

LIFESTYLE PROGRAMMES



ART / CRAFT

COFFEE PAINTING ART AT MINGLE

Savour a slice of cake complement with a cup of aromatic hot/iced coffee and enjoy a lovely afternoon with James Lim for an introduction to coffee painting art at Chinese Swimming Club's cosy café.

SAT, 28 NOV 2020

2.00PM – 5.00PM

MINGLE@AMBER, AP (L1)

\$82.93 (MEMBER) / \$89.62* (GUEST)

MAX. 5 PAX / 13 YEARS OLD & ABOVE

Note: 1 slice of cake and 1 cup of hot/iced coffee included with all art materials provided. Photo is for illustration purpose.



POP-UP ART WORKSHOP (CHRISTMAS THEME)

Learn sketching, watercolouring and creating the pop-up effect in this 3-in-1 art workshop. Make a great handmade gift for your family and friends.

SUN, 29 NOV 2020

9.00AM – 12.30PM

MULTI-PURPOSE ROOM, SC (L2)

\$128.40 (MEMBER) / \$133.75* (GUEST)

MAX. 5 PAX / 13 YEARS OLD & ABOVE

Note: A full set of the art materials will be provided and can be brought home with 1 pop-up artwork. Photo is for illustration purpose.



PAPER QUILLING (CHILD ONLY)

Engage your child eye-hand coordination and creativity to create a Christmas card using paper quilling. Sign up by 9 Dec 2020 to enjoy 12% early bird discount.

MON, 21 DEC 2020

10.00AM – 12.00PM

ACTIVITY SUITE, SC (L3)

\$37.45 (MEMBER) / \$48.15* (GUEST)

MIN. 5 PAX & MAX. 10 PAX

7 YEARS & ABOVE

Registration closing date: 16 Dec 2020



SEW A CHRISTMAS WREATH (CHILD ONLY)

A fun way to introduce your child to basic hand sewing. Sign up by 9 Dec 2020 to enjoy 10% early bird discount.

MON, 21 DEC 2020

2.30PM – 4.30PM

ACTIVITY SUITE, SC (L3)

\$48.15 (MEMBER) / \$58.85* (GUEST)

MIN. 5 PAX & MAX. 10 PAX

7 YEARS OLD & ABOVE

Registration closing date: 16 Dec 2020



SCENTED CANDLE MAKING (PARENT & CHILD)

Bring home a candle holder with pure soy wax, a box and 4 complimentary tea light candles. Sign up by 8 Dec 2020 to enjoy 5% early bird discount.

TUES, 22 DEC 2020 / 10.00AM – 11.30AM

MULTI-PURPOSE ROOM, SC (L2)

\$115.56 PER PAIR (MEMBER) /

\$126.26* PER PAIR (GUEST)

MIN. 5 PAIRS & MAX. 6 PAIRS / 7 – 12 YEARS OLD

Registration closing date: 11 Dec 2020



GLASS JAR DECOUPAGE (PARENT & CHILD)

Have fun decorating a glass jar with paper cut-out which can be used as a gift or keep for yourself. Sign up by 16 Dec 2020 to enjoy 8% early bird discount.

MON, 28 DEC 2020

2.00PM – 5.00PM

ACTIVITY SUITE, SC (L3)

\$72.76 (MEMBER) / \$83.46* (GUEST)

MIN. 5 PAIRS & MAX. 6 PAIRS

CHILD AGE 6 YEARS & ABOVE

Registration closing date: 22 Dec 2020



DANCE

CONTEMPORARY DANCE HOLIDAY WORKSHOP

FRI, 27 NOV & 4 DEC 2020

7 – 9 YEARS OLD: 11.45AM – 12.45PM

10 – 13 YEARS OLD: 1.00PM – 2.00PM

14 YEARS OLD & ABOVE: 2.15PM – 3.15PM

ACTIVITY SUITE, SC (L3)

\$40.13 (MEMBER) / \$46.55* (GUEST)

MAX. 10 PAX PER CLASS

SUN, 22 & 29 NOV 2020

7 – 9 YEARS OLD: 4.45PM – 5.45PM

10 – 13 YEARS OLD: 6.00PM – 7.00PM

MULTI-PURPOSE ROOM, SC (L2)

\$40.13 (MEMBER) / \$50.83* (GUEST)

MAX. 10 PAX PER CLASS

K-POP & HIP HOP DANCE HOLIDAY WORKSHOP

SUN, 6 DEC 2020 / 9.30AM – 11.45AM

MULTI-PURPOSE ROOM, SC (L2)

\$37.45 (MEMBER) / \$42.80* (GUEST)

MAX. 10 PAX / 7 – 12 YEARS OLD

TIME	PROGRAMME
9.30am	K-Pop
10.30am	Break
10.45am	Hip Hop
11.45am	Home Sweet Home

Note: No snacks and beverages will be provided during break. Priority will be given to CSC members. Programme is subject to changes due to unforeseen circumstances.

LIFESTYLE PROGRAMMES

**EXERCISE****FITNESS CAMP (PARENT & CHILD)**

Bond with your child in this Yoga and K-Pop X Fitness session with a 10mins break. Sign up by 22 Nov 2020 to enjoy 8% early bird discount.

THU, 3 DEC 2020 / 10.00AM – 12.00PM

ACTIVITY SUITE, SC (L3)

\$112.35 PER PAIR (MEMBER) / \$123.05* PER PAIR (GUEST)

MIN. 4 PAIRS & MAX. 6 PAIRS

CHILD AGE 4 – 12 YEARS OLD

Registration closing date: 29 Nov 2020

KIDS YOGA – 4 SESSIONS

THU, 10, 17, 24, 31 DEC 2020

9.00AM – 10.00AM (FOR 4 – 6 YEARS OLD)

10.15AM – 11.15AM (FOR 7 – 12 YEARS OLD)

ACTIVITY SUITE, SC (L3)

\$171.20 (MEMBER) / \$181.90* (GUEST)

MIN. 4 PAX & MAX. 6 PAX

K-POP X FITNESS FOR KIDS – 4 SESSIONS

THU, 10, 17, 24, 31 DEC 2020

11.30AM – 12.20PM

ACTIVITY SUITE, SC (L3)

\$80.25 (MEMBER) / \$90.95* (GUEST)

MIN. 4 PAX & MAX. 6 PAX

7 YEARS OLD & ABOVE

FESTIVE CULINARY**MASTERCLASSES WITH CHEF TIM
(LIVE VIA ZOOM)**

Choose between packages with or without Chef Box ingredients. Ingredients may change, subject to availability

CHRISTMAS I

Roast Boneless Leg of Lamb with Mint Gravy, Smashed Potato Salad and Red Cabbage Stew



MON, 14 DEC 2020

5.00PM – 7.00PM

FEE INCLUSIVE OF CHEF BOX:

\$140.44 (MEMBER) / \$168.53* (GUEST)

FEE EXCLUDING OF CHEF BOX:

\$33.44 (MEMBER) / \$40.13* (GUEST)

MIN. 8 PAX

Closing Date: Wed, 9 Dec 2020

CHRISTMAS II

Whole Roasted Sea Bass with Lemon Beurre Blanc and Roasted Baby Potatoes



SUN, 20 DEC 2020

5.00PM – 7.00PM

FEE INCLUSIVE OF CHEF BOX:

\$140.44 (MEMBER) / \$168.53* (GUEST)

FEE EXCLUDING OF CHEF BOX:

\$33.44 (MEMBER) / \$40.13* (GUEST)

MIN. 8 PAX

Closing Date: Tue, 15 Dec 2020

MUSIC**DJEMBE INTRODUCTORY WORKSHOP**

Get initiated on traditional drumming technique and rhythm logic from the Mandingue culture of West Africa.

MON, 23 NOV 2020 / 1.00PM – 2.30PM

SAT, 28 NOV 2020 / 8.00PM – 9.30PM

ACTIVITY SUITE, SC (L3)

\$64.20 (MEMBER) / \$69.55* (GUEST)

MAX. 10 PAX PER CLASS / 13 YEARS OLD & ABOVE

DISCOVER THE MAGIC OF HARP

Join us in this workshop where harp director and concert harpist – Katryna Tan will introduce you to this beautiful instrument. Harp will be provided. Students will receive learning notes, Certificate of Attendance and video of “mini performance” at end of workshop. Students to bring a nice dress (for girls) or shirt and pants (for boys) for the “Mini Performance”. Sign up by 22 Nov 2020 to enjoy 5% early bird discount off the rates.

LATTICE SUITE, RC (L3)

MIN. 6 PAX & MAX. 7 PAX

CHILDREN WORKSHOP

WED 9 DEC 2020 / 9.30AM – 12.30PM

\$192.60 (MEMBER) / \$203.30* (GUEST)

ACCOMPANYING PARENT: \$96.30 PER PERSON

(AS OBSERVER) / CHILD AGE 4 YEARS & ABOVE

ADULT WORKSHOP

WED 9 DEC 2020 / 2.30PM – 5.30PM

\$192.60 (MEMBER) / \$203.30* (GUEST)

Registration closing date: 3 Dec 2020

YOUTH & FAMILY**COMBAT KICKBOXING & SELF-DEFENSE
FOR YOUTH – 4 SESSIONS**

For beginners.

FRI, 27 NOV, 4, 11, 18 DEC 2020 / 9.00AM – 10.00AM

MULTI-PURPOSE ROOM, SC (L2)

\$160.50 (MEMBER) / \$173.34* (GUEST)

MAX. 5 PAX / 13 – 20 YEARS OLD

COMBAT KICKBOXING FOR KIDS – 4 SESSIONS

For beginners.

FRI, 27 NOV, 4, 11, 18 DEC 2020 / 10.15AM – 11.15AM

MULTI-PURPOSE ROOM, SC (L2)

\$160.50 (MEMBER) / \$173.34* (GUEST)

MAX. 5 PAX / 6 – 12 YEARS OLD

**八极拳 BAJIQUAN WUSHU BOOTCAMP FOR KIDS
– 4 SESSIONS**

For beginners.

FRI, 27 NOV, 4, 11, 18 DEC 2020 / 11.30AM – 12.30PM

MULTI-PURPOSE ROOM, SC (L2)

\$160.50 (MEMBER) / \$173.34* (GUEST)

MAX. 5 PAX / 6 – 12 YEARS OLD

UPCOMING LIFESTYLE ACTIVITY REGISTRATION FORM

Name Email

Membership No. Contact No.

Name of Attendees (Member/Guest)

(Member/Guest)

I hereby give my acknowledgement and consent to the Chinese Swimming Club to use my personal data for the aforesaid purposes.

LIFESTYLE ACTIVITIES (Nov'20 - Dec'20) -Please tick or indicate preferred time slot accordingly

- | | |
|--|---|
| <p><input type="checkbox"/> DJEMBE INTRODUCTORY WORKSHOP
 <input type="checkbox"/> Mon, 23 Nov'20, 1.00pm – 2.30pm
 <input type="checkbox"/> Sat, 28 Nov'20, 8.00pm – 9.30pm</p> <p><input type="checkbox"/> COMBAT KICKBOXING & SELF-DEFENSE FOR YOUTH
 Fri, 27 Nov, 4, 11, 18 Dec'20, 9.00am – 10.00am</p> <p><input type="checkbox"/> COMBAT KICKBOXING FOR KIDS
 Fri, 27 Nov, 4, 11, 18 Dec'20, 10.15am – 11.15am</p> <p><input type="checkbox"/> 八极拳 BAJIQUAN WUSHU BOOTCAMP FOR KIDS
 Fri, 27 Nov, 4, 11, 18 Dec'20, 11.30am – 12.30pm</p> <p><input type="checkbox"/> CONTEMPORARY DANCE HOLIDAY WORKSHOP
 <input type="checkbox"/> Fri, 27 Nov & 4 Dec'20
 <input type="checkbox"/> 7 – 9 years old: 11.45am – 12.45pm
 <input type="checkbox"/> 10 – 13 years old: 1.00pm – 2.00pm
 <input type="checkbox"/> 14 years old & above: 2.15pm – 3.15pm
 <input type="checkbox"/> Sun, 22 & 29 Nov'20
 <input type="checkbox"/> 7 – 9 years old: 4.45pm – 5.45pm
 <input type="checkbox"/> 10 – 13 years old: 6.00pm – 7.00pm</p> <p><input type="checkbox"/> COFFEE PAINTING ART AT MINGLE
 Sat, 28 Nov'20, 2.00pm – 5.00pm</p> <p><input type="checkbox"/> POP-UP ART WORKSHOP (CHRISTMAS THEME)
 Sun, 29 Nov'20, 9.00am – 12.30pm</p> <p><input type="checkbox"/> FITNESS CAMP (PARENT & CHILD)
 Thu, 3 Dec'20, 10.00am – 12.00pm</p> | <p><input type="checkbox"/> K-POP & HIP HOP DANCE HOLIDAY WORKSHOP
 Sun, 6 Dec'20, 9.30am – 11.45am</p> <p><input type="checkbox"/> DISCOVER THE MAGIC OF HARP
 <input type="checkbox"/> Children Workshop: Wed, 9 Dec'20, 9.30am – 12.30pm
 <input type="checkbox"/> Adult Workshop: Wed, 9 Dec'20, 2.30pm – 5.30pm</p> <p><input type="checkbox"/> KIDS YOGA
 Thu, 10, 17, 24, 31 Dec'20
 <input type="checkbox"/> 9.00am – 10.00am (For 4 – 6 years old)
 <input type="checkbox"/> 10.15am – 11.15am (For 7 – 12 years old)</p> <p><input type="checkbox"/> K-POP X FITNESS FOR KIDS
 Thu, 10, 17, 24, 31 Dec'20, 11.30am – 12.20pm</p> <p><input type="checkbox"/> MASTERCLASSES WITH CHEF TIM (LIVE VIA ZOOM): CHRISTMAS I
 Mon, 14 Dec'20, 5.00pm – 7.00pm</p> <p><input type="checkbox"/> MASTERCLASSES WITH CHEF TIM (LIVE VIA ZOOM): CHRISTMAS II
 Sun, 20 Dec'20, 5.00pm – 7.00pm</p> <p><input type="checkbox"/> PAPER QUILLING (CHILD ONLY)
 Mon, 21 Dec'20, 10.00am – 12.00pm</p> <p><input type="checkbox"/> SEW A CHRISTMAS WREATH (CHILD ONLY)
 Mon, 21 Dec'20, 2.30pm – 4.30pm</p> <p><input type="checkbox"/> SCENTED CANDLE MAKING (PARENT & CHILD)
 Tue, 22 Dec'20, 10.00am – 11.30am</p> <p><input type="checkbox"/> GLASS JAR DECOUPAGE (PARENT & CHILD)
 Mon, 28 Dec'20, 2.00pm – 5.00pm</p> |
|--|---|

TERMS AND CONDITIONS

1. The Club reserves the right to cancel the activity due to poor response.
2. Upon registration of all activities, withdrawal is only allowed 7 days prior to commencement of activity.
3. For existing participants, withdrawal received by the Club on or before the 15th of the month will be processed within the month. Charges for the activity will cease in the following month. Withdrawal received by the Club after the 15th of the month will be processed in the following month. Charges for the activity will be debited accordingly in the following month and ceased thereafter.
4. There will be no refund of course fee (partial or full) once the activities have commenced
5. There will be no refund of course fee (partial or full) for lesson that falls on Club closure days i.e. eve of Chinese New Year (CNY), 1st day of CNY and Staff Dinner & Dance.
6. Please note that for activities with limited vacancies, registration will close upon maximum capacity or closing date, whichever occurs first.
7. Photography and videos may be taken for use in our archival and publicity material.

INDEMNITY

I/We hereby agree that I/we will not hold Chinese Swimming Club, their appointed staff or officials responsible in any way for any mishaps, injuries or loss of life or for loss or damage to any property howsoever arising out of or in the course of or in connection with the above activities which I/We have opted to take part in; and I/We shall indemnify Chinese Swimming Club and their appointed staff and officials from and against any actions, proceedings, liabilities, claims, damages, cost and expenses which may be brought by or asserted against Chinese Swimming Club and their appointed staff and officials by any person in connection with the above activities and which has been caused whether directly or indirectly, by any act or omission on my/our part.

I/We have read and understood the terms and conditions stipulated above and I/we hereby agree to abide by and be bound by such terms and conditions and the Constitution and Bye-Laws of the Chinese Swimming Club.

Member's Signature Date

(Note: Absence from activities does not indicate withdrawal unless the official WITHDRAWAL FORM is received in good time.)*
Note: The classes might be postponed or cancelled, subject to further directives and measures for COVID-19 from the Multi-Ministry Taskforce and/or SportSG.
 For enquiries on:

Art/Craft, Exercise, Discover the Magic of Harp, contact Wendy at 6885 0654 or Wendy_Tan@chineseswimmingclub.org.sg
Coffee Painting Art, Pop-Up Art Workshop, Dance, Festive Culinary, Djembe Introductory Workshop, Youth & Family, contact Wan Ling at 6885 0653 or WanLing_Tan@chineseswimmingclub.org.sg

(Registration forms may be submitted via fax to 6346 5685 or at the Front Office/Sports Reception)

FOR OFFICIAL USE

Date Received: _____ Effective Date: _____ Officer-in-charge: _____ Billing Amount: \$ _____