

LIFESTYLE PROGRAMMES

**EXERCISE & LEISURE****CHINESE BRUSH PAINTING****EVERY THU / 10.00AM – 12.00PM**

MULTI-PURPOSE ROOM, SC (L2)

MONTHLY FEE: \$123.05 (MEMBER) / \$155.15* (GUEST)

MIN. 6 PAX

HATHA YOGA**EVERY TUE / 8.00PM – 9.15PM**

MULTI-PURPOSE ROOM, SC (L2)

MONTHLY FEE: \$42.80 (MEMBER) / \$64.20* (GUEST)

MIN. 6 PAX

GENTLE YOGA (BEGINNERS)**EVERY FRI / 9.00AM – 10.00AM**

ACTIVITY SUITE, SC (L3)

MONTHLY FEE: \$42.80 (MEMBER) / \$64.20* (GUEST)

MIN. 6 PAX

KPOP X FITNESS (LITE)**EVERY FRI, STARTING 7 DEC 2018 / 9.00AM – 9.50AM**

MULTI-PURPOSE ROOM, SC (L2)

\$107.00 (MEMBER) / \$141.24* (GUEST)

MIN. 6 PAX / 8 SESSIONS

PILOXING**EVERY SAT, STARTING 15 DEC 2018 / 2.00PM – 3.00PM**

ACTIVITY SUITE, SC (L3)

\$154.08 (MEMBER) / \$207.58* (GUEST)

MIN. 6 PAX / 8 SESSIONS

BARRE**1. WED, STARTING 2 JAN 2019 / 10.15AM – 11.15AM****2. THU, STARTING 3 JAN 2019 / 8.15PM – 9.15PM****3. SAT, STARTING 5 JAN 2019 / 3.15PM – 4.15PM**

ACTIVITY SUITE, SC (L3)

\$171.20 (MEMBER) / \$222.56* (GUEST)

MIN. 6 PAX / 8 SESSIONS

MUAY THAI**EVERY THU, STARTING 3 JAN 2019 / 7.10PM – 8.10PM**

ACTIVITY SUITE, SC (L3)

\$171.20 (MEMBER) / \$222.56* (GUEST)

MIN. 6 PAX / 8 SESSIONS

CULINARY*Refer a friend to enjoy 5% discount for yourself!***ASIAN NOODLE MEAL (DEMO CUM SAMPLING)***Learn the secrets of making delicious noodles from Chef Shih Erh as she demonstrates the following menu: Japanese Yaki Udon with Teriyaki Chicken, Vietnamese Grilled Pork Noodles and Thai Spicy Seafood Glass Noodles. Sign up early due to limited slots.***TUE, 13 NOV 2018 / 7.15PM – 10.15PM**

MULTI-PURPOSE ROOM, SC (L2)

\$56.71 (MEMBER) / \$67.41* (GUEST) / MIN. 8 PAX

ONDEH ONDEH SWISS ROLL & KUEH (HANDS-ON)*Participants will be working in pairs to make Ondeh Ondeh as well as Ondeh Ondeh Swiss Rolls in this hands-on session. Sign up early due to limited slots.***SAT, 8 DEC 2018 / 2.00PM - 5.00PM**

MULTI-PURPOSE ROOM, SC (L2)

\$67.41 (MEMBER) / \$78.11* (GUEST) / MIN. 10 PAX

PINEAPPLE TARTS & KUEH BANGKIT (HANDS-ON)*Join us to make the classic Pineapple Tarts & Kueh Bangkit. Participants will be working in groups of 4 to make these festive pastries. Sign up early due to limited slots.***THU, 3 JAN 2019 / 7.15PM – 10.15PM**

MULTI-PURPOSE ROOM, SC (L2)

\$67.41 (MEMBER) / \$78.11* (GUEST) / MIN. 10 PAX

NOV/ DEC SCHOOL HOLIDAYS*Enjoy a 5% discount (per person) if you and your buddy join as a pair.***TYNKER WITH DRONES WORKSHOP***Be your own drone pilot! Understand coding and learn how to code the flightpath of a drone with Tynker program.***TUE, 20 NOV 2018 / 2.00PM – 5.00PM**

MULTI-PURPOSE ROOM, SC (L2)

FEE (WITHOUT TABLET RENTAL): \$80.25 (KIDZ CLUB MEMBER) / \$83.46 (MEMBER) / \$86.67* (GUEST)

FEE (WITH TABLET RENTAL): \$112.35 (KIDZ CLUB MEMBER) / \$115.56 (MEMBER) / \$118.77* (GUEST)

5 - 7 YEARS OLD / MIN. 5 PAX

CLOSING DATE: TUE, 13 NOV 2018

SCRATCH WITH ROBOTICS WORKSHOP*Hands-on with mBot to learn about robotics and coding.***THU, 22 NOV 2018 / 2.00PM – 5.00PM**

MULTI-PURPOSE ROOM, SC (L2)

FEE (WITHOUT LAPTOP RENTAL): \$96.30 (KIDZ CLUB MEMBER) / \$99.51 (MEMBER) / \$102.72* (GUEST)

FEE (WITH LAPTOP RENTAL): \$155.15 (KIDZ CLUB MEMBER) / \$158.36 (MEMBER) / \$161.57* (GUEST)

8-14 YEARS OLD / MIN. 5 PAX

CLOSING DATE: THU, 15 NOV 2018

5 DAYS DISCOVER SCUBA DIVING PROGRAMME**MON TO FRI, 26 NOV TO 30 NOV 2018 / 10.00AM – 3.00PM DAILY**

MULTI-PURPOSE ROOM, SC (L2), ACTIVITY SUITE, SC (L3) AND COMPETITION POOL, SC (L1)

\$642.00 (KIDZ CLUB MEMBER) / \$658.05 (MEMBER) / \$674.10* (GUEST)

8 YEARS OLD & ABOVE / MIN. 4 PAX

CLOSING DATE: MON, 19 NOV 2018

SHIBORI ON TOTE BAG & SUMI INK MARBLING ON CARD WORKSHOP**MON, 3 DEC 2018 / 2.00PM – 3.30PM**

MULTI-PURPOSE ROOM, SC (L2)

\$53.50 (KIDZ CLUB MEMBER) / \$56.71 (MEMBER) / \$59.92* (GUEST)

6 - 10 YEARS OLD / MIN. 10 PAX

CLOSING DATE: THU, 22 NOV 2018

CAJON & UKULELE INTRODUCTORY WORKSHOP**FRI, 7 DEC 2018 / 2.00PM – 5.00PM**

ACTIVITY SUITE, SC (L3)

\$128.40 (KIDZ CLUB MEMBER) / \$131.61 (MEMBER) / \$134.82* (GUEST)

10 YEARS OLD & ABOVE / MIN. 10 PAX

CLOSING DATE: WED, 28 NOV 2018

*Note: Fees are inclusive of rental of Cajon and Ukulele.***DANCE****LATIN / BALLROOM DANCE (BEGINNERS) BY ALVIN LOW****EVERY WED, STARTING 21 NOV 2018 / 3.30PM – 4.30PM**

ACTIVITY SUITE, SC (L3)

\$85.60 (MEMBER) / \$139.10* (GUEST)

MIN. 6 PAX / 8 SESSIONS

LATIN / BALLROOM DANCE (FOR ALL LEVELS) BY PETER WONG**EVERY FRI, STARTING 23 NOV 2018 / 8.45PM – 9.45PM**

MULTI-PURPOSE ROOM, SC (L2)

\$80.25 (MEMBER) / \$105.93* (GUEST)

MIN. 4 PAX / 8 SESSIONS

BOUNCE DANCEFIT**EVERY SAT, STARTING 24 NOV 2018 / 4.30PM – 5.30PM**

ACTIVITY SUITE, SC (L3) / \$85.60 (MEMBER) / \$107.00* (GUEST)

MIN. 6 PAX / 4 SESSIONS

UPCOMING LIFESTYLE ACTIVITY REGISTRATION FORM

Name	<input type="text"/>	Email	<input type="text"/>
Membership No.	<input type="text"/>	Contact No.	<input type="text"/>
Name of Attendees	<input type="text"/> (Member/Guest)		
	<input type="text"/> (Member/Guest)		

I hereby give my acknowledgement and consent to the Chinese Swimming Club to use my personal data for the aforesaid purposes.

LIFESTYLE ACTIVITIES (Nov'18 - Jan'19) - Please tick or indicate preferred time slot accordingly

- | | |
|---|---|
| <input type="checkbox"/> ASIAN NOODLE MEAL (DEMO CUM SAMPLING)
Tue, 13 Nov'18, 7.15pm – 10.15pm | <input type="checkbox"/> KPOP X FITNESS (LITE)
Every Fri, starting 7 Dec'18, 9.00am – 9.50am |
| <input type="checkbox"/> TYNKER WITH DRONES WORKSHOP
Tue, 20 Nov'18, 2.00pm – 5.00pm | <input type="checkbox"/> ONDEH ONDEH SWISS ROLL & KUEH (HANDS-ON)
Sat, 8 Dec'18, 2.00pm – 5.00pm |
| <input type="checkbox"/> LATIN / BALLROOM DANCE (BEGINNERS) BY ALVIN LOW
Every Wed, starting 21 Nov'18, 3.30pm – 4.30pm | <input type="checkbox"/> PILOXING
Every Sat, starting 15 Dec'18, 2.00pm – 3.00pm |
| <input type="checkbox"/> SCRATCH WITH ROBOTICS WORKSHOP
Thu, 22 Nov'18, 2.00pm – 5.00pm | <input type="checkbox"/> BARRE
<input type="checkbox"/> Every Wed, starting 2 Jan'19, 10.15am – 11.15am
<input type="checkbox"/> Every Thu, starting 3 Jan'19, 8.15pm – 9.15pm
<input type="checkbox"/> Every Sat, starting 5 Jan'19, 3.15pm – 4.15pm |
| <input type="checkbox"/> LATIN / BALLROOM DANCE (FOR ALL LEVELS) BY PETER WONG
Every Fri, starting 23 Nov'18, 8.45pm – 9.45pm | <input type="checkbox"/> PINEAPPLE TARTS & KUEH BANGKIT (HANDS-ON)
Thu, 3 Jan'19, 7.15pm – 10.15pm |
| <input type="checkbox"/> BOUNCE DANCEFIT
Every Sat, starting 24 Nov'18, 4.30pm – 5.30pm | <input type="checkbox"/> MUAY THAI
Every Thu, starting 3 Jan'19, 7.10pm – 8.10pm |
| <input type="checkbox"/> 5 DAYS DISCOVER SCUBA DIVING PROGRAMME
Mon - Fri, 26 Nov - 30 Nov'18, 10.00am – 3.00pm daily | <input type="checkbox"/> HATHA YOGA
Every Tue, 8.00pm – 9.15pm |
| <input type="checkbox"/> SHIBORI ON TOTE BAG & SUMI INK MARBLING ON CARD WORKSHOP
Mon, 3 Dec'18, 2.00pm – 3.30pm | <input type="checkbox"/> CHINESE BRUSH PAINTING
Every Thu, 10.00am – 12.00pm |
| <input type="checkbox"/> CAJON & UKULELE INTRODUCTORY WORKSHOP
Fri, 7 Dec'18, 2.00pm – 5.00pm | <input type="checkbox"/> GENTLE YOGA (BEGINNERS)
Every Fri, 9.00am – 10.00am |

TERMS AND CONDITIONS

1. The Club reserves the right to cancel the activity due to poor response.
2. Upon registration of activities, withdrawal is only allowed 7 days prior to commencement of activity.
3. For existing participants, withdrawal received by the Club on or before the 15th of the month will be processed within the month. Charges for the activity will cease in the following month. Withdrawal received by the Club after the 15th of the month will be processed in the following month. Charges for the activity will be debited accordingly in the following month and ceased thereafter.
4. There will be no refund of course fee (partial or full) once the activities have commenced
5. There will be no refund of course fee (partial or full) for lessons that fall on Club closure days i.e. eve of Chinese New Year (CNY), 1st day of CNY and Staff Dinner & Dance.
6. Please note that for activities with limited vacancies, registration will close upon maximum capacity or closing date, whichever occurs first.
7. Photography and videos may be taken for use in our archival and publicity material.

INDEMNITY

I/we hereby agree that I/we will not hold Chinese Swimming Club, their appointed staff or officials responsible in any way for any mishaps, injuries or loss of life or for loss or damage to any property howsoever arising out of or in the course of or in connection with the above activities which I/we have opted to take part in; and I/we shall indemnify Chinese Swimming Club and their appointed staff and officials from and against any actions, proceedings, liabilities, claims, damages, cost and expenses which may be brought by or asserted against Chinese Swimming Club and their appointed staff and officials by any person in connection with the above activities and which has been caused whether directly or indirectly, by any act or omission on my/our part.

I/we have read and understood the terms and conditions stipulated above and I/we hereby agree to abide by and be bound by such terms and conditions and the Constitution and Bye-Laws of the Chinese Swimming Club.

Member's Signature Date

(Note: Absence from activities does not indicate withdrawal unless the official LIFESTYLE WITHDRAWAL FORM is received in good time.)

For enquiries on:

Culinary, Exercise & Leisure, contact Wendy Tel: 6885 0654 Email: Wendy_Tan@chineseswimmingclub.org.sg

Dance, Nov / Dec School Holidays, contact Wan Ling Tel: 6885 0653 Email: Wanling_Tan@chineseswimmingclub.org.sg

(Registration forms may be submitted via fax to 6346 5685 or at the Front Office/Sports Reception)

FOR OFFICIAL USE

Date Received: _____ Effective Date: _____ Office-in-charge: _____ Billing Amount: \$ _____