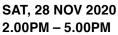
LIFESTYLE PROGRAMMES



ART / CRAFT

COFFEE PAINTING ART AT MINGLE

Savour a slice of cake complement with a cup of aromatic hot/iced coffee and enjoy a lovely afternoon with James Lim for an introduction to coffee painting art at Chinese Swimming Club's cosy café.



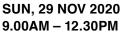
MINGLE@AMBER, AP (L1) \$82.93 (MEMBER) / \$89.62* (GUEST) MAX. 5 PAX / 13 YEARS OLD & ABOVE

Note: 1 slice of cake and 1 cup of hot/iced coffee included with

all art materials provided. Photo is for illustration purpose.

POP-UP ART WORKSHOP (CHRISTMAS THEME)

Learn sketching, watercolouring and creating the pop-up effect in this 3-in-1 art workshop. Make a great handmade gift for your family and friends.



MULTI-PURPOSE ROOM, SC (L2) \$128.40 (MEMBER) / \$133.75* (GUEST) MAX. 5 PAX / 13 YEARS OLD & ABOVE

Note: A full set of the art materials will be provided and can be brought home with 1 pop-up artwork. Photo is for illustration purpose.

PAPER QUILLING (CHILD ONLY)

Engage your child eye-hand coordination and creativity to create a Christmas card using paper quilling. Sign up by 9 Dec 2020 to enjoy 12% early bird discount.

MON, 21 DEC 2020 10.00AM - 12.00PM

ACTIVITY SUITE, SC (L3) \$37.45 (MEMBER) / \$48.15* (GUEST) MIN. 5 PAX & MAX. 10 PAX

7 YEARS & ABOVE

Registration closing date: 16 Dec 2020

SEW A CHRISTMAS WREATH (CHILD ONLY)

A fun way to introduce your child to basic hand sewing. Sign up by 9 Dec 2020 to enjoy 10% early bird discount.

MON, 21 DEC 2020 2.30PM - 4.30PM

ACTIVITY SUITE, SC (L3) \$48.15 (MEMBER) / \$58.85* (GUEST) MIN. 5 PAX & MAX. 10 PAX

7 YEARS OLD & ABOVE

Registration closing date: 16 Dec 2020











SCENTED CANDLE MAKING (PARENT & CHILD)

Bring home a candle holder with pure soy wax, a box and 4 complimentary tea light candles. Sign up by 8 Dec 2020 to enjoy 5% early bird discount.



TUES, 22 DEC 2020 / 10.00AM - 11.30AM

MULTI-PURPOSE ROOM, SC (L2) \$115.56 PER PAIR (MEMBER) / \$126.26* PER PAIR (GUEST)

MIN. 5 PAIRS & MAX. 6 PAIRS / 7 - 12 YEARS OLD

Registration closing date: 11 Dec 2020

GLASS JAR DECOUPAGE (PARENT & CHILD)

Have fun decorating a glass jar with paper cut-out which can be used as a gift or keep for yourself. Sign up by 16 Dec 2020 to enjoy 8% early bird discount.

MON, 28 DEC 2020 2.00PM - 5.00PM

ACTIVITY SUITE, SC (L3) \$72.76 (MEMBER) / \$83.46* (GUEST) MIN. 5 PAIRS & MAX. 6 PAIRS CHILD AGE 6 YEARS & ABOVE Registration closing date: 22 Dec 2020



DANCE

CONTEMPORARY DANCE HOLIDAY WORKSHOP

FRI, 27 NOV & 4 DEC 2020

7 - 9 YEARS OLD: 11.45AM - 12.45PM 10 - 13 YEARS OLD: 1.00PM - 2.00PM 14 YEARS OLD & ABOVE: 2.15PM - 3.15PM

ACTIVITY SUITE, SC (L3)

\$40.13 (MEMBER) / \$46.55* (GUEST) MAX. 10 PAX PER CLASS

SUN, 22 & 29 NOV 2020

7 - 9 YEARS OLD: 4.45PM - 5.45PM 10 - 13 YEARS OLD: 6.00PM - 7.00PM

MULTI-PURPOSE ROOM, SC (L2) \$40.13 (MEMBER) / \$50.83* (GUEST)

MAX. 10 PAX PER CLASS

K-POP & HIP HOP DANCE HOLIDAY WORKSHOP SUN. 6 DEC 2020 / 9.30AM - 11.45AM

MULTI-PURPOSE ROOM, SC (L2) \$37.45 (MEMBER) / \$42.80* (GUEST) MAX. 10 PAX / 7 - 12 YEARS OLD

TIME	PROGRAMME
9.30am	K-Pop
10.30am	Break
10.45am	Нір Нор
11.45am	Home Sweet Home

Note: No snacks and beverages will be provided during break. Priority will be given to CSC members. Programme is subject to changes due to unforseen circumstances.

LIFESTYLE PROGRAMMES



EXERCISE

FITNESS CAMP (PARENT & CHILD)

Bond with your child in this Yoga and K-Pop X Fitness session with a 10mins break. Sign up by 22 Nov 2020 to enjoy 8% early bird discount.

THU, 3 DEC 2020 / 10.00AM - 12.00PM

ACTIVITY SUITE, SC (L3)

\$112.35 PER PAIR (MEMBER) / \$123.05* PER PAIR (GUEST)

MIN. 4 PAIRS & MAX. 6 PAIRS

CHILD AGE 4 – 12 YEARS OLD Registration closing date: 29 Nov 2020

KIDS YOGA – 4 SESSIONS

THU, 10, 17, 24, 31 DEC 2020

9.00AM - 10.00AM (FOR 4 - 6 YEARS OLD)

10.15AM - 11.15AM (FOR 7 - 12 YEARS OLD)

ACTIVITY SUITE, SC (L3)

\$171.20 (MEMBER) / \$181.90* (GUEST)

MIN. 4 PAX & MAX. 6 PAX

K-POP X FITNESS FOR KIDS - 4 SESSIONS

THU, 10, 17, 24, 31 DEC 2020

11.30AM - 12.20PM

ACTIVITY SUITE, SC (L3)

\$80.25 (MEMBER) / \$90.95* (GUEST)

MIN. 4 PAX & MAX. 6 PAX

7 YEARS OLD & ABOVE

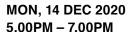
FESTIVE CULINARY

MASTERCLASSES WITH CHEF TIM (LIVE VIA ZOOM)

Choose between packages with or without Chef Box ingredients. Ingredients may change, subject to availability

CHRISTMAS I

Roast Boneless Leg of Lamb with Mint Gravy, Smashed Potato Salad and Red Cabbage Stew



FEE INCLUSIVE OF CHEF BOX:

\$140.44 (MEMBER) / \$168.53* (GUEST)

FEE EXCLUDING OF CHEF BOX:

\$33.44 (MEMBER) / \$40.13* (GUEST)

MIN. 8 PAX

Closing Date: Wed, 9 Dec 2020

CHRISTMAS II

Whole Roasted Sea Bass with Lemon Beurre Blanc and Roasted Baby Potatoes

SUN, 20 DEC 2020 5.00PM - 7.00PM

FEE INCLUSIVE OF CHEF BOX:

\$140.44 (MEMBER) / \$168.53* (GUEST)

FEE EXCLUDING OF CHEF BOX:

\$33.44 (MEMBER) / \$40.13* (GUEST)

MIN. 8 PAX

Closing Date: Tue, 15 Dec 2020

MUSIC

DJEMBE INTRODUCTORY WORKSHOP

Get initiated on traditional drumming technique and rhythm logic from the Mandingue culture of West Africa.

MON, 23 NOV 2020 / 1.00PM – 2.30PM SAT, 28 NOV 2020 / 8.00PM – 9.30PM

ACTIVITY SUITE, SC (L3)

\$64.20 (MEMBER) / \$69.55* (GUEST)

MAX. 10 PAX PER CLASS / 13 YEARS OLD & ABOVE

DISCOVER THE MAGIC OF HARP

Join us in this workshop where harp director and concert harpist – Katryna Tan will introduce you to this beautiful instrument. Harp will be provided. Students will receive learning notes, Certificate of Attendance and video of "mini performance" at end of workshop. Students to bring a nice dress (for girls) or shirt and pants (for boys) for the "Mini Performance". Sign up by 22 Nov 2020 to enjoy 5% early bird discount off the rates.

LATTICE SUITE, RC (L3)

MIN. 6 PAX & MAX. 7 PAX

CHILDREN WORKSHOP

WED 9 DEC 2020 / 9.30AM - 12.30PM

\$192.60 (MEMBER) / \$203.30* (GUEST)
ACCOMPANYING PARENT: \$96.30 PER PERSON
(AS OBSERVER) / CHILD AGE 4 YEARS & ABOVE

ADULT WORKSHOP

WED 9 DEC 2020 / 2.30PM - 5.30PM

\$192.60 (MEMBER) / \$203.30* (GUEST)
Registration closing date: 3 Dec 2020

YOUTH & FAMILY

COMBAT KICKBOXING & SELF-DEFENSE FOR YOUTH – 4 SESSIONS

For beginners.

FRI, 27 NOV, 4, 11, 18 DEC 2020 / 9.00AM - 10.00AM

MULTI-PURPOSE ROOM, SC (L2)

\$160.50 (MEMBER) / \$173.34* (GUEST)

MAX. 5 PAX / 13 - 20 YEARS OLD

COMBAT KICKBOXING FOR KIDS – 4 SESSIONS For beginners.

FRI, 27 NOV, 4, 11, 18 DEC 2020 / 10.15AM - 11.15AM

MULTI-PURPOSE ROOM, SC (L2)

\$160.50 (MEMBER) / \$173.34* (GUEST)

MAX. 5 PAX / 6 - 12 YEARS OLD

八极拳 BAJIQUAN WUSHU BOOTCAMP FOR KIDS – 4 SESSIONS

For beginners.

FRI, 27 NOV, 4, 11, 18 DEC 2020 / 11.30AM - 12.30PM

MULTI-PURPOSE ROOM, SC (L2)

\$160.50 (MEMBER) / \$173.34* (GUEST)

MAX. 5 PAX / 6 – 12 YEARS OLD

UPCOMING LIFESTYLE ACTIVITY REGISTRATION FORM Name Email Membership No. Contact No. Name of Attendees (Member/Guest) (Member/Guest) I hereby give my acknowledgement and consent to the Chinese Swimming Club to use my personal data for the aforesaid purposes. LIFESTYLE ACTIVITIES (Nov'20 - Dec'20) -Please tick or indicate preferred time slot accordingly K-POP & HIP HOP DANCE HOLIDAY WORKSHOP **DJEMBE INTRODUCTORY WORKSHOP** Sun, 6 Dec'20, 9.30am - 11.45am ■ Mon, 23 Nov'20, 1.00pm – 2.30pm ☐ Sat, 28 Nov'20, 8.00pm - 9.30pm **DISCOVER THE MAGIC OF HARP** Children Workshop: Wed, 9 Dec'20, 9.30am – 12.30pm **COMBAT KICKBOXING & SELF-DEFENSE FOR YOUTH** ☐ Adult Workshop: Wed, 9 Dec'20, 2.30pm – 5.30pm Fri, 27 Nov, 4, 11, 18 Dec'20, 9.00am - 10.00am **KIDS YOGA** COMBAT KICKBOXING FOR KIDS Thu, 10, 17, 24, 31 Dec'20 Fri, 27 Nov, 4, 11, 18 Dec'20, 10.15am - 11.15am ☐ 9.00am - 10.00am (For 4 - 6 years old) ☐ 10.15am – 11.15am (For 7 – 12 years old) 八极拳 BAJIQUAN WUSHU BOOTCAMP FOR KIDS Fri, 27 Nov, 4, 11, 18 Dec'20, 11.30am - 12.30pm K-POP X FITNESS FOR KIDS Thu, 10, 17, 24, 31 Dec'20, 11.30am - 12.20pm CONTEMPORARY DANCE HOLIDAY WORKSHOP **MASTERCLASSES WITH CHEF TIM** ☐ Fri, 27 Nov & 4 Dec'20 (LIVE VIA ZOOM): CHRISTMAS I ☐ 7 – 9 years old: 11.45am – 12.45pm Mon, 14 Dec'20, 5.00pm - 7.00pm ☐ 10 – 13 years old: 1.00pm – 2.00pm ☐ 14 years old & above: 2.15pm – 3.15pm **MASTERCLASSES WITH CHEF TIM** (LIVE VIA ZOOM): CHRISTMAS II ☐ Sun, 22 & 29 Nov'20 Sun, 20 Dec'20, 5.00pm - 7.00pm ☐ 7 – 9 years old: 4.45pm – 5.45pm PAPER QUILLING (CHILD ONLY) ☐ 10 – 13 years old: 6.00pm – 7.00pm Mon, 21 Dec'20, 10.00am - 12.00pm **COFFEE PAINTING ART AT MINGLE** SEW A CHRISTMAS WREATH (CHILD ONLY) Sat, 28 Nov'20, 2.00pm - 5.00pm Mon, 21 Dec'20, 2.30pm - 4.30pm POP-UP ART WORKSHOP (CHRISTMAS THEME) SCENTED CANDLE MAKING (PARENT & CHILD) Sun, 29 Nov'20, 9.00am - 12.30pm Tue, 22 Dec'20, 10.00am - 11.30am **FITNESS CAMP (PARENT & CHILD) GLASS JAR DECOUPAGE (PARENT & CHILD)** Thu, 3 Dec'20, 10.00am - 12.00pm Mon, 28 Dec'20, 2.00pm - 5.00pm **TERMS AND CONDITIONS** 1. The Club reserves the right to cancel the activity due to poor response 2. Upon registration of all activities, withdrawal is only allowed 7 days prior to commencement of activity. For existing participants, withdrawal received by the Club <u>on or before</u> the 15th of the month will be processed within the month. Charges for the activity will cease in the following month. Withdrawal received by the Club <u>after</u> the 15th of the month will be processed in the following month. Charges for the activity will be debited accordingly in the following month and ceased thereafter. There will be no refund of course fee (partial or full) once the activities have commenced There will be no refund of course fee (partial or full) for lesson that falls on Club closure days i.e. eve of Chinese New Year (CNY), 1st day of CNY and Staff Dinner & Dance. Please note that for activities with limited vacancies, registration will close upon maximum capacity or closing date, whichever occurs first. 7. Photography and videos may be taken for use in our archival and publicity material. INDEMNITY I/We hereby agree that I/we will not hold Chinese Swimming Club, their appointed staff or officials responsible in any way for any mishaps, injuries or loss of life or for loss or damage to any property howsoever arising out of or in the course of or in connection with the above activities which I/We have opted to take part in; and I/We shall indemnify Chinese Swimming Club and their appointed staff and officials from and against any actions, proceedings, liabilities, claims, damages, cost and expenses which may be brought by or asserted against Chinese Swimming Club and their appointed staff and officials by any person in connection with the above activities and which has been caused whether directly or indirectly, by any act or omission on my/our part. I/We have read and understood the terms and conditions stipulated above and I/we hereby agree to abide by and be bound by such terms and conditions and the Constitution and Bye-Laws of the Chinese Swimming Club. Date Member's Signature (Note: Absence from activities does not indicate withdrawal unless the official WITHDRAWAL FORM is received in good time*.) Note: The classes might be postponed or cancelled, subject to further directives and measures for COVID-19 from the Multi-Ministry Taskforce and/or SportSG. Art/Craft, Exercise, Discover the Magic of Harp, contact Wendy at 6885 0654 or Wendy_Tan@chineseswimmingclub.org.sg Coffee Painting Art, Pop-Up Art Workshop, Dance, Festive Culinary, Djembe Introductory Workshop, Youth & Family, contact Wan Ling at 6885 0653 or WanLing_Tan@chineseswimmingclub.org.sg (Registration forms may be submitted via fax to 6346 5685 or at the Front Office/Sports Reception) FOR OFFICIAL USE

Date Received: _____ Effective Date: _____ Officer-in-charge: _____ Billing Amount: \$ _____