauerkraut and Potato Wedges **\$14.80**

Whole Pork Knuckle with Sauerkraut and Potato Wedges **\$24.80**

Erdinger Beer Tower with complimentary Half Pork Knuckle: **\$73.80**

The images shown here are for illustration only.
Prices are inclusive of 9% GST.

October Glendronach Promotion



Glendronach 12 Years
**\$158 per bottle,
\$300 for 2 bottles**



Glendronach Cask Strength Batch 12
**\$208 per bottle,
\$400 for 2 bottles**

Mix & Match
**\$350 for
2 bottles**

Prices are inclusive of 9% GST.



October Promotion

Berry Monster

Blueberries, blueberry puree, strawberry puree, plain yoghurt, milk

Member **\$6.00** | Guest **\$7.50**



Pumpkin Forest Cake

Member **\$6.00** | Guest **\$7.50**

The images shown here are for illustration only. Prices are subject to 9% GST.
Members are entitled to a 20% discount for the drink and cake.



Thanksgiving Buffet Brunch

Sunday, 24 November

11.30am - 2.30pm

\$38.80 (adult) | \$15 (child: 6 - 12 years old)



The images shown here are for illustration only. Prices are inclusive of 9% GST.



November Promotion

Tango Passion

Mango puree, passion syrup,
sugar syrup, lemon juice

Member
\$6.00 | Guest
\$7.50



Pear & Vanilla Cream Tart

Member
\$6.00 | Guest
\$7.50



The images shown here are for illustration only. Prices are subject to 9% GST.
Members are entitled to a 20% discount for the drink and cake.



Indulge in the joy of the season by treating yourself and your loved ones to a sumptuous Christmas feast at Man Zhu Café. Delight in a lavish buffet spread, and create cherished memories as you share this delicious dining experience.

<p>★</p> <p>★</p> <p>Christmas Eve Buffet Dinner Tuesday, 24 December 5.30pm – 9pm \$58.80 (adult) \$28.80 (child: 6- to 12-years-old)</p>	<p>Christmas Day Buffet Brunch Wednesday, 25 December 11.30am – 2.30pm \$42.80 (adult) \$18.80 (child: 6- to 12-years-old)</p>
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☎ **6885 0230** ✉ **manzhu@chineseswimmingclub.org.sg**

Man Zhu Café will be closed for the Christmas Eve Buffet Dinner setup from 2.30pm – 5.30pm. The last order is at 2.30pm.
 The à la carte menu is unavailable during the Christmas Eve and Christmas Day buffets.
 The images shown here are for illustration only. Prices are inclusive of 9% GST.



Pistachio Banana Log Cake

Gingerbread Cookies

Traditional Roast Turkey

Chocolate Alhambra Log Cake

Festive Goodies

*Prices are to be confirmed. Please check our website and social media pages for updates on pre-orders.
 The images shown here are for illustration only.

☎ **6885 0230** ✉ **manzhu@chineseswimmingclub.org.sg**

December Promotion

Holly Jolly

Strawberry puree, vanilla, cream cheese, matcha

Member
\$5.60

Guest
\$7.00

Blueberry Calamansi

Member
\$6.00

Guest
\$7.50

The images shown here are for illustration only. Prices are subject to 9% GST.
Members are entitled to a 20% discount for the drink and cake.

November & December Wine Promo

\$45.80 per bottle | \$11.50 per glass

Château de la Pierre Levée 2020RV

Famille Perrin Luberon Blanc 2022

Prices are inclusive of 9% GST.



November & December Whisky Promotion



Johnnie Walker & Sons XR21

1 bottle \$198

2 bottles \$378

Prices are inclusive of 9% GST.



New Year's Day Buffet Brunch



Wednesday, 1 January

11.30am – 2.30pm

\$44.80
(adult)

\$18.80
(child: 6- to 12-years-old)



6885 0230



manzhu@chineseswimmingclub.org.sg

The à la carte menu is unavailable during the New Year's Day Buffet.

The images shown here are for illustration only. Prices are inclusive of 9% GST.



福臨門
Fu Lin Men
PASSION GROUP

Tel: +65 6282 0810

- All photos featured are for illustration only.
- All prices above are subject to 10% service charge and the prevailing GST.
- This offer cannot be combined with any other coupons, discounts, offers or promotions.
- Strictly for dine-in only.
- Available till 31 Dec 2024. The Passion Group reserves the right to change the terms of this promotion at any time.

佛跳墙位上套餐 Buddha Jumps Over Wall Individual Set

Special Price \$68++ per person (min. 2 persons)

女儿红冻醉虾 · 香煎带子

Drunken Prawn with Nu'er Hong Wine
· Pan-Seared Scallop

精品佛跳墙

Buddha Jumps Over the Wall

蜜味麻辣猪扒

Sweet Mala Boneless Pork Chop

雪菜肉丝焖米粉

Braised Rice Vermicelli with
Suet Choy and Pork

青柠雪芭香茅冻

Lemongrass Jelly with Lime Sherbet

SIGN UP AS A GOLF SECTION MEMBER!



\$10.90/month

Benefits include:

- Subsidised rate at CSC Golf events
- Eligibility for CSC Golf events, competitions, lucky draw, privileges etc



6885 0671



gary_chua@chineseswimmingclub.org.sg

Staff Appreciation Night 2024

On 19 August 2024, Chinese Swimming Club celebrated a memorable Staff Appreciation Night to honour our hardworking and committed employees. The evening began with an energetic opening performance by our management team, which sets a vibrant tone for the night. Our General Manager, Ms Helena Goh, delivered a heartfelt speech, expressing her gratitude for the employees' unwavering dedication, and emphasising that they are the heart and soul of the Club. She also shared her excitement for the future to achieving many more milestones together with the team.

The Club also recognised the remarkable dedication of the staff through a long service award presentation, to show appreciation to employees who have shown incredible commitment over the years. Special awards, including the Most Supportive Employee (Back of the House) and the Go the Extra Mile Employee (Front of the House), were presented to those who consistently went above and beyond in their roles.

The night was filled with fun and entertainment, reflecting our belief that our employees know how to work hard and play hard! The talent competition showcased

our staff's amazing abilities, with dancing and singing performances that captivated the audience. The emcee kept the energy level high by engaging everyone with a series of fun games that fostered a strong sense of togetherness and camaraderie.

It was a night to remember, celebrating the true spirit of our team and reinforcing the strong bonds that make Chinese Swimming Club team exceptional.

Annual Employee Award

Most Supportive Employee Award (Back of the House)
Katherine Benedicto (Food & Beverage Department)

Go the Extra Mile Award (Front of the House)
Jonathon Loh (Sports & Lifestyle Department)

Long Service Award

5 Years

Lam Jick Sern, Hamsain Maxima Macabasco, Voon Ee Feng, Wong Mei Har and Jimmy Wong Kian Mun

10 Years

Pang Harn Jye, Lou Chun Hing, Chan Farn Teck, Law Lee Kwang, Tan Yee Ling, Lee Zong Wei, Wang Yu Xian



MEMBERSHIP REFERRAL PROGRAMME

Refer your friends and family to join the Club
and be rewarded with spending credits.

REFEREE
\$1,000



REFERRER
\$300

Terms & Conditions:

- Credits apply to all Club spending except for subscription dues, F&B levy, and for spending at FIL Spa, Fu Lin Men, and The Dance Academy.
- The Club reserves the right to change the terms and conditions of this promotion without prior notice.



119th Anniversary And Fundraising For The President's Challenge

In celebration of Chinese Swimming Club's 119th Anniversary, our dedicated Sports & Games and Lifestyle committees, and subcommittees, organised a series of vibrant events, all aimed at raising funds for the President's Challenge. These events not only highlighted our community spirit but also significantly contributed to a meaningful cause. A heartfelt "thank you" to everyone involved, for your tireless efforts and generosity in making this milestone celebration a resounding success!

SPORTS

Swimathon | 1 and 8 June

Organised by the Swimming Subcommittee



CSC Car Wash Fun-Raiser | 8 June

Organised by the Swimming Subcommittee



Mr Patrick Ho 8-Ball President's Charity Challenge 2024 | 23 June

Organised by the Billiards & Snooker Subcommittee



Winner, Mr Melvin Tan (left) with our Patron, Mr Patrick Ho (right)



First runner-up, Mr Wayne Lee (right) with Mr Michael Hoon (left)



Participants of the President's Charity Challenge

President's Challenge Ang Bao Game | 24 February

Organised by the Contract Bridge Subcommittee



May Day Game | 1 May

Organised by the Contract Bridge Subcommittee



Winners: Kian-Hong Wong (second from right) and Robert Mann (right)



Golf Section Night | 21 June

Organised by the Golf Subcommittee

A special thanks to CSC Golf Convenor, Mr Mustaffa Lim, for sponsoring the entertainment and Mr Koh Eng Tat, for sponsoring the beer.



2nd CSC Inter-Club Pickleball President's Challenge | 23 June Organised by the Pickleball Subcommittee

Congratulations to all the winners, and the participating teams from the various clubs!

- 1st: CSC Team 3
- 2nd: SICC
- 3rd: NUSS Team 1
- 4th: CSC Team 2
- 5th: SRC Troopers
- 6th: CSC Team 1
- 7th: NUSS Team 2



7th CSC Squash Handicap Tournament 2024 for the President's Challenge | 7 June Organised by the Squash Subcommittee

A special "thank you" to Ever Triumph Marketing & Resources Pte Ltd for their outstanding support in making this event possible. Your contribution was instrumental in bringing this event to life!



CSC President's Challenge Charity Invitational Table Tennis Championship 2024 | 30 June Organised by the Table Tennis Subcommittee

Congratulations to all the winners, and the participating teams from the various clubs!

- 1st: CSC Hurricane
- 2nd: Pan Royal
- 3rd: Sunsports
- 4th: AITTF
- 5th: CSC Tornado
- 6th: CSC Wildfire



Team Challenge | 29 June

Organised by the Tennis Subcommittee

A special thanks to Kohup Sports Pte Ltd and RacketHaus for their generous sponsorship of the prizes.



LIFESTYLE

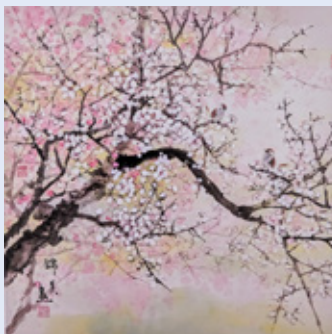
Sale of Chinese Brush Painting



Bountiful Harvest

丰收

by Valerie Heng



Spring is in the air

春意浓

by Valerie Heng

Eco-Force Bazaar 2024 | 4 May

Organised by the Lifestyle Committee



Charity Dance Night | 11 May

Organised by the Dance Subcommittee



Cinema Alfresco | 14 June

Organised by the Lifestyle Committee



Fitness Charity Challenge | 16 June

Organised by the Exercise Subcommittee



Exercise Charity Fundraiser | 20 and 29 June

Organised by the Exercise Subcommittee



Line Dance Charity Jam | 22 June

Organised by the Dance Subcommittee



Outdoor Bazaar Day | 10 May

Organised by our very own staff



Charity Golf

Despite the rain, spirits remained high at the CSC Charity Golf Event on 3 July 2024! The golfers had a blast testing their putting skills at the BMW Golf Putting Challenge!

The golfers enjoyed a game of friendly competition and had the chance to win two incredible prizes, which added an extra level of excitement to the day. On the 6th hole, golfers had their sights set on a brand-new BMW i7, a sleek and luxurious prize that promised to elevate the driving experience of one lucky winner. Meanwhile, the 4th and 14th holes offered a tantalising \$25,000 cash prize! Novelty games like 'Nearest the Pin' and the 'Tim Koh Challenge' also added extra fun.

The day's proceedings ended with a delightful dinner, and the presentation of tokens of appreciation presentation to our generous sponsors and donors. Highlights included an exciting auction of Macallan Edition 1 to 6, Classic Cut 2019 to 2023 series whiskies, raffle draw prizes such as golf flight vouchers, a SHARP 43-inch LED Android TV, and awards for the top five golfers.

Thank you, to all the golfers for making this charity event truly memorable and a hole-in-one success!

Congratulations to the following winners of the novelty golf games and raffle draw!



Overall Gross Winner:
Dennis Cheng

Novelty Golf Game Winners

Best Stableford

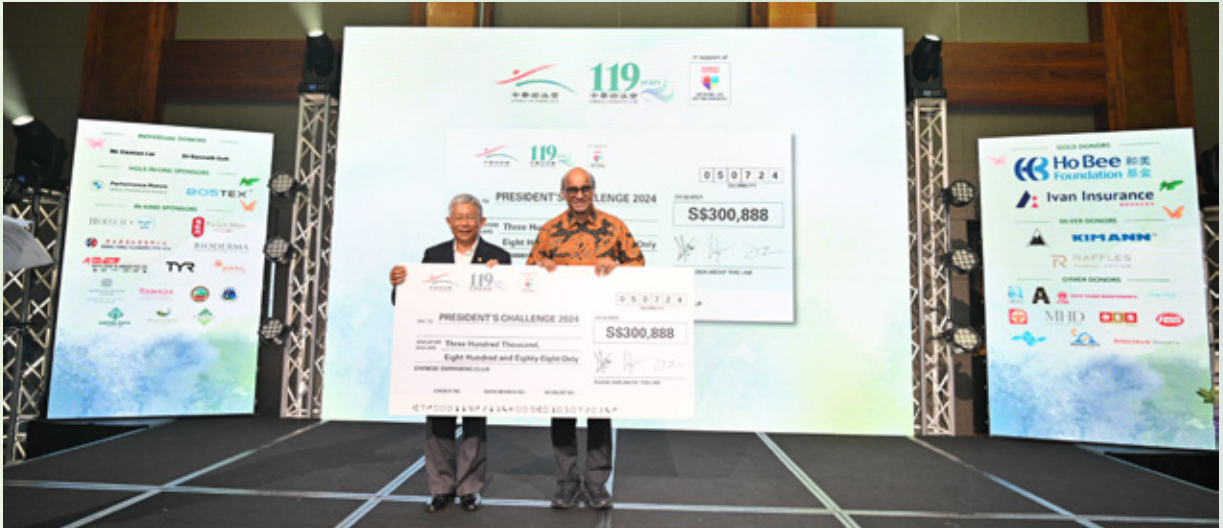
- 1st place: Lionel Khoo
- 2nd place: Wilson Wong
- 3rd place: Ronny Rianto
- 4th place: Tan Tien Seng
- 5th place: Mike Liew

- Nearest to pin (hole 4):** Peter Teo
- Nearest to pin (hole 6):** Henry Loh
- Nearest to pin (hole 8):** Kendrick Lee
- Nearest to pin (hole 14):** Kim Tan
- Nearest to pin (hole 16):** Sam Peck



Gala Dinner

Chinese Swimming Club was honoured to host our guest-of-honour, President Tharman Shanmugaratnam, who joined us to celebrate the Club's 119th Anniversary. The evening began with a mesmerising butterfly drone display and a captivating dance performance. Highlights included a special cake-cutting ceremony and our club president, Mr Victor Chia, presenting a cheque for \$300,888, to President Tharman.



FREESTYLE | 119TH ANNIVERSARY AND FUNDRAISING FOR THE PRESIDENT'S CHALLENGE

The funds raised will be donated to the President's Challenge. This is the largest sum we've ever raised! The donation included a \$30,000 pledge for a painting titled, "无尘" (Wu Cheng), autographed by President Tharman at the gala dinner.

A heartfelt "thank you" to our generous donors and sponsors who made this event unforgettable. We could not have done it without your support!



Swimming

6th CSC Super Junior Swimming Invitational 2024

Our flagship event, the CSC Super Junior Swimming Invitational 2024, returned for its 6th edition from 12 to 14 July. The swimmers persevered in the heat, showcasing their determination to win. Congratulations to all our medallists, winners of the Most Valuable Swimmers awards, and to Chinese Swimming Club for being the overall champion! We would like to thank all participants, parents, coaches (local and overseas), and our senior swimmers for their support; as well as our sponsors, Mr Edwin Lim, TYR Singapore, Spectrum Sports, and ASG Awards. We could not have done it without all of you. Lastly, congratulations to Chinese Swimming Club for being the overall champion!

Winners for the Most Valuable Swimmer Award

7-&-Under

Male: Sage Lee

Female: Natalie Goh

8-Years-Old

Male: Nathaniel Liew

Female: Krystal Huang

9-Years-Old

Male: Jamiel Loh

Female: Mikayla Lam

10-Years-Old

Male: Adrien Ke

Female: Luo Yitta

11-Years-Old

Male: Reuben Tay

Female: Guinevere Sim

12-Years-Old

Male: Nigel Low

Female: Ruth Tay



Photo: Tommy Low

CSC Novice Meet 2024

77 swimmers aged 6- to 12-year-olds competed in our in-house meet, which was held on 29 June 2024. The club brimmed with the enthusiastic cheers of the swimmers' supportive families, as the competitors fought it out in the pool. The event was a good stepping stone as it helped build confidence, and motivated the young swimmers to achieve greater heights.

19th Singapore National Swimming Championships

A big shout-out to our swimmers for clinching medals in their respective events at the 19th Singapore National Swimming Championships held from 12 to 15 June 2024. We won a total of 29 medals: six golds, 12 silvers, and nine bronzes. Let's continue striving for greater heights! Bravo CSC Swim Team!



Photo: Tommy Low



Photo: Tommy Low

Junior Pan Pacific Championships

Congratulations to our 12 swimmers who participated in the Junior Pan Pacific Championships held in Canberra, Australia, from 21 to 24 August 2024. We would like to express our gratitude to Coach Wang Tao for guiding the team during the event. Thank you, swimmers, for your determination and perseverance!



Photo: CSC

Badminton

16th SSC-JK Technology Inter-Club Masters Badminton League 2024

The second half of the League commenced on 27 June and, after seven rounds of matches, ended with the finale on 17 October. Our veteran players renewed friendly rivalry with fellow Badminton lovers from other Clubs, and even got to play in the newly renovated Guillemard Hall, now renamed the KFF Badminton Arena.



17th Chinese Swimming Club Age Group Badminton (Invitational) Tournament 2024

We are proud to announce the resounding success of the 17th CSC Age Group Badminton (Invitational) Tournament, which witnessed the unprecedented participation of 1,146 players in 24 age groups, marking it the largest Singapore Badminton Association (SBA)-sanctioned competition since the onset of the COVID-19 pandemic.

The tournament was held over seven intense days, from 2 to 8 September 2024, featuring 465 hours of matches across seven courts at the CSC. A total of 1,147 matches were played, with 2,610 shuttlecocks used throughout the competition, demonstrating the high level of engagement and dedication from participants across all age groups and from ten countries.

Congratulations to all the winners and competitors for your resilience and enthusiasm on the court!

Thank you, to all the sponsors for making this event possible.

Organiser:



Sanctioned by:



Official Equipment Sponsor:



Official Shuttlecock Sponsor:



Sponsors:



Photo: meowbadminton

Basketball

CSC – LJE Sports June Holiday Basketball Camp

Our four-day basketball camp, held from 10 to 12 June 2024, concluded successfully under the expert guidance of Head Coach Bernard Williams from LJE Sports.

The participants had a fantastic time, gaining valuable skills and insights from Coach Bernard's extensive experience. "Thank you" to everyone, for making this camp both enjoyable and educational!



Photo: CSC

Billiards & Snooker

National Day Gathering cum Wee Aik Koon 6 Reds Challenge 2024

The Billiards and Snooker Section hosted the annual Wee Aik Koon 6 Reds Challenge to celebrate National Day. Chinese Swimming Club invited Singapore Cricket Club, Changi Beach Club, and CueSports Development to the singles and doubles matches.

Congratulations to CueSports Development for winning this year's Wee Aik Koon Trophy and to Chinese Swimming Club for finishing as the runner-up.

Thank you to Singapore Cricket Club, Changi Beach Club, and CueSports Development for participating, and to the Chinese Swimming Club players and guests for their support!

And special thanks to Patrons Mr Tay Tiang Guan and Mr Patrick Ho for sponsoring the event's door gifts!



Photo: CSC



Club Vice-President (General)
Peter Liew



Left to right: Melvin Tan, Ong Kuan Cheng, Michael Hoon, Bryan Lim



Club Captain John Chew

Aloysius Yapp's Achievements in 2024

Well done, Aloysius, for your outstanding achievements! Thank you for flying the Singapore flag high!

Date	Competition	Results
8 June 2024	World 9-Ball Championships	33rd place
30 June 2024	Maldives 10-Ball Open Championships	17th place
6 July 2024	Batam Open 10-Ball Championship 2024	Champion
10 July 2024	Bandung Open 10-Ball Championship 2024	Quarter-Finalist
21 July 2024	ARC National 9-Ball Open & Women Ranking 2024	Champion
25 July 2024	Rasson Lushan Open	9th place
31 July 2024	WNT Helsinki Open	17th place



Photo: Aloysius Yapp

Bowling

Bowling Section Monthly Medal

The CSC Bowling Section hosted the exhilarating Bowling Section Monthly Medal on 30 June, 27 July, and 25 August, bringing together members for a day of friendly competition and camaraderie. Well done to our winners, and a massive thank you to all the participants. The skillful displays and enthusiastic participation made the event a resounding success!



Photo: CSC

June Medal Winners		July Medal Winners		August Medal Winners	
Open Category	Classified	Open Category		Open Category	Classified
1st: Edward Teo (Top row, left)	1st: Mildred Lim (Top row, middle)	1st: Ong She-Na (Bottom row, left)		1st: Tan Kayne Jin (Bottom row, middle)	1st: 1st: Amber Lim (Bottom row, right)
2nd: Robin Teo (Top row, right)	2nd: Ethan Sim	2nd: Tan Kayne Jin (Bottom row, middle)		2nd: Robin Teo (Top row, right)	2nd: Poh Shun Wen
3rd: Andre Chew	3rd: Benedict Chew	3rd: Elliot Tan (Bottom row, left)		3rd: Gerard Ng	3rd: Ng Yit Chieh

54th Singapore International Open 2024

At the 54th National Bowling Competition, held from 25 May to 8 June 2024, our members shone brightly. Mildred secured an impressive 4th place, while Andre finished 7th, showcasing the skills and dedication of our trainees. It was a proud moment for our rising stars! Well done, team!

Boys' Under-18 Masters
7th: Andre Chew



Middle: Andre Chew
Photo: Singapore Bowling Federation

Girls' Under-18 Masters
4th: Mildred Lim



Middle: Mildred Lim

27th Adult Inter-Club Bowling Mixed League

Our Club hosted the second round of the League on 25 July 2024. We are leading the table by three points with three weeks left to play at the time of print, as our bowlers fight to retain the title they won last year.



Photo: CSC

Contract Bridge

Singapore Bridge Festival 2024 Opening Game

On 6 July 2024, the Contract Bridge section hosted various bridge clubs from across the country. The event aims to promote contract bridge as a competitive sport. Our guests expertly navigated through a tricky hand, with the winning teams celebrating their sharp strategy and precise play.

Congratulations to XMMBridge and the National University of Singapore Society (NUSS) for tying for first place in the opening game!



Photo: CSC

National Day Game

The Contract Bridge section organised its yearly National Day Game on 3 August 2024. The atmosphere was lively as players of all skill levels engaged in friendly competition, showcasing their strategic prowess and love for the game.

Congratulations to the following winners and thank you to everyone for your participation!

1st: Rohit Chadha & Beng Yang Khoo

2nd: Woon Seng Chiang & Amy Starling

3rd: Beng Keong Tham & Chee Liong Chia

Winners of the National Day Game 2024

(Left to right: Rohit Chadha, Chia-Khoo Beng Yang, with Contract Bridge Convenor Tan Kim Lian, and Alice Tan)



Photo: CSC



Golf

Batam Golf Trip

22 golfers visited Batam for the CSC Batam Golf Trip from 22 to 24 May 2024. They played three 18-hole golf games at Batam's iconic golf courses, including Indah Puri Golf Resort, Palm Springs Golf & Country Club, and SouthLinks Country Club. In addition to enjoying the serene atmosphere of Batam, the golfers also indulged in many of the delicacies that the city had to offer. It was a wonderful trip for our golfers!



Photo: CSC

CSC Golf July Medal

The CSC Golf July Medal took place on 19 July 2024 at Changi Golf Club. The weather was excellent for golf as the players battled it out on the course. After the game, they enjoyed delicious Thai food from Heaven's Lotus. The evening concluded with a lucky draw, and everyone went home with smiles.

Congratulations to the top five winners!

- 1st:** Dick Lee
- 2nd:** Steven Chia
- 3rd:** Steven Tan
- 4th:** Tim Koh
- 5th:** Kim Tan



Photo: CSC

Pickleball

Friendly East Coast Clubs & Association Pickleball Challenge

CSC hosted the inaugural Friendly East Coast Clubs & Association Pickleball Challenge, welcoming Singapore Swimming Club and Eurasian Association for a spirited competition among novice pickleball players. Congratulations to all teams for their enthusiasm and sportsmanship in making this event a success!

Final Standings:

- 1st:** Singapore Swimming Club – 17 wins
- 2nd:** Chinese Swimming Club – 16 wins
- 3rd:** Eurasian Association – 6 wins



Photo: CSC



Squash

CSC-Ultimate Squasher June Holiday Squash Camp

Another successful edition of CSC's Ultimate Squasher June Holiday Squash Camp was held from 17 to 19 June 2024. It was a fantastic few days filled with skill-building, fun and camaraderie. Until the next time on the court!

Pesta Sukan

We are excited to celebrate the achievements of our squash players at Pesta Sukan. Their outstanding performances and dedication have truly shone through. Congratulations to both Terence and Taliah for their well-deserved victories!

Men's Master (Individual)

Champion: Terence Teo

Girls U16

Champion: Taliah Cheong



Photo: CSC

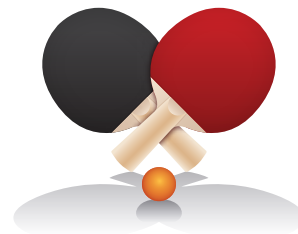


Photo: CSC

Table Tennis

Crocodile Challenge Cup 2024

It was a smashing success at the Crocodile Challenge Cup 2024, held from May 20 to 26 May 2024! Congratulations to the following CSC section members and academy trainees for their outstanding performances! Let's keep the momentum going!



Champion: Huang Xinya
Krystal – P1 & P2 Girls
Category

4th Position: Kong Deyu –
P1 & P2 Boys Category

Champion: Jayna Feng Jie –
P3 & P4 Girls Category

3rd Position: Evelyn Rose
Gooi Shui Mei – P3 & P4
Girls Category

5th Position: Gu Junchen –
P3 & P4 Boys Category

3rd Position: Gu Xintian –
P5 & P6 Girls Category



Photo: Singapore Table Tennis Association

CSC-LJW Mid-Year Holiday Table Tennis Camp

The Mid-Year Holiday Table Tennis Camp (27 to 30 May 2024), spearheaded by Head Coaches Li Wanxiang & Li Jia Wei, wrapped up successfully. A huge shoutout to all participants and coaches—your dedication and passion made this camp truly exceptional!



Photo: CSC



1st to 6th CSC-LJW Monthly Table Tennis Competition 2024

After six months of tough competition, we are thrilled to announce the overall CSC-LJW Monthly Table Tennis Competition winners for both the Senior and Junior Divisions!

Congratulations to all participants for their excellent achievements and remarkable performances throughout the series!

Senior Division

1st Place: Gu Xin Tian

2nd Place: Lee Shan Qin

3rd Place: Jayna Feng Jie

Junior Division

1st Place: Wang Yicheng

2nd Place: Li Ting

3rd Place: Yash Thakur



Photo: CSC



Left to right: Gu Xintian, Coach Li Jia Wei, Gu Junchen

Photo: Sharon

SPSSC Table Tennis Senior & Junior Division

We are thrilled to celebrate the incredible achievements of our CSC-LJW Table Tennis Academy trainees in the National School Games. Your dedication and hard work have truly paid off. Congratulations on your well-deserved victories!

Junior Division Boys Tier 1 Champion:

Gu Junchen

Senior Division Girls Champion:

Gu Xintian

Pesta Sukan 2024

We are excited to celebrate the fantastic results of our members for Pesta Sukan 2024:



Open Team Category

Joint 3rd Position: CSC Hurricane

Doubles Masters Category

Joint 3rd Position: Eric Fong & Marcus Sunny Tan

Girls U9

Champion: Evelyn Rose Gooi Shui Mei

Boys U9

Joint 3rd Position: Gu Junchen



Photo: Table Tennis Subcommittee



Photo: Lyn

Tennis

After the two days, the top four winners of each category are as follows:

CSC Tennis Junior Singles 2024 – Series 3

The third Junior Series was held on 19 and 20 May 2024. Participants displayed impressive skills and sportsmanship, making it an exciting event.

U10 Category

Champion: Damien Poh

1st Runner-up: Joshiah Tjandra

2nd Runner-up: Evan Khoo

3rd Runner-up: Natasha Lin

U16 Category

Champion: Tee Rui Ken

1st Runner-up: Regis Lin

2nd Runner-up: Brian Hartono



CSC Tennis Junior Singles 2024 – Series 4

The fourth Junior Series held from 15 and 16 June 2024 gave the junior players an opportunity to unwind from their studies while playing the sports they adore. The series continues to be a great platform for juniors to develop their game and compete at a higher level. Congratulations to the podium finishers!



Photo: CSC



U10 Category

Champion: Isaac Toh

1st Runner-up: Justin Black

2nd Runner-up: Theresa Dason

3rd Runner-up: Evan Lee

U16 Category

Champion: Tee Rui Ken

1st Runner-up: Brian Hartono

2nd Runner-up: Luke Tan

3rd Runner-up: Joshiah Tjandra

CSC Tennis Doubles (Senior & Junior)

On 9 August 2024, a new tennis game format called CSC Tennis Doubles (Senior & Junior) was introduced by the Tennis subcommittee. In this new format, junior players are allowed to form teams with any senior player, instead of just with family members. This change enables junior players to receive guidance and learn skills and techniques from any senior player in a competitive and enjoyable setting.



Photo: CSC

Congratulations to the winners!

Champion: Eugene Foo & Martin Foo

1st Runners-up: Rick Hartono & Josh Tong

2nd Runners-up: Juvanus Tjandra & Jonathan Tjandra

3rd Runners-up: Souvan Kim & Evan Kim

Water Polo

ActiveSG Water Polo Internal League Season 2

Chinese Swimming Club's Water Polo Team achieved impressive results at the ActiveSG Water Polo Internal League Season 2, which took place from 2 to 7 June 2024. The matches were intense, filled with fast-paced action and strategic plays. Their tenacity, unwavering team spirit, and exemplary sportsmanship were vital factors contributing to the team's success. The outstanding results across all categories highlight the incredible potential of these young athletes and the promising future of water polo in Chinese Swimming Club.

Champion: U12 and U15 Categories

1st Runners-up: U10 Category



Photo: CSC



Hosting of Guangzhou Water Polo Team

Chinese Swimming Club hosted a water polo exchange training session with JoYin Flyer Water Polo team from Guangzhou, China, from 18 to 28 June 2024. The session provided a great opportunity for CSC's young players to enhance their skills, foster friendships, and embrace sportsmanship. Both teams enjoyed a rewarding experience, strengthening bonds through their shared passion for water polo. A special thanks to the Aegir Water Polo Club for participating in the friendly match on 23 June 2024.



Photo: CSC



Singapore Water Polo National League

Congratulations to the U17 Girl's and U16 Boy's Water Polo teams for clinching the gold and silver medals, respectively, at the Singapore Water Polo National League, from 28 April to 9 June 2024. Their teamwork and perseverance earned them well-deserved recognition for their achievement. A huge congratulations to Andrew Lee from CSC A and Kenneth Goh from CSC B, for being awarded the Overall Most Valuable Players, and Jamie Xie from CSC A for being the top scorer!

Champion:

U17 Girl's Team

Silver Medal:

U16 Boy's Team

Overall Most Valuable Players

CSC A -Andrew Lee

CSC B -Kenneth Goh

Top Scorer

CSC A - Jamie Xie



Photo: Singapore Aquatics



Pesta Sukan Water Polo

It was a fantastic outing for our Junior Water Polo Teams, who competed in the annual competition at Our Tampines Hub from 27 July to 4 August 2024. We are extremely proud of your determination during the matches and your accomplishments!

Champion: U14 Team

Silver: U10 Team

Bronze: U16 Team

5th: U12 Team



Photo: CSC



World Aquatics Men's U16 Water Polo Championships 2024

We are proud to have our Water Polo trainee, Gabriel Low, representing our nation in the World Aquatics Men's U16 Water Polo Championships 2024 held in Malta from 18 to 24 June 2024. Singapore finished 20th out of the 32 powerhouse countries and was the best finisher amongst the three Asian countries.



Bottom row, first from left: Gabriel Low

Former CSC Water Polo Players Gathering

Former CSC water polo players from the 1970s reunited for a heartwarming gathering, reminiscing about their memories and the bonds forged in the pool. Laughter and stories flowed as they relived their glory days, and celebrated the long-lasting friendships that have stood the test of time.



Standing: Ang Peng Leong, Choo Meng Chew, Tan Chin Chye, Ng Seng Leong, Maurice Choo and Vincent Png

Sitting: Thomas Aw, Alvin Tan, Kelvin Tan, CSC General Manager Helena Goh, Tan Swee Leng and Peter Soh

Swimming

CSC Seniors Swim Challenge 2024

Make a splash in our swimming pool at our very first CSC Seniors Swim Challenge!

Saturday, 26 October, 9.00am – 6.30pm

Competition Pool, SC (L1)

\$13.08 (CSC registered swimmers)

Max. of 4 events

Eligibility: 13-years-old and above and CSC Masters

CSC Swim Kick Challenge Series 3



Saturday, 2 November 2024, 10.30am to 1.00pm

Water Polo Pool, SC

\$10.90 per event (CSC registered swimmers)

\$16.35 (parent and child relay)

Max. of 5 events

Eligibility: CSC Learn to Swim Green, Orange, Little Fish, and Pre-Competitive Squads

Badminton

CSC Badminton Academy



Monday to Wednesday & Friday, 3.00pm – 5.00pm

Thursday, 4.00pm – 6.00pm

Saturday, 8.00am – 10.00am, 10.00am – 12noon

Sunday, 1.00pm – 3.00pm

Badminton Hall, SC (L2)

Frequency	Members	Guest
Once/Week (4 sessions)	\$130.80	\$174.40
Twice/Week (8 sessions)	\$218.00	\$261.60
Thrice/Week (12 sessions)	\$261.60	\$327.00

Eligibility: 6- to 16-years-old

If there are additional training days in the month, the additional fee will be charged accordingly.



Basketball

CSC-LJE Sports Junior Basketball Training



This joint training programme by CSC and LJE Sports aims to inculcate players basic basketball skills and knowledge. Sessions cover basic ball handling, footwork, shooting drills, and conditioning drills.

Thursday, 5.00pm – 6.15pm

Saturday, 8.00am – 9.15am & 9.30am – 10.45am

Sunday, 8.00am – 9.15am & 9.30am – 10.45am

Basketball Court, SC (Rooftop)

\$119.90 (Member) | \$196.20 (Guest)

Juniors (6- to 14-years-old)

The above fees are based on four sessions a month. If there is a lesson on the 5th week of the month, an additional fee will be billed accordingly. Guests are required to pay a refundable one-month deposit.

Bowling

CSC Bowling Learn-to-Play Programme

Saturdays, 10.00am – 11.00am (New Beginners)

Saturdays, 1.30pm – 3.00pm or 3.00pm – 4.30pm

(Development Bowler)

12 Lanes Bowling Alley, SC (L1)

For trainees with bowling background.

\$130.80 (Member)

\$174.40 (Guest) per month for 4 sessions

All course fees include lane fees and shoe rental.

Contract Bridge

Christmas Game

Saturday, 14 December 2024

12noon – 6pm

Multipurpose Room, SC (L2)

Golf

Month	Event	Venue
9 October	SIA Bilateral	Forest City Golf Resort
8-13 November	Hainan Golf Trip	Hainan
13 December	Year-end Golf Bash	TBC

The event dates above serve as a guide and may be subject to change.

Pickleball

Pickleball Training with Coach Janet

Come join our club resident coach Janet and embark on your pickleball journey!

Tuesday, 7.00pm – 9.00pm (Beginners)
Saturday, 7.00pm – 9.00pm (Intermediate)



Coach Janet Lye

	Members	Non-Members
Beginners (2 hours/week – consists of 1.5 hours of coaching & 0.5 hours of play)	\$191.84 (4 lessons per module)	\$218.00 (4 lessons per module)
Intermediate (2 hours/week – consists of 1.5 hours of coaching & 0.5 hours of play)	\$283.40 (4 lessons per module)	\$322.64 (4 lessons per module)
Private Coaching members only (1 pax)	\$103.01 Per hour	Not applicable
Private Coaching members only (2 pax)	\$51.23 per pax/per hour	Not applicable



Pickleball Group Training

Join Coach Richie's exclusive Thursday classes.

Thursdays, 7.00pm – 8.30pm, 8.30pm – 10.00pm
Fridays, 8.30pm – 10.00pm

\$196.20 per month
 (Member)
 Min/Max. of 4 pax

Fees are based on 4 sessions a month.

For months with a 5th week, the additional lesson will be billed accordingly.



Squash

CSC-Ultimate Squasher Junior Squash Programme

If you are eager to take your child's squash game to the next level, come join our Junior Squash programme conducted by experienced squash coaches with a deep passion for the sport.

Wednesdays

3.00pm – 5.00pm (L3), 4.30pm – 6.00pm (L1)

Thursdays

3.00pm – 4.00pm (L1), 4.30pm – 6.00pm (L2)

Fridays

3.00pm – 4.30pm (L2)

Sundays

9.00am – 10.00am (L1), 10.00am – 11.30am (L2)

Squash Courts, SC (L3)

Member: \$331.36 (1-hour training session per week)
 \$497.04 (1.5-hour training session per week)

Guest: \$374.96 (1-hour training session per week)
 \$562.44 (1.5-hour training session per week)

6 years old and above
 Min. 3 pax
 8 lessons per term

CSC-Ultimate Squasher Adult Squash Programme



Benefit from the training, skill development, and camaraderie offered by our programme. Join us and be prepared to take your skills to the next level.

Sundays, 3.00pm – 4.30pm & 4.30pm – 6.00pm
 Squash Courts, SC (L3)

Member: \$553.72 per pair
 (1.5-hour training session per week)
 Guest: \$141.70 per pair
 (1.5-hour training session per week)

20 years and above
 Min. 2 pax

Table Tennis

Table Tennis Adult Group Training



Our adult training programme is conducted by our resident coach Kelvin, who teaches the rules and fundamentals of table tennis to those new to the sport, and helps veterans hone their skills and game techniques.

Fridays, 9.00am – 10.30am, 10.30am – 12noon
Table Tennis Room, SC (L3)

Member: \$163.50 per month
Guest: \$196.20 per month
Min. 3 pax; Max. 6 pax

Fees are based on four sessions a month. For months with a 5th week, the additional lesson will be billed accordingly.

Taekwondo

Taekwondo Junior Training Programme

Embark on a journey of self-discovery, discipline, and physical fitness by joining our Taekwondo Junior Training programme. Whether you are a beginner keen to learn the basics, or an experienced practitioner looking to hone your skills, our programme caters to children of all ages and skill levels. Sign up for a free trial now!

Tuesdays

Multipurpose Room,
SC (L2)

Sundays

Activity Suite, SC (L3)

\$49.05 per month
(Colour Belt)

\$38.15 per month
(Poom/Black Belt)

For CSC members only



Belt	Day	Time
Foundation White F1 F2 F3/White	Tuesday	4.45pm to 5.45pm
Foundation White F1 F2 F3/White	Sunday	1.00pm – 2.00pm
Yellow	Sunday	2.00pm – 3.00pm
Green	Sunday	3.00pm – 4.00pm
Blue	Sunday	3.00pm – 4.00pm
Brown	Sunday	4.00pm – 5.00pm
Poom / Black	Sunday	5.00pm – 6.00pm

Water Polo

Learn-to-Play Water Polo Programme



Saturdays, 6.15pm – 7.30pm

Beginners' Pool, Sports Complex (L1)

\$65.60 per month (Member) | \$87.20 per month (Guest)

6- to 12-years-old

Participants must be able to swim 2 x 25m laps independently.

Junior Water Polo Training Programme



Mondays, Wednesdays & Saturdays, 6.15pm – 8.15pm
Fridays, 7.30pm – 9.30pm

Water Polo Pool, Sports Complex (L1)

\$141.70 per month (Member)

\$218.00 per month (Guest)

9- to 16-years-old

All prices are inclusive of 9% GST. Please visit our website, call **6885 0671** or email **sports@chineseswimmingclub.org.sg** for more information or to sign up.



CSC-LJW TABLE TENNIS ACADEMY

Give your child a good start at CSC-LJW Table Tennis Academy

The CSC-LJW Table Tennis Academy aims to create interest, impart knowledge, groom, and nurture talented young players to strive for excellence in table tennis. The training programme is for kids aged four and above, and consists of beginner, intermediate and advanced levels.

Contact Jonathon Loh @ **68850671** or Jonathon_Loh@chineseswimmingclub.org.sg.



About Head Coach Li Wanxiang

Head Coach, Mr Li Wanxiang, has been coaching since 1984, and has more than 39 years of experience in coaching junior and youth trainees. Prior to relocating to Singapore, Coach Li was coaching two academies in Beijing with over 300 trainees. He believes in providing hands-on training to his students, hopes to impart his knowledge, and make each lesson enjoyable and fruitful.

Players groomed



Zhang Xueling

SEA Games Gold Medallist



Li Jiawei

2x Olympic Medallist
19x Commonwealth Games Gold Medallist
21x SEA Games Gold Medallist



Guo Yan

3x Asian Cup Women's Singles Gold Medallist
2x World Cup Women's Singles Gold Medallist

Dribble, Shoot, Score – Weekly Basketball Classes for Everyone!

Hey aspiring basketball enthusiasts! Are you ready to step into the world of basketball? Organised in partnership with LJE Sports, our weekly classes are tailored for beginners and intermediates who are eager to learn and have fun on the court.

- Play in a supportive environment led by passionate coaches
- Gain essential skills like dribbling, shooting, passing, and defence
- Learn about teamwork, and build friendships on and off the court

Coach Bernard Williams

Coach Bernard brings a wealth of experience from his professional playing days in the US and abroad. With over a decade of coaching experience in Singapore, he leads our team of passionate coaches who are dedicated to helping you reach your full potential.



LJE
SPORTS

Lifestyle

Holiday Chess Camp for Beginners

Our holiday chess camp for beginners took place from 3 to 5 June 2024. It was a successful camp that sparked young minds, and enhanced their cognitive functions, perseverance, and problem-solving skills. The children engaged in fun, interactive sessions, laying a strong foundation in chess while developing critical thinking and resilience. A fantastic start to their chess journey!



Closed Terrarium Workshop

Our members enjoyed a hands-on closed terrarium workshop on 8 June 2024, when they learned the art of creating self-sustaining ecosystems. Guided by instructors, participants carefully layered soil, plants, and decorative elements, and crafted personalised green worlds in glass containers. The workshop allowed participants to exercise creativity, leaving everyone with beautiful, living keepsakes.



Durian Party

Durian lovers gathered on 20 July 2024 for our annual Durian Party and enjoyed the all-time favourite Mao Shan Wang! Thanks, everyone, for attending, and we look forward to seeing you next year!



Dance

Line Dance

Beginner by Alvin – 8 sessions

Wednesdays, commencing 16 October 2024

2.00pm – 3.00pm

Activity Suite, SC (L3)

\$87.20 (Member) | \$113.36 (Guest)

Min. 8 pax

Beginner Intermediate – 10 sessions

Tuesdays, commencing 12 November 2024

12.45pm – 2.00pm

Activity Suite, SC (L3)

\$89.93 (Member) | \$122.63 (Guest)

Min. 10 pax

Intermediate by Alvin – 8 sessions

Tuesdays, commencing 17 October 2024

2.15pm – 3.45pm

Activity Suite, SC (L3)

\$98.10 (Member) | \$124.26 (Guest)

Min. 8 pax

Beginner Advanced – 10 sessions

Tuesdays, commencing 22 October 2024

2.00pm – 3.30pm

Activity Suite, SC (L3)

\$106.28 (Member) | \$138.98 (Guest)

Min. 10 pax

Sundays, commencing 3 November 2024

1.30pm – 3.00pm

Multipurpose Room, SC (L2)

\$106.28 (Member) | \$160.78 (Guest)

Min. 10 pax

Advanced – 10 sessions

Sundays, commencing 17 November 2024

3.00pm – 4.30pm

Multipurpose Room, SC (L2)

\$106.28 (Member) | \$160.78 (Guest)

Min. 10 pax

Solo Latin Dance for Ladies – 8 sessions

Wednesdays, commencing 27 November 2024

3.00pm – 4.00pm

Activity Suite, SC (L3)

\$109.00 (Member) | \$135.16 (Guest)

Min. 8 pax

Social Dance Nights

Whether you are a seasoned dancer or just someone who loves to move to the rhythm, our dance parties, and pro dance parties, promise to be a celebration of music and dance.

12 & 19 October, 19, 16 & 23 November,

14 & 28 December

7.00pm – 10.30pm

Activity Suite, SC (L3)

\$9.81 (Member) | \$18.00 (Guest)

Slots are limited for the dance parties and social dance nights. Confirmation is on a first-come, first-served, basis. Dates are subject to change. Register online at our website under Fitness & Leisure – Dance.

Exercise



Scan For Schedule



EXERCISE FLEXI-PASS

Class Packages		3-trial pack at
5-Pack	\$130.80	\$39.24
10-Pack	\$196.20	for first timers only.
20-Pack	\$392.40	Valid for 30 days.

Email lifestyle@chineseswimmingclub.org.sg to book your trial pack.

**MOVE MY TISSUES
(ADVANCED PILATES)**

MONDAY, 6.45PM – 7.45PM
ACTIVITY SUITE,
SPORTS COMPLEX (L3)

10-pack
\$218
Valid for
120 days

Leisure

Chinese Calligraphy

Mondays, 9.00am – 11.00am

Multipurpose Room, SC (L2)

Monthly Fee: \$16.35 (Member) | \$32.70 (Guest)

Chinese Brush Painting

Thursdays, 10.00am – 12noon

Multipurpose Room, SC (L2)

Monthly Fee: \$125.35 (Member) | \$158.05 (Guest)

Urban Gardening

Mondays, 9.30am

CSC Gardening Corner

We welcome all nature-loving members to join our urban gardening interest group! Enjoy growing your favourite plants and vegetables, as you reconnect with nature and cultivate a sense of community with fellow green thumbs.

All prices are inclusive of 9% GST. Please visit our website, call **6885 0654** or email lifestyle@chineseswimmingclub.org.sg for more information or to sign up.

Youth & Kids

Wushu Beginners – Four Sessions

Wushu, or “military arts”, is a form of contemporary Chinese martial arts that blends performance and martial application. Under the systematic guidance of Coach Tex, participants will develop and build on their basic techniques and skills in this powerful yet graceful art.

Day	Time	Venue
Tuesdays commencing 22 October	7.30pm – 8.30pm	Multipurpose Room, SC (L2)
Fridays commencing 25 October	7.00pm – 8.00pm	
Saturday commencing 12 October	7.00pm – 8.00pm	
Sundays commencing 20 October	9.30am – 10.30am	Activity Suite, SC (L3)

\$109.00 (Member) | \$163.50 (Guest)
5- to 12-years-old
Min. 5 pax per class

Abacus & Mathematics – Four Sessions

Roots Abacus & Mathematics (RAM), a unit of Roots.Sg Pte Ltd, is a leading Abacus Brain Development programme. It enhances brain development, improves focus, retention, concentration, and increases creativity.

Wednesdays, 5.00pm – 6.30pm
Lattice Suite, RC (L3)
\$152.60 (Member) | \$174.40 (Guest)

An additional \$49.05 registration fee applies
4- to 14-years-old
Min. 5 pax, Max. 8 pax

International Chess Class for Beginners – 8 sessions



Is your child ready to embark on an exciting journey into the world of chess? Our beginners' workshop is the perfect starting point!

Tuesdays (Starting from 26 November), 5.30pm – 6.30pm

Multipurpose Room, SC (L2)
\$311.50 (Member) | \$337.66 (Guest)
4- to 12-years-old, Min. 6 pax

Children's Ballet – 8 Sessions

Beginners 1 Saturdays 9.15am – 10.15am \$122.08 (Member) \$165.68 (Guest)	Beginners 2 Saturdays 10.15am – 12.15pm \$331.36 (Member) \$418.56 (Guest)
Grade 2 Saturdays 12.15pm – 2.15pm \$488.32 (Member) \$575.52 (Guest)	Grade 4 Fridays 5.15pm – 7.15pm \$488.32 (Member) \$575.52 (Guest)

All classes are held in the Multipurpose Room, SC (L2)
Note: Timeslots are subject to availability due to limited slots. Please check for new term dates.

Wellness & Leisure Week

Heritage & Nature Trail at Thomson Nature Park

Saturday, 16 November 2024
8.00am – 12.30pm
Thomson Nature Park
\$70.40 (member) | \$87.99 (guest)
21-years-old & above



Intertidal Exploration at Changi Beach

Sunday, 17 November 2024, 3.30pm – 7.30pm OR Monday, 18 November 2024, 4.00pm – 8.00pm
Changi Beach
Child 5- to 12-years-old:
\$71.72 (member) | \$89.65 (guest)
Teen 13- to 20-years-old:
\$79.35 (member) | \$99.19 (guest)
Adult 21 years old & above:
\$90.25 (member) | \$112.82 (guest)
Based on birth year
5-years-old and above
Children below 13 years old to be accompanied by an adult



Courage Quest



Tuesday, 19 November 2024
9.30am – 12noon
Multipurpose Room, SC (L2)
\$85.16 (member) | \$106.45 (guest)
6- to 12-years-old

All prices are inclusive of 9% GST. Please visit our website, call **6885 0654** or email **lifestyle@chineseswimmingclub.org.sg** for more information or to sign up.

The Art of Mindful Parenting: Crafting Your Family's Core Values

Tuesday, 19 November 2024, 2.00pm – 4.00pm
Multipurpose Room, SC (L2)
\$54.50 (member) | \$68.13 (guest)

Sound Healing & Guided Meditation

**Wednesday,
20 November 2024,
9.00am – 10.00am**
Activity Suite, SC (L3)
\$54.50 (member)
\$68.13 (guest)
8-years-old & above



Yoga x Wine Tasting

Thursday, 21 November 2024, 2.00pm – 5.00pm
Multipurpose Room, SC (L2)
\$66.76 (member) | \$83.45 (guest)
21-years-old & above

Cooking For Your Pet – Do It Right

Friday, 22 November 2024, 9.00am – 9.30am
Multipurpose Room, SC (L2) **OR**
Saturday, 23 November 2024, 9.00am – 9.30am
Multipurpose Room 2, SC (L3)
\$27.25 (member) | \$34.06 (guest)
21-years-old & above

Decoding the Language of Pain in Animals

Friday, 22 November 2024, 11.15am – 12noon
Multipurpose Room, SC (L2) **OR**
Saturday, 23 November 2024, 11.15am – 12noon
Multipurpose Room 2, SC (L3)
\$34.06 (member) | \$42.58 (guest)

Treating your Child's Cough with TCM

Sunday, 24 November 2024, 9.00am – 10.00am
Multipurpose Room, SC (L2)
\$54.50 (member) | \$68.13 (guest)

Wheel Yoga for Parent & Child

Sunday, 24 November 2024, 11.00am – 12noon
Multipurpose Room, SC (L2)
\$129.44 (member per pair) | \$161.80 (guest per pair)
Pair: 1 child/teen & 1 adult
Child/Teen: 7- to 15-years-old

CONTACT US

CLUB MAIN LINE

6345 1221 or 6885 0688

GENERAL FEEDBACK

feedback@
chineseswimmingclub.org.sg

PUBLICATION TEAM

Liza Liu
Assistant Manager,
Marketing & Communications

Cavy Low

Graphic Designer

Maung Phyo Win Zaw

Graphic Designer

FRONT OFFICE

Regional Networking/
Corporate Golf Booking/
Affiliates/Reciprocal
Arrangements
6345 1221/Reception@
chineseswimmingclub.org.sg

MEMBERSHIP ENQUIRIES

6885 0652/656/657
membership@
chineseswimmingclub.org.sg

FINANCE

Statement of Accounts/
Overdue Subscriptions
Payment
6885 0685/Finance@
chineseswimmingclub.org.sg

FOOD & BEVERAGE ENQUIRIES

6885 0697/fnb_events@
chineseswimmingclub.org.sg

SWIMMING ENQUIRIES

6885 0672/Team_SwimCSC@
chineseswimmingclub.org.sg

SPORTS ENQUIRIES

6885 0671/sports@
chineseswimmingclub.org.sg

LIFESTYLE ENQUIRIES

6885 0654/lifestyle@
chineseswimmingclub.org.sg

FLEX GYM ENQUIRIES

6345 1221 ext. 749/CSC_Flex@
chineseswimmingclub.org.sg

SPORTS RECEPTION

Booking of Sports Facilities
6885 0677

12 LANES

Booking of Bowling Lanes
6345 1221 ext. 745

WORK@CSC ENQUIRIES

6345 1221 ext. 720/work@
chineseswimmingclub.org.sg

OPERATING HOURS

ARRIVAL PAVILION

FRONT OFFICE RECEPTION

Daily 8.30am – 10.00pm

MINGLE@AMBER

Daily 8.00am – 8.00pm

LE 乐 PLAYROOM

Mon Closed

Tue – Sun 9.00am – 9.00pm

(The playroom will be closed on Tuesday if a public holiday falls on a Monday.)

SPORTS COMPLEX

SPORTS RECEPTION

Daily 7.00am – 10.00pm

MAN ZHU CAFÉ

Mon – Thu

12noon – 9.30pm

Fri & Eve of PH & PH

11.30am – 9.30pm

Sat & Sun

8.30am – 9.30pm

(Last order is 30 minutes before closing)

12 LANES BOWLING ALLEY

Mon – Thu 12noon – 11.00pm

Fri & Eve of PH 12noon – 1.00am

Sat & PH 10.00am – 1.00am

Sun 10.00am – 11.00pm

BEGINNERS' POOL*

Daily 7.00am – 9.00pm

(Pool Closure for Swim Training)

Tue – Fri 3.30pm – 7.00pm

Sat 8.45am – 12.10pm & 3.00pm – 6.20pm

Sun 8.45am – 12.10pm & 3.00pm – 6.00pm

COMPETITION POOL*

Daily 6.00am – 9.00pm

(Pool Closure for Swim Training)

Mon, Wed & Fri 5.30am – 7.30am

Mon – Fri 3.30pm – 8.15pm

Sat 6.30am – 12.30pm & 3.30pm – 6.15pm

Sun 6.45am – 12.30pm

WATER POLO POOL*

Daily 6.00am – 9.00pm

(Pool Closure for Swim Training)

Tue – Thu 7.45pm – 8.45pm

GREAT BUBBLE REEF (FUN POOL)

Daily 8.00am – 8.00pm

BADMINTON COURTS (+)

Daily 7.00am – 10.00pm

Peak Period

Mon – Fri 6.00pm – 10.00pm

Sat, Sun & PH Whole Day

(Court Closure For Club Team Training)

Mon & Fri 6.00pm – 10.00pm

(4 – 7 Courts)

(Court Closure For Junior Training)

Mon – Fri (except Thu)

3.00pm – 5.00pm (6 Courts)

Tue 6.00pm – 9.00pm (3 Courts)

Wed 6.00pm – 8.00pm (3 Courts)

Thu 4.00pm – 6.00pm (6 Courts)

& 7.00pm – 9.00pm (3 Courts)

Sat 8.00am – 2.00pm (3 – 5 Courts)

& 6.00pm – 9.00pm (4 Courts)

Sun 12noon – 5.00pm (3 – 7 Courts)

& 7.00pm – 9.00pm (3 Courts)

BASKETBALL COURT (+)

Daily 7.00am – 10.00pm

(Closure for Tennis Junior Programme)

Fri 5.00pm – 8.00pm

Sun 5.00pm – 7.00pm

(Closure for Junior Training)

Thu 5.00pm – 7.00pm

Sat & Sun 8.00am – 11.00am

(Closure for Pickleball Section Training)

Mon 5.30pm – 7.00pm

7.00pm – 10.00pm

Wed 7.00pm – 10.00pm

(Closure for Pickleball Weekly Group Training)

Tue 7.00pm – 9.00pm

Thu 7.00pm – 9.00pm

BILLIARDS & SNOOKER LOUNGE (+)

Daily 2.00pm – 10.00pm

(Closure for Section Training)

Fri 6.00pm – 10.00pm

FLEX GYM

Mon – Fri 6.30am – 10.00pm

Sat & Sun 7.00am – 9.00pm

PH 7.00am – 8.00pm

SQUASH COURTS (+)

Daily 7.00am – 10.00pm

(Closure For Section Training, All Courts)

Mon 6.00pm – 10.00pm

Wed & Fri 7.00pm – 10.00pm

(Closure For Training Programmes)

Wed 3.00pm – 5.00pm (Court 1 & 2)

Thu 4.00pm – 6.00pm (Courts 1 & 2)

Fri 3.00pm – 5.00pm (Court 1)

TABLE TENNIS ROOM (+)

Daily 7.00am – 10.00pm

(Closure For Section Training)

Mon 5.00pm – 7.00pm (3 Tables)

7.00pm – 10.00pm (4 Tables)

Tue 6.00pm – 9.00pm (4 Tables)

9.00pm – 10.00pm (3 Tables)

Thu 6.00pm – 7.00pm (3 Tables)

7.00pm – 10.00pm (4 Tables)

Fri 4.00pm – 5.00pm (1 Table)

5.00pm – 7.00pm (3 Tables)

7.00pm – 9.00pm (4 Tables)

9.00pm – 10.00pm (3 Tables)

(Closure for CSC-LJW Training)

Mon 3.00pm – 5.00pm (3 Tables)

Tue 3.00pm – 6.00pm (3 Tables)

Wed 3.00pm – 7.00pm (3 Tables)

Thu 3.00pm – 6.00pm (3 Tables)

Sat 1.00pm – 5.00pm (3 Tables)

Sun 10.00am – 4.00pm (3 Tables)

(Closure for Adult Table Tennis Group Training)

Fri 9.00am – 11.00am (3 Tables)

11.00am – 12noon (2 Tables)

TENNIS COURTS (+)

Daily 7.00am – 10.00pm

(Closure For Section Training)

Mon 5.00pm – 8.00pm (2 Courts)

Wed 5.00pm – 8.00pm (3 Courts)

Sat 3.00pm – 8.00pm (3 Courts)

(Closure for Tennis Social Night)

Wed 7.00pm – 10.00pm (1 Court)

(Closure for Junior Training)

Thu 4.00pm – 8.00pm (1 Court)

Fri 4.00pm – 9.00pm (2 – 3 Courts)

Sat 8.00am – 12noon (1 – 2 Courts)

Sun 3.00pm – 8.00pm (2 – 3 Courts)

RECREATION COMPLEX

3 BARS

Sun – Thu: 12noon – 11.00pm

Fri: 12noon – 12midnight

Sat: 12noon – 11.00pm

Band Performing Nights

Snapshots – Wed: 8.00pm – 10.45pm

Puzzle Band – Fri: 8.30pm – 11.30pm

William & Judy – Sat: 8.30pm – 10.30pm

KTV ROOMS

(Canto*/Common Room, Max 15 persons)

Mon – Thu 3.00pm – 10.30pm

(*Unavailable for private booking)

Fri 3.00pm – 6.00pm

(*Available for private booking

from 6.30pm – 11.30pm)

Sat, Sun, Eve of PH & PH

3.00pm – 6.00pm

(*Available for private booking

from 6.30pm – 10.30pm)

Mando Room (Max 9 persons)

Mon – Thu, Sat, Sun, Eve of PH & PH

3.00pm – 10.30pm (Booking required)

Fri 3.00pm – 11.30pm (Booking required)

SWIMMING POOL

Daily 6.00am – 9.00pm

Closure for Swim Training (Lanes 5 – 8)

Wed – Fri 5.45pm – 7.45pm

Closure for Aqua Classes

Tue 6.30pm – 7.30pm (Lane 6, 7 & 8)

Thu 8.00am – 9.00am (Lane 8)

Thu 9.15am – 10.15am (Lane 6, 7 & 8)

GAMES & RECREATION ROOM

Mon – Thu & Sun 1.00pm – 9.00pm

Fri, Sat & Eve of PH 1.00pm – 10.00pm

JOY LUCK COVE

Daily 10.00am – 11.00pm

WORK@CSC

Mon – Fri & Eve of PH

8.00am – 12midnight

Sat, Sun & PH

8.00am – 11.00pm

Mon – Sat (excluding PH)

9.00am – 6.00pm

(Manned Hours)

Closure for training subject to changes.
+Bookings can be made online or at the Sports Reception up to 7 days in advance on a first come, first served basis.



CHINESE SWIMMING CLUB

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www.chineseswimmingclub.org.sg



Chinese Swimming Club
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