## 21<sup>ST</sup> ROYAL BANGKOK SPORTS CLUB (RBSC) INVITATIONAL SWIM MEET 2019

10 swimmers (2 girls, 8 boys) travelled to Bangkok for the annual RBSC International Swim Meet. Swimmers recorded 58 Personal Best (PB) times in 63 events, and won 10 Gold, 9 Silver and 13 Bronze medals. The boys 9-10 years relays won one Gold and one Silver medal. Particular mention and congratulations to our overall points places on the podium:

SWIMMER	RECORDS	
Johnathan Chan	- Boys 11-12 Year Old 1st Place	
Nicholas Tan	- Boys 8 Year Old 1 <sup>st</sup> Place	
Nigel Low	- Boys 7 Year Old 2 <sup>nd</sup> Place	
Justin Gan	- Boys 9 Year Old 2 <sup>nd</sup> Place	
Kobe Low	- Boys 10 Year Old 3 <sup>rd</sup> Place	

Photo credits: Tommy Low

## **SWIM SAFER**

SwimSafer<sup>TM</sup> 2.0 is a Sport SG programme that aims to teach swimming proficiency and water survival skills to children to minimize drowning incidences in a fun manner.

The six-stage programme includes survival and activity skills, with each stage working progressively towards the next. On 26 to 29 November 2019, CSC qualified SwimSafer coaches taught 70 children at Bronze, Silver and Gold stages before each child was then assessed by independent Swimsafer assessors. The following were successfully awarded; 17 Gold, 17 Silver and 31 Bronze.

