SINGAPORE SWIMMING ASSOCIATION SWIM SERIES 1 – 2020

The swim series held at OCBC Arena from 17 to 19 January 2020 attracted over 170 CSC swimmers. There were many excellent performances from all the competitive squads and it was pleasing to see the large number of personal best times set this early in the season. Coaches Jeremy, Wu Yang, Wang Tao, Zhi Cong and Dr Michael were present throughout the weekend to ensure swimmers were well prepared and recovered from each race. Overall, we were delighted with the swimmers' progress.

