

LIFESTYLE PROGRAMMES

**EXERCISE & LEISURE****CHINESE BRUSH PAINTING****EVERY THU / 10.00AM – 12.00PM**

MULTI-PURPOSE ROOM, SC (L2)

MONTHLY FEE: \$123.05 (MEMBER) / \$155.15* (GUEST)

MIN. 6 PAX

HATHA YOGA**EVERY TUE / 8.00PM – 9.15PM**

MULTI-PURPOSE ROOM, SC (L2)

MONTHLY FEE: \$42.80 (MEMBER) / \$64.20* (GUEST)

MIN. 6 PAX

GENTLE YOGA (BEGINNERS)**EVERY FRI / 9.00AM – 10.00AM**

ACTIVITY SUITE, SC (L3)

MONTHLY FEE: \$42.80 (MEMBER) / \$64.20* (GUEST)

MIN. 6 PAX

BODY BAND BALANCE**EVERY WED, STARTING 2 JAN 2019 / 9.00AM – 10.100AM**

ACTIVITY SUITE, SC (L3)

\$149.80 (MEMBER) / \$224.70* (GUEST)

MIN. 6 PAX / 12 SESSIONS

BARRE**1. WED, STARTING 2 JAN 2019 / 10.15AM – 11.15AM****2. THU, STARTING 3 JAN 2019 / 8.15PM – 9.15PM****3. SAT, STARTING 5 JAN 2019 / 3.15PM – 4.15PM**

ACTIVITY SUITE, SC (L3)

\$171.20 (MEMBER) / \$222.56* (GUEST)

MIN. 6 PAX / 8 SESSIONS

MUAY THAI**EVERY THU, STARTING 3 JAN 2019 / 7.10PM – 8.10PM**

ACTIVITY SUITE, SC (L3)

\$171.20 (MEMBER) / \$222.56* (GUEST)

MIN. 6 PAX / 8 SESSIONS

KPOP X FITNESS (LITE)**EVERY FRI, STARTING 4 JAN 2019 / 9.00AM – 9.50AM**

MULTI-PURPOSE ROOM, SC (L2)

\$107.00 (MEMBER) / \$141.24* (GUEST)

MIN. 6 PAX / 8 SESSIONS

PILOXING**EVERY SAT, STARTING 9 FEB 2019 / 2.00PM – 3.00PM**

ACTIVITY SUITE, SC (L3)

\$154.08 (MEMBER) / \$207.58* (GUEST)

MIN. 6 PAX / 8 SESSIONS

CULINARY*Refer a friend to enjoy 5% discount for yourself!***PINEAPPLE TARTS & KUEH BANGKIT (HANDS-ON)***Join us to make the classic Pineapple Tarts & Kueh Bangkit. Participants will be working in groups of 4 to make these festive pastries. Sign up early due to limited slots.***THU, 3 JAN 2019 / 7.15PM – 10.15PM**

MULTI-PURPOSE ROOM, SC (L2)

\$67.41 (MEMBER) / \$78.11* (GUEST) / MIN. 10 PAX

JAPANESE COTTON CHEESE CAKE (HANDS-ON)*Learn to make aromatic, cottony soft and fluffy Japanese cheesecake from Le-Cordon Bleu trained chef, Nan Ong. All participants will get to bring home their self-made cheese cake. Sign up early as limited slots are available.***SUN, 24 FEB 2019 / 9.00AM – 12.00PM**

MULTI-PURPOSE ROOM, SC (L2)

\$112.35 (MEMBER) / \$123.05* (GUEST) / MIN. 5 PAX

DANCE**BOUNCE DANCEFIT****EVERY SAT, STARTING 5 JAN 2019 / 4.30PM – 5.30PM**

ACTIVITY SUITE, SC (L3)

\$85.60 (MEMBER) / \$107.00* (GUEST)

MIN. 6 PAX / 4 SESSIONS

LATIN / BALLROOM DANCE (FOR ALL LEVELS) BY PETER WONG**EVERY MON, STARTING 17 DEC 2018 / 8.30PM – 9.30PM**

ACTIVITY SUITE, SC (L3)

\$80.25 (MEMBER) / \$105.93* (GUEST)

MIN. 4 PAX / 8 SESSIONS

EVERY FRI, STARTING 18 JAN 2019 / 8.45PM – 9.45PM

MULTI-PURPOSE ROOM, SC (L2)

\$80.25 (MEMBER) / \$105.93* (GUEST)

MIN. 4 PAX / 8 SESSIONS

LINE DANCE (INTERMEDIATE) BY ALVIN LOW**EVERY WED, STARTING 9 JAN 2019 / 2.00PM – 3.30PM**

ACTIVITY SUITE, SC (L3)

\$85.60 (MEMBER) / \$139.10* (GUEST)

MIN. 6 PAX / 10 SESSIONS

SOCIAL DANCE (BEGINNERS) BY ALVIN LOW**EVERY WED, STARTING 23 JAN 2019 / 3.30PM – 4.30PM**

ACTIVITY SUITE, SC (L3)

\$85.60 (MEMBER) / \$139.10* (GUEST)

MIN. 6 PAX / 8 SESSIONS

YOUTH & FAMILY**CROCHET WORKSHOP - PINEAPPLE***Learn the basic techniques and crochet your "ONG LAI" for abundance of luck! All materials will be provided, including a set of basic crochet toolkit. Enjoy a 5% discount (per person) if you and your buddy join as a pair.***WED, 9 JAN 2019 / 9.00AM - 1.00PM**

MULTIPURPOSE ROOM, SC (L2)

\$96.30 (MEMBER) / \$99.51* (GUEST)

AGE: 13 YEARS OLD & ABOVE / MIN. 5PAX

CLOSING DATE: MON, 31 DEC 2018

*Note: You may not finish the crochet within the allocated time frame.***PEPPA PIG MACARON MAKING WORKSHOP****(1 PARENT + 1 CHILD)***Ooi Ooi Ooi! Bake 6 cute Peppa Pig macarons filled with chocolate ganache to celebrate the upcoming Year of The Pig!***SUN, 13 JAN 2019 / 9.30AM-11.30AM**

MULTIPURPOSE ROOM, SC (L2)

\$80.25 (KIDZCLUB MEMBER) / \$85.60 (MEMBER) / \$90.95* (GUEST)

CHILD AGE: 4 - 12 YEARS OLD / MIN. 5 PAIRS

CLOSING DATE: MON, 31 DEC 2018

PARTY**FLORAL TEA DANCE PARTY***Welcome 2019! Let's blossom and shine brightly together on the dance floor! Light refreshment and drinks will be provided.***TUE, 1 JAN 2019 / 2.00PM – 6.00PM**

ACTIVITY SUITE, SC (L3)

\$14 NETT (MEMBER) / \$20 NETT* (GUEST)

LOHEI DANCE PARTY*Usher in the Year of Pig and toss up New Year blessings with a round of Lohai with us!***SAT, 16 FEB 2019 / 7.00PM – 11.45PM**

ACTIVITY SUITE, SC (L3)

\$18 NETT (MEMBER – CHILD 12 YEARS & BELOW) /

\$28 NETT (MEMBER) / \$38 NETT* (GUEST)

Please obtain a separate registration form from the Front Office, Sports Reception or CSC website. Registration will close upon maximum capacity or closing date, whichever that first occurs.

UPCOMING LIFESTYLE ACTIVITY REGISTRATION FORM

Name	<input type="text"/>	Email	<input type="text"/>
Membership No.	<input type="text"/>	Contact No.	<input type="text"/>
Name of Attendees	<input type="text"/> (Member/Guest)		
	<input type="text"/> (Member/Guest)		

I hereby give my acknowledgement and consent to the Chinese Swimming Club to use my personal data for the aforesaid purposes.

LIFESTYLE ACTIVITIES (Dec'18 - Feb'19) - Please tick or indicate preferred time slot accordingly

- | | |
|---|---|
| <input type="checkbox"/> LATIN / BALLROOM DANCE (FOR ALL LEVELS) BY PETER WONG
Every Mon, starting 17 Dec'18, 8.30pm – 9.30pm | <input type="checkbox"/> LINE DANCE (INTERMEDIATE) BY ALVIN LOW
Every Wed, starting 9 Jan'19, 2.00pm – 3.30pm |
| <input type="checkbox"/> BODY BAND BALANCE
Every Wed, starting 2 Jan'19, 9.00am – 10.00am | <input type="checkbox"/> PEPPA PIG MACARON MAKING WORKSHOP (1 PARENT + 1 CHILD)
Sun, 13 Jan'19, 9.30am – 11.30am |
| <input type="checkbox"/> BARRE
<input type="checkbox"/> Every Wed, starting 2 Jan'19, 10.15am – 11.15am
<input type="checkbox"/> Every Thu, starting 3 Jan'19, 8.15pm – 9.15pm
<input type="checkbox"/> Every Sat, starting 5 Jan'19, 3.15pm – 4.15pm | <input type="checkbox"/> LATIN / BALLROOM DANCE (FOR ALL LEVELS) BY PETER WONG
Every Fri, starting 18 Jan'19, 8.45pm – 9.45pm |
| <input type="checkbox"/> PINEAPPLE TARTS & KUEH BANGKIT (HANDS-ON)
Thu, 3 Jan'19, 7.15pm – 10.15pm | <input type="checkbox"/> SOCIAL DANCE (BEGINNERS) BY ALVIN LOW
Every Wed, starting 23 Jan'19, 3.30pm – 4.30pm |
| <input type="checkbox"/> MUAY THAI
Every Thu, starting 3 Jan'19, 7.10pm – 8.10pm | <input type="checkbox"/> JAPANESE COTTON CHEESE CAKE (HANDS-ON)
Sun, 24 Feb'19, 9.00am – 12.00pm |
| <input type="checkbox"/> KPOP X FITNESS (LITE)
Every Fri, starting 4 Jan'19, 9.00am – 9.50am | <input type="checkbox"/> PILOXING
Every Sat, starting 9 Feb'19, 2.00pm – 3.00pm |
| <input type="checkbox"/> BOUNCE DANCEFIT
Every Sat, starting 5 Jan'19, 4.30pm – 5.30pm | <input type="checkbox"/> HATHA YOGA
Every Tue, 8.00pm – 9.15pm |
| <input type="checkbox"/> CROCHET WORKSHOP - PINEAPPLE
Wed, 9 Jan'19, 9.00am – 1.00pm | <input type="checkbox"/> CHINESE BRUSH PAINTING
Every Thu, 10.00am – 12.00pm |
| | <input type="checkbox"/> GENTLE YOGA (BEGINNERS)
Every Fri, 9.00am – 10.00am |

TERMS AND CONDITIONS

1. The Club reserves the right to cancel the activity due to poor response.
2. Upon registration of activities, withdrawal is only allowed 7 days prior to commencement of activity.
3. For existing participants, withdrawal received by the Club on or before the 15th of the month will be processed within the month. Charges for the activity will cease in the following month. Withdrawal received by the Club after the 15th of the month will be processed in the following month. Charges for the activity will be debited accordingly in the following month and ceased thereafter.
4. There will be no refund of course fee (partial or full) once the activities have commenced
5. There will be no refund of course fee (partial or full) for lessons that fall on Club closure days i.e. eve of Chinese New Year (CNY), 1st day of CNY and Staff Dinner & Dance.
6. Please note that for activities with limited vacancies, registration will close upon maximum capacity or closing date, whichever occurs first.
7. Photography and videos may be taken for use in our archival and publicity material.

INDEMNITY

I/We hereby agree that I/we will not hold Chinese Swimming Club, their appointed staff or officials responsible in any way for any mishaps, injuries or loss of life or for loss or damage to any property howsoever arising out of or in the course of or in connection with the above activities which I/we have opted to take part in; and I/we shall indemnify Chinese Swimming Club and their appointed staff and officials from and against any actions, proceedings, liabilities, claims, damages, cost and expenses which may be brought by or asserted against Chinese Swimming Club and their appointed staff and officials by any person in connection with the above activities and which has been caused whether directly or indirectly, by any act or omission on my/our part.

I/We have read and understood the terms and conditions stipulated above and I/we hereby agree to abide by and be bound by such terms and conditions and the Constitution and Bye-Laws of the Chinese Swimming Club.

Member's Signature Date

(Note: Absence from activities does not indicate withdrawal unless the official LIFESTYLE WITHDRAWAL FORM is received in good time.)

For enquiries on:

Culinary, Exercise & Leisure, contact Wendy Tel: 6885 0654 Email: Wendy_Tan@chineseswimmingclub.org.sg

Dance, Youth & Family, Party, contact Wan Ling Tel: 6885 0653 Email: Wanling_Tan@chineseswimmingclub.org.sg

(Registration forms may be submitted via fax to 6346 5685 or at the Front Office/Sports Reception)

FOR OFFICIAL USE

Date Received: _____ Effective Date: _____ Office-in-charge: _____ Billing Amount: \$ _____