

Enjoy exclusive
gastronomic experiences
at CSC



FREESTYLE PUBLICATION



ON THE COVER

Enjoy exclusive gastronomic experiences at CSC

Opinions expressed need not necessarily represent those of the Club. The Club accepts no responsibility for the quality of goods or services advertised. All event information is accurate at time of print.

We welcome comments or any other contributions from members. Please send them to the General Manager/Secretary at the Club's address. The Club reserves the right to edit all materials or decline publication. No part of this publication may be reproduced without the permission of the Club.

"Freestyle" is a bi-monthly publication by CHINESE SWIMMING CLUB.

For advertising inquiries, please call Marketing Department at 6885 0655.

21 & 34 Amber Road Singapore 439870
Tel: 6345 1221 or 6885 0688
Fax: 6345 7134
Web: www.chineseswimmingclub.org.sg

Printed by Ho Printing Singapore Pte Ltd
MCI (P) 043/02/2021

PATRONS

Dr Tan Eng Liang
Dr Wee Cho Yaw
Dr Chua Tian Poh

MANAGEMENT COMMITTEE

PRESIDENT
Mr Edwin Lee

VICE PRESIDENT (GENERAL)
Mr Peter Liew

VICE PRESIDENT (FINANCE)
Mr Jonathan Kuah

CAPTAIN
Mr John Chew

VICE CAPTAIN
Mr Dick Lee

STANDING COMMITTEES

AUDIT CHAIRMAN
Mr Hoon Tai Meng

DIGITALIZATION CHAIRMAN
Mr Kendrick Lee

DISCIPLINARY PANEL CHAIRMAN
Mr Hoon Tai Meng

FINANCE CHAIRMAN
Mr Jonathan Kuah

FOOD & BEVERAGE CHAIRMAN
Mr David Khoe

HOUSE & GROUNDS CHAIRMAN
Mr Wu Chee Yiun

HUMAN RESOURCE CHAIRMAN
Mr Michael Leong

INVESTMENT CHAIRMAN
Mr Edwin Lee

LIFESTYLE CHAIRMAN
Mr Goh Peng Koon

MARKETING CHAIRMAN
Mr Edmund Tan

MEMBERSHIP RELATIONS CHAIRMAN
Mr Eugene Ng

REGIONAL NETWORKING CHAIRMAN
Mr Steven Tan

SPORTS & GAMES CHAIRMAN
Mr John Chew

TENDER CHAIRMAN
Mr Goh Peng Koon

VISION 2030 CHAIRMAN
Mr Victor Chia

SUB-COMMITTEES

DANCE CONVENOR
Mr Lim Meng Jui

EXERCISE & LEISURE CONVENOR
Mr Richard Choo

LADIES CONVENOR
Mrs Jenny Chew

YOUTH & FAMILY CONVENOR
Mdm Sharon Heng

BADMINTON CONVENOR
Mr Allan Kwek

BILLIARDS & SNOOKER CONVENOR
Mr Michael Hoon

BOWLING CONVENOR
Ms Dorothy Tay

CONTRACT BRIDGE CONVENOR
Mdm Tan Kim Lian

GOLF CONVENOR
Mr Steven Tan

SQUASH CONVENOR
Mr Ng Eik Pin

SWIMMING CONVENOR
Mr Chia T-Jian

TABLE TENNIS CONVENOR
Mr Eric Fong

TAEKWONDO CONVENOR
Mr Tay Hee Ann

TENNIS CONVENOR
Mr David Khoe

WATER POLO CONVENOR
Mr Chia Shih Yun

RUNNING CONVENOR
Mr Wu Chee Yiun

HEADS OF DEPARTMENT

PETER GOH
General Manager / Secretary
ext. 669
gmo@chineseswimmingclub.org.sg

HELENA GOH
Head of Operations
ext. 670
Helena_Goh@chineseswimmingclub.org.sg

JOAN TAY
Membership Relations & Marketing Manager
ext. 650
Joan_Tay@chineseswimmingclub.org.sg

CHONG MEI YEE
Finance Manager
ext. 684
MeiYee_Chong@chineseswimmingclub.org.sg

VICTOR YONG
Food & Beverage Manager
ext. 696
Victor_Yong@chineseswimmingclub.org.sg

CHARLIE GOH
HR & Admin Manager
ext. 663
Charlie_Goh@chineseswimmingclub.org.sg

BENJAMIN LEE
Property Manager
ext. 678
Benjamin_Lee@chineseswimmingclub.org.sg

ZHANG JIAN LAN
Head Coach of Swimming
ext. 760
JianLan_Zhang@chineseswimmingclub.org.sg



4



7



8



9



12



15



21

CONTENTS

- 4 2021 Chinese New Year Celebration
- 7 2021 CSC Let's Soar Swim Meet
- 8 4 Days Table Tennis Holiday Camp
- 9 3 Days Basketball Holiday Camp
- 12 Paper Quilling Workshop
- 15 Wushu & Combat Kickboxing Bootcamp For Kids (Beginners)
- 21 Squash Adult Group Training Programme (Beginners / Intermediate) by Zainal Abidin Elite Squash Academy

Dear Members,

I hope everyone has been putting up well amidst a challenging and unpredictable 2020. As we welcome the Year of the Metal Ox, may it bring you Great Joy, Good Health, God's Peace and Prosperity.

I would like to take this opportunity to announce that the 106th Annual General Meeting (AGM) will be convened on Sunday, 25 April 2021 at the Grand Ballroom, Recreation Complex at level 2. Unlike last year's virtual AGM, this year's event will be a physical AGM to be held at the Club. Due to the current safety measures, we can only accommodate a limited number of participants. Do pre-register yourself if you like to participate. Some inconveniences will be inevitable but I seek your co-operation and kind understanding during these unprecedented times.

The Club has undergone many progressive changes over the past three years. New facilities such as The Mingle@Amber Café, Alfresco dining under the stars, kids playground were introduced while new activities include urban gardening, running club, Cinema Alfresco by the Pool and Aquatic Festival. The Club is also in the midst of introducing a new automated facility booking system and an electric vehicle (EV) charging station which will be introduced in the next few months. With these frameworks in place, we are now ready to embark on a nationwide branding campaign as well as enhancing our effort towards members' engagement.

With these objectives, I am pleased to announce the formation of two new Standing Committees namely, Digitalization Committee and Marketing Committee.

Digitalization Committee will be chaired by Management Committee member, Mr Kendrick Lee. This team will be responsible for the adoption of technology to ensure the Club is future ready. Mr Lee is currently a member of the Audit Committee, Investment Committee and Vision 2030 Committee and has served as a Management Committee Member for over 4 years.

The Marketing Committee will be chaired by Co-opt Management Committee member, Mr Edmund Tan. His team will work on the strategic marketing initiatives for the Club to create market presence and enhance its branding. The Committee will also be tasked to improve member engagement with the use of technology.

These new Committees will be working with various Standing Committees to drive the transformation of the Club holistically to meet the changing lifestyle of existing and new members as well as to elevate the profile of the Club in Singapore.

Since the easing of safety measures by the authorities, the Club's operations is slowly returning to normality. Most facilities are now open although some social distancing and contingent measures remain in place. During this period, the Club managed to organise its first swimming event for the year on 3 and 4 February 2021. Sanctioned by the Singapore Swimming Association, CSC's "Let's Soar Swim Meet" attracted a total of 141 swimmers from the A, B and C1 squads who swam in 516 individual events over a 2-day period.

To overcome the strict social distancing measures and ease the waiting time for members during peak hours, Man Zhu Café launched its first food delivery service for lunch and dinner on 1 February 2021. Members can now enjoy a cost-efficient food delivery service if they are unable to visit the Club. Man Zhu Café will also be refreshing its menu in March, bringing to members more gastronomy choices. Do give us your feedback so that we can further improve our services.

Lastly, on behalf of the Management Committee and Administrative staff, I would like to wish all members a Happy and Blessed Lent and a Happy Easter.

Shalom and God Bless.



Edwin Lee
President



The 106th Annual General Meeting will be held on Sunday, 25 April 2021, 10.00am at the Grand Ballroom, Level 2, Recreation Complex. We take this opportunity to highlight the following standing orders to facilitate the smooth-running of the General Meeting.



1. STANDING ORDERS

1. Once the meeting is called to order, all members shall cooperate with the Chairman so that the General Meeting can proceed in a peaceful and orderly manner.
2. Only matters raised or resolutions proposed by Voting Members not less than 21 days and queries submitted not less than 4 clear days will be addressed at the Meeting.
3. A member who had submitted a proposed resolution or a query will be granted 3 minutes to speak on each subject while other speakers will be given 1 minute and a buzzer will be sounded to signal the speaker when the time is up.
4. Members are requested to seek permission before they speak and not to interrupt others who have the floor.
5. Members are to give their names and account numbers clearly before speaking. This is for official record purposes.
6. Members are advised not to interrupt the speaker during their presentation as time will be allowed for the floor to speak.
7. Voting shall be by a show of hands unless a ballot is demanded by the majority of the Voting Members present and voting. Voting cards will be issued to facilitate tallying of votes by the auditors.
8. If any member disobeys the above Standing Orders and behaves in a disorderly manner, the Chairman has the authority to request the member to leave the Meeting, and if such member refuses to comply with the ruling of the Chairman, he or she will be ruled out of the Meeting.

2. PROCEDURE FOR ELECTIONS

In the event of a contest for positions in the Management Committee and / or Disciplinary Panel, member will be issued with a card to qualify them to collect the voting slips to elect members. Voting booths will be erected outside the Grand Ballroom. Members must present their CSC membership cards together with the voting slip collection cards when collecting their voting slips.

Please do not misplace the voting slip collection card. Once it is issued to a member, it will not be reissued under any circumstances.

The voting slip collection card must be surrendered upon collection of the voting slip. Voting slips are non transferable. Members must vote in person. Any member found transferring their voting slips to another member may be liable for disciplinary action.

3A. ARTICLE 10.1

"Principal Members may meet in general meetings to discuss matters pertaining to the affairs of the Club but only Voting Members may propose and second resolutions and vote thereon."

(i) Article 2A.4

"Principal Members" means Ordinary (Transferable), Life (Transferable) and Associate (Transferable) Members. Principal Memberships shall mean the membership of Principal Members."

(ii) Article 2A.5

"Voting Members" means Ordinary (Transferable) and Life (Transferable) Members only.

3B. ARTICLE 10.6

Any Voting Member desirous of raising any matter or moving any resolution at any general meeting shall give notice thereof in writing to the General Manager/Secretary not less than twenty-one days before the date of such meeting.

3C. ARTICLE 10.7

Any Principal Member who wishes to query reports or accounts at an Annual General Meeting shall give written notice to the General Manager / Secretary not less than 4 clear days, i.e. excluding Sundays and public holidays, before the date of such a Meeting.

2021 CHINESE NEW YEAR CELEBRATION

The Chinese New Year celebration in the Year of Metal Ox was a unique and special one. The Club had gorgeously decorated the premises to bring festive ambience to all members.

The lobby in Arrival Pavilion showcased two golden cages embellished with flower arrangements and butterflies in light to bring hope and life as well as change for the better amidst the COVID-19 pandemic. To emblemise Dragon Dance, a dragon head, a Chinese New Year ceremonial hall drum and a musical drum were incorporated into the decorations to make up for the live performance this year.

A table elaborately decorated with mandarin oranges and gold ingots was set up beside a God of Fortune musical lamp at the lobby of the Recreational Complex and these symbolised good fortune, prosperity and greatness. The Peach Blossom shelter was beautified with 188 wooden tags with Chinese New Year blessings handwritten by the members.

This year, we designed a treasure box game at Sports Reception where members were invited to solve the Chinese zodiac lock and answer the Chinese New Year quiz related to the Club.

A video montage of the Club's decorations and past Spring Festival performances was uploaded on the Club's Facebook Page, together with the virtual Chinese Orchestra performances specially performed by the students of Nan Chiau High School. A big thank you to Nan Chiau High School for their efforts and contributions.

We hoped the beautiful decors and the virtual performances had brought some festive cheers to you this Chinese New Year.

As we look forward to a smooth year ahead, do remember to stay safe by practising good hygiene habits and abide by the safe management measures.



Welcome **NEW PATRON OF CSC, DR CHUA THIAN POH**

Dr Chua is the founder of Ho Bee Group. He is also a member of the Council of Presidential Advisors.

An active community leader and philanthropist, Dr Chua serves as Honorary President of the Singapore Federation of Chinese Clan Associations and the Singapore Chinese Chamber of Commerce & Industry, as well as Chairman of Singapore Chinese Cultural Centre, Ren Ci Hospital, and Board of Trustee of the Chinese Development Assistance Council.

In 2006, he was awarded the Businessman of the Year. In 2019, National University of Singapore conferred on him the Honorary Doctor of Letters in recognition of his business leadership and community contributions.



MANDATORY SELF CHECK-IN WHEN VISITING THE CLUB

As we are in the Phase 3 of the re-opening, the Club would like to encourage everyone to continue to stay vigilant and maintain safe distancing. Kindly remember to self check-in and take your temperature when visiting the Club. Thank you for your cooperation in making the Club a safe environment for all.



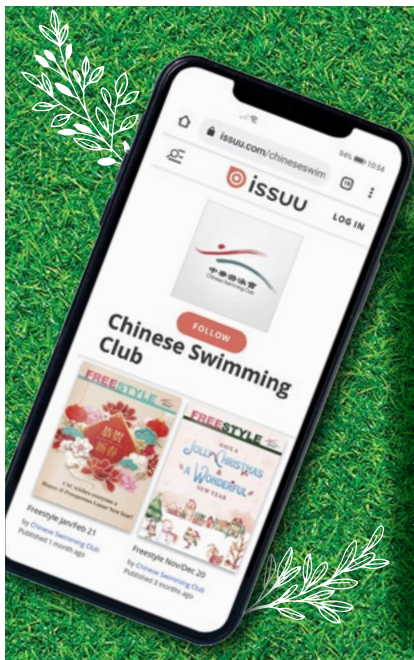
GO GREEN, GO PAPERLESS!

With the Club's continuous effort to reduce our carbon footprint and go paperless, we would also like to encourage members to be part of our Go Green initiative.

We understand majority of the members are still receiving hardcopy of the Freestyle Magazine and Statement of Account. The Club would like to urge members to consider opting in for our e-copies by emailing to marketing@chineseswimmingclub.org.sg, your name, membership number and the email address which you would like receive these e-copies.

Your switch to e-copies not only helps to save our environment, it will also help the Club to be more sustainable as cost will be reduced.

We look forward to your support and let's all play our part to Go Green!



DEVELOPING A RISK MANAGEMENT IMPLEMENTATION PLAN

On 25 and 26 January 2021, a total of 10 management staff attended a 2-day Workforce Skills Qualifications (WSQ) workshop on Developing a Risk Management Implementation Plan (bizSAFE Level 2). The workshop allowed the staff to be familiar with the identification and evaluation of risk, various risk control measures as well as formation of a risk management team.



BRIEFING ON STAFF E-MEDICAL BENEFITS

On 19 and 20 January 2021, over 95% of the staff attended a series of briefing sessions conducted in English and Mandarin by our insurer, AIA. During the session, the staff understood the use of the new medical benefits app to locate the nearest panel of clinics and making claims online. In addition, the staff also learnt how a telehealth service allows video consultation with a Singapore registered general practitioner.



TRAINING FOR NEW CLUB MANAGEMENT SYSTEM

Over 30 staff from various departments attended the new Club Management System (CMS) training for different modules conducted by our vendor, Azaas in the month of January 2021.



2021 CSC LET'S SOAR SWIM MEET

With Covid-19 pandemic and Phase 3 Safe Management Measures and Safe Distancing Measures in place, organizing a swim meet was not going to be an easy one. However, our swim admin and coaches together with volunteers from swim parents managed to overcome the difficulties and limitation and the 2 days event held on 3 and 4 February 2021 went smoothly and successfully. A total of 141 excited Club swimmers participated in the 516 individual events and the meet was sanctioned by Singapore Swimming Association (SSA). We were privileged to have the presence of Mr Stephan Widmer, Technical Director (SSA) to observe our swimmers and the event.



SINGAPORE SWIMMING ASSOCIATION (SSA) JANUARY SWIM SERIES 2021

Held on 22 to 24 January 2021, our new Head Coach, Zhang Jian Lan led our swimming team to participate in the January Swim Series organized by SSA. This event was also the first ever swim event organised in 2021. 32 top Singapore swimmers of the various swim categories were invited to the event. We were honoured that our Club swimmers had the opportunity to participate and gain valuable experiences.



Photo credits: I-an/SSA and Tommy Low/ SSA

TAEKWONDO IN-HOUSE GAME 2020

On 27 December 2020, a total of 62 trainees signed up for the Taekwondo In-House Game 2020 and the event was held in compliance with Covid-19 regulations. The event was safely conducted as Coach Nordon requested the white and yellow belters to demonstrate their taekwondo patterns. On the other hand, the green to poom belters sparred with one partner each.

Kudos to all juniors for putting in their efforts and congratulations on the recognition!

Best Sports Boy	Lim Hong Yu
Best Sports Girl	Alena Martin Wee
Most Improved Player	Tan Gene Jie



4 DAYS TABLE TENNIS HOLIDAY CAMP

The response for the Table Tennis Camp originally scheduled on 14 to 17 December 2020 was overwhelming and this led to the opening of two additional slots on 30 November to 3 December 2020 and 7 to 10 December 2020. The beginner trainees had fun while learning a new sport. For the intermediate trainees, it was a well spent holiday for them as they were given the opportunity for extra practices. It was indeed a good exercise workout for all the participants.



CSC TENNIS TEAM CHALLENGE 2020

Organised specially for Club members only, the CSC Tennis Team Challenge 2020 was a one-day event held on 12 December. 24 members participated and they were divided into 3 different groups by the luck-of-the-draw. All players performed their very best and the result of each match was used to determine the teams' final score.

After many competitive rounds, the players boiled down to the final match where the team led by Mr Robyn Koh emerged as the overall champion!

Congratulations to the winners and well done to all participants!



3 DAYS BASKETBALL HOLIDAY CAMP

The Basketball Holiday Camp was held on 7 to 9 December 2020 and 28 to 30 December 2020. Due to overwhelming response, an additional slot was opened on 21 to 23 December 2020 to cater to those on the waiting list. The children learnt about the terms used in basketball court lines and marking as well as the different playing techniques which were later put into practice during the camp. It was a fun experience for the children and we were pleased to see some participants signing up for our regular weekend basketball training program after the camp.



SQUASH ADULT GROUP TRAINING PROGRAMME

We heard you! Requested by popular demand, the new Squash Adult Group Training Programme by Zainal Abidin Elite Squash Academy held its first official session on 20 December 2020. The programme caters to both Beginners and Intermediate trainees.

During the session, Coach Anthony patiently explained the foundation to beginners and Coach Matthew fine-tuned the movements of trainees with background through demonstration and proper guidance.

Currently, there are 8 trainees and we hope that more adults will come on board to pick up Squash as a new sport to build up fitness, enhance their skills and have fun.



MARIGOLD JUNIOR & MASTERS SQUASH OPEN 2020

Between 14 and 20 December 2020, our squash players comprising of Mr Chew Kok Wye, Mr Chris Pong, Mr Gole Tushar, Mr Jason Ong, Mr Pang Hian Tee, Mr Terence Teo and Mr Vernon Teo participated in the Marigold Junior & Masters Squash Open 2020 organised by Singapore Squash Rackets Association (SSRA). Congratulations to Mr Pang Hian Tee for clinching 4th place in the Men's Masters. A round of applause to all for the exhilarating games!

Right: Mr Pang Hian Tee

Photo credits: Singapore Squash Rackets Association

BOWLING LEARN-TO-PLAY INTRODUCTORY PROGRAMME

Held over four Saturdays from 5 to 26 December 2020, 10 kids attended the Bowling Learn-to-Play introductory programme conducted by our Bowling Academy COE Programme coach, Clara Lau. They were divided into two groups and each displayed great enthusiasm and keen interest during the lessons. Congratulations to them as they successfully progressed to the fundamental class in January 2021.

To find out more about our Learn-to-Bowl Programme, please contact Jick Sern at JickSern_Lam@chineseswimmingclub.org.sg or WhatsApp to 6885 0675.



SINGAPORE BOWLING FEDERATION (SBF) OWN-TIME-VIRTUAL-TOURNAMENT 2 (OTVT2)

After the resounding success of the inaugural tournament in August 2020, SBF held the 2nd OTVT on 28 November to 30 December 2020. Our heartiest congratulations to Jonah Goh for winning the Men's Open Division, ahead of the national bowlers!



Jonah Goh



CSC 1ST VIRTUAL BOWLING TOURNAMENT 2020

Following the Singapore Bowling Federation Own-Time-Virtual-Tournament, our Club held our very own Virtual Tournament for the first time on 1 to 30 November 2020. 16 members took part in 2 categories and bowled a total of 45 Master Qualifying (MQ). Congratulations to the following winners:

Leaderboard - Open

Position	Name	Hdp	Score w Hdp	Total Score	MQ 1	MQ 2
1	Jonah Goh	0	1816	1816	918	898
2	Christopher Chan	8	1797	1733	799	934
3	Felix Lee	3	1652	1628	714	914

Leaderboard - Classified

Position	Name	Hdp	Score w Hdp	Total Score	MQ 1	MQ 2
1	Andre Chew	8	1859	1795	842	953
2	Francis Yap	29	1766	1534	794	740
3	Joanne Wu	55	1693	1253	673	580

CSC BADMINTON ACADEMY HOLIDAY TRAINING CAMP

Our Badminton Academy successfully conducted three training camps for a total of 70 trainees from different levels in December 2020.

The Beginners camp was held over two sessions on 1, 3, 8 and 10 December 2020 and 15, 17, 22 24 December 2020. We witnessed a total of 16 and 23 trainees joining the camp respectively. 31 trainees from the Intermediate and Advanced groups had grueling double sessions training from 14 to 18 December 2020. Stringent measures were put in place to ensure no intermixing between groups and the participants. We were glad that the camp ended the year with a memorable and enriching experience for the trainees.



SCENTED CANDLE MAKING WORKSHOP



On 22 December 2020, the parents had a great time bonding with their children over candle making in this parent and child workshop. The juniors were given the option to select the fragrance for the wax and the parents assisted to pour the hot wax into plastic moulds and glass container. Everyone enjoyed placing small ornaments in the gel wax and decorating to their desired Christmas theme. It was a well spent afternoon with everyone bringing home their self-made candles to light up for Christmas!



KIDS YOGA

The children had fun exercising in the four Yoga sessions held during the school holidays on 10, 17, 24 and 31 December 2020. They were taught various poses for stretching muscles, releasing tension and calming the active mind. The children benefited greatly from the holistic experience with a more focus mind and healthy body.



PAPER QUILLING WORKSHOP

The Paper Quilling Workshop held on 21 December 2020 saw an overwhelming response and it turned out to be a popular event. The children had fun designing their own Christmas card. From twirling paper strips of different colours into circles, shaping and gluing them together, images of Christmas trees were artfully formed on the cards. We were pleased that the children enjoyed themselves and created beautiful artworks during the workshop.



SEW A CHRISTMAS WREATH WORKSHOP

On 21 December 2020, the children were taught how to thread needles and sew felt ornaments together to form a Christmas wreath under the guidance of the instructor. It was a good learning experience and the children enjoyed themselves.



CHILDREN ART WORKSHOP

In celebration of the Christmas festive season, a Children Art Workshop was held on 23 December 2020. The children customised their own Christmas themed stationery holder with santa, Christmas tree and snowman using plasticine clay. They also coloured their cotton masks with the inspiration from the artist, Romero Britto's artwork. We hoped the children had a wonderful Christmas and their stationery holders are now filled with new stationeries for school.

DANCE

**INSTRUCTOR:
PETER WONG**

With 20 years of teaching experiences in Chinese Swimming Club, Peter Wong teaches Latin Cha Cha, Waltz, Tango, Foxtrot, Quickstep, Rumba, Samba, Jive and Viennese Waltz.

He is certified by National Association of Teachers of Dancing for Ballroom Dancing. Furthermore, he took lessons from many local dance teachers and also attended dance congress (lectures by professional dance teachers) at Blackpool, England on 5 occasions.

**LATIN / STANDARD BALLROOM
(FOR ALL LEVELS) BY PETER WONG**

EVERY FRI, COMMENCING 23 APR 2021

8.30PM – 9.30PM / 9.45PM – 10.45PM

ACTIVITY SUITE, SC (L3)

\$80.25 (Member) / \$105.93* (Guest)

Min. 4 pax / 8 sessions

Note: Timeslot is subject to availability

**LATIN / STANDARD BALLROOM
(FOR ALL LEVELS) BY PETER WONG**

EVERY MON, COMMENCING 3 MAY 2021

8.30PM – 9.30PM / 9.45PM – 10.45PM

ACTIVITY SUITE, SC (L3)

\$80.25 (Member) / \$105.93* (Guest)

Min. 4 pax / 8 sessions

Note: Timeslot is subject to availability

**LINE DANCE (BEGINNERS) BY
PHILIP SOBRIELO**

For interested participants with line dancing background.

EVERY TUE, COMMENCING 25 MAY 2021

12.45PM – 1.45PM

ACTIVITY SUITE, SC (L3)

\$74.90 (Member) / \$107.00* (Guest)

Min. 10 pax / 10 sessions

**LINE DANCE (BEGINNER
INTERMEDIATE) BY PHILIP SOBRIELO**

For interested participants with line dancing background.

EVERY TUE, COMMENCING 11 MAY 2021

2.00PM – 3.30PM

ACTIVITY SUITE, SC (L3)

\$104.33 (Member) / \$136.43* (Guest)

Min. 10 pax / 10 sessions

**LINE DANCE (BEGINNER
ADVANCED) BY PHILIP SOBRIELO**

EVERY SUN, COMMENCING 2 MAY 2021

12.50PM – 2.05PM / 2.10PM – 3.25PM

MULTI-PURPOSE ROOM, SC (L2)

\$88.28 (Member) / \$141.78* (Guest)

Min. 10 pax / 10 sessions

Note: Timeslot is subject to availability

**LINE DANCE (ADVANCED)
BY PHILIP SOBRIELO**

EVERY SUN, COMMENCING 2 MAY 2021

3.30PM – 4.30PM

MULTI-PURPOSE ROOM, SC (L2)

\$74.90 (Member) / \$128.40* (Guest)

Min. 10 pax / 10 sessions

Note: Timeslot is subject to availability

**Price includes guest fee.*

SOLO LATIN DANCE FOR LADIES BY ALVIN LOW

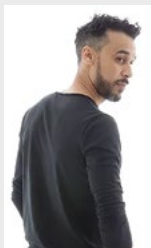


**EVERY WED,
COMMENCING 21 APR 2021
3.00PM – 4.00PM
ACTIVITY SUITE, SC (L3)**

\$96.30 (Member)
\$121.98* (Guest)
Min. 8 pax / 8 sessions

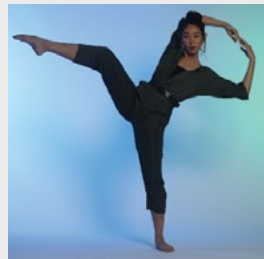
BACHATA & SALSA INSTRUCTOR: ALI LUJAH

Back in 2010, Ali Lujah was introduced to Latin music and Dance in Guatemala and Colombia for 2 years where social dancing was prevalent even along the streets. He also witnessed high quality Salsa performances during a trip to Cali and decided to learn Latin dancing. An enthusiastic individual, in 2017, Ali won a Salsa Competition in Singapore and a Bachata Competition in Vietnam.



CONTEMPORARY DANCE INSTRUCTOR: AMELIA CHONG

Having graduated from the University of Auckland with a Bachelor in Dance Studies (First Class Honours) degree, Amelia has experience in performing, choreographing and teaching. Prior to returning to Singapore, Amelia was part of the teaching faculty at the University of Auckland Dance Studies programme, where she specialises in contemporary technique and creative processes of dance.



CONTEMPORARY DANCE (BEGINNERS) BY AMELIA CHONG

**EVERY SUN, COMMENCING 18 APR 2021
7 – 9 YEARS OLD: 4.45PM – 5.45PM
10 – 13 YEARS OLD: 6.00PM – 7.00PM
MULTI-PURPOSE ROOM, SC (L2)**

\$160.50 (Member) / \$203.30* (Guest)
Min. 6 pax per class
8 sessions

NEW SOLO BACHATA (BEGINNERS)

**EVERY SAT, COMMENCING 3 APR 2021
8.00PM – 9.00PM
ACTIVITY SUITE, SC (L3)**

\$120.38 (Member) / \$147.78* (Guest)
Min. 6 pax / 4 sessions

NEW SOLO SALSA (BEGINNERS)

**EVERY SAT,
COMMENCING 3 APR 2021
9.15PM – 10.15PM
ACTIVITY SUITE, SC (L3)**

\$120.38 (Member)
\$141.78* (Guest)
Min. 6 pax / 4 sessions



NEW JUMP FIT BOOTS

A cardio and dance fitness class on jumping boots.



**EVERY THU, COMMENCING 29 APR 2021
10.00AM – 11.00AM
ACTIVITY SUITE, SC (L3)**

\$201.16 (Member) / \$226.84* (Guest)
Min. 8 pax / 21 years old & above / 8 sessions

**EVERY SAT, COMMENCING 8 MAY 2021
4.30PM – 5.30PM
ACTIVITY SUITE, SC (L3)**

\$201.16 (Member) / \$243.96* (Guest)
Min. 8 pax / 21 years old & above / 8 sessions

Note: Jump Fit shoes will be provided. Please bring your own long socks.

**Price includes guest fee.*

NEW KPOP DANCE MTV

EVERY SAT, COMMENCING 8 MAY 2021
5.45PM – 6.45PM
ACTIVITY SUITE, SC (L3)

\$171.20 (Member) / \$214.00* (Guest)
 Min. 8 pax / 13 - 20 years old / 8 sessions



MARCH SCHOOL HOLIDAYS

WUSHU & COMBAT KICKBOXING BOOTCAMP FOR KIDS (BEGINNERS)

FRI, 19 MAR 2021 / 9.30AM – 11.45AM
MULTI-PURPOSE ROOM, SC (L2)

\$85.60 (Member) / \$88.81* (Guest)
 Min. 5 pax & Max. 10 pax / 7 - 12 years old

Time	Programme
9.30am	Wushu
10.30am	Break
10.45am	Combat Kickboxing
11.45am	Home Sweet Home



*Note: No snacks and beverages will be provided during break.
 Programme is subject to changes due to unforeseen circumstances.*

JUMP FIT BOOTS HOLIDAY WORKSHOP

A cardio and dance fitness workshop on jumping boots.

SUN, 14 MAR 2021
MULTI-PURPOSE ROOM, SC (L2)

KIDS 5 TO 12 YEARS OLD
8.45AM – 9.45AM

TEENS 13 – 20 YEARS OLD
10.00AM – 11.00AM

ADULTS 21 & ABOVE
11.15AM – 12.15PM

\$28.36 (Member) / \$33.71* (Guest)
 Max. 10 pax per age category

Note: Jump Fit shoes will be provided. Please bring your own long socks.

SOLO BACHATA & SOLO SALSA DANCE HOLIDAY WORKSHOP

SUN, 21 MAR 2021 / 9.30AM – 11.45AM
MULTI-PURPOSE ROOM, SC (L2)

\$74.90 (Member) / \$80.25* (Guest)
 Min. 5 pax & Max. 10 pax / 7 - 12 years old

Time	Programme
9.30am	Solo Bachata
10.30am	Break
10.45am	Solo Salsa
11.45am	Home Sweet Home

*Note: No snacks and beverages will be provided during break.
 Programme is subject to changes due to unforeseen circumstances.*

CAKE DONUTS (HANDS-ON FOR KIDS)

Kids will prepare cake batter from scratch and have fun decorating the cake donuts with chocolate, candies, marshmallow and colourful sprinkles. Do bring your own apron, hand towel and container for storing the donuts.

WED, 17 MAR 2021
9.30AM – 11.30AM
MULTI-PURPOSE ROOM, SC (L2)
 \$60.99 (Member) / \$71.69* (Guest)
 Min. 5 pax & Max. 10 pax
 7 to 12 years old



In conjunction with Earth hour on Saturday, 27 March 2021, let's do our part to practice "green" habits by maximizing our paper usage before they become trash. Join us in the fun upcycling workshops below:

PAPER COLLAGE

TUE, 16 MAR 2021
10.00AM – 12.00PM
MULTI-PURPOSE ROOM, SC (L2)
 \$58.85 (Member) / \$69.55* (Guest)
 Min. 6 pax & Max. 8 pax
 For children 8 years old & above



NEWSPAPER ART (PARENT & CHILD)

FRI, 19 MAR 2021
2.00PM – 3.30PM
ACTIVITY SUITE, SC (L3)
 \$58.85 (Member/pair)
 \$69.55* (Guest/pair)
 Min. 6 pairs & Max. 8 pairs
 For children 6 years old & below



**Price includes guest fee. • All images shown above are for illustration purpose.*

YOUTH & FAMILY

ADULT ART CLASSES

INSTRUCTOR: JAYA GUPTA

Jaya Gupta is a Freelance Conceptual Artist, Art teacher and Graphic designer with a degree in Fine Art from HKUSPACE, Hong Kong and has learnt various art styles from a renowned Chinese artist. She was one of the Semi-Finalist of Phillippe Charriol Art Competition in China in 2006.

**NEW CHARCOAL AND SOFT PASTEL**

WED, 31 MAR, 7 APR, 14 APR & 21 APR 2021

9.30AM – 11.30AM

MULTI-PURPOSE ROOM, SC (L2)

\$214.00 (Member) / \$226.84 (Guest)*

Min. 5 pax / 21 years old & above

4 sessions

Note: All art materials will be provided.

NEW PENCIL PORTRAIT SHADING

WED, 28 APR, 5 MAY,

12 MAY, 19 MAY &

26 MAY 2021

9.30AM – 11.30AM

MULTI-PURPOSE ROOM,

SC (L2)

\$267.50 (Member)

\$283.55 (Guest)*

Min. 5 pax

21 years old & above

5 sessions

Note: All art materials will be provided.



CHINESE CALLIGRAPHY

Interest group for seniors 60 years & above.

EVERY MON

9.00AM – 11.00AM

MULTI-PURPOSE ROOM,

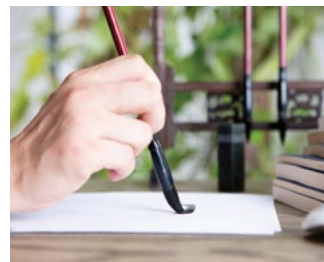
SC (L2)

Monthly Fee:

\$16.05 (Member)

\$32.10* (Guest)

Min. 6 pax



CHINESE BRUSH PAINTING

EVERY THU

10.00AM – 12.00PM

MULTI-PURPOSE ROOM,

SC (L2)

Monthly Fee:

\$123.05 (Member)

\$155.15* (Guest)

Min. 6 pax



WUSHU (BEGINNERS)

WUSHU INSTRUCTOR: TEX TOH

Tex Toh, founder and Chief Coach of Wan Wu Sports and Martial Arts Academy is a registered MOE Coach under Singapore Wushu Federation. He has been teaching Wushu since 2007 and groomed many athletes and coaches.



INSTRUCTOR: MATTHEW

EVERY SAT, COMMENCING 10 APR 2021

12.30PM – 1.30PM

ACTIVITY SUITE, SC (L3)

INSTRUCTOR: TEX

EVERY SAT, COMMENCING 10 APR 2021

7.00PM – 8.00PM / 8.05PM – 9.05PM

MULTI-PURPOSE ROOM, SC (L2)

EVERY SUN, COMMENCING 11 APR 2021

9.30AM – 10.30AM / 10.45AM – 11.45AM

ACTIVITY SUITE, SC (L3)

\$107.00 (Member) / \$160.50* (Guest)

Min. 5 pax per class / 4 sessions / 5 – 12 years old

Note: Timeslot is subject to availability

For Wushu, contact Wan Ling @ 6885 0653 or WanLing_Tan@chineseswimmingclub.org.sg for more information

*Price includes guest fee. • All images shown above are for illustration purpose.

CHILDREN'S BALLET

GRADE	DAY	TIME	FEES (PER 8 SESSIONS)	VENUE
BEGINNERS 1 (3 to 4 years old)	Every Mon	4.30pm – 5.30pm	\$119.84 (Member) / \$162.64* (Guest)	Multi-Purpose Room, SC (L2)
	Every Sat	9.00am – 10.00am		
BEGINNERS 2 (5 to 6 years old)	Every Sat	8.00am – 9.00am / 10.00am – 11.00am	\$162.64 (Member) / \$205.44* (Guest)	
PRIMARY (Beginners)	Every Sat	11.00am – 12.00pm	\$162.64 (Member) / \$205.44* (Guest)	
PRIMARY	Every Sat	12.00pm – 1.00pm	\$162.64 (Member) / \$205.44* (Guest)	
GRADE 1 (Beginners)	Every Mon	2.30pm – 3.30pm	\$222.56 (Member) / \$265.36* (Guest)	
GRADE 1	Every Mon	3.30pm – 4.30pm	\$222.56 (Member) / \$265.36* (Guest)	
GRADE 2 (Beginners)	Every Fri	3.00pm – 4.00pm	\$239.68 (Member) / \$282.48* (Guest)	
GRADE 2	Every Fri	4.00pm – 5.00pm	\$239.68 (Member) / \$282.48* (Guest)	
GRADE 5 (Beginners)	Every Fri	5.00pm – 6.00pm	\$239.68 (Member) / \$282.48* (Guest)	
GRADE 5	Every Fri	6.00pm – 7.00pm	\$239.68 (Member) / \$282.48* (Guest)	



Note: Timeslot is subject to availability due to limited slots. Please check for new term dates.

CULINARY

PURPLE MONT BLANC (HANDS-ON)

A crumbly Sablé Breton base topped with a dollop of Crème Chantilly then layered with countless swirls of Sweet Potato Paste, which is made from scratch and adding a local twist to a French classic! Sweet Potato is high in antioxidant, vitamin A and low in calories, making it a great dessert for the health conscious. Bring along a container as you will be bringing home half a dozen of the baked dessert. Refer a friend and both of you will enjoy a 5% discount.

SUN, 4 APR 2021

9.00AM – 12.00PM

MULTI-PURPOSE ROOM, SC (L2)

\$112.35 (Member) / \$123.05* (Guest)

Min. 4 pax & Max. 8 pax



EXERCISE

INSTRUCTOR: JACLYN ONG

A passionate and enthusiastic freelance group fitness instructor with 5 years of teaching experience, Jaclyn Ong is an elite Piloxing instructor, Ritmix trainer, a licensed Zumba and Poundfit pro. With her nursing background, her goal is to help and encourage everyone to achieve their own fitness goal. Her positive and supportive attitude, dedication and commitment are her tools in helping and inspiring others to achieve a healthier lifestyle.



PILOXING

EVERY SAT, COMMENCING 6 MAR 2021

2.00PM – 3.00PM

ACTIVITY SUITE, SC (L3)

\$154.08 (Member) / \$207.58* (Guest)

Min. 5 pax / 8 sessions

*Price includes guest fee.

TOTAL BODY CONDITIONING

EVERY THU, COMMENCING 15 APR 2021
8.00PM – 9.00PM
ACTIVITY SUITE, SC (L3)

\$128.40 (Member) / \$171.20* (Guest)
 Min. 7 pax / 8 sessions

K-POP X FITNESS (LITE)

EVERY FRI, COMMENCING 5 MAR 2021
10.15AM – 11.05AM
ACTIVITY SUITE, SC (L3)

\$144.45 (Member) / \$170.13* (Guest)
 Min. 6 pax / 8 sessions



POLE DANCE FITNESS

Pole dance is a full body workout combining fitness, cardio, muscle conditioning, balance and flexibility to enable you to exude grace, strength and sensuality to achieve tricks, combos, and dance choreography on a pole.



FREE TRIAL
TUE, 9 MAR 2021 / 8.20PM - 9.20PM

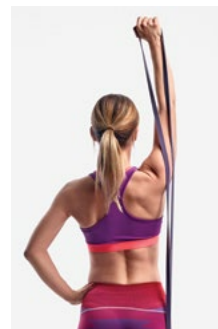
ACTUAL COMMENCEMENT
EVERY TUE, COMMENCING 16 MAR 2021
7.15PM – 8.15PM & 8.20PM – 9.20PM
MULTI-PURPOSE ROOM, SC (L2)

\$179.76 (Member) / \$211.86* (Guest)
 Min. 5 pax / 6 sessions

BODY BAND BALANCE

EVERY WED,
COMMENCING 17 MAR 2021
9.00AM – 10.00AM
ACTIVITY SUITE, SC (L3)

\$149.80 (Member)
 \$224.70* (Guest)
 Min. 8 pax / 10 sessions



MBSR GENTLE YOGA

EVERY SAT, COMMENCING 17 APR 2021
11.00AM – 12.15PM
ACTIVITY SUITE, SC (L3)

\$139.10 (Member) / \$214.00* (Guest)
 Min. 8 pax / 10 sessions



HATHA YOGA

Monthly Fee:
 \$53.50 (Member) / \$74.90* (Guest)
 Min. 5 pax

ACTIVITY SUITE, SC (L3)
TIME SLOT 1 (FEMALES ONLY):
EVERY MON / 6.45PM – 8.00PM
TIME SLOT 2 (FEMALES ONLY):
EVERY FRI / 6.45PM – 8.00PM



*Price includes guest fee.



GENTLE YOGA

Monthly Fee: \$53.50 (Member) / \$74.90* (Guest)
Min. 5 pax

ACTIVITY SUITE, SC (L3)

TIME SLOT 1:

EVERY TUE / 10.15AM – 11.15AM

TIME SLOT 2:

EVERY FRI / 9.00AM – 10.00AM

PILATES



Monthly Fee: \$69.55 (Member) / \$90.95* (Guest)
Min. 7 pax

MULTI-PURPOSE ROOM, SC (L2)

TIME SLOT 1 (BY ONG BENG HWEE):

EVERY MON / 7.00PM – 8.00PM

ACTIVITY SUITE, SC (L3)

TIME SLOT 2 (BY CHLOE CARRODUS):

EVERY TUE / 9.00AM – 10.00AM

TIME SLOT 3 (BY ONG BENG HWEE):

EVERY TUE / 6.45PM – 7.45PM

TIME SLOT 4 (BY ONG BENG HWEE):

EVERY TUE / 8.00PM – 9.00PM

TIME SLOT 5 (BY ONG BENG HWEE):

EVERY SAT / 9.00AM – 10.00AM

YANG STYLE TAIJI QUAN



EVERY WED

8PM – 9.30PM

ACTIVITY SUITE, SC (L3)

\$26.75 (Member)

\$56.71* (Guest)

Min. 6 pax

TAIJI QIGONG

EVERY SUN

8.15AM – 9.15AM

ACTIVITY SUITE, SC (L3)

\$42.80 (Member)

\$58.85* (Guest)

Min. 6 pax



TAIJI NEIGONG

Learn unique skills from Master Albertt Chua to harness Qi for relaxing and managing stress, thus improving overall health. This class focuses on developing internal Qi, improving mental agility and teaches self-defence moves to overcome stronger opponent with ease.

EVERY TUE

8.00PM – 9.30PM

LATTICE SUITE, RC (L3)

Monthly Fee:

\$74.90 (Member)

\$101.65* (Guest)

Min. 5 pax





CSC-JTA TABLE TENNIS TRAINING FOR ADULTS

Calling all adults who would like to be coached in the game of Table Tennis, join us every Tuesday under the guidance of JTA resident coach – Ma Kai Xuan.

**EVERY TUE,
1.30PM – 3.00PM
TABLE TENNIS ROOM, SC (L3)**

Monthly Training Fee (inclusive of 7% GST)	CSC Member	Guest
One training session per week	\$160.50	\$192.60

Above fee is based on 4 weeks' lessons, should there be a 5th week in a month, additional fee will be charged.



4 DAYS TABLE TENNIS HOLIDAY CAMP

**MON – THU, 15 – 18 MAR 2021
TABLE TENNIS ROOM, SC (L3)**

Grade	Fee per Member	Fee per Guest	Daily Training Time
Beginner	\$171.20	\$256.80	8.00am – 10.00am
Beginner	\$171.20	\$256.80	10.00am – 12.00pm
Intermediate/ Youth Team	\$171.20	\$256.80	1.00pm – 3.00pm

Above fee is for 4 training days and is inclusive of 7% GST.
Eligibility: 4 years & above.

Registration will close upon reaching maximum capacity.



CSC-JTA TABLE TENNIS ACADEMY

Give your child a good start at the CSC-JTA Academy!
Training available for 4 years old and above.



PROFILE OF TABLE TENNIS COACH – MA KAI XUAN



Ma Kai Xuan started playing Table Tennis from the age of 5. She entered into the reputable Beijing Shichahai Sports School at 8 years old. Beijing Shichahai Sports School is famous for producing talented world champion Sportsman and Sportswomen. During her training years, she had won Championship in the Singles category in numerous Beijing tournaments. Kai Xuan was selected into the National Team of Hebei Province in China at the age of 11 years old. In addition, she had achieved 1st runner up in China National Youth Table Tennis Tournament under the Group category and 6th placing under the Singles category.

Want to know more? Contact Wendy Tan @ 6885 0654 or Wendy_Tan@chineseswimmingclub.org.sg.

**Price includes guest fee.*

SQUASH ADULT GROUP TRAINING PROGRAMME (BEGINNERS / INTERMEDIATE) BY ZAINAL ABIDIN ELITE SQUASH ACADEMY

Adult Group Training Programme is now available for registration! Each term programme consists of 12 sessions (1 session of 2 hours per week).

**EVERY SUN,
3.00PM – 5.00PM
SQUASH COURTS, SC (L3)**

\$246.10 / month x 3 months (Member)
\$278.20* / month x 3 months (Guest)
20 years old & above
Min 3 pax



SQUASH YOUTH DEVELOPMENT PROGRAMME (BEGINNERS / INTERMEDIATE) BY ZAINAL ABIDIN ELITE SQUASH ACADEMY

Spark interest and begin your Squash Youth Training Programme with us to acquire the necessary strong foundation for development to higher levels of Squash. Free trial lesson is available for interested. Each term programme consists of 12 sessions (1 session of 2 hours per week).



**EVERY SAT, 4.00PM – 6.00PM
EVERY SUN, 1.00PM – 3.00PM
SQUASH COURTS, SC (L3)**

\$234.00 nett / month x 3 months (Member)
\$260.00 nett / month x 3 months (Guest)
Eligibility: 7 – 19 years old

Contact Wan Ling at 6885 0653 or email WanLing_Tan@chineseswimmingclub.org.sg for more information.

FUN SQUASH FOR ADULTS, YOUTHS & CHILDREN



For All Levels. Individual(s), Parent(s)-Child(ren) are welcome!

Get to learn:

- Introduction of Squash foundation skills
- General Squash rules
- Hand, eye & foot coordination skills
- Basic methods of ball hitting using the 3-step sequence
- Footwork & movement efficiency
- Application of skills in games
- Matchplay (for intermediate & advanced levels)

**THU, 18 MAR 2021, 10.00AM – 12.00PM
SQUASH COURTS, SC (L3)**

\$85.60 (Member) / \$101.65 (Guest)
Min. 3 pax and Max. 10 pax per 2-hour timeslot
Child & Youths: 7 – 19 years old
Adult: 20 years old & above

Note: Priority will be given to CSC members. Fees is for a session of 2 hours.

Contact Wan Ling at 6885 0653 or email WanLing_Tan@chineseswimmingclub.org.sg for more information.

CSC-LJE SPORTS JUNIOR BASKETBALL HOLIDAY TRAINING CAMP



Enrol your child in this training camp where they will reap the benefits of improved hand-eye coordination, cardiovascular conditioning, agility and endurance. Kids also learn about the value of respect and teamwork as they interact with other kids in this team sport. Sign up fast due to limited slots!

**MON – WED, 15 – 17 MAR 2021
8.00AM – 10.00AM / 10.15AM – 12.15PM
BASKETBALL COURT, SC (ROOFTOP LEVEL)**

\$275.00 (CSC Member & Current Non-Member Trainees)
\$290.00 (Non-Member)
Eligibility: 6 – 14 years old

Above fee is for 3 training days and is inclusive of 7% GST. Registration will close upon reaching maximum capacity.

Contact Wendy at 6885 0654 or email Wendy_Tan@chineseswimmingclub.org.sg for more information.

**Price includes guest fee.*

TAEKWONDO JUNIOR TRAINING PROGRAMME

More than just kicking and punching, the life skills imparted in our programme help children grow into responsible young adults. Sign up for a free trial now!

EVERY SUN, ACTIVITY SUITE, SC (L3)

Belt	Time
Foundation White F1 F2 F3 / White	1pm to 2pm
Yellow	2pm to 3pm
Green	3pm to 4pm
Blue	3pm to 4pm
Brown	4pm to 5pm
Poom / Black	5pm to 6pm

\$37.45 / month (Colour Belt)
\$26.75 / month (Poom/Black Belt)

Eligibility: For CSC Members only

Contact Michelle at 6885 0674 or email Michelle_Lee@chineseswimmingclub.org.sg for more information.



CSC BOWLING ACADEMY CENTRE OF EXCELLENCE (COE) PROGRAMME



Sanctioned by Singapore bowling federation for aspiring bowlers aged 10 to 18 to make it into the national programme.

EVERY TUE, 4.00PM – 6.00PM
EVERY SAT, 11.00AM – 1.00PM
12 LANES, SC (L1)

\$2675.00 (Member) / \$2996.00 (Guest) for 60 lessons
(Inclusive of GST. Installment plans available)

Note: Lane fees to be paid separately

Contact Jick Sern at 6885 0675 or email JickSern_Lam@chineseswimmingclub.org.sg for more information.

BOWLING LEARN-TO-PLAY PROGRAMME FOR KIDS



EVERY SAT, 2.00PM - 4.00PM
12 LANES, SC (L1)

\$128.40 / month (Member) / \$171.20 / month (Guest)
Eligibility: 6 – 16 years old

Note: Lane fees and bowling shoes rental included



Chef's Specialty

MARCH

Angus Oxtail



Monday to Friday, 6.00pm to 9.00pm

Not available during PHs

\$27.90

APRIL

Black Vinegar Pork Hock

(served with one plate of rice)



Monday to Friday, 6.00pm to 9.00pm

Not available during PHs

\$8.90

Bringing Man Zhu Café To You

Great news! Man Zhu Café has launched its delivery service in February 2021.

For this pilot launch, delivery service will be available during lunch and dinner for the following locations:-

Ordering Timings

Lunch – 12.00pm to 2.15pm

Dinner – 6.00pm to 8.45pm

Locations

- Boon Keng
- Eunos
- Joo Chiat
- Kaki Bukit
- Kembangan
- Marina East
- Marine Parade
- Siglap
- Tanjong Rhu
- Ubi Avenue



Delivery fee starts from \$3 (excluding GST) with minimum order of \$20 is required.
To view the menu and place your order, simply:-

1. Visit the website at <https://take.ws/s/6596422698> or
2. Call Man Zhu Café at 6885 0230 or
3. WhatsApp to 9642 2698

When placing your order please input your membership number and the bill will be charged to your monthly Statement Of Account.

We look forward to your continued support. Thank you and Bon Appetite!



SUN	MON	TUE	WED	THU	FRI	SAT
	1 Latin / Standard Ballroom (For All Levels) Chinese Calligraphy Children's Ballet Hatha Yoga Pilates CSC-JTA Table Tennis Junior Training	2 Line Dance (Foundation) Line Dance (Beginner Intermediate) Gentle Yoga Pilates Taiji Neigong CSC-JTA Table Tennis Training For Adults CSC-JTA Table Tennis Junior Training CSC Bowling Academy COE Programme	3 Yang Style Taiji Quan Solo Latin Dance for Ladies Watercolour & Acrylic Painting CSC-JTA Table Tennis Junior Training	4 Total Body Conditioning Chinese Brush Painting Jump Fit Boots CSC-JTA Table Tennis Junior Training	5 Latin / Standard Ballroom (For All Levels) Children's Ballet K-pop X Fitness (Lite) Hatha Yoga Gentle Yoga	6 Solo Bachata (Beginners) Solo Salsa (Beginners) Wushu (Beginners) Children's Ballet Piloxing MBSR Gentle Yoga Pilates Jump Fit Boots Kpop Dance MTV Squash Youth Development Programme (Beginners / Intermediate) Bowling Learn-To-Play Programme For Kids CSC Bowling Academy COE Programme CSC-JTA Table Tennis Junior Training
7 Line Dance (Beginner Advanced) Line Dance (Advanced) Contemporary Dance (Beginners) Wushu (Beginners) Taiji Qigong Taekwondo Junior Training Programme Squash Youth Development Programme (Beginners / Intermediate) Squash Adult Group Training Programme (Beginners / Intermediate) CSC-JTA Table Tennis Junior Training	8 Latin / Standard Ballroom (For All Levels) Chinese Calligraphy Children's Ballet Hatha Yoga Pilates CSC-JTA Table Tennis Junior Training	9 Line Dance (Foundation) Line Dance (Beginner Intermediate) Gentle Yoga Pilates Taiji Neigong CSC-JTA Table Tennis Training For Adults CSC-JTA Table Tennis Junior Training CSC Bowling Academy COE Programme	10 Yang Style Taiji Quan Solo Latin Dance for Ladies Watercolour & Acrylic Painting CSC-JTA Table Tennis Junior Training	11 Total Body Conditioning Chinese Brush Painting Jump Fit Boots CSC-JTA Table Tennis Junior Training	12 Latin / Standard Ballroom (For All Levels) Children's Ballet K-pop X Fitness (Lite) Hatha Yoga Gentle Yoga	13 Solo Bachata (Beginners) Solo Salsa (Beginners) Wushu (Beginners) Children's Ballet Piloxing MBSR Gentle Yoga Pilates Jump Fit Boots Kpop Dance MTV Squash Youth Development Programme (Beginners / Intermediate) CSC Bowling Academy Centre Of Excellence (COE) Programme Bowling Learn-To-Play Programme For Kids CSC-JTA Table Tennis Junior Training
14 Line Dance (Beginner Advanced) Line Dance (Advanced) Contemporary Dance (Beginners) Jump Fit Boots Holiday Workshop Wushu (Beginners) Taiji Qigong Taekwondo Junior Training Programme Squash Youth Development Programme (Beginners / Intermediate) Squash Adult Group Training Programme (Beginners / Intermediate) CSC-JTA Table Tennis Junior Training	15 Latin / Standard Ballroom (For All Levels) Chinese Calligraphy Children's Ballet Hatha Yoga Pilates 4 Days Table Tennis Holiday Camp CSC-LJE Sports Junior Basketball Holiday Training Camp CSC Bowling Academy Centre Of Excellence (COE) Programme CSC-JTA Table Tennis Junior Training	16 Line Dance (Beginners) Line Dance (Beginner Intermediate) Paper Collage Gentle Yoga Pilates Taiji Neigong 4 Days Table Tennis Holiday Camp CSC-JTA Table Tennis Training For Adults CSC-LJE Sports Junior Basketball Holiday Training Camp CSC Bowling Academy Centre Of Excellence (COE) Programme CSC-JTA Table Tennis Junior Training	17 Cake Donuts (Hands-On For Kids) Yang Style Taiji Quan Solo Latin Dance for Ladies 4 Days Table Tennis Holiday Camp CSC-LJE Sports Junior Basketball Holiday Training Camp CSC-JTA Table Tennis Junior Training	18 Total Body Conditioning Chinese Brush Painting Jump Fit Boots 4 Days Table Tennis Holiday Camp Fun Squash For Adults, Youths & Children CSC-JTA Table Tennis Junior Training	19 Latin / Standard Ballroom (For All Levels) Wushu & Combat Kickboxing Bootcamp For Kids (Beginners) Newspaper Art (Parent & Child) Children's Ballet K-pop X Fitness (Lite) Hatha Yoga Gentle Yoga	20 Solo Bachata (Beginners) Solo Salsa (Beginners) Wushu (Beginners) Children's Ballet Piloxing MBSR Gentle Yoga Pilates Jump Fit Boots Kpop Dance MTV Squash Youth Development Programme (Beginners / Intermediate) CSC Bowling Academy Centre Of Excellence (COE) Programme Bowling Learn-To-Play Programme For Kids CSC-JTA Table Tennis Junior Training
21 Line Dance (Beginner Advanced) Line Dance (Advanced) Contemporary Dance (Beginners) Solo Bachata & Solo Salsa Dance Holiday Workshop Wushu (Beginners) Taiji Qigong Taekwondo Junior Training Programme Squash Youth Development Programme (Beginners / Intermediate) Squash Adult Group Training Programme (Beginners / Intermediate) CSC-JTA Table Tennis Junior Training	22 Latin / Standard Ballroom (For All Levels) Chinese Calligraphy Children's Ballet Hatha Yoga Pilates CSC-JTA Table Tennis Junior Training	23 Line Dance (Beginners) Line Dance (Beginner Intermediate) Gentle Yoga Pilates Taiji Neigong CSC-JTA Table Tennis Training For Adults CSC-JTA Table Tennis Junior Training CSC Bowling Academy COE Programme	24 Yang Style Taiji Quan Solo Latin Dance for Ladies Watercolour & Acrylic Painting CSC-JTA Table Tennis Junior Training	25 Total Body Conditioning Chinese Brush Painting Jump Fit Boots CSC-JTA Table Tennis Junior Training	26 Latin / Standard Ballroom (For All Levels) Children's Ballet K-pop X Fitness (Lite) Hatha Yoga Gentle Yoga	27 Solo Bachata (Beginners) Solo Salsa (Beginners) Wushu (Beginners) Children's Ballet Piloxing MBSR Gentle Yoga Pilates Jump Fit Boots Kpop Dance MTV Squash Youth Development Programme (Beginners / Intermediate) CSC Bowling Academy Centre Of Excellence (COE) Programme Bowling Learn-To-Play Programme For Kids CSC-JTA Table Tennis Junior Training
28 Line Dance (Beginner Advanced) Line Dance (Advanced) Contemporary Dance (Beginners) Wushu (Beginners) Taiji Qigong Taekwondo Junior Training Programme Squash Youth Development Programme (Beginners / Intermediate) Squash Adult Group Training Programme (Beginners / Intermediate) CSC-JTA Table Tennis Junior Training	29 Latin / Standard Ballroom (For All Levels) Chinese Calligraphy Children's Ballet Hatha Yoga Pilates CSC-JTA Table Tennis Junior Training	30 Line Dance (Beginners) Line Dance (Beginner Intermediate) Gentle Yoga Pilates Taiji Neigong CSC-JTA Table Tennis Training For Adults CSC-JTA Table Tennis Junior Training CSC Bowling Academy COE Programme	31 Charcoal And Soft Pastel Yang Style Taiji Quan Solo Latin Dance for Ladies CSC-JTA Table Tennis Junior Training			

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Total Body Conditioning Chinese Brush Painting Jump Fit Boots CSC-JTA Table Tennis Junior Training	2 Latin / Standard Ballroom (For All Levels) Children's Ballet K-pop X Fitness (Lite) Hatha Yoga Gentle Yoga	3 Solo Bachata (Beginners) Solo Salsa (Beginners) Wushu (Beginners) Children's Ballet Piloxing MBSR Gentle Yoga Pilates Jump Fit Boots Kpop Dance MTV Squash Youth Development Programme (Beginners / Intermediate) CSC Bowling Academy Centre Of Excellence (COE) Programme Bowling Learn-To-Play Programme For Kids CSC-JTA Table Tennis Junior Training
4 Contemporary Dance (Beginners) Wushu (Beginners) Taiji Qigong Purple Mont Blanc (Hands-On) Taekwondo Junior Training Programme Squash Youth Development Programme (Beginners / Intermediate) Squash Adult Group Training Programme (Beginners / Intermediate) CSC-JTA Table Tennis Junior Training	5 Latin / Standard Ballroom (For All Levels) Chinese Calligraphy Children's Ballet Hatha Yoga Pilates CSC-JTA Table Tennis Junior Training	6 Line Dance (Beginners) Line Dance (Beginner Intermediate) Gentle Yoga Pilates Taiji Neigong CSC-JTA Table Tennis Training For Adults CSC-JTA Table Tennis Junior Training CSC Bowling Academy Centre Of Excellence (COE) Programme	7 Charcoal And Soft Pastel Yang Style Taiji Quan Solo Latin Dance for Ladies CSC-JTA Table Tennis Junior Training	8 Chinese Brush Painting Total Body Conditioning Jump Fit Boots CSC-JTA Table Tennis Junior Training	9 Latin / Standard Ballroom (For All Levels) Children's Ballet K-pop X Fitness (Lite) Hatha Yoga Gentle Yoga	10 Solo Bachata (Beginners) Solo Salsa (Beginners) Wushu (Beginners) Children's Ballet Piloxing MBSR Gentle Yoga Pilates Jump Fit Boots Kpop Dance MTV Squash Youth Development Programme (Beginners / Intermediate) CSC Bowling Academy Centre Of Excellence (COE) Programme Bowling Learn-To-Play Programme For Kids CSC-JTA Table Tennis Junior Training
11 Line Dance (Beginner Advanced) Line Dance (Advanced) Contemporary Dance (Beginners) Wushu (Beginners) Taiji Qigong Taekwondo Junior Training Programme Squash Youth Development Programme (Beginners / Intermediate) Squash Adult Group Training Programme (Beginners / Intermediate) CSC-JTA Table Tennis Junior Training	12 Latin / Standard Ballroom (For All Levels) Chinese Calligraphy Children's Ballet Hatha Yoga Pilates CSC-JTA Table Tennis Junior Training	13 Line Dance (Beginners) Line Dance (Beginner Intermediate) Gentle Yoga Pilates Taiji Neigong CSC-JTA Table Tennis Training For Adults CSC-JTA Table Tennis Junior Training CSC Bowling Academy COE Programme	14 Charcoal And Soft Pastel Yang Style Taiji Quan Solo Latin Dance for Ladies CSC-JTA Table Tennis Junior Training	15 Chinese Brush Painting Total Body Conditioning Jump Fit Boots CSC-JTA Table Tennis Junior Training	16 Latin / Standard Ballroom (For All Levels) Children's Ballet K-pop X Fitness (Lite) Hatha Yoga Gentle Yoga	17 Solo Bachata (Beginners) Solo Salsa (Beginners) Wushu (Beginners) Children's Ballet Piloxing MBSR Gentle Yoga Pilates Jump Fit Boots Kpop Dance MTV Squash Youth Development Programme (Beginners / Intermediate) CSC Bowling Academy Centre Of Excellence (COE) Programme Bowling Learn-To-Play Programme For Kids CSC-JTA Table Tennis Junior Training
18 Line Dance (Beginner Advanced) Line Dance (Advanced) Contemporary Dance (Beginners) Wushu (Beginners) Taiji Qigong Taekwondo Junior Training Programme Squash Youth Development Programme (Beginners / Intermediate) Squash Adult Group Training Programme (Beginners / Intermediate) CSC-JTA Table Tennis Junior Training	19 Latin / Standard Ballroom (For All Levels) Chinese Calligraphy Children's Ballet Hatha Yoga Pilates CSC-JTA Table Tennis Junior Training	20 Line Dance (Beginners) Line Dance (Beginner Intermediate) Gentle Yoga Pilates Taiji Neigong CSC-JTA Table Tennis Training For Adults CSC-JTA Table Tennis Junior Training CSC Bowling Academy COE Programme	21 Solo Latin Dance For Ladies Charcoal And Soft Pastel Yang Style Taiji Quan CSC-JTA Table Tennis Junior Training	22 Total Body Conditioning Chinese Brush Painting Jump Fit Boots CSC-JTA Table Tennis Junior Training	23 Latin / Standard Ballroom (For All Levels) Children's Ballet K-pop X Fitness (Lite) Hatha Yoga Gentle Yoga	24 Solo Bachata (Beginners) Solo Salsa (Beginners) Wushu (Beginners) Children's Ballet Piloxing MBSR Gentle Yoga Pilates Jump Fit Boots Kpop Dance MTV Squash Youth Development Programme (Beginners / Intermediate) CSC Bowling Academy Centre Of Excellence (COE) Programme Bowling Learn-To-Play Programme For Kids CSC-JTA Table Tennis Junior Training
25 Line Dance (Beginner Advanced) Line Dance (Advanced) Contemporary Dance (Beginners) Wushu (Beginners) Taiji Qigong Taekwondo Junior Training Programme Squash Youth Development Programme (Beginners / Intermediate) Squash Adult Group Training Programme (Beginners / Intermediate) CSC-JTA Table Tennis Junior Training	26 Latin / Standard Ballroom (For All Levels) Chinese Calligraphy Children's Ballet Hatha Yoga Pilates CSC-JTA Table Tennis Junior Training	27 Line Dance (Beginners) Line Dance (Beginner Intermediate) Gentle Yoga Pilates Taiji Neigong CSC-JTA Table Tennis Training For Adults CSC-JTA Table Tennis Junior Training CSC Bowling Academy Centre Of Excellence (COE) Programme	28 Solo Latin Dance For Ladies Pencil Portrait Shading Yang Style Taiji Quan CSC-JTA Table Tennis Junior Training	29 Jump Fit Boots Chinese Brush Painting Total Body Conditioning CSC-JTA Table Tennis Junior Training	30 Latin / Standard Ballroom (For All Levels) Children's Ballet K-pop X Fitness (Lite) Hatha Yoga Gentle Yoga	

Your CSC Membership has its privileges - connecting you to a network of more than 50 clubs and hotels in various countries.

RECIPROCAL CLUBS

Cambodia

Cambodian Country Club
Tel: +855 23 6188 5591
www.cambodian-country-club.com

China

Ambassy Club, Shanghai
Tel: +86 21 6437 9800
www.ambassyclub.com.cn

Ambassy Club, Pudong
Tel: +86 21 5198 3688
www.ambassyclubmanagement.com/en/top/about_pudong

Shanghai Town & Country Club
Tel: +86 21 8025 8666
www.ddi-tcc.com

Tianjin Goldin Metropolitan
Polo Club
Tel: +86 22 8372 8888
www.goldinmetropolitanhotel.com

Hong Kong

United Services Recreation Club, Kowloon
Tel: +852 3966 8600
www.usrc.org.hk

Korea

The Seoul Club, Seoul
Tel: +82 2 2238 7666
www.seoulclub.org

Malaysia

Chinese Swimming Club, Penang
Tel: +6 04 899 0813
www.cscpg.com

Ipoh Swimming Club, Ipoh
Tel: +6 05 253 1706

Kulim Club, Kedah
Tel: +6 04 490 6054

Penang Club, Penang
Tel: +6 04 227 7366 / +6 04 229 3484
www.penangclub.net

Penang Sports Club, Penang
Tel: +6 04 229 7834
www.pgssportsclub.com.my

Sunway Lagoon Club, KL
Tel: +6 03 5639 8600
www.sunway.com.my

Philippines

Makati Sports Club, Manila
Tel: +63 2 817 8731
www.makatisportsclub.com

Singapore

One° 15 Marina Club
Tel: +65 6305 6988
www.one15marina.com

Singapore Swimming Club **NEW**
Tel: +65 6342 3600 / 3697 / 3698
www.sswimclub.org.sg

Sri Lanka

Colombo Swimming Club
Tel: +94 11 242 1645
www.colomboswimmingclub.org

Taiwan

American Club, Taipei
Tel: +886 2 2885 8260
www.americanclub.org.tw

Thailand

The Royal Bangkok Sports Club, BKK
Tel: +66 2 652 5000
www.rbsc.org

The British Club, BKK
Tel: +66 2 234 0247
www.britishclubbangkok.org

CORPORATE MEMBERSHIP

Johor Bahru

Ponderosa Golf & Country Club & Impian Emas
Tel: +60 7 354 9999
www.ponderosagolf.com

AFFILIATE CLUBS

China

Mission Hills Golf Club, Shenzhen
Tel: + 86 755 2802 0888
www.missionhillschina.com

Indonesia

Indah Puri Golf Resort, Batam
Tel: + 65 6270 0533
www.indahpuri.com

Lagoon Resort, Bintan
Tel: +65 6223 3223
www.bintanlagoon.com

Laguna Golf, Bintan
Tel: +62 770 693 188
www.lagunagolf.com

Modern Golf & Country Club, Tangerang
Tel: +62 21 552 9228
www.moderngolf.co.id

Nongsa Resorts, Batam
Tel: +62 778 761080
www.nongsaresorts.com

Palm Springs Golf and Country Club, Batam
Tel: +62 77 876 1222
www.palmsprings.com.sg

Ria Bintan Golf Club, Bintan
Tel: +65 6546 7555
www.riabintan.com

Riverside Golf Club, Bogor
Tel: +62 21 867 1533
www.riverside-golf.com

Southlinks Country Club, Batam
Tel: +62 77 832 4128
www.southlinksgolf.com

Tering Bay Golf Club, Batam
Tel: +62 770 693 188
www.teringbay.com.sg

Malaysia

IOI Palm Villa Golf and Country Resort, Johor
Tel: +607 599 9099
www.palmvilla.com.my

Palm Garden Golf Club
Tel: +6 03 82136333
www.palmgarden.net.my

Palm Resort Golf & Country Club, Johor
Tel: +6 07 599 2000
www.palmresort.com

Sutera Harbour Resort, Kota Kinabalu
Tel: +6 08 831 8888
www.suteraharbour.com

Tiara Melaka Golf & Country Club, Malacca
Tel: +6 06 231 1111
www.lion.com.my

The Els Club, Desaru Coast, Johor
Tel: +6 07 8780000
www.elsclubmalaysia.com

Singapore

Keppel Club
Tel: +65 6375 5567
www.keppelclub.com.sg

Sembawang Country Club
Tel: +65 6257 0642
www.sembawanggolf.org.sg

Warren Golf & Country Club
Tel: +65 6586 1245
www.warren.org.sg

Vietnam

Song Be Golf Resort, Ho Chi Minh City
Tel: +84 274 3755 802
www.songbegolf.com

HOTELS

Bangkok

Hotel Novotel (Siam Square)
Tel: +66 2 255 2444
www.novotelbkk.com

Indonesia

Crown Vista Hotel, Batam
Tel: +62 811 700 6246
www.crownvista-hotel.com

Montigo Resorts, Nongsa, Batam
Tel: +62 778 776 8888
www.montigoresorts.com

89 Hotel, Batam
Tel: +62 778 433789
www.89hotel.com

Kuala Lumpur

Holiday Villa Subang, KL
Tel: +6 03 5633 8788
www.holidayvillahotels.com

Kulai

Corsica Hotel
Tel: +6 07 660 0011
www.corsicahotelkulai.com.my

Malacca

Holiday Inn Melaka
Tel: +6 06 285 9000
www.holidayinnmelaka.com

Penang

Eastern & Oriental Hotel
Tel: +6 04 222 2000
www.eohotels.com

Evergreen Laurel Hotel
Tel: +6 01 6226 0881
www.evergreen-hotels.com

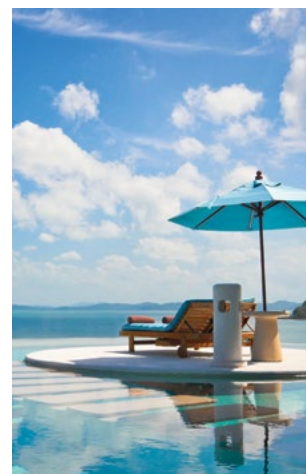
G Hotel Gurney
Tel: +6 04 238 0000
www.ghotel.com.my

G Hotel Kelawai
Tel: +6 04 219 0000
www.ghotel.com.my

Olive Tree Hotel
Tel: +6 04 637 7777
www.olivetreehotel.com.my

Singapore

Amara Sanctuary Resort
Tel: +65 6825 3888
www.amarasanctuary.com



Application / Booking Procedures

Reciprocal Clubs and Affiliation Clubs: Members are required to approach Front Office for either booking of golf flights or to request for an introduction letter at least one working day in advance. Changli golf club is an exception, members can call them directly for booking of golf games.

Hotel Reservations: Members are required to book directly with the respective hotels.

We would like to seek your co-operation against "no show" at the premises after the introduction letter has been issued as it is in good faith that the privileges have been extended to us.

Email: Reception@chineseswimmingclub.org.sg

Tel: 6885 0688

www.chineseswimmingclub.org.sg



"Providing diverse opportunities for your child to discover themselves, perform and build resilience."



MARCH HOLIDAY DANCE CAMP!

\$70

**15, 17 & 19
March 2021**

9AM, 1PM, 7PM

03-00, Recreational Complex
Chinese Swimming Club,
34 Amber Road S439870



WHATSAPP +65 8933 1519
THEDANCESPORTACADEMY.COM



@THEDANCESPORTACADEMY

- For Kids: Ages 3 to 8
- Juveniles: Ages 9 to 12
- Youths: Ages 13 to 17
- Team TDA

北京鴨 Peking Duck



Fu Lin Men
CANTONESE DINING

Open to the Public
Free Parking Coupon
Level 3, Chinese Swimming Club
Phone : 6282 0810

30% OFF
\$54.6⁺⁺

usual price \$78⁺⁺

*All prices subjected to 10% Service Charge (waived for CSC members) and 7% GST.
*All photos are meant for reference only. Presentation of dish may vary without prior notice.
*Not valid in conjunction with any other promotion, special offer, discount, voucher and/or coupon.
*Passion Group reserves all rights for final decision.

CLUB'S MAIN LINE : 6345 1221 or 6885 0688

GENERAL FEEDBACK :

feedback@chineseswimmingclub.org.sg

*For information pertaining to the following areas,
please call the DID phone numbers of the staff-in-charge.*

• PUBLICATION TEAM

EDITORIAL ADVISOR
PETER GOH

EDITOR
JOAN TAY

WRITER
VIVIAN CHUA
MARIAH QUBTIAH

DESIGNERS
AW PING PING
MELLY YONG

TRANSLATOR
RYAN TEO

• MEMBERSHIP

MEMBERSHIP ENQUIRIES
membership@chineseswimmingclub.org.sg

JACQUELINE ONG
Senior Membership Relations Executive
Membership Matters
6885 0656 / Jacqueline_Ong@chineseswimmingclub.org.sg

BENJAMIN LIM
Assistant Duty Manager
Regional Networking / Corporate Golf / Booking /
Affiliates / Reciprocal Arrangements
6345 1221 / Reception@chineseswimmingclub.org.sg

• FINANCE

PHILIP PHUA
Accounts Assistant
Statement of Accounts / Overdue Subscriptions Payment
6885 0685 / Finance@chineseswimmingclub.org.sg

• FOOD & BEVERAGE

JEFFREY LAW
F&B Executive
Three Bars
ext. 742 / 3bars@chineseswimmingclub.org.sg

STEVEN CHEW
Outlet Manager
Man Zhu Café
6885 0230 / Steven_Chow@chineseswimmingclub.org.sg

JANICE LIM
Senior F&B Administrator
F&B Events & Catering
6885 0697 / fnb_events@chineseswimmingclub.org.sg

• CONTRIBUTORS

SPORTS & LIFESTYLE

LAM JICK SERN
TAN WAN LING
DEZI TAN
JORDAN TAN
MICHELLE LEE
WENDY TAN

FOOD & BEVERAGE

JANICE LIM
STEVEN CHEW

SWIMMING

JORDAN TAN



• SWIMMING

SWIMMING ENQUIRIES
6885 0672 / Swim_CSC@chineseswimmingclub.org.sg

LYUINA LEE
Assistant Swimming Manager

HELMY ALI
Swimming Programme Executive

• SPORTS & LIFESTYLE

LAM JICK SERN
Sports Manager
Bowling
6885 0675 / JickSern_Lam@chineseswimmingclub.org.sg

TAN WAN LING
Assistant Manager, Lifestyle
Dance / Squash
6885 0653 / WanLing_Tan@chineseswimmingclub.org.sg

DARELD TAN
Programme Executive
Badminton
68850673 / Dareld_Tan@chineseswimmingclub.org.sg

DEZI TAN
Programme Executive
Flex / Running / Water Polo
6885 0671 / Dezi_Tan@chineseswimmingclub.org.sg

JORDAN TAN
Programme Executive
Tennis / Youth & Family
6885 0676 / Jordan_Tan@chineseswimmingclub.org.sg

MICHELLE LEE
Programme Executive
Billiards & Snooker / Contract Bridge / Golf / Taekwondo
6885 0674 / Michelle_Lee@chineseswimmingclub.org.sg

WENDY TAN
Programme Executive
Exercise & Leisure / Ladies / Basketball / Table Tennis
6885 0654 / Wendy_Tan@chineseswimmingclub.org.sg

FITNESS INSTRUCTORS
ext. 749 / CSC_Flex@chineseswimmingclub.org.sg

• SPORTS RECEPTION

Booking of Sports Facilities / 6885 0677
Booking of Bowling Lanes / ext. 745

RECEPTION COUNTERS

Front Office @ AP
Daily 8.30am to 10.00pm
Sports Reception @ SC
Daily 7.00am to 10.00pm

MAN ZHU CAFÉ

Mon to Thu 12.00pm to 9.30pm
Fri 11.30am to 9.30pm
Sat 8.30am to 9.30pm
Sun, Eve of PH & PH 8.30am* to 9.30pm
(Last order is 30 minutes before closing)

* Operation hours may be subject to changes prior notice

3 BARS

Daily 12.00pm to 10.00pm

MINGLE@AMBER

Daily 8.00am to 8.00pm

KTV ROOMS

Non-band performing nights 3.00pm to 11.00pm
Nights with band performances 3.00pm to 12.00am
Room Charges
Mando Room (10 pax)
Weekday - \$15 per hour
Weekend & PH - \$25 per hour
Canto Room (15 pax)
Fri, Sat, Sun & PH 6.00pm onwards - \$35 per hour

BADMINTON COURTS (+)

Daily 7.00am to 10.00pm
Off-Peak
Mon to Fri 7.00am to 6.00pm
Sat 7.00am to 3.00pm
\$7.49 per court per hour
Peak
Mon to Fri 6.00pm to 10.00pm
Sat 3.00pm to 10.00pm
PH Whole Day
\$9.63 per court per hour
Members' Day
Sun Whole day
\$6.42 per court per hour
Closure For Club Team Training
Mon & Fri 7.00pm to 10.00pm (6 Courts)
Closure For Junior Training
Mon to Fri (except Thu) 3.00pm to 5.00pm (6 Courts)
Tue 6.00pm to 9.00pm (3 Courts)
Sat 8.00am to 2.00pm (3 – 6 Courts)
Sun 12.00pm to 5.00pm (3 – 7 Courts)

BILLIARDS & SNOOKER LOUNGE

Daily 2.00pm to 10.00pm
Off-Peak
Mon to Fri 2.00pm to 6.00pm
Sat 2.00pm to 3.00pm
\$4.28 per table per hour
Peak
Mon to Fri 6.00pm to 10.00pm
Sat 3.00pm to 10.00pm
Sun & PH Whole Day
\$5.35 per table per hour
Closure for Section Training
Fri 6.00pm - 10.00pm

12 LANES

Mon to Thu 12.00pm to 11.00pm
Fri & Eve of PH 12.00pm to 1.00am
Sat & PH 10.00am to 1.00am
Sun 10.00am to 11.00pm
Off-Peak
Mon to Fri & Eve of PH 12.00pm to 6.00pm
Peak
Mon to Thu 6.00pm to 11.00pm
Fri & Eve of PH 6.00pm to 1.00am
Sat, Sun & PH Whole Day
Charges (Nett) Per Game
Ordinary / Associate / Term Member/ Sports (Adult)
\$3.10 (Peak), \$2.30 (Non Peak) per game
Junior / Junior Term Member
\$2.50 (Peak), \$2.00 (Non Peak) per game
Member's Guest
\$3.70 (Peak), \$3.00 (Non Peak) per game

Social Member
\$4.20 (Peak), \$3.30 (Non Peak) per game

SQUASH COURTS (+)

Daily 7.00am to 10.00pm
Off-Peak
Mon to Fri 7.00am to 6.00pm
Sat 7.00am to 3.00pm
Sun 7.00am to 10.00pm
\$4.28 per court per hour
Peak Period
Mon to Fri 6.00pm to 10.00pm
Sat 3.00pm to 10.00pm
PH Whole Day
\$5.35 per court per hour
Closure for Section Training (All courts)
Mon, Wed & Fri 7.00pm to 10.00pm
Closure for ZAESA Squash Youth Development Programme (All courts)
Sat 4.00pm to 6.00pm
Sun 1.00pm to 3.00pm
Closure for ZAESA Squash Adult Group Training Programme (All courts)
Sun 3.00pm to 5.00pm

TABLE TENNIS ROOM @ SC (+)

Daily 7.00am to 10.00pm
Off-Peak
Mon to Fri 7.00am to 6.00pm
\$3.21 per table per hour
Peak
Mon to Fri 6.00pm to 10.00pm
Sat, Sun & PH Whole day
\$5.35 per table per hour
Closure for Section Training
Every Mon 5.00pm to 10.00pm (3 Tables)
Every Tue 6.00pm to 9.00pm (3 Tables) & 9.00pm to 10.00pm (2 Tables)
Every Thu 6.00pm to 10.00pm (3 Tables)
Every Fri 5.00pm to 9.00pm (3 Tables) & 9.00pm to 10.00pm (2 Tables)
Closure for CSC-JTA Table Tennis Training
Mon 3.00pm to 5.00pm (Table 1 - 2)
Tue 3.00pm to 6.00pm (Table 1 - 2)
Wed 3.00pm to 7.00pm (Table 1 - 2)
Thu 3.00pm to 6.00pm (Table 1 - 2)
Sat 10.00am to 12.00pm & 1.00pm to 6.00pm (Table 1 - 2)
Sun 10.00am to 4.00pm (Table 1 - 2)

SWIMMING POOL @ RC

Daily 6.00am to 9.00pm
Social Swimming
Mon 6.00am to 10.00am & 4.00pm to 9.00pm
Tue to Sun 6.00am to 9.00pm
3 Lanes Closure for Swimming Training (Lanes 3, 5, 7)
Mon, Wed & Fri 4.00pm to 7.30pm

COMPETITION POOL @ SC

Daily 6.00am to 9.00pm
Pool Closure For Swimming Training (Whole pool)
Mon 5.30am to 8.00pm
Tue & Thu 4.00pm to 8.00pm
Wed & Fri 5.30am to 8.00am & 4.00pm to 8.00pm
Sat 6.00am to 10.30am & 4.00pm to 6.00pm

BEGINNERS' POOL @ SC

Daily 7.00am to 9.00pm
Pool Closure for Learn To Swim Programme
Tue to Fri 1.00pm to 6.00pm
Sat & Sun 7.00am to 4.00pm
Pool Closure for Flippa Training
Sat 6.15pm to 7.30pm

FUN POOL @ SC

Wed to Sun, PH & Sch Holidays
10.00am to 3.00pm & 4.00pm to 8.00pm

WATER POLO POOL @ SC

For Competent Swimmers only
Pool Closure for Water Polo Training
Mon & Wed 6.15pm to 8.15pm
Fri 7.30pm to 9.30pm

Sat 6.15pm to 9.15pm
Sun 12.30pm to 3.00pm
Pool Closure for Swimming Training
(Same closure timing as Competition Pool)
Pool Closure for Artistic Swimming Training
Thu 3.00pm to 4.30pm
Sun 4.00pm to 5.30pm
Pool Closure for Maintenance @ RC and SC
Mon 10.00am to 4.00pm
(If PH falls on a Mon, maintenance will be carried out the next working day)

FLEX GYM

Mon to Fri 6.30am to 10.00pm
Sat & Sun 7.00am to 9.00pm
PH 7.00am to 8.00pm
Peak
Mon to Fri 6.30am to 11.00am / 5.00pm to 10.00pm
Sat, Sun & PH Whole Day
Charges
Section Membership (Unlimited Use)
Ordinary / Corporate / Associate / Term / Spouse / Spouse Term / Junior / Junior Term / Sports (per member)
@ \$16.05 per month
Senior Members (60yrs & above)
Ordinary / Associate / Spouse Member
@ \$8.56 per month
*Family Package 1 (2 members)
@ \$21.40 per month
*Family Package 2 (3 to 4 members)
@ \$26.75 per month
*Family Package 3 (5 members & above)
@ \$32.10 per month
Walk-in / Per Entry
Ordinary / Corporate / Associate / Term / Spouse / Spouse Term / Junior / Junior Term / Sports (per member)
@ \$8.56 (Peak) / \$5.35 (Off-Peak)
Senior Members (60yrs & above)
Ordinary / Associate / Spouse Member
@ \$5.35 (Peak) / \$3.21 (Off-Peak)
Social Member (Off-Peak only)
@ \$21.40 per hour
Guest @ \$16.05 (Peak) / \$10.70 (Off-Peak) + Prevailing General Guest Fee

TENNIS COURTS @ SC (+)

Daily 7.00am to 10.00pm
Off-Peak
Mon to Fri 7.00am to 6.00pm
\$4.28 per court per hour
Peak
Mon to Fri 6.00pm to 10.00pm
Sat, Sun & PH Whole day
\$6.42 per court per hour
Closure For Section Training
Mon 5.00pm to 8.00pm (2 Courts)
Wed 5.00pm to 8.00pm (3 Courts)
Sat 3.00pm to 5.00pm (Club Training - 3 Courts)
5.00pm to 8.00pm (Section Training - 3 Courts)
Closure for TAG Tennis Junior Programme
Fri 4.00pm to 9.00pm (2 - 3 Courts)
Sat 8.00am to 11.00am (2 Courts)
Sun 3.00pm to 8.00pm (2 - 3 Courts)

BASKETBALL COURT

Daily 7.00am to 10.00pm
Closure for TAG Junior Programme
Fri 5.00pm to 8.00pm
Sun 5.00pm to 7.00pm
Closure for Junior Basketball Training Programme
Sat 8.00am to 10.30am
Sun 8.00am to 10.30am

JOY LUCK COVE

Mon to Sun (Inclusive of PH & Eve of PH)
10.00am to 11.00pm

GAMES & RECREATION ROOM

Fri, Sat & Eve of PH 1.00pm to 10.00pm
Sun, Mon to Thu 1.00pm to 9.00pm
\$5.35 per table per hour

Note:

SC – Sports Complex RC – Recreation Complex AP – Arrival Pavilion

+ Bookings can be made at the Sports Reception (SC) up to seven days in advance on a first-come-first-served basis. There shall be no advance booking for Members' Day (Sun).

MEMBER-GET-MEMBER SCHEME

Recommend friends & associates and
be incentivised with CSC credits.

REFER NOW & GET REWARDED

FOR REFERRER

\$300
spending credits

FOR REFEREE

\$700
spending credits
+

\$300
F&B vouchers

**Credits only applicable upon the prospective member
purchasing **Ordinary/Associate Membership**.
Other Terms & Conditions apply.*



2 YEARS TERM MEMBERSHIP

JOIN US NOW AND BE REWARDED WITH \$300 F&B VOUCHERS!

Experience our exclusive club privileges with our term membership. An array of sporting and leisure Club facilities and great gastronomic experience await you. Call us to arrange for a personalised Club tour today.



For more information, please contact the Membership Team at
membership@chineseswimmingclub.org.sg or call 6345 1221 or 6885 0652/7.