



Date

Member: \$183.60*

Guest: \$216.00**

Thu to Sat, 7 to 9 December 2023

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Thu to Sat, 14 to 16 December 2023

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* Participants must be registered CSC child / junior members or a child / junior dependent.

** Price inclusive of guest fee.

All course fees include lane fees and shoe rental.

Trainee's Full Name : _____ Date of Birth : _____

Parent's Name : _____ A/C No : _____

Contact No : _____ (HP) Email : _____

I hereby give my acknowledgement and consent to the Chinese Swimming Club to use my personal data for the aforesaid purposes.

Terms & Conditions

1. There will be no refund or pro-rata of the course fee in any circumstances.
2. There will be no make-up lessons if the participant misses any lesson.
3. Fees quoted are inclusive of 8% GST.
4. Photographs and videos may be taken for use in our archival and publicity material.

Indemnity

I/We hereby agree that I/We will not hold Chinese Swimming Club, their appointed staff or officials responsible in any way for any mishaps, injuries or loss of life or for loss or damage to any property howsoever arising out of or in the course of or in connection with the above activities which I/We have opted to take part in; and I/We shall indemnify Chinese Swimming Club and their appointed staff and officials from and against any actions, proceedings, liabilities, claims, damages, cost and expenses which may be brought by or asserted against Chinese Swimming Club and their appointed staff and officials by any person in connection with the above activities and which has been caused whether directly or indirectly, by any act or omission on my/our part.

I/We have read and understood the terms and conditions stipulated above and I/We hereby agree to abide by and be bound by such terms and conditions and the Constitution and Bye-Laws of the Chinese Swimming Club.

Member's Signature

Date

For registration and enquiries, please email to Sports@chineseswimmingclub.org.sg

LEARN TO BOWL PROGRAM

Xperience Three



Synopsis

Xperience THREE is a 3-day bowling workshop where we teach children ages 7 and up, the sport and game of Ten-Pin Bowling. It is a ONE and HALF hour session that consists of both theory and practical within the lesson time.

DAY 1

We introduce the children to the **History of Bowling** in a lively and interesting presentation.



We will then take the children to the lanes where we will teach them how to handle the equipment safely and also to create the **FINISHING POSITION**

DAY 2

We introduce the children the different parts of a bowling lane including the usage of the arrows for targeting. Next we will head to the lanes for the practical part where the children will learn the **3-STEP DRILL** as well as how to engage the target arrows



DAY 3

We will show the children **What Goes On Behind A BOWLING LANE**. Next we will head to the lanes for some final day fun as the children recall their past 2 day's knowledge and have a mini competition

